

The Colonial Athletic Boosters
Presents



Winter 2017-18



Sports Banquet News

Thomas Jefferson High School for Science and Technology
March 1, 2018

Welcome everyone!

Congratulations to TJ's Winter 2017-18 teams and individuals!!!

Some highlights include extraordinary performances by TJ Track & Field Athletes at the Regional Championships, TJ's Gymnastics 3rd place finish at districts and qualification for regionals, numerous TJ Dance awards, a back-to-back trip to the Region 5C Tournament for Boys' Varsity Basketball, many exciting overtime games for Girls' Varsity Basketball, TJ Wrestling's 3rd place showing in the National District, TJ Girls' Swim & Dive Team's 6th place finish at States, and TJ Boys' Swim & Dive Team's STATE CHAMPIONSHIP!

We recognize ALL our student-athletes for their many accomplishments this season. To the Class of 2018, and *especially* to any seniors who are concluding their TJ athletic experience this season, we offer the thanks of the entire TJ community for the respect and honor you brought to our school. We wish you all a successful future.

Additional thanks to our coaches, our athletic trainers **Heather Murphy** and **Todd Gilmore**, intern **Kelsey Schaefer**, and the staff in the Student Activities office – DSA **Rusty Hodges**, Assistant DSAs **Dave Gardziel** and **Mark Gray-Mendes**, and Administrative Assistant **Dorothy Diggs**.

Finally, a hearty thank-you to the hundreds of parent volunteers for their time and financial support, and to the CAB Officers and Committee Chairs, the individual Team Liaisons and the booth and sideline statisticians, who keep this program going!!

All TJ sports information can be found on the website
www.colonialathletics.org

And now for the team news...



CO-ED WINTER INDOOR TRACK & FIELD

The Winter Indoor Track & Field Team had an outstanding 2018 season with 32 athletes qualifying for the Regional Championships and 17 qualifying for the State Championships.

National District Championships

The team started the Championship competitions with many strong performances at the National District Championships. The Boys finished 3rd and the Girls 4th in overall team scoring. Regional Championship qualifiers and their results in the events at the District Championships are listed below:

GIRLS: **Margaret Covey:** 1000m Run (2nd place); **Ashley Lin:** Shot Put (2nd), 55m Hurdles (3rd); **Sydney Szabos:** 1600m Run (2nd), 3200m Run (3rd); **Sherry Xie:** 3200m Run (6th); **Rachel Li:** Pole Vault (3rd); **Renee Li:** 55m Hurdles (6th); **Nali Huynh:** 55m Hurdles (7th); **Anna Zhang:** 300m Dash (7th); **Michelle Du:** 1600m Run (8th); **Miriam Morse:** Shot Put (9th); **Alynne Cutler:** 500m Dash (7th); **Rachel Naidich:** 500m Dash (10th); **Mishka Philizaire:** 500m Dash (11th); **Rhoshi Raghuraman:** High Jump (11th); **4x400m Relay Team (Margaret Covey, Alynne Cutler, Anna Zhang & Ashley Lin)** (3rd); **4x800m Relay Team (Sophia Evanisko, Sherry Xie, Michelle Du & Sydney Szabos)** (5th)

BOYS: **Matt Crotty:** 55m Hurdles (1st place); **Naitian Zhou:** Pole Vault (2nd); **Dylan Klapper:** 1600m Run (2nd), 3200m Run (3rd); **Tucker Stanley:** 3200m Run (7th); **Sean Clancy:** 1000m Run (3rd); **Nick Begotka:** 1000m Run (6th); **Justin Han:** Pole Vault (3rd); **Brian Hu:** Pole Vault (4th), 55m Dash (6th); **Ian Kang:** 55m Dash (3rd); **Kai Riley:** High Jump (3rd), Shot Put (6th); **Nathan Stroh:** 55m Hurdles (7th); **Ethan Nguonly:** 55m Hurdles (8th); **4x200m Relay Team (Brian Hu, Minyoung Hwang, Kai Riley & Ian Kang)** (3rd); **4x400m Relay Team (Kai Riley, Michael Kruppa, Vikrant Mahajan & Timothy Han)** (3rd); **4x800m Relay Team (Sean Clancy, Jonathan West, Nick Begotka & Dylan Klapper)** (3rd)

