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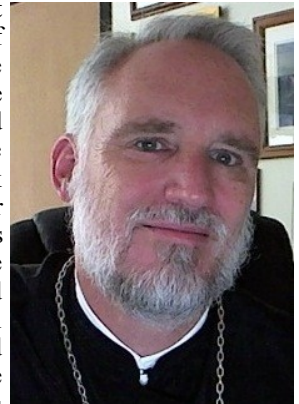
# The Orthodox Way

**Mission Statement:** "To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."

## Are You a Fly or a Honeybee?

**M**y brothers and sisters in Christ,

Our Lord Jesus Christ has come to the world to bring us Joy, and that our joy may be full (John 15:11). Elder Emilianos of the Monastery of Simonopetra on Mt. Athos once stated that the sadness and the Christian life are incompatible in light of Christ's crucifixion and resurrection from the dead. In other words... how can we be sad in light of the fact of all that God has done for us? Yet, we know that many of us are sad from time to time and some of us much or all of the time. So, it is important to honestly ask ourselves two simple questions... "What kind of person am I... happy or sad, positive or negative?" and, "How would others describe me?" It is important to understand that whether we are a happy or sad person, positive or negative, is really determined on how we look at the world around us, and internalize what we see and experience. This is the essence of the spiritual life... to struggle to process our thoughts and direct them towards the good in God, thinking positively... instead of directing them in the opposite direction, away from God, toward the negative. St. Paisios of Mt. Athos describes this as either being a Fly or a Honeybee:



*Some people tell me that they are scandalized because they see many things wrong in the Church. I tell them that if you ask a fly, "Are there any flowers in this area?" it will say, "I don't know about flowers, but over there in that heap of rubbish you can find all the filth you want." And it will go on to list all the unclean things it has been to. Now, if you ask a honeybee, "Have you seen any unclean things in this area?", it will reply, "Unclean things? No, I have not seen any; the place here is full of the most fragrant flowers." And it will go on to name all the flowers of the garden or meadow. You see, the fly only knows where the unclean things are, while the honeybee knows where the beautiful iris or the hyacinth is...*

*As I have come to understand, some people resemble the honeybee and some resemble the fly. Those who resemble the fly seek to find evil in every circumstance and are preoccupied with it; they see no good anywhere. But those who resemble the honeybee only see the good in everything they see. The stupid person thinks stupidly and takes everything in the wrong way, whereas the person who has good thoughts, no matter what he sees, no matter what you tell him, maintains a positive and good thought.*

*Once a high school student came to my kalyvi (a kalyvi is a dwelling which includes two or three cells and a small chapel, all of which belongs to one of the twenty major Monasteries of Mt. Athos) and knocked using the metal knocker on the door. Even though I was reading a stack of letters at the time, I decided to go and see what he wanted. "What is it you want, my son?" I asked. "Is this the Kalyvi of Fr. Paisios?" he asked me, adding, "I want to see Father Paisios." "This is his Kalyvi, but he's not here, he went to buy cigarettes," I told him. "It looks like he must have gone to help someone," he responded with a good thought. "He went to buy the cigarettes for himself," I told him. He left me here alone, and I don't know when he'll be back. If he takes too long, I'll just leave." The student's watery eyes gave away his emotion and again he said with a good thought, "We torment Father Paisios..." "Why do you want to see him?" I asked. "I just want to receive his blessing," he said. "What blessing do you expect to receive from him, you fool! He's deluded; I know him well. There's no Grace in him. Don't waste your time waiting for him to return. He'll be grouchy; he may even be drunk, because he drinks too." In spite of all this, the young man was still having good thoughts.*

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Monday - Friday**

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*The Orthodox Way* is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to [sshirland@saintdemetrios.com](mailto:sshirland@saintdemetrios.com); or by fax to 206-631-2550. Saint Demetrios Greek Orthodox Church reserves the right to edit, alter or reject any content.

## CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

Date	Church Service	
Oct. 1st	Holy Protection of the Theotokos; Great Vespers, 5 pm	Αγίας Σκέπης. Μέγας Εσπερινός, 5 μ.μ.
Oct. 2nd	2nd Sunday of Luke	2η Κυριακή Λουκά
Oct. 8th	Great Vespers, 5 pm	Μέγας Εσπερινός, 5 μ.μ.
Oct. 9th	3rd Sunday of Luke	3η Κυριακή Λουκά
Oct. 16th	Holy Fathers of the 7th Ecumenical Council	Αγίων Πατέρων της 7ης Οικουμενικής Συνόδου
Oct. 18th	St. Luke the Evangelist	Αγίου Λουκά Ευαγγελιστού
Oct. 20th	St. Gerasimos	Αγίου Γερασίμου
Oct. 22nd	Great Vespers, 5 pm	Μέγας Εσπερινός, 5 μ.μ.
Oct. 23rd	6th Sunday of Luke	6η Κυριακή Λουκά.
Oct. 25th	Great Vespers for St. Demetrios 6 pm	Μέγας Εσπερινός Αγίου Δημητρίου, 7 μ.μ.
Oct. 26th	St. Demetrios the Myrrh-Streamer	Αγίου Δημητρίου του Μυροβλήτου
Oct. 30th	5th Sunday of Luke	5η Κυριακή Λουκά

## ALTAR SERVERS

Oct. 2nd 16th & 30th	Jack Hillman, Peter Dudunakis, Nicholas Biros, Yiannis Tsantilas, Nasi Contoravdis, Niko Contoravdis, Phillip Stamolis, James Konugres, Jonathan Poiana, Omar Mallouk, Stavros Panos, Nicholas Marcu-Visan, Theofanis Kalasountas and John Limantzakis.
Oct. 9th & 23rd	Joseph Dumont, Nicholas Christianson, Demetre Teodosiadis, Alex Rotar, Manoli P. Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Peter Ales, Ethan Weigle, Steven Stanos, John Christofilis, Peter Economou Grunder, Elias Oraivej and Anthony Sitaras.

## PARISH COUNCIL SERVERS

Oct. 2nd 16th & 30th	John Ales, Stephanos Margaritis, Jim Kost, John Kapelouzos, George Tramountanas, Dale Hazapis Christos Psichos
Oct. 9th & 23rd	Georgine Looney, George Papanastasiou, Vicky Christianson, Thomas Dudler, Andrew Aliferakis Bob Read, Louis Kotsakis

## EPISTLE READERS—ARTHUR SARIDAKIS—INSTRUCTOR; CHRIS MACRIS— ASSISTANT

October 2nd	Sophia Mallouk, in English
October 9th	Andrea Mallouk, in English
October 16th	Nikos Biros, in Greek and John Contoravdis, in English
October 23d	Jack Hillman, in Greek and Demetre Teodosiadis, in English
October 30th	Evangelia Koceski, in Greek and Alexandra Koceski, in English

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*Finally, I told him, "I will wait for him a little longer, what do you want me to tell him?" I have a letter to give to him," he said, "but I will wait so I can also receive his blessing." You see? No matter what negative things I related, he took them all with a good thought. When I told him about the need for cigarettes, his eyes began to well up with tears. "Who knows," he thought, "he must have gone to help someone." Other people are well-educated and read a great deal, but they still don't have the good thoughts of that young student! You demolish his thought, and he immediately creates a better thought and draws an even better conclusion. I marveled at him! It was the first time I saw such a thing!*

The young man in the story thought positively, and as a result he had joy and peace. God came to give us joy, but largely whether we have joy or not, is determined how we embrace the world and internalize it in our thoughts. May we all (even if we must struggle to do so) see the good in everything and everyone, and thereby bring goodness and joy to the world around us and especially to ourselves being honeybees and not flies.

