



Healthy People, Healthy Communities Providing Better Care at Lower Cost

Stanford Evidence-Based Self-Management Programs

Leader Trainings

Diabetes Self-Management Program

2-day Cross Training (English)

No trainings are scheduled at this time.

Please contact Katrina Seipp at kseipp@healthinsight.org or 503-382-3923 for information on future trainings.

Programa de Manejo Personal de la Diabetes

2-day Cross Training (Spanish)

No trainings are scheduled at this time.

Please contact Katrina Seipp at kseipp@healthinsight.org or 503-382-3923 for information on future trainings.

Chronic Disease Self-management Program (Living Well)

4-day Training (English)

No trainings are scheduled at this time.

Please contact Katrina Seipp at kseipp@healthinsight.org or 503-382-3923 for information on future trainings.

Tomando Control

4-day Training (Spanish)

No trainings are scheduled at this time.

Please contact Katrina Seipp at kseipp@healthinsight.org or 503-382-3923 for information on future trainings.

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