

CHAPPAQUA GIRL SCOUTS COMMUNITY CAMPING



INFORMATION PACKET for LEADERS

***OVERNIGHT CAMPERS
Rock Hill Camp, Mahopac***

May 2018

CONTACT NUMBERS

NAME	PHONE NUMBERS
Cindy Katz - Friday	914-588-1009
Liz Kasulka - Friday	646-696-6398
Joanne Brady: Day time only: Friday, Saturday and Sunday	914-703-2552
Trisha Howell - Saturday	(914) 216-4869.
Ranger Phil Hotchkiss	845-628-5117; 914-525-4772
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DIRECTIONS

Rock Hill Camp,

300 Wixon Pond Road, Mahopac, NY 10541

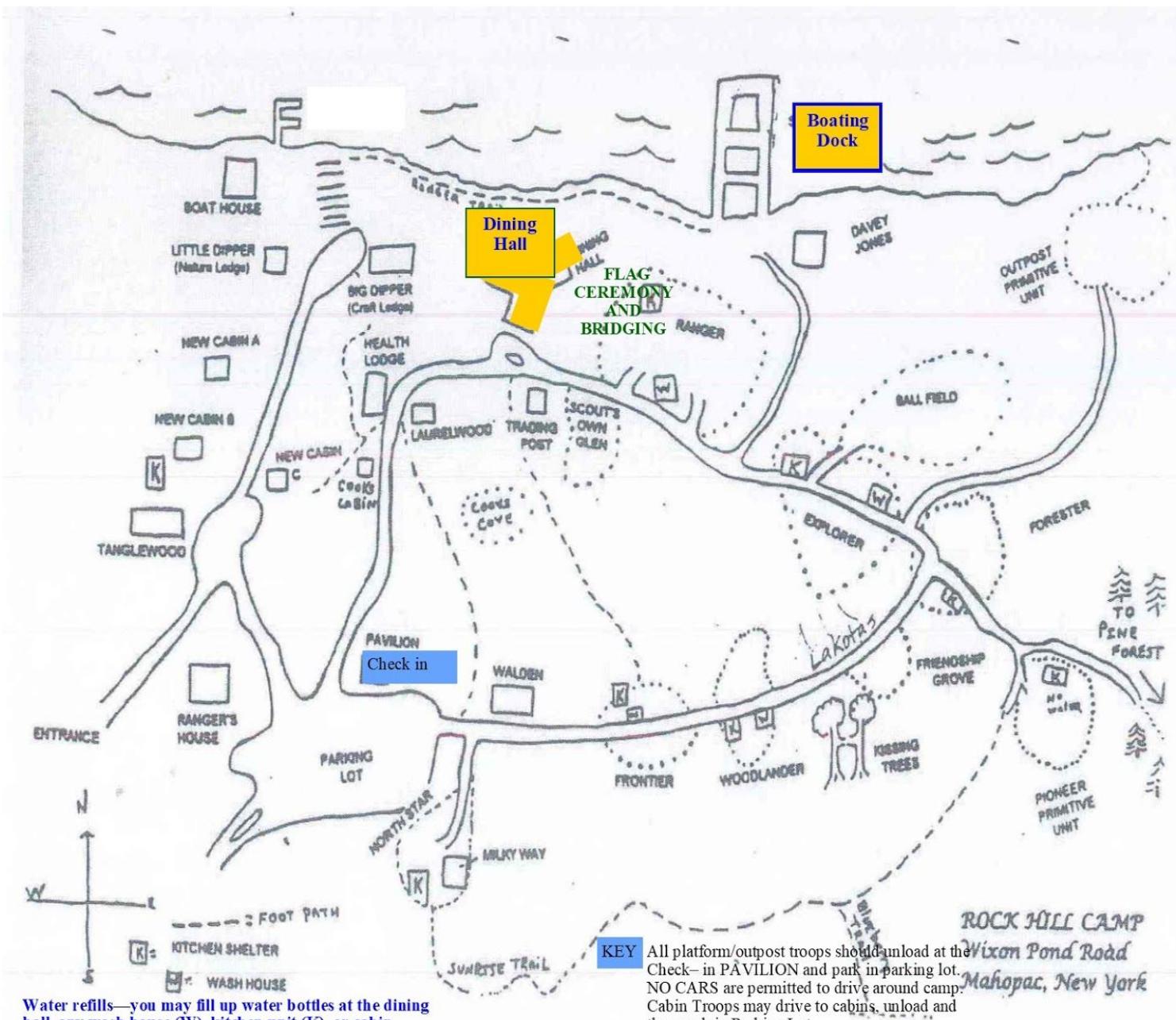
Three routes - all about 45 minutes from
Chappaqua.