In Christ's love,  
+Fr. Photios

Fasting Type	October
Wine & Oil Allowed	26
Strict Fast	5, 7, 12, 14, 19, 21, 28
Fast Free	1-4, 6, 8-11, 13, 15-18, 20, 22-25, 27, 29-31

## How a Comfortable, Middle-Aged Presbyterian became Orthodox

By Jeff Brooks

I was a comfortable Presbyterian. A long-time member of an excellent Presbyterian church. I was an elder (equivalent of Parish Council), and was involved in the music. I'd been Presbyterian all my life: married there, raised my kids there, was connected. I saw no reason I'd ever change.

Three things didn't sit right with me about my church life:

1. As time passed, church felt less nourishing. We valued "innovation," so our service changed constantly. When you got down to it, our Sunday services were *meetings*. Good meetings, but not holy events that stand apart from the rest of life.

2. The way we celebrated the Sacraments felt "off" to me. In most Protestant churches, Communion is considered a symbol or a reminder. Because of that, it's usually treated casually. (Some have stopped doing it at all.) I had a growing sense that Communion is a lot more than a symbol.

3. The Western theology of Salvation seemed wrong to me: It says our sin hurts God, and He has no choice but to punish us by death. Instead, He satisfies His need to punish by sending Christ to die on the Cross in our place. In that view, there's something more powerful than God that forces His hand. Or maybe God is the problem that Christ solves for us. That can't be right! I privately believed something more like the Orthodox view, though I didn't know it.

Those issues were growing in my mind, but, I didn't think they were a big deal. I went to Catholic or Episcopalian services now and then to fill my need for more meaningful worship. I stayed with the church community I'd grown up in. It was a compromise, but it worked. And it was comfortable.

Then one day I "randomly" stumbled across the Wikipedia article on Mt. Athos. It fascinated me, so I started reading everything I could about it.

You can't look at Mt. Athos without noticing the power that lies behind it: Orthodoxy. My reading started to focus on the Church. I soon realized my curiosity was taking me someplace important. I'd actually found something I hadn't been looking for - answers to my three nagging problems.

Inertia to stay where you are is a strong force. That's why my search might have gone nowhere. But something strange happened: I had a series of dreams about being in an Orthodox church. Nothing mystical or amazing -- but they made me realize that God, or my subconscious, was telling me my inquiry was too important to stop.

I looked at the various Orthodox Churches around Seattle and chose St. Demetrios to visit.

That first time at Divine Liturgy, I expected it to speak to my heart and give me a sense I'd arrived home. That's not how it went. It was completely confusing. I couldn't follow it or understand very much at all. Funny thing is, almost every convert I've ever talked to says the same thing. Orthodox worship is work. That fact itself helped persuade me that this was the "real thing," Like everything else in life that matters, it isn't easy.

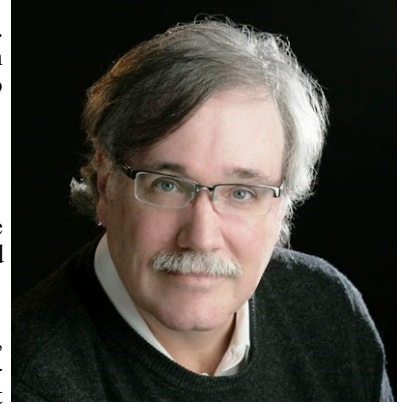
I got to know Fr. Photios, who generously spent time with me explaining and revealing things about the Faith. He also grew up Presbyterian, so I think he understood my journey.

It felt as if pieces were falling into place. The idea of leaving my comfortable situation seemed possible. Then necessary.

I've always participated in church music. I figured joining the choir would be a way to get connected with people and deepen my understanding the liturgy. It was. (I highly recommend the choir if you want to get closer and deeper into the liturgy. You don't have to be a great singer. I'm not!)

It was in the choir loft that I met Marguerite Daoura, now my godmother and a warm-hearted guide and friend.

It's been almost exactly eight years since I was chrismated into the Holy Orthodox Church. I'm thankful God led me here and for the good people at St. Demetrios who have helped me along.



### **Message from President Nina**

Our chapter is heartbroken at the loss of our dear Philoptochos Sister Peggy Tramountanas and as we try to fill the empty space of all that she did for Philoptochos, we honor the legacy of service she has left us. Peggy wore many hats over the years; always smiling, always volunteering, always getting things done with great style and enthusiasm. She especially embodied the phrase in our mission statement to “offer assistance to anyone who may need the help of the Church” and we miss her dearly. May her memory be eternal!

### **Come Help at the Festival**

Many Philoptochos ladies – and men! – have been toiling all summer cooking and baking for the festival. Thank you to everyone who came to help in this large undertaking. Special thanks to Eleni Christophilis and Toulia Stavros for their leadership role in this – we appreciate you!

### **Congratulations Patti Kost ~ Jubilee Women’s Center “Volunteer of the Year!”**

Who doesn’t feel better when Patti Kost is around smiling that wonderful bright smile of hers? Patti volunteers at the front desk of Jubilee Women’s Center and has been spreading her love to all who cross her path there just as she does here at St Demetrios. Congratulations Patti on a well deserved honor!

### **Make a Difference with Philoptochos and the Children of Our Parish**

At the National Board meeting held in New York City in May 2015, Author Nick Katsoris presented the Loukoumi Make A Difference Day Project which encourages children to do their very own good deed on National Make-A-Difference Day. In 2015 over 40,000 children participated in Make-A-Difference Day. The goal is to teach our children to do good deeds and to make a difference in the world. The presentation may be viewed at: <http://bit.ly/1EZf9t1>

Last year, a number of Philoptochos Chapters in several Metropolises successfully participated in Make-A-Difference Day, as did elementary schools nationwide and even in Greece. Our goal is to engage in this “cross-generational” initiative (i.e., Philoptochos and children), during the entire month of October, not only to make a difference but also to do so in honor of His Eminence Archbishop Demetrios’ Name Day which is on October 26<sup>th</sup>.

Last year our Philoptochos provided cards in which Sunday School students said “thank you” to Vets for their service. The cards were then sent to the local VA hospital for distribution to the Vets. This year we will also again be making “get well cards” for patients at Seattle Children’s Hospital.

As members of the Greek Orthodox Ladies Philoptochos Society, we have always acted to alleviate suffering and provide comfort to all. Indeed, as Philoptochos chapters and members, distinguished by a long history of making a difference, we are the ideal partners for our children in this initiative, bringing together the energy of our youth and the talent and teaching of the Philoptochos. If you would like to join us on October 2<sup>nd</sup>, please contact Susan Reichmann at [susanreichmann@yahoo.com](mailto:susanreichmann@yahoo.com) or call [425.772.1605](tel:425.772.1605).

### **Please Join Us for the Sinatra Chocolate Wine Ball**

Sunday, November 13<sup>th</sup> please join Camp Agape Northwest for an elegant evening at Herban Feast. Our 8<sup>th</sup> annual celebration will feature a seasonal dinner menu, Washington wines and chocolatiers, and the music of Frank Sinatra. Proceeds from the event will benefit Camp Agape, a camp for children with cancer and their families. **Again this year there will not be an auction.** Tickets are available at [www.brownpapertickets.com](http://www.brownpapertickets.com) for \$100 or if purchased by Sunday, October 9<sup>th</sup> only \$90 per person. Tables of 10 are available for \$875. Camp Agape will have a table at the festival to tell the story of our camp and tickets will be available there. For more information, contact [susanreichmann@yahoo.com](mailto:susanreichmann@yahoo.com) or call [425.772.1605](tel:425.772.1605).

