

***CHAPPAQUA
GIRL SCOUTS
COMMUNITY CAMPING***



***INFORMATION
PACKET for LEADERS***

***DAY CAMPERS
Rock Hill Camp, Mahopac
May 2018***

CONTACT NUMBERS

NAME	PHONE NUMBERS
Cindy Katz - Friday	914-588-1009
Liz Kasulka - Friday	646-696-6398
Joanne Brady: Day time only: Friday, Saturday and Sunday	914-703-2552
Trisha Howell - Saturday	(914) 216-4869.
Ranger Phil Hotchkiss	845-628-5117; 914-525-4772
Archery: Paula	914-760-3985

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DIRECTIONS

Rock Hill Camp,

300 Wixon Pond Road, Mahopac, NY 10541

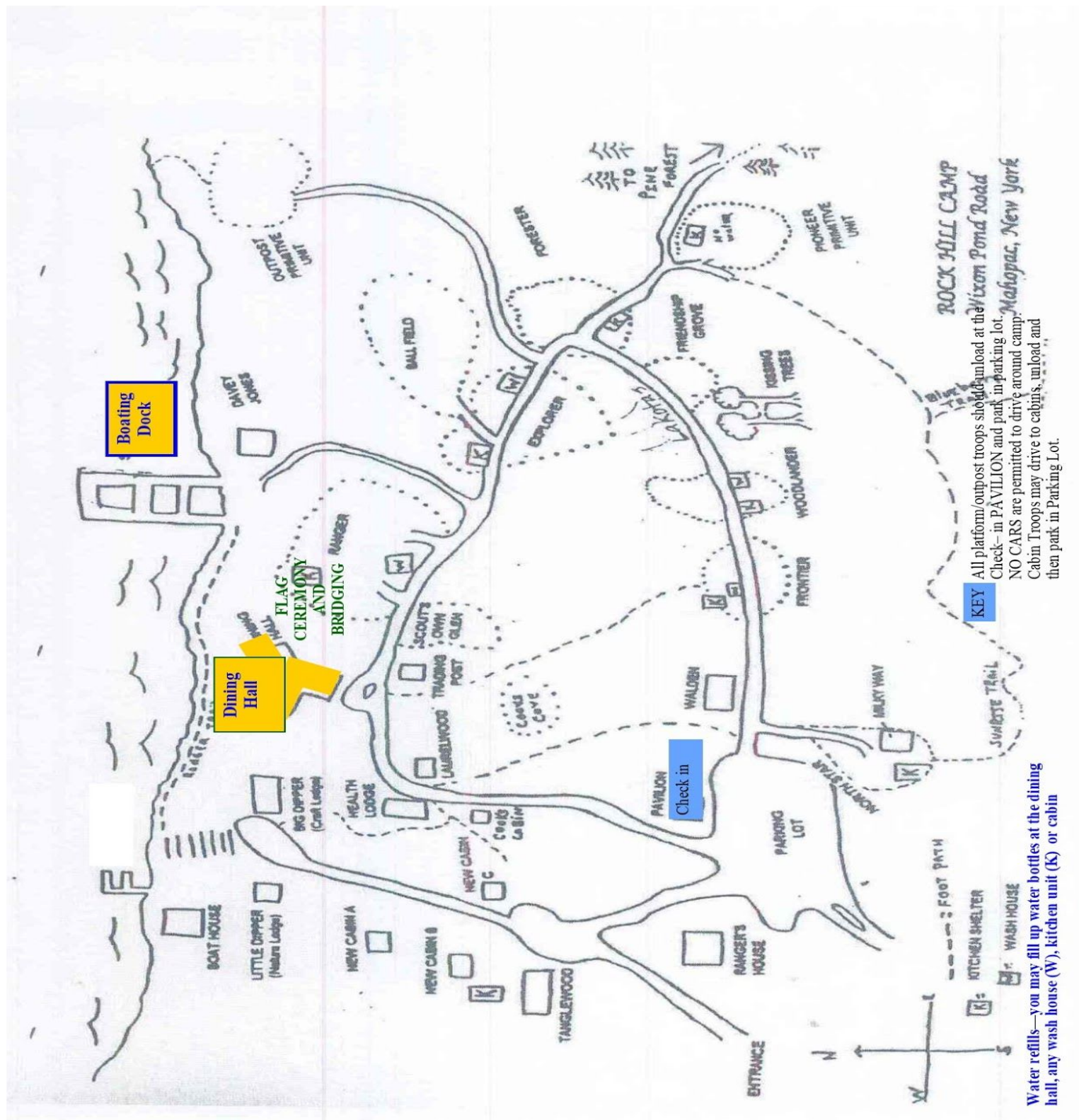
Three routes - all about 45 minutes from Chappaqua.