From Taconic Parkway , go right onto Rt.6. Go east on Rt. 6 to light at Croton Falls Road (firehouse on right, synagogue on left). Turn left onto Croton Falls Road. Go two blocks to East Lake Blvd. Turn right onto E. Lake Blvd. Go 1 mile until you see a "Y" in the road. Bear left at the "Y". This is Wixon Pond Road. Take Wixon Pond approximately 1 mile until you see the camp on the right. Proceed to the right to the main parking lot/unloading pavilion to check in.

From Saw Mill River Parkway/Route 684: Take Saw Mill River Parkway north to Route 684, exit 8 -- Croton Falls/Hardscrabble Road, turn left at end of exit ramp, go over 684 on overpass. Follow straight into Croton Falls past white church on left. Just after church, make left turn. (See big green Lake Mahopac sign). Go over small bridge, 4-way intersection, straight through light onto Croton Falls Road. Go 5 miles to intersection of Route 6. (On left will be Mahopac Firehouse). Cross Rt. 6; go two blocks to East Lake Blvd. Go 1 mile until you see a "Y" in the road. Bear left at the "Y". This is Wixon Pond Road. Take Wixon Pond approximately 1 mile until you see the camp on the right. Proceed to the right to the main parking lot/unloading pavilion to check in.

From the end of Seven Bridges Road, turn right onto Route 100 (9 miles). Route 100 turns into Route 202 (2 miles). Turn left onto Croton Falls Rd/Route 135 (1 mi.) Slight left onto Croton Falls Rd/CR-34/CR-38 (.5 mi). Slight left onto Croton Falls Rd/CR-34 (2.9 mi). Turn right onto East Lake Blvd/ CR-72 (1 mi). Stay straight to go onto Wixon Pond Road (1.5 mi.) Entrance to the camp is on the right. Proceed to the right to the main parking lot/unloading pavilion to check in.

MAP



Water refills—you may fill up water bottles at the dining hall, any wash house (W), kitchen unit (K) or cabin

PRECAUTIONS:

SMOKING: No smoking.

FIRST AID & EMERGENCIES: Each troop should be accompanied by a trained “First-Aider” and carry a First Aid kit at all times. In case of an emergency, extinguish any fires, leave all gear, and calmly proceed to parking area.

Leaders should carry a whistle.

DINING HALL: This is our central meeting place for information, lost and found, etc. Girls should come to the dining hall if they get lost.

BUDDY SYSTEM: No girl should go anywhere alone.

No girl may go to the waterfront unless accompanied by an adult.

WATER: All water taps are potable. You may fill up water bottles at the dining hall, any wash house, kitchen unit or cabin. Water coolers for bottle refills will be available in the dining hall.

NO FLIP-FLOPS or Backless sneakers! Sneakers or hikers with socks for the day. Sports sandals may be worn by the waterfront only—but are not necessary. No bare feet.

See packing list for appropriate clothing.

SUN PROTECTION: Practice *Slip-Slop-Slap!!!*

Slip on a top! Slop on the sun block! & Slap on a cap! to prevent sunburn.

BEAT THE BUGS: Use repellent to deter shad flies, mosquitoes and ticks.

Spray sneakers, socks, legs and pants to keep ticks away. Spray caps. Spread repellent on face and neck.

LYME DISEASE PREVENTION: We strongly suggest lightweight pants and ankle-high socks (not tennis socks) to help keep ticks off!! We know it's hard to

wear long-pants on a hot day by the water, but please encourage girls to change into long pants or make sure they wear higher socks, not the low cut ones, when their waterfront time is over, especially at night. Stay on marked paths, wear insect repellent on all exposed skin, and be sure to do a “tick check” at the end of each day. Repack wet or worn clothes in a plastic garbage bag, seal it, and tell parents to run it through their dryer on highest heat setting before it is washed. Heat kills ticks. They can survive a wash cycle.

WILDLIFE: Because of the danger of rabies, any animal (especially raccoons) behaving strangely should be avoided and reported to the Camp Ranger.

OBSERVE & CONSERVE: *Girl Scouts leave only footprints and take only photographs.* Please conserve the natural beauty of the camp. Do not pick any plants, flowers, etc. or harm trees by carving, cutting branches, etc. Do not peel the bark off the birch trees. Leave all animals alone! Every bug, worm, toad, snake and bird has its place in our ecosystem.

REDUCE-REUSE-RECYCLE should be Girl Scouts’ guiding principles. Go Green!!! Please explain these terms to your girls. Tell them “*Use Less Stuff!!*” Separate your trash. Marked cans at Dining Hall (DH).