### **Plan USA**

Kay Betts announced at our September meeting that our chapter will be adopting a new child from Zimbabwe named Reutendo Oyo as our previous adoptee Regret has graduated. Kay has worked tirelessly corresponding with Regret and we are grateful she will be continuing to share our Philoptochos chapter news with Reutendo. Thank you Kay!

### **September Philanthropy Witness Now Available**

The September 2016 issue of the Philanthropy Witness, the monthly National Philoptochos newsletter can be found at: <http://www.philoptochos.org/assets/files/newsletter/National%20Newsletter%2009.15.pdf>

### **Saint Demetrios Philoptochos Contacts:**

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St. Martin de Porres Men’s Shelter: Helen Kalasountas  
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Visitation: Kay Betts [yassou@frontier.com](mailto:yassou@frontier.com) [206.546.2370](tel:206.546.2370)

### **Upcoming Meeting Schedule:**

All are welcome to attend our meetings and events: Please consider joining us in efforts..... our monthly meetings are open to all and we welcome new faces and new ideas. We feel blessed to be able to do what we can for our church and our community and would love to have you join our team.

- October 16<sup>th</sup> – regular meeting at church after Divine Liturgy
- October 20<sup>th</sup> – cook for St Martin de Porres Men’s Shelter
- October 26<sup>th</sup> – cook for Jubilee Women’s Center
- November 6<sup>th</sup> – Memorial for departed Philoptochos Sisters
- November 13<sup>th</sup> – regular meeting at church after Divine Liturgy
- November 17<sup>th</sup> – cook for St Martin de Porres Men’s Shelter
- November 23<sup>rd</sup> – cook for Jubilee Women’s Center
- No meeting in December, see you in January

**Your Sister in Christ,  
Susan Reichmann, Philoptochos Advisor  
[425.772.1605](tel:425.772.1605)**



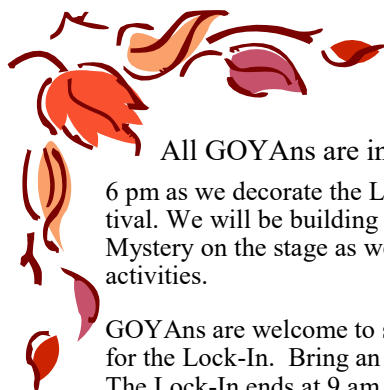
## YOUTH MINISTRY NEWS

### GOYA Forum & Orthodoxy on Tap

**GOYA Forum** is a bi-weekly meeting for our teens to grow in our faith and have fellowship with each other. Our meeting are held on the first and third Wednesday of the month. **Next meetings are October 5 and 19 at St. Demetrios at 6:30 pm.**

**Orthodoxy on Tap** if for all college students and young adults. This ministry is a chance for us to meet and talk about our faith in a social environment. Meetings are held on the second and fourth Tuesday of the month. Join us at St. Demetrios on **Wednesday, October 12 at 6 pm in the Fr. Homer Library** and October 26 for the feast day of St. Demetrios.

For information about either ministry, contact [Lefteris Sitaras](#) at 206-631-2504.



### GOYA Lock-In & Harvest Festival Set-Up Friday, October 28

All GOYAns are invited to join us beginning at

6 pm as we decorate the Large Hall for the Harvest Festival. We will be building the infamous GOYA Maze of Mystery on the stage as well as set up other games and activities.

GOYAns are welcome to spend the night after the set-up for the Lock-In. Bring an air mattress and sleeping bag! The Lock-In ends at 9 am. Please RSVP for the Lock-In. Contact Lefteris Sitaras at 206-631-2504



### Family Harvest Festival - Saturday, October 29

All Family, Friends, Brothers and Sisters of HOPE & JOY Youth are invited to our annual Harvest Festival on Saturday, November 1st.

Activities include the GOYA Maze of Mystery, Family Games, Costume Contest, Prizes and much more!

Activities begin at 5 pm. with dinner served at 5:30 pm.  
Admission is \$5 per person

*We hope to see you there!!!*  
Please RSVP to Lefteris Sitaras at 206-631-2504

### Mother & Son Black Tie Ball

**SAVE the DATE**  
**Saturday, November 5**



Mothers and Sons are invited to our 1st annual Black Tie Formal on Saturday, November 5th. More details coming soon! Dads and Daughters are welcome to attend too!!!!

### Philotimo Scholarship Competition for Greek-American Students

The Washington Oxi Day Foundation is offering the following scholarships to five Greek-American students (Grades 6-12) who best describe "philotimo."

- First Place: \$2,000 scholarship and an invitation to the Foundation's October 27 black tie gala in Washington, DC, where the winner will be recognized
- Second Place: \$1,000 scholarship (two)
- Third Place: \$500 scholarship (two)

To apply:

1. Watch the Foundation's video 'The Greek Secret' on the subject of philotimo at [www.oxidayfoundation.org/video-the-greek-secret/](http://www.oxidayfoundation.org/video-the-greek-secret/)

2. In 500 words, or less, answer one of the following questions:  
\* What does philotimo mean to you?

\* What are some extraordinary examples of philotimo that you have seen?

\* What are some of the things you can do in your daily life to exhibit philotimo?

\* How can philotimo improve your life?

3. **Submit your answer to the Foundation by Friday, October 7 via email at [info@oxidayfoundation.org](mailto:info@oxidayfoundation.org)**

### GOYA YES Retreat November 18, 19, 20

#### What is the YES Program?

**The YES Program of FOCUS North America is  
YOUTH EQUIPPED TO SERVE.**

YES provides opportunities for junior high, high school students, and college students to participate in formative weekends of service that aim to bridge the gap between the rich and the poor and bring youth to an awareness of Christ in themselves and others. Through this experience, we aim to identify and cultivate leadership gifts in trip participants, with the ultimate purpose being to raise up service leaders who will lead others in loving and serving our most needy neighbors in their own communities and on future YES trips.

Visit <http://focusnorthamerica.org/programs/yes/>

### Upcoming Events

#### December

- 11 - HOPE & JOY Ornament Making
- 18 - Sunday School Christmas Play
- 19 - Christmas Caroling followed by Hot Chocolate
- 31 - New Year's Eve Celebration

**January 13, 2017 - HOPE & JOY Family Bingo Night**

**March 11, 2017 - Mother & Daughter Tea**

**March 17-19, 2017 - GOYA Lent Retreat in Portland**

## STEWARDSHIP UPDATE

For our 2016 Stewardship Campaign, we currently have 522 stewards who have returned their signed pledge cards and have pledged \$474,775. Our goal for 2016 is \$520,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to [www.saintdemetrios.com/Stewardship/egiving](http://www.saintdemetrios.com/Stewardship/egiving))

We thank the following stewards for their contributions!