Regional Championships, Prince George's Sports Center, Landover, MD

The athletes' performances at the Regional Championships were absolutely extraordinary:

- **Naitian Zhou, Brian Hu** and **Justin Han** dominated the Boys Pole Vault event, finishing 1st, 2nd, and 3rd, respectively;
- **Sydney Szabos** ruled the Girls distance events, easily winning the 3200m race and finishing 2nd in the 1600m race;
- Boys Relay Team (**Sean Clancy, Jonathan West, Nick Begotka, Dylan Klapper**) raced past the field to win 1st place in the 4x800m Relay race;
- **Dylan Klapper** ran a season best time in the 1600m race and finished 2nd;
- **Ashley Lin** set a new personal record to take 2nd in the Girls Shot Put;
- **Matt Crotty** continued his strong season finishing 3rd in the Boys 55m hurdles; and
- Girls 4x400m Relay Team (**Margaret Covey, Alynne Cutler, Anna Zhang, Ashley Lin**) ran a season best time to finish 3rd.

State Championships at the Boo Williams Sportsplex in Hampton, Virginia

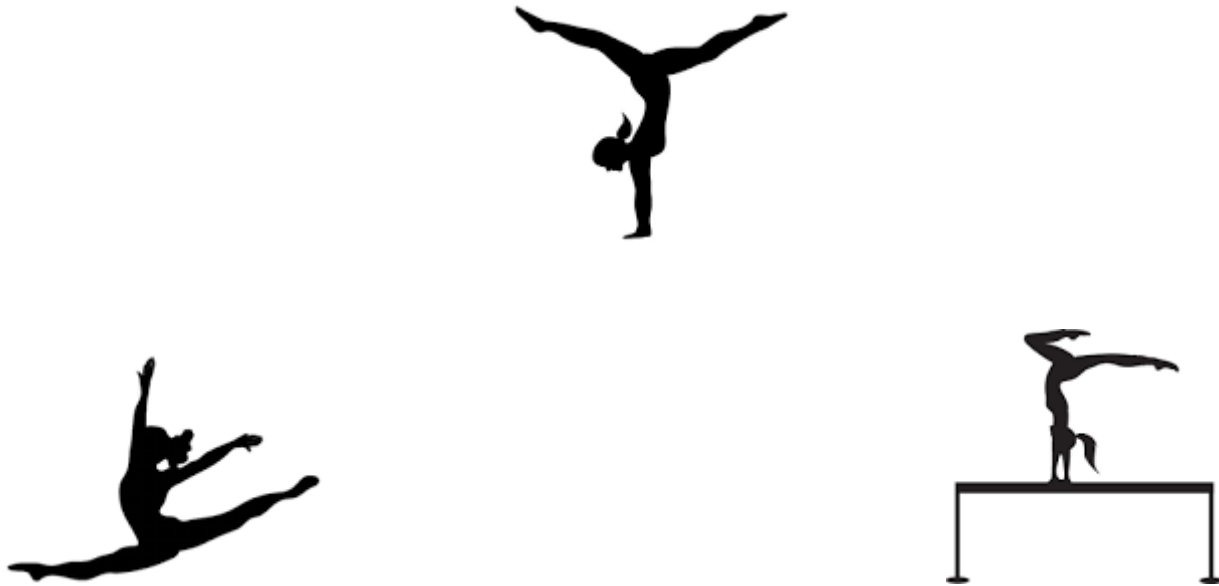
TJ also was well represented at the State Championships, with the following athletes appearing in these events:

- **Dylan Klapper** - 1600m, 3200m run
- **Sydney Szabos** - 1600m, 3200m run
- **Ashley Lin** - Shot Put
- **Naitian Zhou** - Pole Vault
- **Brian Hu** - Pole Vault
- **Justin Han** - Pole Vault
- **Matt Crotty** - 55m Hurdles
- **Girls 4x400m Relay Team** -- **Margaret Covey, Alynne Cutler, Anna Zhang, Ashley Lin, Rachel Naidich, and Nali Huynh**
- **Boys 4x800m Relay Team** -- **Sean Clancy, Jonathan West, Nick Begotka, Dylan Klapper, Aravind Sreeram, and Max Judish**

Congratulations to all the athletes and coaches on a fantastic season!

