

# PHYSICAL ACTIVITY INCLUSION NEWS

APRIL 2017

## Paralympic Schools Week: Get Involved!



Paralympic Schools Week celebrates the Paralympic movement and promotes healthy, active lifestyles. Teachers who register their classes will have access to free online resources, take part in various activities and enter to win a chance to have a Paralympic athlete visit their school. Paralympic Schools will be held across Canada from **April 24<sup>th</sup>-28<sup>th</sup>, 2017**.

Registered teachers will have a choice between three activity options:

- 1) **Get ACTIVE:** Teachers must show how they are using lessons and activities in the classroom
- 2) **Inspire BRILLIANCE:** Teachers must show how they are educating their class about parasport
- 3) **CELEBRATE:** Celebrate the Paralympic movement throughout the classroom

To register, please visit: [Paralympic.ca/schoolsweek](http://Paralympic.ca/schoolsweek)

## Paralympian Robert “Bo” Hedges Inspires Children to Get Active!

Paralympic medalist and Canada's wheelchair basketball team captain Bo Hedges visited Dr. A.T Leatherbarrow Primary School in Hampton, NB for the kick-off of the Canada Games Activity Challenge: a Canada 150 signature project. Dr. A.T Leatherbarrow Primary School beat out thousands of schools across the country to have the opportunity to host Hedges. The Canada Games Activity Challenge is an inclusive, adaptive and interactive program that is designed to allow children ages 5-12 to develop active habits. The challenge runs until the end of June 2017 and celebrates Canada Games' 50<sup>th</sup> anniversary.

For more information about the Canada Games Activity Challenge, contact [CGACinfo@canadagames2.ca](mailto:CGACinfo@canadagames2.ca)



## New Collaborative Partnerships Formed to Promote Participation in Canadian Para Winter Sports

Alpine Canada and Canada Snowboard are happy to announce new and continued collaborations with the Canadian Association of Disabled Skiing (CADS).



### Alpine Canada:

Alpine Canada will be further enhancing their current long-standing collaboration with the end goal of increasing visibility and opportunity for Canadians living with disabilities hoping to learn how to ski or develop more confidence when skiing. The collaboration will allow for the provision of quality training and certification to instructors, volunteers and coaches.



### Canada Snowboard:

Canada Snowboard is happy to announce the beginning of their partnership with CADS. CADS plans to grow a network of certified snowboarding instructors in order to implement Canada Snowboard's Para Snowboard Long Term Athlete Development Program. In order to do this, CADS will work alongside Canada Snowboards and their corresponding Provincial Territorial Snowboard Associations to deliver targeted programming initiatives and events.

## Federal Government Includes Support for Athlete Assistance Program in 2017 Budget

The Canadian federal government has announced an 18% increase to the Athlete Assistance Program (AAP) of \$25 million over five years, ongoing. The AAP financially assists athletes with preparation for and participation in international sport. This new budget will allow for athletes to combine sport with academic or working careers while training to compete in international-level sport. The Canadian Paralympic Committee and Paralympians across the country are extremely grateful for this investment the federal government has made.

## Justin Vaughan Welcomed as Community Outreach Coordinator for Wheelchair Basketball Canada

Wheelchair Basketball Canada is pleased to welcome Justin Vaughan to the organization as the Community Outreach Coordinator for the 2017 Men's U23 World Wheelchair Basketball Championships. Vaughan, a graduate of Durham College's Sport Business Management program, is a great asset to the organization as he brings event management and marketing experience particular to athletics. The championships will take place June 8<sup>th</sup>-16<sup>th</sup> at the Mattamy Athletic Centre in Toronto, Ontario.



# GET INVOLVED WITH THE CDPP!



## ASSESSING THE QUALITY OF PARTICIPATION IN ADULTS WITH A PHYSICAL DISABILITY

### GOAL OF THE RESEARCH

Develop a questionnaire to measure quality participation among individuals with a physical disability.

### WE ARE LOOKING FOR ADULTS WHO

- Have a physical disability,
- Are at least 18 years of age,
- Understand English,
- Engage in activities related to either employment, mobility, or sport/leisure

### WHAT WE ARE ASKING FROM YOU

- You will be asked to complete a questionnaire that should take approximately 30 minutes to complete.

### HOW TO PARTICIPATE?

To complete the questionnaire, contact us at:

Email: [cdpp.kpe@mcgill.ca](mailto:cdpp.kpe@mcgill.ca)  
or Phone number: 514-398-4184 ext. 0481.



**YOU WILL RECEIVE** A 5\$ electronic Starbucks gift card for completing the questionnaire.

## FOR MORE INFORMATION

Do not hesitate to contact the the research team at [cdpp.kpe@mcgill.ca](mailto:cdpp.kpe@mcgill.ca) or 514-398-4184 ext. 0481.

The investigators are Dr. Jeff Caron ([jeffrey.caron@mail.mcgill.ca](mailto:jeffrey.caron@mail.mcgill.ca)), Dr. Shane Sweet ([shane.sweet@mcgill.ca](mailto:shane.sweet@mcgill.ca)), and Dr. Kathleen Martin Ginis ([kathleen\\_martin.ginis@ubc.ca](mailto:kathleen_martin.ginis@ubc.ca))



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# ALACD RE-OPENS ITS DOORS

With the assistance of the Federal Office for Disability Issues, the Active Living Alliance for Canadians with a Disability is back in business. It is led by Chair Douglas Nutting and a strong volunteer Coordinating Committee. Jane Arkell, our long standing Executive Director has resumed her role in a contract capacity. The priorities for ALACD over the next 12 months include the launching of a new website: [www.ala.ca](http://www.ala.ca) (coming soon), engagement in an aggressive communication strategy, strengthening of partnerships, the launch of a membership campaign and the building of a sustainable business model.

For further information, contact Jane Arkell at [jarkell@ala.ca](mailto:jarkell@ala.ca)



**ACTIVE  
LIVING  
ALLIANCE**

FOR CANADIANS  
WITH A DISABILITY

**ALLIANCE  
DE VIE  
ACTIVE**

POUR LES CANADIENS/  
CANADIENNES AYANT  
UN HANDICAP

## Follow Up With the Stories:

**Athlete appearances and school resources available for Paralympic Schools Week 2017:**

<http://sirc.ca/news/athlete-appearances-and-school-resources-available-paralympic-schools-week-2017-0>

**Paralympian Bo Hedges Inspires Dr. A.T. Leatherbarrow Primary School to Get Active:**

<http://sirc.ca/news/paralympian-bo-hedges-inspires-dr-leatherbarrow-primary-school-get-active>

**Alpine Canada & CADS Announce Partnership to Develop & Encourage Para Skiing:**

<http://sirc.ca/news/alpine-canada-cads-announce-partnership-develop-encourage-para-skiing>

**Canada Snowboard and CADS announce a collaborative partnership to develop and encourage Para Snowboard participation:**

<http://sirc.ca/news/canada-snowboard-and-cads-announce-collaborative-partnership-develop-and-encourage-para>

**Canadian Paralympic Committee and Canadian Paralympians applaud increased Federal Government support for Athlete Assistance Program in Budget 2017:**

<http://sirc.ca/news/canadian-paralympic-committee-and-canadian-paralympians-applaud-increased-federal-government>

**Wheelchair Basketball Canada Welcomes Justin Vaughan as Community Outreach Coordinator:**

<http://sirc.ca/news/wheelchair-basketball-canada-welcomes-justin-vaughan-community-outreach-coordinator>

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