### The Stewardship Committee

### 2016 Stewards:

Steven and Eva (Christo) Aaron  
 John and Margaret Ales  
 Andrew and Vicky Aliferakis  
 Costas Anastassiou and Thiresia Yiallourou  
 Larry and Aikaterine Anderson  
 Rothopi Andrews  
 Fr. John and Presv. Anna Angelis  
 Theodore and Kim Angelis  
 Dn. Perry and Dns. Francesca Angelos  
 Evangelos and Magdaline Angelou  
 Basil Anton  
 Costas Antonopoulos  
 Nikolaos Antonopoulos  
 George and Dina Apostolou  
 K.G. and Kostoula Apostolou  
 Serafim and Eva Apostolou  
 Scott and Fotini Arehart  
 Clifford and Theodora Argue  
 Patricia Arvanitidis  
 Andrew and Carole Asimakopoulos  
 Brent and Rhea Aslin  
 John and Stella Athans  
 Niko and Kiriaky (Carrie) Avlonitis  
 Nancy Aziz  
 John and Lula Babarakos  
 Sam and Traci Baird  
 William and Dina Bakamus  
 Josh and Eleni Banchero  
 Christa Barbas  
 Thomas and Maria Barbas  
 George and Eleni Athans Bariames  
 George and Frances Barnecut  
 Mark and Anastasia Bartlett  
 Michael and Nisa Basilicato  
 Bassam and Duaa Bayouk  
 George and Alice Bayouk  
 Gabriel Bayouk  
 Lena Bayouk  
 Brandon and Molly Bede  
 Hristos and Diamando Bekris  
**Konstantinos and Eirene Bekris**  
 Christopher and Penelope Benis  
 Helen Benis  
 Arvid Berg and Sophia Zervas-Berg  
 Kay Betts  
 Zachariah and Alik Birkenbuel  
 Panagiotis and Demetra Biros  
 Mark and Georgiana Bitzes  
**Joanne Blankenburg**  
 Neena Blackwell  
 Maria Bollman  
 Jeanina Botis  
 Andrew and Rosalie Boulrieris  
 Gus Boutsinis  
 Josh and Ashley Brockmeyer  
 Jeffrey and Allison Brooks  
 Theodora Broutzakis

Mark and Maria Brymerski  
 Frank and Shelley Buhler  
 Mark and Maria Burke  
 William and Cheryl Buursma  
 Steve and Chryssa Calandrillo  
 John Calash  
 Nick and Vanessa Carkonen  
 Paul and Paulette Carkonen  
 Efthemia Carras  
 Eleni Carras  
 Susanna Cerasuolo  
 Doug and Jillian Chandler  
 Michael and Maria Chen  
 John and Patricia Chigaras  
 Chris and Effie Christ  
 Ron and Vicky Christianson  
 Eleni Christo  
 Constantinos and Jeannine Christofilis  
 Demetre and Katherine Christofilis  
 John and Eleni Christofilis  
 Anastasios and Voula Christophilis  
 Dino and Nikki Christophilis  
 Kosta and Maria Christopoulos  
 Edward and Anastasia Clarke  
 Cathleen Clinger  
 Daniel and Vicky Cohen  
 Marie Collins  
 Jeffrey and Katie Comstock  
 John and Diane Conom  
 Madeline Conom  
 O. George and Kay Constantine  
 G. Paul Constantine  
 Debbie Constantine-Skouras  
 Tom and Evelyn Contoravdis  
 Olivia Contos  
 Dino and Cynthia Cooper  
 Gus and Margaret Cooper  
 Marco and Lori Cooper  
 Maria Cooper  
 Nick and Karen Cooper  
 George and Kyla Coromilas  
 Jerry and Eva Costacos  
 Georgia Cotsovolos  
 Barbara Cotton  
 Maria Cotton  
 Gus Courounes  
 Nicoleta Courounes  
 Renee Courounes  
 Dale and Marianna Crane  
 Donald and Laura Crews  
 Christos Dagadakis and Judith Turner-Dagadakis  
 George and Angela Dalas  
 Mary Dallas-Smith  
 Mary Damascus  
 Sofia Damascus  
 Daniel and Angela Daoura

Marguerite Daoura  
 George and Alexandra Delegans  
 Sam and Vicki Deliganis  
 Nick and Stella Demonakos  
 Peter and Diane Demopulos  
 Ryan and Demetra Dennis  
 Volodymyr and Olivera Derevyanyy  
 Christina Derezes  
**Sammy and Juli Derezes**  
 Sophia Derezes  
 Dimitrios and Maria Devekos  
 Nick and Athena Modonas-Diafos  
 Darden Dickson  
 Panagiotis and Voula Dikeakos  
 Stephanie Dikeakos  
 Vasili and Katherine Dikeakos  
 John and Aksenia Dikun  
 John and Julie Doces  
 Thelma Doces  
 Christopher Dodd and Maria Christofilis Dodd  
 Voula Dodd  
**Athena Doolittle**  
 Demetrios and Vickie Dotis  
 Gus and Gregoria Dounis  
 Paul and Anna Dremousis  
 Rob and Janie Drumhillier  
 Thomas Dudler and Pandora Christie  
 Kenneth and Kristina Dudunakis  
 Fr. Photios and Presv. Katherine Dumont  
 John and Arianna Dumont  
 Robert Dunbar and Andrea Tsiakilos-Dunbar  
 Jim and Janis Dymont  
 Pace and Angeliki Ebbesen  
 Chris and Marla Economou  
 Mary P. Economou  
 Thomas and Michelle Economou  
 George and Eva Economy  
 Litsa Edwards  
 Sophia and David Eitel-McShea  
 Nicole Ellis  
 Eric and Anna Elstad  
 Andrew and Michelle Escobar  
 Helen Exarhos  
 Michael and Elaine Falangus  
 Ed and Katherine Retelas Fancher  
 Nicolette Farmasonis  
 Petros and Colleen Farmasonis  
 Sharon Glein and Yemane Fecadu  
 Daniel and Helen Ferrelli  
 Alex and Anna Fleet  
 Georgios and Maria Flemetakis  
 Matthew and Alexandra Flugstad  
 Irene Fotes  
 Ioannis Fotopoulos  
 Bill Fournarakis  
 Dora Fournarakis  
 John and Athanasia Franks

## Our 2016 Stewards:

(Continued from Page 6)