From Taconic Parkway , go right onto Rt.6. Go east on Rt. 6 to light at Croton Falls Road (firehouse on right, synagogue on left). Turn left onto Croton Falls Road. Go two blocks to East Lake Blvd. Turn right onto E. Lake Blvd. Go 1 mile until you see a "Y" in the road. Bear left at the "Y". This is Wixon Pond Road. Take Wixon Pond approximately 1 mile until you see the camp on the right. Proceed to the right to the main parking lot/unloading pavilion to check in.

From Saw Mill River Parkway/Route 684: Take Saw Mill River Parkway north to Route 684, exit 8 -- Croton Falls/Hardscrabble Road, turn left at end of exit ramp, go over 684 on overpass. Follow straight into Croton Falls past white church on left. Just after church, make left turn. (See big green Lake Mahopac sign). Go over small bridge, 4-way intersection, straight through light onto Croton Falls Road. Go 5 miles to intersection of Route 6. (On left will be Mahopac Firehouse). Cross Rt. 6; go two blocks to East Lake Blvd. Go 1 mile until you see a "Y" in the road. Bear left at the "Y". This is Wixon Pond Road. Take Wixon Pond approximately 1 mile until you see the camp on the right. Proceed to the right to the main parking lot/unloading pavilion to check in.

From the end of Seven Bridges Road, turn right onto Route 100 (9 miles). Route 100 turns into Route 202 (2 miles). Turn left onto Croton Falls Rd/Route 135 (1 mi.) Slight left onto Croton Falls Rd/CR-34/CR-38 (.5 mi). Slight left onto Croton Falls Rd/CR-34 (2.9 mi). Turn right onto East Lake Blvd/ CR-72 (1 mi). Stay straight to go onto Wixon Pond Road (1.5 mi.) Entrance to the camp is on the right. Proceed to the right to the main parking lot/unloading pavilion to check in.

MAP



PRECAUTIONS:

SMOKING: No smoking.

FIRST AID & EMERGENCIES: Each troop should be accompanied by a trained “First-Aider” and carry a First Aid kit at all times. In case of an emergency, extinguish any fires, leave all gear, and calmly proceed to parking area.

Leaders should carry a whistle.

DINING HALL: This is our central meeting place for information, lost and found, etc. Girls should come to the dining hall if they get lost.

BUDDY SYSTEM: No girl should go anywhere alone. *No girl may go to the waterfront unless accompanied by an adult.*

WATER: All water taps are potable. You may fill up water bottles at the dining hall, any wash house, kitchen unit or cabin. Water coolers for bottle refills will be available in the dining hall.

NO FLIP-FLOPS or Backless sneakers! Sneakers or hikers with socks for the day. Sports sandals may be worn by the waterfront only—but are not necessary. No bare feet.

See packing list for appropriate clothing.

SUN PROTECTION: Practice *Slip-Slop-Slap!!!*
Slip on a top! Slop on the sun block! & Slap on a cap! to prevent sunburn.

BEAT THE BUGS: Use repellent to deter shad flies, mosquitoes and ticks. Spray sneakers, socks, legs and pants to keep ticks away. Spray caps. Spread repellent on face and neck.

LYME DISEASE PREVENTION: We strongly suggest lightweight pants and ankle-high socks (not tennis socks) to help keep ticks off!! We know it's hard to wear long-pants on a hot day by the water, but please encourage girls to change into long pants or make sure they wear higher socks, not the low cut ones, when

their waterfront time is over, especially at night. Stay on marked paths, wear insect repellent on all exposed skin, and be sure to do a “tick check” at the end of each day. Repack wet or worn clothes in a plastic garbage bag, seal it, and tell parents to run it through their dryer before it is washed. Heat kills ticks. They can survive a wash cycle.

