

New resources for child care professionals

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Why observe children?

Commonly heard responses are that early care and education (ECE) professionals observe children to monitor progress, to complete required assessments and screenings, and to identify learning or behavior challenges. [Learn how observation sparks learning and development.](#)

Objective
Build
Strengthen
Engage
Reflect
Verify
Aware
Tweak
Inform
Ongoing
Notes



I-LABS – Why the First 2000 Days Matter

An amazing transformation takes place during the first 2,000 days of a child's life – the time between when a child is born and the first day of kindergarten. [Explore how you can support this amazing transformation.](#)



Let's Move! Childcare series now available in Spanish!

- Prevención de la Obesidad Infantil: ¡A Moverse! Cuidado Infantil Introducción (Childhood Obesity Prevention: Let's Move! Child Care Introduction)
- Prevención de la Obesidad Infantil: LMCC – Incrementar la Actividad Física (Childhood Obesity Prevention: LMCC – Increase Physical Activity)
- Prevención de Obesidad Infantil: LMCC – Limitar el Tiempo de Pantalla (Childhood Obesity Prevention: LMCC – Limit Screen Time)
- Prevención de Obesidad Infantil: LMCC – Sirva Comidas Saludables (Childhood Obesity Prevention: LMCC – Serve Healthy Food)
- Prevención de Obesidad Infantil: LMCC – Ofrecer Bebidas Saludables (Childhood Obesity Prevention: LMCC – Offer Healthy Beverages)
- Prevención de Obesidad Infantil: LMCC – Apoyar la Alimentación de los Bebés (Childhood Obesity Prevention: LMCC – Support Infant Feeding)

[Check out our Spanish page](#) for more information on resources available en Español!



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