Loukas and Zoe Ganoulis	Brian and Giovanna Koceski	Sam and Tania McIntosh
Nick Ganoulis	Alexander and Leta Kolios	Christina Meletis
Demos Gennaios	Vivie Kollias	Pipena Mercouriadis
Meletios and Theodora Geokezas	George and Maria Kost	Michael and Elaine Michaelidis
Evan George	Jim and Patti Kost	Thanasi and Sophia Millo
Harry and Mary George	Louie and Vicky Kotsakis	Kathy Mitalas
Nick and Irene Georvasilis	Petros and Regina Koumantaros	Chuck and Anne Mitsakos
Tyler and Anastasia Geving	Toula Koutlas	Aynalem and Semira Moba
Konstantinos and Mary Ann	Helene Krikris	Walter and Frances Moldskred
Giakoumatos	Gary Kuhar	Dorothea Mootafes
Michael and Wanda Gikas	Dena Kusulos	Alex and Maria Moroseos
Elaine and Lars Giusti	Harold Kusulos	James Morris and Vickie Kolios
Katina Gotsis	John and Natalie Kusulos-Jury	Carol Mykris
Robert and Danielle Griffith	Peter and Rachele Kyriacou	Sandra Mykris
Efy Grivas	Steven and Annie Kyriakides	Bettyann Nassar
Rich Grunder and Christina	Kostas and Linda Kyrimis	Peter Neckas
Economou-Grunder	Marty Kyrimis	Sandy Neckas
Aaron and Stacy Gunsuals	<b>Steve Lacey and Lana Georges</b>	James and Stella Nelson
James and Shawn Hages	George Ladas	Maria Nikolidakis
Joan Hanna	George and Eleni Lagos	Jim and Carolyn O'Donnell
Dorothy Haskell	Jack Lakkis	Rick and Valerie Olague
George Hatziantoniou and Elizabeth	Michael and Lena LaMarche	Shirley Olsen
Economou	James and Sharon Langus	Charlie and Tina Olson
Neil and Terri (Karis) Hawdon	<b>Vasilios and Emorfia Lazarou</b>	Insaf Oraivej
Ryan (Menas) and Diana Hawkins	Julie Legeros	Jonathan and Stephanie Otis
Dale Hazapis	Ken and Irene Lehman	Anthony and Elaine Pagones
Helen Heuer	Dean and Kathleen Lentgis	Irene Palios
John and Maria Hillman	Jeffrey and Tina Lewis	Stella Palios
David Horne and Margaret	John and Polette Limantzakis	Bill Pallis
Shnorhavorian	Johnny and Lucy Limantzakis	Chris and Vasiliki Pallis
Patrick and Vickie Howard	Johanna Limberopoulos	Chris Tom and Rebecca Pallis
Theodora Hubbell	Peter and Marilyn Limberopoulos	Elli Pallis
Vickie Huff	Bill and Florence Lolos	Margie Pallis
Mary Hulbush	Glen and Georgine Looney	Tina Pallis
Peter and Demetra Jacobsen	Sophia Looney	Evangelos and Anastasia Pampoukas
<b>Joe and Virginia Jarek</b>	Theodore Looney	Alice Panagakis
Carlos and Eleni Jimenez	George and Giannoula Lymberis	John and Lisa Panagiotou
Angelea John	Pete and Olga Lymberis	Sam and Colleen Panagiotou
John and Emilie John	Chris and Paula Macris	Yiannis and Johnette Panopoulos
Brandon and Elli Johnson	Eugenia Macris	Artemios and Rebecca Panos
James and Pota Johnson	Greg and Mia Macris	Steve Panos
Jeff and Angela Sourapas-Jones	Wendell and Demitrua Madison	Diane Panteleakos
Panagiotis and Rena Kalasountas	Emanuel and Dina Magoulas	Stephen Panteleakos
Jim Kaloris	Louis and Mary Malesis	Gregory and Stelée Papadeas
George and Christina Kaltsounis	Eleni Malevitsis	George Papanastasiou
Maria Kaltsounis	George and Mary Malevitsis	John and Kalomira Papanastasiou
Vicky Carras Kangles	James Malevitsis	Konstantinos and Errin Papanastasiou
John and Virginia Kapelouzos	Perry and Eleni Malevitsis	George and Lora Pappas
Maurice and Carmen Karagiorgos	Sam Mallos	Norman and Frances Parr
Jim and Georgene Karambelas	Bechara and Xiomara Mallouk	Jason and Angela Patrao
Tim and Nadine Karas	Nicky Manitaras	Peter and Patty Pecora
Francine Karavias	Georgia Manolakos	Chris and A. Ellie Pedersen
Spiros and Zoe Karimbakas	Stilianos and Kari Manos	Claire Pess
Anthony and Sarah Karis	James and Mary Lou Manus	George and Susan Pess
Nick and Nancy Karis	Mark and Nikoletta Marciniak	Irene Peterson
Terry and Ann Karis	Stephanos and Paula Margaritis	Helen Petratos
Georgia Karvountzi	James Markezinis	William V. Phillips
Christine Karzmar	John and Kelly Markezinis	Harry and Alethea Platis
Nicholas and Kalliopi Katholos	Anthony and Alexandra Maroussis	George and Diana Plumis
Jean Katsandres	George and Deena Maroutsos	George P. and Courtney Plumis
Gregory and Angela Kavounas	Jean Mastor	Kristina Plumis
Stephen and Ann-Marie Keeney	Niki Mastoropoulos	Paul and Pamela Plumis
Constantine and Helen Kefalas	Constantine and Areti Mavromatis	Theologia Polizos
Peter and Hanna Kenny	Danny and Jessica Mavromatis	Andonios and Evangelia Polychronopoulos
Timothy and Sofia Kenny	Lillian C. McDermott	Nikolaos and Charikleia Poulias
Bishara and Diane Kharoufeh	David and Georgia McFarlan	

(Continued on Page 11)