Todd Withington, Head Coach; **Brian Szabos**, Assistant Coach

Team Captains - Distance: **Sean Clancy, Dylan Klapper, Nick Begotka, Max Judish, Margaret Covey, and Sherry Xie**; Sprint/Field: **Kai Riley, Frank Tian, Minyoung Hwang, Ashley Lin, Anna Zhang, and Alynne Cutler**



GYMNASTICS

The gymnastics team had one of its most successful seasons in quite some time. They finished 3rd at districts qualifying the team to regionals. In the individual competition, **Emily Everhart** qualified to regionals on bars and floor.

We would like to thank our nine seniors for their years of commitment to the TJ gymnastics program and wish them the best in their future endeavors:

Cecilia Baek
Victoria Chuah
Emily Everhart
Andreea Foarce
Lilly Ko
Sophie Koh
Anyesha Majumdar
Emily Wang
Wendy Yin

We will miss you and hope you will return to visit next year!



DANCE

The TJ Dance Team kicked off the season with an August trip to the Universal Dance Association's (UDA) Summer Camp at the Great Wolf Lodge, where they had the chance to learn routines, get one-on-one instruction from UDA staff, and compete for individual and team awards with other dance teams from the area. TJ was voted "most spirited" on Day 2 of camp, and received a team super spirit stick! Freshman **Rose Du**, sophomore **Laney Moy**, and senior **Katherine Barbano** were named to UDA's exclusive All-American team and invited to perform in London's New Year's Day parade.

In between performing at TJ football and basketball games this year, the team has also participated in four regional competitions. Freshman **Rose Du** placed 1st overall for her solo at the Fairfax Dance Championship hosted by Paul VI Catholic High School in November. At the Brooke Point Dance Invitational in January, the team placed 1st in the kick division, 3rd with their jazz, lyrical, and pom routines, and senior **Katherine Barbano**'s tap solo placed 1st overall with a near perfect score! At Hylton's Winterfest Showcase, the team also brought home a special judges' award for best leaps! The Dance Team completed their final regional competition last weekend at Gar-Field high school, placing 1st for their officer and kick routines, 2nd for pom, and 3rd for jazz, lyrical, and hip hop. **Emily Wang** and **Rose Du** took 7th and 1st for their solos, and **Emily** and **Carol Zhang**, both sophomores, took 1st in the senior duo category for their hip hop duet!

The team leaves TOMORROW for Contest of Champions Nationals in Orlando, FL, and is looking to working hard (and playing hard) to conclude another successful season!





BOYS' BASKETBALL

VARSITY

The 2017-2018 Jefferson Men's Varsity Basketball season was similar to many in some ways, and very different in many others. It was similar in that the team played its best basketball toward the end of the season and made a second consecutive trip to the Region 5C Tournament for the first time in decades. It was different in that the team entered the season with its most inexperienced roster in recent memory, and competed against one of the toughest early-season schedules the program has ever faced.

Head Coach **Mark Gray-Mendes** knew that this season would bring unprecedented challenges, as all six National District teams with the possible exception of four-time reigning champion Wakefield were expected to improve significantly over the previous season, and the out-of-district schedule featured historic powerhouses in Mount Vernon and Annandale along with last year's Concorde District champion Centreville. Add in an unexpectedly strong field in the Rebel Roundball Holiday tournament, and the schedule looked fairly daunting. Nevertheless, with a close-knit core of seniors led by three-year starters **Noah Barnes** and **Matt Maribojoc**, and supported by key reserves **Aashish Batheja** and **Brendan Whalen**, there was reason for optimism.

The team's inexperience showed early on, as they started off the season with only a single win against twelve losses, and some self-inflicted damage was incurred along the way. However, the talent that the group possessed showed through in a staggering number of close losses against top competition that provided a glimmer of hope for the remainder of the season: a season opening loss by five against Region Quarterfinalist Mount Vernon; a loss by two with five players missing against Annandale, who tied for the best record in their district; an outstanding first half performance against Centreville, and another two-point loss to a Fairfax team that would finish runner-up in their district.

