

# ***FLIP- IT:***

## ***Transforming Challenging Behavior***

**SQ.3.4.4**



FLIP IT training offers a simple, kind, strength-based, commonsense and effective four step strategy for day to day challenges and challenging behaviors from children. The four steps are embodied in the FLIP IT mnemonic which stands for F Feelings, L Limits, I Inquiries, P Prompts. FLIP IT is nothing new, but transforms best practice into a strategy that is easy to remember, applicable in a variety of challenging situations and portable. Children who are frequently FLIPPED become emotionally aware problem-solvers who develop healthy coping skills that will last a lifetime. These sessions are eligible for ACT 48.

***Registration is **FREE** and each participant  
will receive a **FREE** FLIP-IT book and a **FREE** lunch!***

***November 4, 2017***

***Register by November 1, 2017***

**9:00am – 4:00**

**Country Cupboard: Slifer Room  
101 Hafer Road  
Lewisburg, PA 17837**

***November 11, 2017***

***Register by November 7, 2017***

**9:00am – 4:00**

**Sheraton Harrisburg Hershey  
4650 Lindle Road  
Harrisburg, PA 17111**

The events are **FREE**, but you must still register online at [www.pakeys.org](http://www.pakeys.org).

**Key Word Search: [flip-it](#)**

If you have any registration questions, please contact

**Paula Alcock** at [pla10@psu.edu](mailto:pla10@psu.edu) or 717-702-3304.