

OPEN IN EMERGENCY: ASIAN AMERICAN MENTAL HEALTH

HOSTED BY CRITICAL ETHNIC AND A/PIA STUDIES AT UM
FEBRUARY-MARCH 2017

2/16
2:30-4PM

PROF. DONNA NAGATA ON JAPANESE AMERICAN INCARCERATION + MENTAL HEALTH (3222 ANGELL HALL)

Following Japan's military attack on Pearl Harbor, 120,000 Japanese Americans were ordered into U.S. incarceration camps. Drawing on survey and interview findings, this talk will describe the psychological and mental health impacts of the wartime incarceration for Japanese Americans who endured the camps as well as for their adult offspring born after the war.

2/17
4:30 PM

YOGA WITH SUNHAY YOU (3512 HAVEN HALL)

Sunhay You is a registered yoga teacher who has been teaching for 2.5 years. She will direct participants in a slow-paced yoga session. Please bring yoga mats if you have them. We aim for this space to be accessible for all, so please let us know if there are ways that we can accommodate your needs.

3/10
11-12:30 PM

COLLABORATION IS NOT A LUXURY: WRITING IN THE HUMANITIES (3773 HAVEN HALL)

And yet, in the humanities, taking the time to write collaboratively can often feel like a luxury. What to do when writing during the graduate career is often directed towards one's individual career--or as they say, publish or perish? In this graduate workshop, Prof. Mimi Khúc will lead us in a discussion on how students can strategize to protect the power of the wayward, slow, or synergistic in how we write for ourselves and others.

3/10
3-5 PM

KEYNOTE BY PROF. MIMI KHÚC + COMMUNITY CONVENING (NORTH QUAD, SPACE 2435)

Come celebrate and learn more about the Asian American Literary Review's special issue on mental health called 'Open in Emergency.' AALR editor, Mimi Khúc, will give a keynote titled 'Mental Health in the Age of Trump' with opening readings from contributors Tarfia Faizullah and Peggy Lee. A community discussion will follow. Please see below for more details.

WHAT IS OPEN IN EMERGENCY?



We have a crisis of mental health in Asian American communities. Rather than trying to recalibrate our existing mental health approaches and resources to better engage race and Asian American experience, what if we started on the opposite end, with what wellness, unwellness, and care actually look like in Asian American lives? This multi-piece special issue of **The Asian American Literary Review** is an arts and humanities intervention that decolonizes mental health. Novel in form and approach, Open in Emergency: A Special Issue on Asian American Mental Health rethinks Asian American un/wellness through an original deck of tarot cards, a stack of handwritten daughter-to-mother letters, a foldout tapestry, a hacked DSM, and a treated pamphlet on postpartum depression.

ABOUT PROF. MIMI KHÚC

Mimi Khúc is a queer Vietnamese American scholar, teacher, and writer, and currently a Visiting Assistant Professor in Asian American Studies at the University of Maryland College Park. Her research and writing interests span mental health, race and religion, queer of color feminist critique, and Asian American motherhood. Her writings have appeared in *Black Girl Dangerous*, *Briarpatch Magazine*, *Powerlines*, among others. She is the guest editor of *The Asian American Literary Review*'s recently released Open in Emergency: A Special Issue on Asian American Mental Health.

Event RVSP with Michael Pascual (pascualm@umich.edu)
Questions? Email Peggy Lee (lepeggy@umich.edu)