Moments of brilliance during this difficult run included a 13-point, seven-rebound effort by junior **Will Pemble** against Mount Vernon, a career-high 15 points and six rebounds from sophomore **Addison NewRingeisen** in his first Varsity start, and fifteen points from sophomore **Alex Yu** in a tough loss to Manassas Park, heralding things to come. But without question the highlight of the first half of the season came when senior **Barnes** lit up the scoreboard for a program record 40 points in just over 22 minutes in a dominating tip-off tournament win over the Washington Math/Science/Tech Public Charter School. Junior **Saksham Chawla** would also put his hand up during this game, burying two deep threes against the Panthers' 1-3-1 zone.

The team was finally able to turn the corner and nab its first district win of the season in a suffocating defensive performance against Stuart. They tied a program record for fewest points allowed in a game by holding the Raiders to a paltry 25 points despite pressing for most of the contest. This represented a bit of a philosophical turn for the team, as they experimented with a bit more pressure than the program has featured in years past. A wide-open style allowed for junior **Maxwell Jones** to have a moment in the sun, as he posted 14 and 18 points in back-to-back close losses against Edison and Falls Church – two of the wilder games that the team would play this season.

Following the loss to Falls Church and a much-needed day off, the team had a closed-door meeting that proved to be the turning point of the season. Players were asked to be open and honest about their own performance and the performance of others, offering positive reinforcement as well as constructive feedback, and the result was a much closer-knit group of young men who felt comfortable expressing themselves to each other. The meeting was a moment of great growth for the team, and the practice that followed was one of the most spirited of the year, with Coach Mark promising meaningful minutes to all of the players who were present that day.

The meeting paid dividends for the team immediately, as the following night they would square off against four-time District Champion Wakefield. Showing tremendous resilience in the face of five first-half dunks from eventual Region 5C Player of the Year Amari Cooper, and with a flashy second-quarter cameo from backup center **Max Graves**, the Colonials battled to a four-point halftime deficit. Junior **Todd Hartman** would enter the contest at this point with clear instructions: shut down Cooper. Despite giving up half a foot and about 40 pounds to the future Division I prospect, **Hartman** simply would not back down, frustrating Cooper into a couple of key turnovers and even contributing a couple of free throws to the cause. During a wild third quarter that would send the Monticello Maniacs into a frenzy, junior

Sebastian Vander Ploeg Fallon and sophomore **Rohan Cherukuri** would come off the bench to drain huge threes.

Junior **Cal Hartzell** would enter the game in the fourth quarter and provided his trademark solid defense as well as a gorgeous “thread-the-needle” pass to **Barnes** for two of his team-high 18 points, and sophomore **Kunal Sharma** would sink the second of his two crucial threes on the night. A 16-9 run in the fourth was capped off by an incredible finish from **Barnes** on an “and-one” with just seconds remaining in regulation to tie the game at 61, but the free throw would come up just short and the game was improbably sent into overtime.

The Warriors and Colonials battled to a stalemate in the early stages of overtime, but TJ secured possession of the ball with twenty seconds to go. Coming out of a timeout, Wakefield swarmed the ball with all of the pressure that they could muster, but **Sharma** was able to find longtime teammate **Alex Yu** under the rim headed toward the basket with four seconds left on the clock. **Yu** turned to face the rim, and finished the layup that would cap off perhaps the most stunning upset in program history... but was unfortunately called for a travel that is still under review to this day. As luck would have it, Wakefield’s Ben Horsford would bury a last-second three to send the Colonials to another frustrating defeat – but the team had finally come together as a unit.

It should come as no surprise that the team would win their next three consecutive games. Senior Night was special as always, as **Barnes**, **Batheja**, **Maribojoc** and **Whalen** started the contest together. Each made their mark in a unique way, with **Barnes** captivating the imagination with a 27-point effort, **Maribojoc** dishing out eight assists, and **Whalen** stuffing the stat sheet with two steals, three assists, and an incredible five deflections. But the night perhaps belonged to **Batheja**, whose eight first-half points we will never forget, as the crowd chanted “M-V-P!” as he left the floor.

