

FLIP- IT:

Transforming Challenging Behavior

SQ.3.4.4



FLIP IT training offers a simple, kind, strength-based, commonsense and effective four step strategy for day to day challenges and challenging behaviors from children. The four steps are embodied in the FLIP IT mnemonic which stands for F Feelings, L Limits, I Inquiries, P Prompts. FLIP IT is nothing new, but transforms best practice into a strategy that is easy to remember, applicable in a variety of challenging situations and portable. Children who are frequently FLIPPED become emotionally aware problem-solvers who develop healthy coping skills that will last a lifetime. These sessions are eligible for ACT 48.

***Registration is **FREE** and each participant
will receive a **FREE** FLIP-IT book and a **FREE** lunch!***

November 4, 2017

Register by November 1, 2017

9:00am – 4:00

**Country Cupboard: Slifer Room
101 Hafer Road
Lewisburg, PA 17837**

November 11, 2017

Register by November 7, 2017

9:00am – 4:00

**Sheraton Harrisburg Hershey
4650 Lindle Road
Harrisburg, PA 17111**

The events are **FREE**, but you must still register online at www.pakeys.org.

Key Word Search: [flip-it](#)

If you have any registration questions, please contact

Paula Alcock at pla10@psu.edu or 717-702-3304.