



**Stanford Evidence-Based Self-Management Programs Calendar**

**Leader Trainings**

**Diabetes Self-Management Program**

Type	Date	Location	Registration
Diabetes Self-Management Leader Training	<b>Date:</b> May 16, 2017 <b>Day:</b> Monday	Oregon City	Jennifer Jungenberg 503-650-5724 <a href="mailto:jjungenberg@clackamas.us">jjungenberg@clackamas.us</a>
Diabetes Self-Management Leader Training	<b>Date:</b> July 18, 2017 <b>Day:</b> Tuesday	Hermiston	Rochelle Hamilton <a href="mailto:Rochelle@ccno.org">Rochelle@ccno.org</a>

**Programa de Manejo Personal de la Diabetes**

2-day Cross Training (Spanish)



No trainings are scheduled at this time.

Please contact Katrina Seipp at [kseipp@healthinsight.org](mailto:kseipp@healthinsight.org) or 503-382-3923 for information on future trainings.

**Chronic Disease Self-management Program (Living Well)**

4-day Training (English)

Type	Dates	Location	Registration
Chronic Disease Self-Management Leader Training	<b>Date:</b> June 5—8, 2017 <b>Day:</b> Monday thru Thursday	Roseburg	Cindy Noroña 541-672-9596x430 <a href="mailto:cnorona@umpquachc.org">cnorona@umpquachc.org</a>
Chronic Disease Self-Management Leader Training	<b>Date:</b> June 27—30, 2017 <b>Day:</b> Tuesday thru Friday	Hermiston	Rochelle Hamilton <a href="mailto:Rochelle@ccno.org">Rochelle@ccno.org</a>

**Tomando Control**

4-day Training (Spanish)

Type	Dates	Location	Registration
Tomando Control de Su Salud	<b>Date:</b> July 19—20, 2017 <b>Day:</b> Wednesday: Full day, Thursday: Half Day	Hermiston	Rochelle Hamilton <a href="mailto:Rochelle@ccno.org">Rochelle@ccno.org</a>



## Healthy People, Healthy Communities Providing Better Care at Lower Cost

### Chronic Pain Self-management Program

Type	Dates and Times	Location	Registration
Chronic Pain Self-Management Leader Training	<b>Date:</b> May 12—13, 19—20 <b>Time:</b> 8 a.m. – 5 p.m.	Woodburn	Gizelle Polanco <a href="mailto:gizellep@yfwc.org">gizellep@yfwc.org</a>

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