Back-to-back district wins over Lee and Stuart would see the Colonials revert back to their time-tested identity of pace control on offense and cohesive pack-line defense, with a little bit of the press sprinkled in for effect. **Jones** would show a spark with eight first-quarter points against Lee, and **Yu** continued to blossom into a “scouting report” player with two strong efforts. **Pemble** also made his presence felt with a shut-down defensive effort against Lee’s leading scorer Jordan Hunt (holding him to five points) and knocked down three triples against Stuart’s box-and-one junk defense designed to hold down **Barnes** (who still got 11 and 11 rebounds on the night).

The team would take eventual District Champion and Northern Region Quarterfinalist Marshall down to the wire and put up a great fight against State Tournament qualifier Edison, meaning that they would square off with the Falls Church Jaguars in the District Tournament's Quarterfinals, with a spot in the Region 5C Tournament on the line. But there was the matter of the final regular season game to deal with first, which would determine the game's site. Despite Coach Mark's vanilla offensive and defensive gameplan, designed to prevent Falls Church from preparing for the much more important game to come, the game was extremely competitive. The Jaguars took a late lead, and TJ very nearly came all the way back, sparked by 17 points in 10 minutes from **Jones** and a gigantic three and near-steal from **Hartman**. In the end, the Jaguars would prevail on their Senior Night, and the Quarterfinal would return to Falls Church.

The playoff game would be one of the most complete games that the Colonials would play all season. The team jumped out to a 26-18 lead thanks to some hard-nosed defense and flawless execution of a couple of new sets the team had learned, and their aggressive play on offense rewarded them with foul trouble for a couple of the Jaguars' key players. Poor third-quarter shooting allowed Falls Church to tie the score at 32 going into the final frame. But it was time for **Barnes** to take over. At the urging of assistant coach **Mark Travis**, **Barnes** scored on three consecutive isolation plays to give the Colonials a lead they would never relinquish, and the game was sealed thanks to six high-pressure free throws from **Yu** and **Pemble**.

With that win, TJ had earned its second straight Regional appearance and at least three additional games. Strong first halves against Marshall (District Semi) and Edison (Third Place Game) would yield to poor second-half shooting, and the Colonials would travel to Sterling to square off with Loudoun powerhouse Potomac Falls. In an incredible back-and-forth contest, TJ showed their quality against a program that had won two recent state titles and seven consecutive district banners before this season. With strong play on both ends, TJ built a 36-31 fourth-quarter lead before missed layups, inopportune calls, and a few unbelievable Panther buckets returned them to their back foot. A broken play down three led to a tough look for **Jones** that missed a bit to the left, and a remarkable late-season run had come to a close.

In the postgame locker room, the team reflected on a remarkable season that in some ways came up just short, but in many others showed tremendous growth. With potentially 12 players returning with Varsity experience, but with a hugely important senior class departing, junior **Max Graves** remarked that there will be some "big shoes to fill". A special mention goes to junior **Phineas Ulmishek-Anderson**, who was asked to play on this year's outstanding JV team and performed admirably, joining the Varsity for the Tip-Off, Holiday, District, and Regional tournaments. It is a huge

understatement to say that next year's tryouts will be extremely competitive, but with many key seniors departing across the National District, there is again reason for optimism....

JUNIOR VARSITY

The Boys JV basketball team was a close-knit group that was fun to coach and fun to watch. The team included juniors **Aditya Parameswaran, Phineas Ulmishek-Anderson, and Aaron Wadhwa**. Sophomores were **Ian Burke, Charlie Dobson, Rohan Kalra, Justin Park, Ben Schuman, Alex Song, David Sun, and Pranav Wadhwa**. **Josh Lovejoy** represented the freshman class, and sophomore **Rahul Gundamraj** was the manager.

