



Healthy People, Healthy Communities Providing Better Care at Lower Cost

Stanford Evidence-Based Self-Management Programs Calendar

Northern Coast

Clatsop County

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For information or to be placed on a waiting list for upcoming workshops, please contact
503-967-1834 or health.promotion@nwsds.org.

Tillamook County

Type	Dates and Times	Location	City	Contact
Chronic Conditions Self-Management	Dates: April 5–May10 Day: Wednesday Time: 1:30–4 p.m.	Herald Center	Tillamook	Ginny 503-815-2270

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