# October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>25</p> <p>1st Sunday of Luke</p> <p>Epistle: 2Corinthians 1:21-2:4</p> <p>Gospel: Luke 5:1-11</p> <ul style="list-style-type: none"> <li>8:15a Orthros</li> <li>9:30a Divine Liturgy</li> <li>1p Set Up Library for Festival</li> </ul> <p>Euphrosyne the Righteous Kallimachos, Martyr</p>	<p>26</p> <ul style="list-style-type: none"> <li>8:30a Orthros</li> <li>9a Pre-packing Baked Goods</li> <li>9:30a Divine Liturgy</li> <li>6p Greek Dance</li> <li>6:30p Studies in Orthodoxy</li> </ul> <p>St. John the Evangelist</p>	<p>27</p> <ul style="list-style-type: none"> <li>9a Pre-packing Baked Goods</li> <li>11a Mini Staff</li> </ul> <p>Kallistratos, Martyr &amp; His Companions</p>	<p>28</p> <p>Cook for Jubilee Women's Center</p> <ul style="list-style-type: none"> <li>9a Pre-packing Baked Goods</li> <li>9:30a Open Confession</li> <li>7p Orthodoxy on Tap</li> </ul> <p>Baruch the Prophet Chariton, Confessor</p>	<p>29</p> <p>Cook for St. Martin de Porres</p> <ul style="list-style-type: none"> <li>11a Memorial Reception</li> </ul> <p>Kyriakos the Anchorite</p>	<p>30</p> <ul style="list-style-type: none"> <li>8:30a Orthros</li> <li>9a Women's Retreat at St. Andrew's • Arlington</li> <li>9:30a Divine Liturgy</li> <li>5p Great Vespers</li> </ul> <p>Holy Skepi of the Theotokos Romanos the Melodist</p>	<p>1</p>
<p>2</p> <p>2nd Sunday of Luke</p> <p>Coffee Hour by Lejeros' family</p> <p>Epistle: 2Corinthians 4:6-15</p> <p>Gospel: 6:31-36</p> <ul style="list-style-type: none"> <li>8:15a Orthros</li> <li>9:30a Divine Liturgy</li> </ul> <p>Justine, Martyr &amp; George, Neomartyr Kyprianos, Hieromartyr</p>	<p>3</p> <p>Bringing Orthodoxy to America</p> <ul style="list-style-type: none"> <li>6p Greek Dance</li> </ul> <p>St. Dionysios the Aeropagite</p>	<p>4</p> <p>Portland, OR</p> <ul style="list-style-type: none"> <li>9a Tsourekia Baking</li> <li>11a Mini Staff</li> </ul> <p>Hierotheos, Bishop of Athens Kallisthenis &amp; Domine, Martyrs</p>	<p>5</p> <p>No Greek School</p> <p>St. Philaret Cook for Homeless</p> <ul style="list-style-type: none"> <li>9:30a Open Confession</li> </ul> <p>Eudokios the Righteous</p>	<p>6</p> <p>9a Galatouboureko Baking</p> <p>Erotidos, Martyr Thomas, the Apostle</p>	<p>7</p> <p>St. Demetrios Festival</p> <ul style="list-style-type: none"> <li>6p Great Vespers</li> </ul> <p>Sergios &amp; Bacchus, Martyrs</p>	<p>8</p>
<p>9</p> <p>St. Demetrios Festival</p> <p>3rd Sunday of Luke</p> <p>Epistle: 2Corinthians 6:1-10</p> <p>Gospel: Luke 7:11-16</p> <p>No Sunday School</p> <ul style="list-style-type: none"> <li>8:15a Orthros</li> <li>9:30a Divine Liturgy</li> </ul> <p>James, Son of Alphaeus, Apostle</p>	<p>10</p> <ul style="list-style-type: none"> <li>6p No Dance Practice</li> </ul> <p>Theophilos the Righteous</p>	<p>11</p> <ul style="list-style-type: none"> <li>11a Staff Meeting</li> <li>6:30p Stewardship Meeting</li> </ul> <p>Philip of the 70 Deacons</p>	<p>12</p> <p>St. Philaret Cook for Homeless</p> <ul style="list-style-type: none"> <li>9:30a Open Confession</li> </ul> <p>ProvsJarachosAndronikos&amp;Domini&amp;Mart...</p>	<p>13</p> <p>11:30a Yiayia &amp; Friends Luncheon at the Greek House</p> <p>Nazaros, Cervasios &amp; Prostavios, Martyrs St. Innocent, Apostle to America</p>	<p>14</p> <p>GOYA Volleyball Tournament</p> <ul style="list-style-type: none"> <li>12p Large Hall Rental</li> <li>5p Great Vespers</li> </ul> <p>Loukianos, Martyr Savinos the Bishop</p>	<p>15</p>
<p>16</p> <p>Sunday of 7th Ec. Council</p> <p>Epistle: Titus 3:8-15</p> <p>Gospel: Luke 8:5-15</p> <ul style="list-style-type: none"> <li>8:15a Orthros</li> <li>9:30a Divine Liturgy</li> <li>12p Philoptochos Meeting</li> <li>12:30p Baptism</li> </ul> <p>Longinos, the Centurian</p>	<p>17</p> <ul style="list-style-type: none"> <li>6p Greek Dance</li> <li>6p Dance Board Meeting</li> </ul> <p>Hosea the Prophet</p>	<p>18</p> <ul style="list-style-type: none"> <li>8:30a Orthros</li> <li>9:30a Divine Liturgy</li> <li>11a Mini Staff</li> </ul> <p>St. Luke the Evangelist</p>	<p>19</p> <ul style="list-style-type: none"> <li>8:30a Orthros</li> <li>9:30a Divine Liturgy</li> <li>6p Greek School</li> <li>6p Paraklisis</li> <li>7p Studies in Orthodoxy</li> </ul> <p>Joel the Prophet St. John of Kronstadt</p>	<p>20</p> <p>Cook for St. Martin de Porres</p> <ul style="list-style-type: none"> <li>8:30a Orthros</li> <li>9:30a Divine Liturgy</li> </ul> <p>St. Gerasimos of Kephallonia</p>	<p>21</p> <p>Hold for set up</p> <p>Hilarion the Righteous</p>	<p>22</p>
<p>23</p> <p>6th Sunday of Luke</p> <p>Coffee Hour by the Youth Groups</p> <p>Epistle: Galatians 1:11-19</p> <p>Gospel: Luke 8:26-39</p> <ul style="list-style-type: none"> <li>8:15a Orthros</li> <li>9:30a Divine Liturgy</li> </ul> <p>St. James the Brother of the Lord</p>	<p>24</p> <p>Dance Practice</p> <ul style="list-style-type: none"> <li>6p Greek Dance</li> </ul> <p>Arethas the Great Martyr Sebastiana, Martyr</p>	<p>25</p> <ul style="list-style-type: none"> <li>6:30a Orthros</li> <li>7a Dynamis - Men's Fellowship</li> <li>11a Mini Staff</li> <li>7p Great Vespers</li> </ul> <p>Markianos &amp; Chrysanthos, Martyrs</p>	<p>26</p> <p>Cook for Jubilee Women's Center</p> <ul style="list-style-type: none"> <li>8:30a Orthros</li> <li>9:30a Divine Liturgy</li> <li>11a St. Demetrios Luncheon and Celebration</li> <li>6p Greek School</li> <li>7p Studies in Orthodoxy</li> </ul> <p>St. Demetrios, Great Martyr</p>	<p>27</p> <p>Metropolis of SF Vicars' Meeting</p> <p>St. Andrew's Cook for Homeless</p> <p>Nestor, Great Martyr</p>	<p>28</p> <ul style="list-style-type: none"> <li>2:30p St. Sava Orthodox Dinner</li> <li>5p Great Vespers</li> </ul> <p>Holy Skepi of the Theotokos</p>	<p>29</p>
<p>30</p> <p>APC Meeting - Leesburg VA</p> <p>5th Sunday of Luke</p> <p>Epistle: 2Corinthians 11:31-12:9</p> <p>Gospel: Luke 16:19-31</p> <ul style="list-style-type: none"> <li>8:15a Orthros</li> <li>9:30a Divine Liturgy</li> </ul> <p>Cleopas &amp; Artemas, Apostles Zenobios &amp; Zenobia, Martyrs</p>	<p>31</p> <p>No Dance Practice</p> <p>Stachis, Apellos &amp; Aristoboulos, Apostles</p>	<p>1</p> <ul style="list-style-type: none"> <li>8:30a Orthros</li> <li>9:30a Divine Liturgy</li> <li>11a Mini Staff</li> </ul> <p>Kosmas &amp; Damian, Unmercenarys</p>	<p>2</p> <p>St. Philaret Cook for Homeless</p> <ul style="list-style-type: none"> <li>6p Greek School</li> <li>7p Studies in Orthodoxy</li> </ul> <p>AlindynosPegasios&amp;Epiphophoros,Martyrs</p>	<p>3</p> <p>5p IOCC Wine Tasting</p> <p>Akepsimas, Aelthas &amp; Joseph, Martyrs</p>	<p>4</p> <p>Mother Son Event</p> <ul style="list-style-type: none"> <li>9a Ethnic Heritage Large Hall</li> <li>5p Great Vespers</li> </ul> <p>Ioannikios the Righteous</p>	<p>5</p>



## ANNOUNCEMENTS

### Weddings

Congratulations to William and Angelea (John) Hoeft who were married September 24th, 2016. Their Koumbaro is Andrew Twito. "Na zesoun!"

### Yiayia and Friends Luncheon

Instead of our usual meeting on the first Thursday of each month, we are moving the date of the October luncheon to **October 13** to allow our ladies to be available to help with last-minute festival preparations.

October's luncheon will be at **The Greek House**, which is located at **113 SW 153rd in Burien**. Time is **11:30 a.m.** The restaurants appreciate knowing how many to expect so they can adequately accommodate us. For questions and reservations, please contact Mary Damascus, preferably by email: [mndamascus@comcast.net](mailto:mndamascus@comcast.net) (or by phone: [509.951.2975](tel:509.951.2975)).

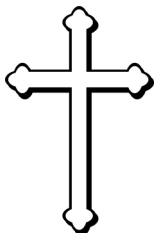
### THANK YOU FOR FESTIVAL DONATIONS

We wish to thank Andrew and Rosalie Boulrieris, Dr. Peter and Diane Demopulos, Vivie Kollias, Dorothea Mootafes and Vasilike Stamos for their monetary donation. Also, we wish to thank Philanthropia Home for their Platinum Level Sponsorship, Evergreen Washelli for their Silver Level Sponsorship, Rob and Katherine Watson of "Watson Security" for their Silver Level Sponsorship, Evan Voltsis, Jim and Aspasia Voltsis, Eleni and Josh Banchero of "Spiros Pizza & Pasta" for their Bronze Level Sponsorship, George and Happy Tsantilas of "Acropolis Pizza & Pasta" for donating 1,500 Lbs. Flour, Peter and Marilyn Limberopoulos of "Rusty Pelican" for donating 30 cases Gyros Meat, Eugenia Macris for the Books and Icons she donated to the Bookstore, Elias Dotis of "Bus Stop Espresso & Gyro" and Phillip and Sonya Feradinos of "The Greek House" for their Bronze Level Sponsorship. Your generosity is truly appreciated!