With 10 wins and an 8-4 overall record in District play, the team played strong throughout the season and finished in third place overall. In play against the top two teams in the District, the JV boys claimed a 2-2 record. Only an overtime loss to Marshall kept the team from beating every team in the District. Additional highlights included holding first place in the District after the first round of play and winning against Wakefield on Wakefield's home court for the first time in many years. Congratulations on a great season!

FRESHMAN

Under the guidance of **Coach Boltersdorf**, the Freshman Boys' basketball team worked really hard to improve their game on the court this season. The season was highlighted with two convincing wins against district opponents Lee and Falls Church and one close win against a competitive Trinity team.

The team was led by captains **Ian Gresenz** and **Caden Phillips**. With **Ian** as point guard and **Caden** in the post, they both provided a lot of offense for this year's team. **Krish Ganotra, Kunal Nakka, Brian Jacob** and **Pratik Nadipelli** were frequent members of the starting lineup this year. **Austin Kim** came in to provide great intensity and a physical style of defense that forced frequent turnovers for the opposing team. The team also had a deep group of guards in **Aarya Patel, Spandan Das, Arjun Dhumne, and Rakesh Pillai**, who were always ready to step in and knock down a shot. **Jaatani Abdi** brought great energy and versatility by being able to play multiple positions. **Luke Thistlethwaite** gave the team a great interior presence in the post on both offense and defense. Last but not the least, the Freshman team wouldn't be complete without their team managers, **Rishi Lahoti** and **Minjoo Song**, and their team parent, **Anitha Pillai**. Thank you all for a good season!



GIRLS' BASKETBALL

VARSITY

Congratulations to TJ's Girls' Basketball team and coaches. The varsity team was led by head coach **Liz Reed** and assisted by coaches **Cameron Johnson, Sam Hoegle, and Tim Anderson**.

On the varsity team are one senior, **Jahnavi Prabhala**, and several juniors, **Savannah Wilson, Mallory Brodnik, Sami Kale, Grace Stewart, Grace Cullen, Cassidy Trinh, Sophia Trissell, and Mari Gardiner**, two sophomores **Abby Kim** and **Khushie Matharoo**, and two freshmen, **Sarabeth Joyner** and **Trisha Rayan**.

The regular season consisted of some tough conference and non-conference games. The team went 7-16 for the regular season. We finally lost the national district playoff in quarterfinals to Wakefield High School. Of those losses during the regular season, we had three overtime game losses, including a fourth overtime loss to the Falls Church team. In addition to a great basketball season, the girls also enjoyed a lock-in in the gym and hosted a Cancer Awareness Night that raised over \$1,000 for childhood cancer patients in financial need.

The team displayed strong teamwork throughout, and despite having a tough season with multiple extremely close losses, gave their opponents a run for their money. In all the three overtime losses, the team lead the game during regular time and in the end fought hard but unfortunately lost in the overtime.

The team's success was a full team effort, but, of course, there were some standouts. Junior **Mallory Brodnik** averaged a double-double that also included 29 points in a single game and was named for First Team-All Conference and All-Defense Team. Junior **Savannah Wilson** gave everything she had on the court and was named for Second Team All-Conference. **Savannah** scored eight 3-pointers in a single game that we won by a basket against Patriot High School, which is only one less than the WNBA all-time record. Junior **Sami Kale** and sophomore **Abby Kim** were named for Honorable Mentions. Freshman **Trisha Rayan** was named for All-Rookie team.

The basketball team will miss Senior **Jahnavi Prabhala** and wish her good luck in her future endeavors! GO Colonials!!

JUNIOR VARSITY

The TJ JV Girls played hard throughout the season. All 10 girls on the team played a lot and made significant improvement during the season. The girls were a joy to coach and were always willing to increase their knowledge of the game. The strength of the team was their man-to-man defense and they demonstrated great teamwork in their efforts to keep the opposing team from scoring. Their top trait was their great attitude during the entire season, never getting down after a loss and approaching the next game with new enthusiasm. This was a young group of girls that included four freshman, the most on any JV team over the past five years. Thanks to all of the girls for representing TJ and giving coaches **Chet Bracuto** and **Mike Abundo** their best effort all season!

