

New resources for child care professionals

[View this email in your browser](#)



# Buzz



**PennState Extension**



Share



Tweet



Forward



Pin

## Why observe children?

Commonly heard responses are that early care and education (ECE) professionals observe children to monitor progress, to complete required assessments and screenings, and to identify learning or behavior challenges. [Learn how observation sparks learning and development.](#)

Objective  
Build  
Strengthen  
Engage  
Reflect  
Verify  
Aware  
Tweak  
Inform  
Ongoing  
Notes



On Demand



## I-LABS – Why the First 2000 Days Matter

An amazing transformation takes place during the first 2,000 days of a child's life – the time between when a child is born and the first day of kindergarten. [Explore how you can support this amazing transformation.](#)



## Let's Move! Childcare series now available in Spanish!

- Prevención de la Obesidad Infantil: ¡A Moverse! Cuidado Infantil Introducción (Childhood Obesity Prevention: Let's Move! Child Care Introduction)
- Prevención de la Obesidad Infantil: LMCC – Incrementar la Actividad Física (Childhood Obesity Prevention: LMCC – Increase Physical Activity)
- Prevención de Obesidad Infantil: LMCC – Limitar el Tiempo de Pantalla (Childhood Obesity Prevention: LMCC – Limit Screen Time)
- Prevención de Obesidad Infantil: LMCC – Sirva Comidas Saludables (Childhood Obesity Prevention: LMCC – Serve Healthy Food)
- Prevención de Obesidad Infantil: LMCC – Ofrecer Bebidas Saludables (Childhood Obesity Prevention: LMCC – Offer Healthy Beverages)
- Prevención de Obesidad Infantil: LMCC – Apoyar la Alimentación de los Bebés (Childhood Obesity Prevention: LMCC – Support Infant Feeding)

[Check out our Spanish page](#) for more information on resources available en Español!



Ready? Sign in to On Demand!

## Better Kid Care & Professional Development

Use our modules:

- toward acquiring your [CDA](#)
- to obtain [CEUs or Pennsylvania Act 48](#) credits
- for approved credits in [many states](#)
- to support state and national [standards and assessment frameworks](#)

### CDA Course

- Visit our [CDA Course page](#).
- [Sign up for CDA Update emails to get future announcements!](#)
- The CDA Course has an option for articulation to college credit! Download

this [articulation summary doc!](#)



Facebook



Twitter



Website



Pinterest



Instagram

Copyright © 2018 Penn State Better Kid Care, All rights reserved.  
You are receiving this email because you opted in through our website or mailings.

**Our mailing address is:**

Penn State Better Kid Care  
2182 Sandy Drive - Suite 204  
State College, PA 16803

[Add us to your address book](#)

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#)