

Events for the Week of May 17 – May 23

17-19 **Black River Falls Public Library:** Friends of the Library Book Sale.

18 **Western Technical College:** Human Resource for Non-HR Managers. This class will be held at the Lacrosse Campus. Contact Kim at 608-785-9232 for more information.

18-20 **Rainbow Rock REIKI** is having REIKI MASTER CLASS with SUE Cost: \$750
Registration Form & Deposit of \$200 is due by May 1st Friday: 5:30 pm-10:00pm ~ Sat. & Sun.: 9:00 - 4:30 Pre-requisite: Reiki I & II For more information call 715-299-7462.

18 **“Community Awareness Walk.”** Take a 30 minute or less walk along the Foundation Trail to get outdoors! Be mindful. Learn about mental health, and gather mental health resources. A great way to spend your lunch break! Participants will receive a bag with water, snacks, and resources. This will take place at the Black River Area Chamber of Commerce.

19 **5th Annual Pace and Pedal Duathlon/5k.** Events include the Pace and Pedal Duathlon (6.0 mile trail run and 10.3 mile bike ride), 5k Color Fun Run/Walk (3.1 mile strollers welcome, no pets allowed), and 1 mile Color Youth Race. Visit www.brmh.net/paceandpedal for more details or call 715-284-3629!

19 **Al Muth Harley:** 30 Under 30 Ride. Those of you under 30 that want to ride, eat bar food, and maybe even smoke some tires. If this sounds like something for you, stop in and talk to Alec of Wyatt. This will go from May-September. The fee is \$20.00 for a season pass which includes a retro Al Muth hat and a can koozie for your ‘water’. Call 715-284-4725 for more information. First ride is May 19, meet at the shop at 330!

19 **Annual Spring Spotacular** show with 4 judges held at Jackson County Fairground in BRF. NSBA approved. Five all breed Jackpot classes available, 75% payback: Halter, w/t HUS, w/t WP, and WP. The new timed barrels and poles have also been added.

19 **Brambleberry Winery:** You don't want to miss the grand opening of western Wisconsin's best new wedding venue! From 1-5PM, tour our Grand Pavilion and our Enchanted Forest wedding ceremony site. Free tours of the inn and free wine tasting at Brambleberry Winery. We're located 33 miles north of La Crosse between Melrose and Ettrick. Some of our favorite vendors will be on hand. Big Boar barbecue will be serving samples of their fantastic food. Enjoy a sweet treat from Brambleberry's kitchen. Photographers Kam and Mindy will be displaying some of their beautiful work. And Good Times Entertainment DJ service will be there for all of your party planning questions. Go to www.brambleberrywinery.com for more information on Brambleberry weddings and Brambleberry Winery. We offer elopements starting at \$150, small weddings starting at \$600 and fairy tale weddings for up to 300 of your closest friends and family. And don't forget the fabulous wine!

19 **Fort McCoy** will host its annual Armed Forces Day Open House from 9AM-3PM. The installation's historic, award-winning Commemorative Area will be the center of all activities. Activities will include guided, narrated bus tours of the installation, military equipment displays, camouflage face-paintings, ID tags, and much more. The family friendly event is free and open to the public. Food will be available for purchase, or bring your own lunch and eat at the picnic pavilion. Visitors should enter the installation gate via Gate 15 off of Highway 21 between Sparta and Tomah. For more information call 608-388-2407.

19 **A benefit for Christopher Wruck's Kidney Transplant** will be at the Sand Creek Brewing Company from 5-9PM. There will be a 50/50 raffle, a silent auction, food and live music from the Charcoal Road Band. If you are able to make donations, please contact Chris Wruck, Donna Sigler, or Laura Gruber Phillips.

19 **Jackson County Little League:** 2018 Home Run Derby. Registration will be from 12-1230 at Marks Field. We will start at 1pm and end around 4 pm. This is for baseball and softball players aged 12-14. Must be 12 by July 18. 2018 to participate.

20 **Skyline Golf Course Tournament.** Everyone is welcome! 1:30pm will be the shotgun start. Members are \$10 and nonmembers are \$25-price includes golf!

20 **Black River Falls Fired Department-EMS** will be presenting the 14th Annual Car Show at Riverside Auto Sales, Hwy 54 BRF. There will be a silent auction, food and beverage, music and fun, and 50/50 raffle. All proceeds will go to BRF Fire Department. For more information, call 715-284-4525.

20 **The Friends of the Black River** will host a flat water paddle on the Black River starting at noon with put-in at Cormican Landing (on the southwestern edge of Al Young Park) to Mason's Landing. This is about a one-and-a-half hour trip. Kayakers, canoers, and rafters are welcome!

21 **Western Dairyland Businesses Centers:** "Dealing with Difficult People and Contract Negotiations." Deb Clarke, trainer and consultant at CVTC, and Carol Murphy and Jean Polka, both from Wisconsin Procurement Institute (WPI), will discuss this event from 1-5pm at UW-Eau Claire Davies Center, Room 311.

21 **Black River Falls Public Library:** Friends of the Library Meeting at 530PM.

22 **Edward Jones:** Preparing Your Estate Plan will be at 5:30PM. You will learn about: what to consider when writing a will, the benefits of trusts in estate planning, how to help reduce taxes on your estate, and how insurance can help protect your family. This event will be held at Skyline Golf Course.

22 **Western Technical College:** Marketing with Microsoft Word and Power Point. This class will be held at the Lacrosse Campus. Contact Kim for more information at 608-785-9232.

22 **The 15th Annual Women's Business Conference** will be held at the UW-Eau Claire Davies Center. Come participate in an exciting day of business education and networking with 500 aspiring and established entrepreneurs from throughout the region.

22 **Black River Falls Public Library:** Tech Tuesday with Cell-Plus at 530 PM.

22 **"Sleep and Its Effects on Mental Health".** This is a presentation for *professionals*. A brown bag lunch will be provided at a cost of \$5 for those interested. Please RSVP by calling 715-284-4301 ext 303. This event will take place at the Black River Memorial Hospital from 11AM-1245PM.

22 **"Sleep and Its Effects on Mental Health".** This is a presentation for *community members*. Refreshments will be provided. This event will be at the Black River Memorial Hospital from 5-7PM.

22 **The Department of Workforce Development** is hosting a training opportunity to help applicants complete the Wisconsin Fast Forward Training Grant Program. The grant provides funding to businesses to create customized training programs to expand their employees skill set and/or hire workers who may be lacking in skills which the training could bring them up to the level needed to succeed with the company. This training session will be from 10AM-12PM. Space is limited, so register to reserve your seat at <http://dwdlearningcenter.wi.gov/>. Training will take place at 201 E. Washington Ave, Madison Wi.

22 **Co-op Credit Union** along with Black River Falls PD Chief, Kelly Bakken will present a free seminar on fraud and scams at 1pm in the Hub at the Lunda Community Center. It's an opportunity to learn about the fraud types, best prevention practices and available resources.

23 **Anderson Financial-“Securing Social Security.”** This educational presentation will be held at Skyline Golf Course from 5:30-7:00pm. The presentation will include: when to consider claiming Social Security benefits, how being married/divorced/widowed can impact your benefits, how to potentially give your social security check a boost, and how benefits for one spouse can be affected depending on many factors.

23 **Black River Falls Police Department:** Canine Fundraiser, Comedian Show and Dinner at the Ho Chunk Casino. Dinner will be at 530 with the show at 7PM. Call 715-284-7101 to get your tickets.

23 **Western Technical College:** Skills and Expectations for New and Emerging Leaders. This class will be held at the Lacrosse Campus. Contact Kim for more information at 608-785-9232.