FRESHMAN

The TJ Freshman Girls' basketball team also worked hard and learned a lot, helping to develop the future of the TJ Girls' basketball program, under coach **Amy Lampazzi**. We hope to see more of these players in future years!





TJ Wrestling had a breakout year. Led by a core of 10 seniors and a strong batch of new wrestlers, the team had a lot of success on the mat. **Coach Phillips** took over as head coach, with **Coach Shmorhun**—who had coached the seniors since they were freshman—continuing on as assistant; **Coach Larry** also returned for the fourth year. The team was a great mix of new and experience, with all weight classes covered for the first time in years. The conditions were set for a great season....

....and a great season it was. The Varsity team placed 3rd in the National District. And, sent a modern record of 11 wrestlers (out of 14 weight classes) to the regional tournament. Up from two last year! **Clayton Reppert** (170) and **Connor Regen** (132) were conference champions, **Clayton** for the second year in a row. **Owen Barnett** (152) got 2nd and secured his fourth trip to the Regional Tournament. The other Regional qualifiers were **Brianna Tra** (106), **Antioch Sanders** (126), **David Cho** (138), **Jack Duvall** (145), **Jacques Brown** (160), **Alex Kao-Sowa** (182), **Greg Harrison** (195), and **Josh O'Cain** (220). And, congrats to **Clayton** and **Owen**, who each got 2nd in the Region and advanced to the State Finals, as the first wrestlers in five years to make States. Also contributing to the Varsity squad were **Matthew Bergman**, **Gideon Fenster**, and **Caleb O'Cain**.

It was also another strong year for the JV Wrestling squad, which saw a few new additions: seniors **William Gao** and **Maya Parker**, juniors **Varun Gannavarapu** and **Nihal Reddy**, sophomores **Thomas Ryan**, **Kirill Usubyan** and **Jack Bellamy**, and freshmen **Niko Economos**, **Evan Huang** and **Varun Vejalla**. **William**, **Maya**, **Varun Gannavarapu**, **Nihal**, **Kirill**, **Niko**, and **Varun Vejalla** all made varsity appearances during the season, as did returning senior **Ian Moritz**. We're very excited about our four juniors who will have strong presence on next year's varsity squad: **Shihao Cao**, **Zach Nguyen**, **Suresh Patil**, and **Andrew Zhao**. All four had dominating appearances at the JV meets.

Returning sophomores **Sameer Khan** and **Faaiz Memon** continued to work hard this season. **Lance Whitley**, another sophomore, had a standout year. He impressed the coaching staff with his work ethic, willingness to study the sport outside of the

room, and development of his own wrestling style. Although injured for most of the season, sophomore **Kevin Funkhauser** demonstrated a strong commitment to the team, attending all practices and helping his newer teammates. The team is also excited about freshmen **Niko** and **Evan** who both demonstrated huge potential this year and who we expect to be cornerstone members of the team in coming years.

The graduating seniors are leaving a strong team in their wake. We have packed stands, boisterous home crowds, a promising crop of returning wrestlers, and great team chemistry. **Brianna** is an exciting and dynamic frosh, who placed 3rd in the inaugural girls State Championship. **Connor** will be back to defend his District title, and **Jack, Alex, and Greg** will bring Regional experience to the team. **Varun Vejalla** and **Gideon** are other frosh to watch, both gained valuable varsity experience this year.

Exciting times for the team and a bright future for TJ wrestling!!!





Thomas Jefferson's Swim and Dive (TJSD) teams have capped off another impressive season in their long run of dominance. The girls' team finished the season 7-1 overall with their only loss coming out of conference to Oakton. The boys polished off a perfect season at 8-0. The undefeated season stretched the team's District win streak to 43 straight meets, a feat that dates back to the 2011-2012 season.

