



Heartfelt Farewell from a Case Manager

Kareem Elsherif



Words fail to express my gratitude and appreciation for the opportunities and memories that I have had working as a Case Manager for Uplift Charity. I am honored to have been closely involved in the lives of our dearest community members during the most difficult times of their lives. I remember coming across a quote from Mahatma Gandhi, "The best way to find yourself is to lose yourself in the service of others". This quote reminded me of what my work as a Case Manager meant to me. Being directly involved in the lives of some of the most underserved has brought both purpose and meaning to my professional and personal life. Through my experience, I learned that charitable work requires a strong commitment to each and every individual served and the ability to

show empathy towards their struggles. I believe that I was able to instill hope and inspire my clients to persevere through their challenges, as I myself know what it feels like to be unemployed and struggling to pay rent at one point in my life. Having the ability to relieve the burdens of others each and every day is an incredible feeling. Helping families become self-sufficient brings a feeling of peace to my heart. I am blessed to have been given this opportunity to help families overcome homelessness and unemployment by utilizing the proper resources and learning the skills needed to be able to develop a strong plan that our clients can envision, ultimately leading to becoming self-sufficient.

As I move on to pursuing my dream of becoming a physician, I have a much greater understanding of the complexity of life's struggles and believe that my experience at Uplift has allowed me to understand the greater picture of many of the factors leading to one's physical, psychological, and emotional wellbeing. This experience has been invaluable to me and I look forward to carrying these experiences and skill set as I continue to help others in the field of medicine *insha'Allah*.

I would like to thank Dr. Ahmed, the Director of Operations as well as my fellow colleagues, Raihan Dakhil, Sahar Ali, Sinaria Hassan, Mohammed Wafeeq, Sonik Sadozai, Yamin Ghowral, Nur Seirafi, Hassan Sadiqi, and Samir Mohamady for all of their support and guidance in growing as a Case Manager. I would also like to thank Uplift's president, Owaiz Dadabhoy and the board members for their guidance and efforts in establishing such a unique organization and making it a fundamental resource dedicated to serving the most vulnerable and marginalized members of our community. Uplift will always hold a special place in my heart and I will always be a supporter.