BATHROOMS / WASHHOUSES / LATRINES:

- Girls should use bathrooms around the camp when possible and not overtax the Dining Hall bathroom!!
- Do not flush anything except toilet paper.
- Make sure the bathrooms / washhouses are CLEAN after you use them!

Girl Scouts leave every place cleaner than they found it!

OVERNIGHT CAMPERS PRE-TRIP INFORMATION

CHECK-IN PROCEDURES:

FRIDAY ARRIVAL:

Cars will come to the Parking Lot Pavilion to check in and unload

Campers: arrive as early as 2:30 pm. Leave your items at the Pavilion and Phil will get to them when he can

General Registration 2:30pm+

Parking – After unloading, please move your car.

- The Camp Ranger will help drive tent campers' things to their units.
- Cabin Campers may drive to their cabins to unload; then park back in the main lot.

Please park cars facing toward a road/outward-facing to facilitate a quick evacuation if needed.

OVERNIGHT CAMPERS PRE-TRIP INFORMATION

GENERAL SCHEDULE:

FRIDAY NIGHT:

Pick up your activity schedule at check-in

Unpack and get comfy; we have a busy weekend planned!

- NO FOOD, CANDY OR GUM in the cabins/tents! It attracts animals and makes a mess.
- Coolers strapped closed with bungee cords should be kept in car or walk-in fridge in DH.
- Keep screen doors closed – and close them carefully especially at night when others are sleeping.

5:30-7:30 pm DINNER in DH or at your platform area.

- Find a table and bring your mess kits
- You may need to share tables in the DH with other troops - please be welcoming to all.
- Wash stations set up outside Dining Hall. Hang dunk bags on ropes.
- ACTIVITIES will be available after dinner in the Dining Hall
 - (see your schedules for details)

7:30 CAMPFIRE LIT —see your schedule for location

8:00 CAMPFIRE SING—see your schedule for location

- Bring S'more makings for your own troop!

After Campfire Sing head back to your cabins/tents

10:00 Lights Out. Quiet Please.

In the event of rain, you may build small fires in the kitchen units. Have a bucket of water nearby for safety wherever you have a fire.

OVERNIGHT CAMPERS PRE-TRIP INFORMATION

GENERAL SCHEDULE:

SATURDAY:

7:00 am to 8:30 am – SATURDAY BREAKFAST: DH Breakfast (Cereal, fruit, yogurt, juice, coffee, tea). Leaders: please make sure your troop cleans up. Wash station set up outside for dunk bags

8:45am - COMMUNITY CELEBRATION: will take place promptly on the small field next to the DH. Flag Ceremony and Bridging & Awards Ceremony (for all troops who are bridging this year) followed by Parade of Banners.

- Be sure to bring your Troop's Parade Banner!
- And your camera/phone!
- Girls who are bridging should wear their vests/sashes.

9:00 am to 4:00/5pm – SATURDAY ACTIVITIES:

Each troop will rotate through scheduled activities, which will vary depending on the age of the girls.

Detailed schedules will be distributed separately.

Boating:

Rowboats. Lifeguards will be on duty, and *in charge* at all times. All boaters are required to wear life preservers (provided). Each rowboat holds a maximum of 5 people. Younger troops should plan on having an adult in each boat. Third grade and up may row independently, if leaders are comfortable with that. *There may be more boaters in your time slot than space. Leaders, please organize your time so everyone gets a turn.*

Crafts in Dining Hall

- More information to follow. Detailed options will be listed on Troop Schedule
- Scavenger Hunt sheets will be available inside Dining Hall main entrance

Outdoor Cooking: when offered is for 5th graders with older troops at Forester. Please check your schedules.

LUNCH: Bring your own lunch. If you are staying overnight, bring a cooler and keep lunches cool overnight (Cabins have refrigerators). (Coolers should be kept in cars) You can picnic anywhere on the property that is convenient for your schedule or use the DH. Remember to reuse your cups and water bottles. And please always clean up after yourselves.

RESPECT FOR WORKSHOP LEADERS and INSTRUCTORS: Please respect the time and effort our volunteers have put into planning the programs by attending workshops. A leader/chaperone must be present with troop at all times to provide support & assistance.

If you end your day early, please call instructor to update them on your schedule.

Packing up: Please have all your bags packed by **no later than 2PM**. You can stay for the full day but there is another community coming in so the Platform tents and cabins need to be cleared out by 2PM.

4:00 pm - 5:00 pm: Check Out for all day-trippers and Fri-Sat campers
Ranger Phil will transport your bags back to the parking lot. Your troop should actively participate in loading/unloading! Please be patient as many troops are leaving at the same time.

