Baby Talk: Resources to Support the People Who Work with Infants and Toddlers

Baby Brain Response to Touch Sets Stage for Empathy

Safe, new brain imaging techniques provide one of the first looks inside the infant's brain to show where the sense of touch is processed—not just when a baby feels a touch to the hand or foot, but also when the baby sees an adult's hand or foot being touched, as well. Although touch is the first of the five senses to develop, scientists know far less about the baby's brain response to touch. Learn more at **https://www.futurity.org/infant-brain-touch-1656392-2/**

First Words Project Resources

Interested in how babies develop communication skills? Want to learn more about how social communication evolves? Need ideas for how to support communication development through everyday routines and activities? If you answered yes to any of these questions, check out the resources from the First Words project. All are available in English and Spanish at **http://firstwordsproject.com/resources/**, and just for our friends up north, the communication checklist is also available in Canadian French at **http://firstwordsproject.com/wp-content/uploads/2016/09/childrenLearn_fr-ca.pdf**

It's Science: Babysitting Your Grandkids Will Help You Live Longer

According to a recent study published in *Evolution and Human Behavior*, grandparents who babysit or provide some level of care to their grandkids had lower risks of death over a 20-year period than older adults who did not take on caregiving roles. That's according to data analyzed from the Berlin Aging Study, which tracked the health outcomes of more than 500 people ages 70 and older. Learn more at **https://www.mother.ly/news/its-science-grandparents-who-babysit-could-add-years-to-their-lives?utm_source=motherlydistro&utm_medium=partnership&utm_campaign=fbpost**

5 Things Teachers Should Know About Parents

In June 2016, ZERO TO THREE, in partnership with the Bezos Family Foundation, published the National Parent Survey Report, and revealed what the parents of young children think, know, and need. Read more at **https://www.naeyc.org/resources/blog/5-things-teachers-should-know-about-parents**

Delayed Speech or Language Development: What's Important to Know?

As with other skills and milestones, the age at which kids learn language and start talking can vary. Many babies happily babble "mama" and "dada" well before their first birthday, and most toddlers can say about 20 words by the time they're 18 months old. But what if a 2-year-old isn't really talking yet or only puts two words together? Read more on this at **https://kidshealth.org/en/parents/not-talk.html**

Does a Baby's Response to New Toys Predicts Picky Eating?

Most toddlers go through bouts of picky eating, but infants with more inhibited personalities are more likely to refuse new foods, say researchers. In a study, researchers observed how infants responded to new foods and new toys throughout their first 18 months. The study found that infants who were wary of new toys also tended to be less accepting of new foods, suggesting early food attitudes stem from personality. Read more at **http://www.futurity.org/picky-eating-toddlers-personality-1502552-2/**