### JUBILEE at ST. DEMETRIOS FESTIVAL

Jubilee has launched the Chrysallis project, which teaches our participants business skills. The women can use the experience to look for jobs or start their own business. Currently those in the program have created and are selling jewelry, food products and other gift items. St. Demetrios is proud to give JWC a display table at our festival this year. Please come by to say hello, see what the women have created and learn more about Jubilee and its mission of helping women experiencing poverty move towards stable and independent living.

### Our Condolences



We express our Deep Condolences to Margaret Rottle-Williams and Cathy Rottle and their family for the passing of their mother, Antoinette Tighe. May her memory be eternal! We express our Deep Condolences to Emilie John and her family for the passing of her mother, Eleanor Ballasiotes. May her memory be eternal! "Αιωνία αυτών η μνήνη!"

### Sunday School Update

Thank you to the parents and grandparents who donated monetary funds during Sunday School registration. Your support is most appreciated!

It's not too late to register for Sunday School! Forms may be found on our website: [saintdemetrios.com](http://saintdemetrios.com) or you may pick one up in the Sunday School office.

Class schedule for October:

**October 2:** Meet in small hall for joint service project with the St. Demetrios Philoptochos.

**October 9:** Festival weekend; no classes.

Beginning **October 16**, all classes will meet in their respective classrooms.

This year's theme is "The Nicene Creed."

### BOOKSTORE MEDITATION:

Read what St. Basil the Great has to tell us about God's word and especially the Psalms:

*Any part of the Scripture you like to choose is inspired by God. The Book of Psalms contains everything useful. It predicts the future, it recalls the past, it gives directions for living, it suggests the right behavior to adopt. It is, in short, a jewel case in which have been collected all the valid teachings in such a way that individuals find remedies just right for their cases.*

*It heals the old wounds of the soul and gives relief to recent ones. It cures the illnesses and preserves the health of the soul.*

*Every Psalm brings peace, soothes the internal conflicts, calms the rough waves of evil thoughts, dissolves anger, corrects and moderates profligacy.*

*Every Psalm preserves friendship and reconciles those who are separated. Who could actually regard as an enemy the person beside whom they have raised a song to the one God?*

*Every Psalm anticipates the anguish of the night and gives rest after the efforts of the day. It is safety for babes, beauty for the young, comfort for the aged, adornment for women.*

*Every Psalm is the voice of the Church.*

Our St. Demetrios Bookstore carries *The Orthodox Study Bible: Old and New Testaments* (complete with Orthodox commentaries) to accompany us on our daily journeys with Christ.

### BOOKSTORE FESTIVAL INFO:

Please share your used/extra Martyrika (Baptismal Witness Pins) and Greek Stamps with the Bookstore for the Festival. Please plan to visit the bookstore set up in the library during the festival for a large assortment of icons of various sorts, other gift items. books for children and adults, beautiful Stephana made by women raised in the parish, Stephanothikes (Wedding Crown Cases), gorgeous baptismal candle sets for boys, handsome ring bearer outfits, Christmas gifts, and much, much more.



A Message from the Executive Director of the Orthodox Christian Mission Center (OCMC)  
**DOUBLE YOUR IMPACT WITH A GIFT TO OCMC**

Dear Brothers and Sisters and Christ,

I have some VERY good news for you.

Today, your gift can double. You can do TWICE as much to build and strengthen our Orthodox Church around the world.

How? Matching funds.

Some long-time friends of the OCMC ministry have given a generous \$5,000 challenge grant. They have agreed to match every dollar raised by this appeal, up until we match their \$5,000.

You'll want to take advantage of this, because here's what it means for you:  
If you give \$100, it can double to \$200 to support Orthodox Missions.  
Your gift of \$200 can turn into \$400.  
Or if you can give \$500, it can become \$1,000!

Any amount you can give will do so much to build our Church! I urge you to give right away to make sure you double your impact. That \$5,000 will be reached quickly.

You will help spread the Orthodox Faith. That's exactly what Christ told you and me to do!

Your donation will start and support vital ministries where churches are growing. You'll help spiritually hungry people find the blessings of Orthodoxy. You'll equip priests. You'll train lay leaders to be the pillars of support that make churches strong...

And because of these matching funds, you'll do twice as much.

Let me give you an example of how your gift plays out:

One of our priests at work in Indonesia was approached by a Hindu man. "My son suffers from seizures," he told the priest. "I have prayed to my gods, but he is not getting better. Will you pray to your Christian God?" Our priest agreed to pray for the boy, and God worked a miracle. Today, that boy is seizure-free.

But that's not all. The family was so amazed by God's power and moved by the relationship they developed with the priest that they all became Christians. They are now members of a small but growing Orthodox church on their island.

That's how it works when you donate to OCMC. In a place like Indonesia, it's all about being there. Loving people. Being willing to pray. Doing the liturgy and sacraments.

When you give, you make it all happen. You build the Orthodox Church. In Indonesia and around the world.

So please — if you can, send your gift today. Give now while your gift will do twice as much good. Go to [www.ocmc.org](http://www.ocmc.org) and click on "Donate" or mail your check to OCMC, 220 Mason Manatee Dr., St. Augustine, FL 32086. Thank you.

Building the Church with You,  
Fr. Martin Ritsi  
Executive Director

### St. Demetrios Greek Dance & Choral

The Greek Dance & Choral program is off to a **GREAT** start with over 80 dancers and singers already registered and preparation for the St. Demetrios Festival underway. **It's never too late to get started!** Groups range from Pre-Kindergarten to Adult and all practices are held on Monday nights. Register at [www.saintdemetrios.com/community/greekdance](http://www.saintdemetrios.com/community/greekdance) or just show up at 6:00 on Monday night and start dancing.

We will be performing at the festival on Friday evening and all day on Saturday and Sunday, so come support all of the groups and see how we celebrate our Greek culture through dance. (No dance practice on Monday, October 10). **Coming up:** start planning for the holidays early with the upcoming Holiday Wreath and Sees Candy sales..... More information coming soon!

### ST. DEMETRIOS & JUBILEE WOMEN'S CENTER

The Residents of Jubilee Women's Center wish to thank our Parish for providing a delicious dinner in September. Even though very busy preparing for our upcoming Festival, we continue to open our hearts to our neighbors in need and care for our community.

Extra thanks go to Theamanda Bekris, John and Eleni Christofilis, Christina Meletis and Vasili and NinaVarlamos for preparing and providing the September meal.

JWC also is grateful for the many donations of women's clothing, shoes and accessories that we continue to provide. Low income women from all of the Seattle area are able to come to JWC and receive free clothing if needed, to wear to work, school or job interviews.

If you would like to provide a meal, donate clothing or volunteer at Jubilee, please contact Georgene Karambelas at [Karambelas@comcast.net](mailto:Karambelas@comcast.net) or 206 829 9337. Thank you!

# MEMORIALS AND VIGIL LIGHTS

## *Memorials and Holy Altar Candles from last month*

A Forty-Day Memorial Service, the Eight Holy Altar Table Vigil Lights and the Coffee Hour were offered on Sept. 24th, 2016 in loving memory of **Peggy Tramountanas**, by her loving family: husband Emmanuel Tramountanas, children George & Dana Tramountanas, Athan & Cindy Tramountanas, Ellie & Chris Pedersen, and her many grandchildren.