5:00-7:00 Meals in Cabins or campsites through individual troops.

Patches are included with your registration packet.

CABIN, BATHROOM & WASH HOUSE CLEANING PROCEDURES

1. Sweep out cabin and throw out all trash.
2. In washhouse: Clean toilets: wipe seats, covers and bowl rims with disinfectant. Dry seats after cleaning
3. Clean sinks & counters: use paper towels with disinfectant.
4. Pick up all trash.
5. Sweep (DO NOT WASH) the floor.
6. Replace any empty toilet paper rolls.
7. Seal all trash in large trash bag. Separate recycling.
 - a. Place trash bags by the road and Phil will collect.

SUNDAY:

The last troops out ... Please clean the dining hall floor well.

Brooms and mops are available.

Please empty our food from fridge.

There is a GS event on Sunday afternoon, so it's especially important that the hall is left 'ready'.

CHECKLIST BEFORE LEAVING TENT UNITS

TENTS: pack all materials carefully.

GROUNDS:

1. Pick up all litter.
2. Leave fire circle neat, with wood for next group.

WASHHOUSE:

1. Clean all Sinks and Toilets. Leave Toilet Seats UP.
2. Pick-up all litter.
3. Sweep floors.
4. Remove all garbage. Place by road and Phil will collect.

KITCHEN SHELTER:

1. Pick-up all litter.
2. Wipe out sinks.
3. Clean tables.
4. Sweep floors.
5. Leave fireplace neat, with wood for next group.
6. Empty & clean cooler and all cupboards.
5. Remove all garbage & recyclables.

CLEAN UP, INSPECTION & CHECK-OUT:

Girl Scouts leave every place cleaner than they found it!

Before anyone leaves, each troop should double-check its unit. No one should leave the cabin or tent unit until they've completed an inspection of the entire site, including the bathrooms or washhouses.

TROOP PACKING LIST:

for overnight camping

Label Everything with Name, Troop #, Overnight Site Location

Paperwork:

Permission Slips, health information

Stuff:

Donations - More information to follow

Parade Banner

First-Aid Kit; First aid kits will also be available at the Dining Hall and the waterfront

Flashlight, Lantern & Extra Batteries

Kaper Chart

Paper Towels/cleaning wipes

Tissues

Toilet Paper (1-ply)

Hand Soap (in pump)

Sunblock

Insect Repellent (non-aerosol only inside tents)

Scissors, Safety Pins, Rubber Bands & or crafts stuff or busy box

Thumb Tacks, Duct Tape (handy for posting caper charts, etc.)

Permanent markers and light colored duct tape or white fabric tape for labeling personal items

3-gal water jugs with taps or individual water bottles

WOOD:

For Troops in Cabins: Firewood should be available near your cabins; you may get more from the shed near Phil's house.

For Platform Unit/Tent troops: Please bring your own wood (allowable w/in a 50 mi radius)

Optional, but nice to have:

- Rainy Day Activities (if necessary)
- Quiet Games, Cards, Paper & Markers, Mad Libs, etc.
- Balls, Frisbees, Jump Ropes, etc.
- Camera/Binoculars

<p><u>Fire-builders Only</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Fire starters <input type="checkbox"/> Wood <ul style="list-style-type: none"> • Platform units: supply your own. • Cabin units: available by the cabin <input type="checkbox"/> Matches in waterproof container <input type="checkbox"/> Large Trash Bags <input type="checkbox"/> Fire pail/shovel <input type="checkbox"/> Charcoal <input type="checkbox"/> Safety Mitts <input type="checkbox"/> Grill for cooking over fire 	<p><u>If Planning to Cook:</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Propane stove (optional) <input type="checkbox"/> Food & Equipment for Snacks <input type="checkbox"/> Ziploc Bags for storing leftovers <input type="checkbox"/> Foil, Heavy Duty <input type="checkbox"/> Pot Holders & Cooking Utensils <input type="checkbox"/> Liquid Disinfectant, dish liquid <input type="checkbox"/> Paper Plates, Plastic Utensils or Mess Kits (labeled) w/ dunk bags
<p>Additional Equipment for Tents</p> <ul style="list-style-type: none"> <input type="checkbox"/> Clothesline <input type="checkbox"/> Hard Plastic Cooler with bungees <input type="checkbox"/> Plastic storage bins with bungees 	<p>NOTE: Each Tent Unit must bring fire bucket (for water), brooms, one rake and one shovel. Coordinate w/other tent campers.</p> <p>(THESE HAVE BEEN AVAILABLE AT THE CAMPSITES IN RECENT YEARS)</p>