

# Dementia and Caregiving: Focusing on the Person While Understanding the Disease Progression



**McLean**

A Life Plan Community

If you are caring for someone with dementia and want to improve communication and learn how to recognize and respond to common behaviors, please join us for this 5 week educational program:

Presented by Hartford HealthCare  
Center for Healthy Aging  
Connect to healthier.™

**RSVP Required. Please Call 860-658-3723**

*A light dinner will be provided*

**The Burkholder Community Center  
McLean • 75 Great Pond Road • Simsbury, CT • 6:00 - 7:30 pm**

**9/17 Overview of Dementia**

**9/24 Basics of Good Communication and Understanding Behaviors**

**10/1 Safety in the Environment and How to  
Structure a Day with Activities**

**10/15 Taking Care of the Caregiver and Care Options**

**10/22 Legal and Financial Considerations**

McLean is a not-for-profit senior living community in Simsbury, CT offering a continuum of services including independent living, assisted living, memory care and enhanced assisted living; an adult day program, short-and long-term skilled nursing, outpatient rehabilitation and wellness; post-acute care, home care and hospice.