

AZCEC presents....

Sizzlin' Summer Reads 2017

On-line, interactive book studies are a great way to earn professional development credit! Each book earns you 20 hours of professional development credit and /or DHS Licensure Credit



Register before June 10, 2017

Complete the book study between June 14-Sept 5, 2017

Fish In A Tree

by Lynda Mullaly Hunt
2015

Learning disabilities are one of the most commonly diagnosed disabilities in children and adolescents and they have a significant impact in how children learn academically, communicate, and interact socially. This book, written from the perspective of a middle school aged girl who struggles academically in school, provides insight into the life of students with learning disabilities. The plot begins with Ally, the main character, refusing to do work and creating clever, but disruptive distractions. A teacher recognizes a bright, creative student underneath the troublemaker and seeks to address Ally's feelings about her disability.

Fish in a Tree provides an insight into the challenges facing students with disabilities as they attempt to maneuver through school. The book is a resource for teachers understand and nurture discussion among their students about living with and managing their own disabilities.

Approved for DHS Licensure Credit

Helping Your Anxious Child

**By Ronald Rapee, Ann Wignall,
Susan Spence, Vanessa Cobham,
& Heidi Lyneham**
2nd Edition 2008

Most children are afraid of the dark. Some fear monsters under the bed. But at least ten percent of children have excessive fears and worries—phobias, separation anxiety, panic attacks, social anxiety, or obsessive-compulsive disorder—that can hold them back and keep them from fully enjoying childhood. If your child, or student, suffers from any of these forms of anxiety, the program in this book offers practical, scientifically proven tools that can help.

This book, awarded The Association for Behavioral and Cognitive Therapies Self-Help Seal of Merit, provides strategies consistent with cognitive behavioral therapy (CBT) principles and incorporates scientifically tested strategies for overcoming mental health difficulties. Although written for parents, the information is equally applicable for educators and speech/language professionals.

Managing the Cycle of Meltdowns for Students with Autism Spectrum Disorder

Geoff Colvin & Martin Sheehan
2012

By definition, children and youth with ASD have significant social, communication, and behavioral problems and frequently experience difficulty in controlling their anger and other emotions. Educators and parents often find themselves in situations where students with ASD display meltdown behavior.

This book provides information and evidence-based strategies for planning for, responding to and managing the various phases of the meltdown cycle.

The book is divided into two sections. The first section provides background and details for understanding the meltdown cycle, the nature of meltdowns, the six phases and behavioral characteristics associated with each phase. The second section provides strategies for each phase, emphasizing safety, crisis management, re-entry, and follow up.

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How does a book study work?

This book study uses the online platform, Edmodo. You are expected to read the book and at the end of each chapter, you will log into Edmodo for your assignment. Each assignment has 3-5 questions that you will need to answer. You can work at your own pace; however, all of your responses must be completed by midnight on **Sept 5, 2017** to get credit.

Timeline: Registration and Payment is due by **June 10**. Starting on **June 14**, you will receive information on getting started. The book study must be completed by midnight on **Sept 5, 2017**.

Cost: Registration fee: is \$45 per book study and you must have access to the book. The books are available online or from the publisher. Register by completing the attached registration form.

Credit: All three books are approved 20 hours of ADE recertification credit. **Uniquely Human** and **Unlocking Literacy** are approved for 20 hours of DHS licensure credit for SLP/SLPAs.

Getting Started: On June 14, you will receive a Welcome email and be invited to join the book study group on Edmodo. You will receive information on how to navigate the system and timeline for completion. You can always get started earlier by ordering and reading the book.

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You may register for any or all of the book studies .

Name: _____ Are you a CEC member? Y N
Email : _____ Phone: _____
School District: _____ Position: _____
City: _____ Please specify any accommodations needed: _____

I want to register for:

- ☐ **Fish In A Tree** by Lynda Mullaly Hunt
- ☐ **Helping Your Anxious Child** By Rapee, Wignall, Spene, Cobham, & Lyneham
- ☐ **Managing the Cycle of Meltdown Behavior in Children with ASD** by Colvin and Sheehan

Cost \$45 for each online book study.

You must register and pay **by June 10, 2017** and complete the book study by **Sept 5, 2017** to receive 20 hours of professional development credit. No partial credit is given. Professional development credit is issued after the book study is complete.

Payment

- ☐ \$ 45.00 Fish In A Tree
 - ☐ \$ 45.00 Helping Your Anxious Child
 - ☐ \$ 45.00 Managing the Cycle of Meltdown Behavior in Children with ASD
- ☐ A check is enclosed for the amount of: _____
- ☐ I'd like to pay by credit card, please send me an invoice for \$_____!
- ☐ Purchase order is attached

Send registration/payment to:

AZCEC
4850 W Kay T Drive
Tucson, AZ 85745

OR Scan/Email to: **ArizonaCEC1@gmail.com**

Paying by Credit Card? Scan & Email completed registration form to ArizonaCEC1@gmail.com
A credit card invoice will be emailed to you within 24 hours

Questions?

Please email ArizonaCEC1@gmail.com or call: 520-870-8274

Sorry, no refunds after the start of the book study.