WILDLIFE: Because of the danger of rabies, any animal (especially raccoons) behaving strangely should be avoided and reported to the Camp Ranger.

OBSERVE & CONSERVE: *Girl Scouts leave only footprints and take only photographs.* Please conserve the natural beauty of the camp. Do not pick any plants, flowers, etc. or harm trees by carving, cutting branches, etc. Do not peel the bark off the birch trees. Leave all animals alone! Every bug, worm, toad, snake and bird has its place in our ecosystem.

REDUCE-REUSE-RECYCLE should be Girl Scouts’ guiding principles. Go Green!!! Please explain these terms to your girls. Tell them “*Use Less Stuff!!*” Separate your trash. Marked cans at Dining Hall (DH).

BATHROOMS / WASHHOUSES / LATRINES:

- Girls should use bathrooms around the camp when possible and not overtax the Dining Hall bathroom!!
- Do not flush anything except toilet paper.
- Make sure the bathrooms / washhouses are CLEAN after you use them!

Girl Scouts leave every place cleaner than they found it!

SATURDAY: CHECK IN

Park your car in the main lot facing outward.

Walk down the road to the left of the Parking Lot Pavilion to get to the Dining Hall (DH). Check in there from 7:30am - 8:45 am. The flag ceremony will begin as close to 9am as possible, so please arrive promptly and allow your girls to get oriented a little before then.

7:15am to 8:45am – SATURDAY BREAKFAST: DH Breakfast (Cereal, fruit, yogurt, juice, coffee, tea). Leaders: please make sure your troop cleans up.

Wash station set up outside for dunk bags.

9:00am - COMMUNITY CELEBRATION: This will take place on the small field next to the DH. Flag Ceremony and Bridging & Awards Ceremony (for all troops who are bridging this year) followed by Parade of Banners.

- Be sure to bring your Troop's Parade Banner!
- And your camera/phone!
- Girls who are bridging should wear their vests.

9:30am to 4:00pm – SATURDAY ACTIVITIES: Each troop will rotate through scheduled activities, which will vary depending on the age of the girls.

Detailed schedules will be distributed separately.

BOATING: Rowboats. Lifeguards will be on duty, and *in charge* at all times. All boaters are required to wear life preservers (provided).

Each row boat holds a maximum of 5 people. Younger troops should plan on having an adult in each boat. Third grade and up may row independently, if leaders are comfortable with that. *There may be more boaters in your time slot than space. Leaders, please organize your time so everyone gets a turn.*

CRAFTS in Dining Hall: Detailed choices will be listed when troops receive their schedules

LUNCH: Bring your own lunch in a cooler. You can picnic anywhere on the property that is convenient for your schedule or use the DH. Remember to reuse your cups and water bottles.

Please always clean up after yourselves. :)

There are also usually some leftovers from breakfast (yogurt and fruit); please help yourselves to those!

RESPECT FOR WORKSHOP LEADERS AND INSTRUCTORS: Please respect the time and effort our volunteers have put into planning the programs by attending workshops. A leader / chaperone must be present with troop at all times to provide support and assistance. If you end your day early, please call the instructor to update them on your schedule.

CHECKOUT at the Parking Lot Pavilion Information Table:
EVERY TROOP MUST SIGN OUT!!!!

DAY CAMPERS TROOP PACKING LIST:

Label Everything with Name and Troop #

Paperwork:

___ Permission Slips, health information

Stuff:

___ Donation - more information to follow

___ Parade Banner

___ First-Aid Kit; First Aid kits are also available at the Dining Hall and the waterfront

___ Troop drinks and snacks (small cooler or cooler bag)

___ Saturday's Lunches —Carry your individual cooler/sandwiches or ask Phil to drive your larger cooler to Dining Hall

___ Reusable bottles for drinks/water

___ Picnic blanket(s)

___ Toilet Paper (1-ply)

___ Large trash bag

___ Sunblock

___ Insect Repellent (non-aerosol only inside tents)

___ Scissors, Safety Pins, Rubber Bands & or crafts stuff or busy box

___ Camera

___ Dunk bags

Also nice to have: Balls, Frisbee, jump rope, etc.

Quiet games, cards, paper & Markers, Mad Libs, String for String Games

Whatever you need for your troop 'work.'