



SACRED HEART RADIO

CATHOLIC RADIO FOR THE NORTHWEST

Seattle AM 1050
Olympia AM 1240
Olympia FM 104.7
Yakima FM 88.1

12:00 - 1:00 am: Women of Grace
1:00 - 2:00 am: Fathers Know Best
2:00 - 3:00 am: Chaplet of Divine Mercy/Rosary
3:00 - 4:00 am: Son Rise Morning Show

Listener-supported Catholic radio!

Bold programs are locally produced.

New Show

Shaded programs are broadcast live.

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	TIME					
5:00a	Sunday Mass from EWTN	4:00 Morning Glory / 5:00 Daily Mass from EWTN						5:00a					
5:30a								5:30a					
6:00a		Catholic Connection with Teresa Tomeo 877- 573 - 7825					Mast Appeal with Colleen Kelly Mast	6:00a					
6:30a	Life Talk NW							6:30a					
7:00a	Pro-Life Weekly	Son Rise Morning Show (encore)						7:00a					
7:30a	Catholic Café							7:30a					
8:00a	Vocation Radio	Frs. Northrop/Johnson/ Nagel / Pam co-host	Sound Insight with Dr. Tom Curran				Sound Insight (encore)	8:00a					
8:30a	Light of the East							8:30a					
9:00a	Sunday Mass (encore)	Daily Mass from EWTN (encore)					Christ is the Answer Fr. John Riccardo	9:00a					
9:30a								9:30a					
10:00a	Vatican Radio	The Doctor Is In with Dr. Ray Guarendi 877 - 573 - 7825					Call Me Catholic	10:00a					
10:30a	Enduring Love							10:30a					
11:00a	The Best of Called to Communion	Called to Communion with Dr. David Anders 800 - 585 - 9396					The Good Fight Barbara McGuigan 877-573-7825	11:00a					
11:30a								11:30a					
Noon	The World Over (encore)	Open Line 800 - 585 - 9396 John Martignoni Fr. Wade Menezes Fr. Mitch Pacwa Fr. Larry Richards Colin Donovan						Noon					
12:30p								12:30p					
1:00p	Holy Rosary							1:00p					
1:30p	Chaplet of Divine Mercy in Song	Kresta in the Afternoon 877- 573 - 7825					Chaplet of Divine Mercy in Song	1:30p					
2:00p	The Journey Home (encore)						Vocation Boom Radio						2:00p
2:30p													2:30p
3:00p	Fr. Spitzer's Universe	Christ is the Answer with Fr. John Riccardo					Deep Adventure Radio	3:00p					
3:30p								3:30p					
4:00p	Encounter	Catholic Answers 1-888-318-7884					Register Radio	4:00p					
4:30p							Vocation Radio	4:30p					
5:00p	Sunday Night Prime	The Journey Home	Pro-Life Weekly	EWTN Live 1-800-221-9460	The World Over	Fr. Spitzer's Universe	Encounter	5:00p					
5:30p			Catholic Café	5:30p									
6:00p	Enduring Love	EWTN News Nightly					Life Talk NW	6:00p					
6:30p	Bishop Barron	Vocation Radio	Life Talk NW	Bishop Barron	Dr. Scott Hahn	Enduring Love	Best of News Nightly	6:30p					
7:00p	Pro-Life Weekly	Open Line (encore)					The World Over (encore)	7:00p					
7:30p	Catholic Café							7:30p					
8:00p	Vocation Radio	Life is Worth Living with Archbishop Fulton J. Sheen						8:00p					
8:30p	Holy Rosary							8:30p					
9:00p	Take Two with Jerry & Debbie	Frs.Northrop/Johnson/ Nagel / Pam co-host	Sound Insight with Dr. Tom Curran (encore)				Call Me Catholic	9:00p					
9:30p								9:30p					
10:00p	The Journey Home (encore)	Christ is the Answer with Fr. John Riccardo						10:00p					
10:30p								10:30p					
11:00p	Teresa Tomeo	The Fathers of Mercy Hour					Mornings with Mother	11:00p					
11:30p								11:30p					

P.O. Box 2482, Kirkland, WA 98083 ♦ Phone 1-800-949-1050 ♦ Streaming 24 hours at sacredheartradio.org

Local shows! ♦ *Vocation Radio* ♦ *LifeTalk NW* ♦ *Sound Insight* ♦ *Enduring Love*

Mobile devices: Updated apps for all platforms! Search for Sacred Heart Radio, Inc.