

CHAPPAQUA GIRL SCOUTS

PACKING LIST FOR OVERNIGHT CAMPERS:

Label everything with Troop #, CAMPSITE/CABIN and Name

- ___ Reusable Water Bottle (Tent Campers: for Sat: night at outpost: hot drinks mugs)**
- ___ MESS KIT: spoon, fork, plate, cup, cereal bowl mesh dunk bag for cleaning / storing.**
- ___ Tent Campers: Folding Chair (For Sat. night at outpost: or situpon) Label chair and cover! Rock Hill does have log seating around campfire site so these may not be necessary**
- ___ Light day pack for carrying water bottle, sunblock, etc. -**
- ___ Warm Sleeping Bag (not a slumber bag). Sleeping Pad if in tents.**
- ___ Fitted sheet to cover plastic camp mattress if in cabins or if using platforms**
- ___ Pillow**
- ___ Flashlight with Extra Batteries**
- ___ Bandana and hair ties (to hold back hair around a fire)**
- ___ Plastic Bag(s) for dirty clothes**
- ___ Long Pants**
- ___ Shirt(s)**
- ___ Sweatshirt or Jacket (weather appropriate)**
- ___ Underwear**
- ___ Pajamas**
- ___ Socks (extra pairs in case they get wet)**
- ___ Sturdy Shoes (no open shoes or sandals) (2 pairs or boots)**
- ___ Weather-appropriate gear (i.e., poncho, boots)**

___ Brush, Comb & Ponytail Holders

___ Toothbrush & Toothpaste in Ziploc bag (toothpaste attracts raccoons!); these will be stored in the cabin or washhouse

___ Soap / Towel / Washcloth

___ Sunblock

___ Insect Repellent

___ Brimmed Hat or Baseball Cap

___ Sunglasses (optional)

All CANDY OR GUM must be stored with troop food – not in your bags or clothes at night; these attract insects and animals!! Better yet—don't bring these items!

All gear should be wrapped in one or two waterproof bags/duffle bags marked with name & troop. A large, labeled trash bag, secured with a rope handle, works well for sleeping bags & pillows.

Girls should pack their bags with you or by themselves so they know where things are!

“Bring no more than you can carry yourself”

Packing list tips from an experienced former leader:

Please pack **with your daughter** (this way she knows where her stuff is) the items listed on the overnight packing trip list. **She must be able to carry this backpack so think light and try it out.**

Sleeping bag should be wrapped in a plastic garbage bag for waterproofing and can be tied to bottom of backpack or add a makeshift handle with string. Include a pillow if necessary.

Grocery bags are great for wet or dirty clothes.

Be sure to include two pairs of sturdy shoes (wear one, pack one) in case of rain and first pair gets wet. Boots too if rain is forecast.

Pack underwear and socks in Ziploc ...easy to find and keep dry and clean.

Pack toothbrush, toothpaste, soap and washcloth in toiletry case again easy to find and carry to bathroom.

Pack Brush and hair clips in separate toiletry bag.

Roll clothes instead of folding...wrinkle less but more importantly take up less room. Set of clothes for Saturday, think layers, tank top, t-shirt, sweatshirt, long jeans and a pair of longer shorts. (Check the predicted weather).

Pack in the order of probable use....spare shoes at bottom, toothbrush etc. towards top with PJ's (which should be *winter/warm PJ's or clean sweats*). BOOK for bedtime or morning reading!

Pack flashlight, bandana, bug spray, water bottle, sunscreen, and other accessories in side pockets if possible for easy access.

Wear sweatshirt for the ride as it will be cool when we arrive. Bring a warm coat if it is cool. Pack windbreaker or poncho or raincoat.

Will the girls come directly to you from the bus? Will parents drop off items with you on Thursday/Friday morning ? Try to get an early start toward camp as possible! Sunset comes too quickly when you're trying to get your tent up!

Each girl should bring a mess kit. You do not need to buy one...make your own... sturdy plastic knife, fork and spoon, plastic (Tupperware) plate & bowl. Pack it in a dunk bag. Also each girl should bring a refillable water bottle. This too should be packed at the top of the bag for easy access Friday night.