

April 24 – June 4, 2017

Get Out, Get Active Challenge is back!



Get Out Get Active
WITH PRIMARY CARE NETWORKS



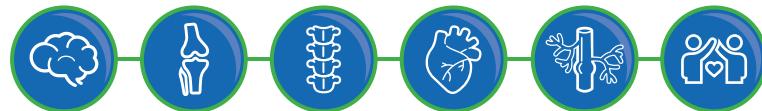
New virtual experience!

Get Out, Get Active and learn **why** physical activity is so important for your health. Record activity each week to see your character transform and discover the impact being active has on your body.

- Registration opens: **March 13, 2017**
- Challenge runs: **April 24-June 4, 2017**
- **New** website and activity tracking system
- **New** registration options open to individuals, groups, business, classrooms and more
- Participating has never been easier and it's free!

The challenge is open to everyone regardless of how active you are. Register today and return to life!

www.GetOutGetActivePCN.com #GOGAwithPCNs



**PrimaryCare
Networks**

#GOGAwithPCNs

Alberta Heartland
Bighorn
Camrose
Edmonton North
Edmonton Oliver
Edmonton Southside
Edmonton West
Grande Prairie

Highland
Kalyna Country
Lakeland
Leduc Beaumont Devon
Lloydminster
Peace Region
Peaks to Prairies

Red Deer
Sherwood Park
Strathcona County
St. Albert and Sturgeon
WestView
Wolf Creek
Wood Buffalo

 Alberta Health Services