Led by the team's Senior captains **Nithin Bagal, Sydney Harrington, Melanie Le, Cassie Quach, Ben Sharrer, Militsa Sotirova**, and **Henry Zhang**, along with Junior dive captain **Isabela Huckabee**, the team had quite a few highlights along the way beginning with the boys' huge mid-season win over 6A powerhouse Oakton. By the time they reached the National District Championship meet they were on a roll. The girls captured their fourth District Championship in five years, winning all three relays, the 200 Freestyle (**Natalie Martin**), 100 Butterfly District record (**Sydney Harrington**), and 100 Freestyle (**Militsa Sotirova**). The boys also won the District, their fifth straight, spurred on by winning 6 of the 11 swimming events along with a 6th place finish from diver **JP Wilusz**. The event wins were in the 200 Medley Relay, 200 Freestyle (**Ben Sharrer**), 50 Freestyle (**David DiMeglio**), 500 Freestyle (**Ben Sharrer**), 200 Free Relay, and the 400 Free Relay. With **Jonathan Pollock**'s new 50FR record the TJ boys now own 9 of the 11 swim District Records.

After the success at Districts, both teams headed to the Region Meet with high expectations. The girls finished as Runner-Ups, their highest finish in four years, behind strong meets from **Sydney Harrington** (3rd in 200FR and 2nd in 100FL) and fast-rising freshman **Natalie Martin** (2nd in 500FR and 9th in 100FL) who led the medley and 400 free relays to top three finishes. The boys were unable to pull out a single individual or relay event win, but in a true team effort across the board managed to run away with their fifth straight Region Championship thanks to 15 different swimmers who scored in the meet.

Two weeks later, the teams from TJSD were well rested and hungry for more wins at the State Championship meet. The girls were again led by **Sydney Harrington** and **Natalie Martin**, along with three strong relay swims, which catapulted them to 6th place in the state. The 200 medley relay team of **Militsa Sotirova, Allison Shupp, Fiona Carcani**, and **Jenny Li** finished in 15th, while **Sydney Harrington, Natalie Martin**, and

Militsa Sotirova teamed up with **Jenny Li** on the 200 free relay for 7th, and with **Fiona Carcani** in the 400 free relay for 5th place. Individually, **Natalie Martin** threw down two top-8 finishes with a 6th place finish in 200FR and 7th place in the 500FR. **Sydney Harrington** blazed to 2nd in the 200FR and 3rd in the 100FL. Both swims were team records and All-American times. She will graduate from the team with five team records.

The boys entered the meet seeded to finish in 3rd place and 64 points behind the top team. Through a plethora of clutch swims, TJ scored points in all but one event on their way to their second 5A State Championship in four years. All three relays finished in the top three: 3rd in the 200 medley (**Jeffrey Gerber, Jacob Blindenbach, Nithin Bagal**, and **David DiMeglio**), 2nd in the 200 free (**Ed Shen, Jacob Blindenbach, David DiMeglio**, and **Jonathan Pollock**) and 2nd in the 400 free (**Ed Shen, Nithin Bagal, David DiMeglio**, and **Jonathan Pollock**). Top eight finishers included **Ben Sharrer** (7th in 200IM), **Jacob Blindenbach** (6th in 100BR, 7th in 50FR), and most notably **Jonathan Pollock** who successfully defended his 100 and 200 freestyle titles from last year's meet with All-American qualifying swims in both. Congrats to the State Champs!

2018 CAB Officers and Committee Chairs

Officers

Co-Presidents:	Brian Becker & Heather Erskine
Treasurer:	Jim Erskine
Assistant Treasurer:	Hong Chen
Secretary:	Brian Whalen

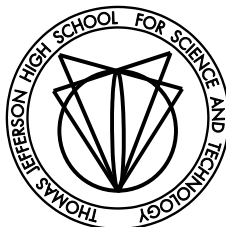
Committee Chairs

Concessions Chairs:	Grace Becker & POSITION OPEN (please volunteer)!
Merchandise Chairs:	Ying Luo & Susan Fearnow
Membership Chair:	Robert Cohn

UPCOMING EVENTS

March CAB meeting..... Wednesday, March 21, 7:00 pm, Rm 107 (PCR)

****All parents are welcome and encouraged to attend CAB meetings!***



If you haven't yet joined the CAB, or if you would like to make an additional donation, please look out for the CAB representatives here tonight or join online at www.colonialathletics.org → booster membership.

Thanks for your help – we couldn't do all we do without you!

All TJ sports information can be found on the website
www.colonialathletics.org