A Memorial Service was offered on Sept. 24th, 2016 in loving memory of **Helen Falangus** (Peggy's mother - forty-two years since her passing), by her children and grandchildren.

A Holy Altar Table Vigil Light was offered on Sept. 24th in loving memory of their beloved **Thia, Peggy Tramountanas** (forty days since her passing), by Litsa Dremousis, George, Jennifer and Nixon Dremousis, Athan and Camille Falangus, Helene and Daniel Duffy.

A Holy Altar Table Vigil Light was offered on Sept. 24th in loving memory of their beloved **Sister, Peggy Tramountanas** (forty days since her passing), by Anna and Paul Dremousis and Michael and Elaine Falangus.

A Holy Altar Table Vigil Light was offered on Sept. 24th in loving memory of **Peggy Tramountans**, by her best friend, Dimitra Stavros and Family.

A Holy Altar Table Vigil Light was offered on Sept. 24th in loving memory of **Peggy Tramountans**, by the Spyridis and Rouvelas families.

## *Memorials and Holy Altar Candles for October 2nd*

A One-Year Memorial Service, a Holy Altar Table Vigil Light, and the Coffee Hour are offered in loving memory of **Chris Legeros**, by his wife, Julie Legeros and children, Anna, Alex, Elena and Shelby.

## *Holy Altar Candles for October 9th*

The Eight Holy Altar Table Vigil Lights and a donation to Philoptochos are offered in loving memory of their beloved **Sister and Aunt, Barbara Deligan** (six months since her passing), by her sisters, Kay Betts, Katherine Auer and their families.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Constantine and Jennie Milonopoulos** (forty-two years and fourteen years since their passing), by Nicoleta Courounes and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Helen and George Derezes** (four years and fifteen years since their passing), by their children and grandchildren.

## *Memorials and Holy Altar Candles for October 16th*

A Six-Year Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Ilana (Theofania) Bonanno**, by the Bonanno and Triant families.

## *Memorials and Holy Altar Candles for October 23rd*

A Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **Efthimios Kollias** (thirty years since his passing), by his loving wife, Vivie Kollias and Family.

The Eight Holy Altar Table Vigil Lights are offered in loving memory of **Demetrios (Jim) Mitalas** (fourteen years since his passing), by his loving wife, Kathy Mitalas and his children, Vickie and Jeff Stenfors, Stacy and Bryan Taylor and grandchildren Katherine, Michael, Jimmy and Jake.

A Holy Altar Table Vigil Light is offered in loving memory of **Helen Mykris and Peggy Moore** (thirty-seven years and eleven years since their passing), by Sandra Mykris and Family.

A Holy Altar Table Vigil Light is offered in loving memory of her beloved **Son, Norman Eacrett** (twenty-four years since his passing), by Sandra Mykris and Family.

## *Holy Altar Candles for October 30th*

A Holy Altar Table Vigil Light is offered in the loving memory of **Marianne Nicoletta (Laskares) Mulenios** (ten years since her passing), by her Husband Jerry Mulenios and her children Chris (Kim), Geri and Demetra (Spiro), her ten grandchildren and her one great grandchild.

## OUR STEWARDS... (CONTINUED FROM PAGE 7)

Lia Preftes	Christos and Agapi Siskos
Anna Prineas	Lefteris and Fay Sitaras
<b>Brad and Angie Prior</b>	Alexandra Skepetaris
Elefteria Proios	Demetrios and Stamatina Skepetaris
Christos and Tammy Psichos	Konstantinos Skepetaris
Nicholas and Anastasia Raissis	Justin and Nicole Skinner
Bob and Despina Read	Nikolaos and Brenda Skokos
Susan Reichmann	Alexander and Vassie Skoulis
James Retelas	Vladimir and Elena Smagley
Nick and Nina Retelas	Sofia Smetheram
Evie Rigas	David and Alexis Solis
Leonidas and Eleni Karra Rigas	Andrew and Kayla Sophinos
Todd and Feletsa Robinson	Aspasia Sotiriou
James and Nina Rogers	Elene Soudas
Erik and Nicole Rolfness	John Soudas
Sorin and Maria Rotar	Alicia Sourapas
Cathy Rottle	Steve Sourapas
Adele Rottle-Williams	Stavros and Aimee Sourelos
Chris Roumeliotis	<b>Vagios and Fanoula Sourelos</b>
Kary Roumeliotis	Maryanne Spyridis
<b>Christina Routs</b>	Pauline Spyridis
Ted Routs	George and Joanna Staikos
Emanuel and Marilyn Rouvelas	George and Thalia
<b>Christian and Mersina Ruediger</b>	Stamatoyannopoulos
Anna Ruh	George and Zoe Stamolis
Gordon and Katina Ruh	Greg and Vicky Stamolis
Brad and Renee Russell	Vasilike Stamos
Mark and Angelique Saffle	Achilleas Stamoulis and Artemis Antipas
Dena Sakelaris	Steven and Sarah Stanos
John and Penelope Sakellaris	Thelma Stasinis
Pantazis and Katina Samolis	Alexi J. Stavros
Katherine Sampson	John A. and Dimitra Stavros
Philip and Barbara Sancken	Peter A. and Maria Stavros
Arthur Saridakis	Vlasi J. Stavros
Angelos and Panelopi Savranakis	Phyllis Steen
Patrick and Ioanna Schmidt	Kevin and Georgia Steenis
George Seal and Alithia Squires	Andy and Joann Stergachis
James Sfekas and Deborah Huang	Michael and Christine Stollings
Iyad and Christina Shahwan	Heather Stotz
Michael and Elaina Shemeta	Lindsay Stotz
Annette Shepherd	Chris and Heidi Stoumbos
Athanasios and Terri Shinas	Eugene Supernaw
Simoni Shirland	Robert and Alvia Swegle
Tanya Shirland	Olympia Tachopoulou
Stella Siamatas	Marco and Christina Tapia
Vasilios and Sharon Sideris	Kina and Stefan Tatchukova
Lance and Stephanie Simons	Linda Tavernarakis

(Continued on Page 12)



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**OUR STEWARDS... (CONTINUED FROM PAGE 11)**

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Steve and Georgia Teodosiadis	Jordan and Emily Vardell
Demetri Themelis	John and Karin Varlamos
Nick and Cindy Theodorou	Kosta and Judy Varlamos
Perry and Billie Jo Therson	Nick and Eleni Varlamos
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George and Dana Tramountanas	J. Robert and Effie Walker
James and Barbara Trehearne	Robert and Katherine Watson
George and Thelma Treperinas	George Webb and Anastasia
Sam and Elly Treperinas	Deliganis
Fr. Daniel and Presv. Michelle	William and Darlene Weigle
Triant	Joann West
Vasilios and Dionisia Tsafos	Brett and Yvonne Willard
Sam and Stephanie Tsakonas	Vivian Williamson
Anglos Tsakopoulos and	Ed Wood and Cathy Chohlas
Katerina Lagos-Tsakopoulos	Wood
George and Eftihia Tsantilas	Daniel and Mary Wright
Sotirios and Angelina Tselios	James and Jeretta Wright
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Stavros Tsitsis	Demetra Xenos
George and Susan Tsoukalas	Emmanuel J. Xenos
Michael and Jodi Tveit	John Xenos
Dometios and Georgia Tziotis	Spiros and Voula Xenos
Ourania Tziotis	Nikolaos Xydas
Yiannis and Katerina Tziotis	Nicholas and Lizabeth Zardis
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