



July, 2017
USPS 600-160, No 7

The Orthodox Way

Mission Statement: *"To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."*

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Monday - Friday

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Tedros Habte-Mezengi,
Custodian

My dear brothers and sisters in Christ,

I offer for this month a reflection on patience from St. Paisios of Mt. Athos, as recorded in the 4th Volume of his Spiritual Counsels entitled "Family Life".

Geronda, how does one handle an angry person?

With patience!

And what if you don't have any?

Go and buy some; they sell it in the stores! Look, when someone is steaming with anger, no matter what you say, it will come to nothing. It is better to keep quiet and say the Jesus Prayer (Lord Jesus Christ, have mercy on me!). With prayer, he'll calm down, and then you can communicate with him. You see, even fishermen don't go fishing unless the sea is calm; they wait patiently for the storm to pass.

Geronda, what makes people so impatient?

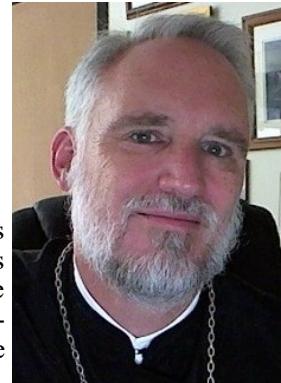
Their abundant lack of inner peace! God has hung the salvation of man on the hook of patience. The Gospel says, "But he that endures to the end shall be saved" (Matthew 10:22). This is why He presents hardships and various trials, so that people will develop the virtue of patience.

Patience stems from love. In order to endure the other person, you must feel deep compassion and pain for him. I see that the family is saved with patience. I have seen beasts turn into lambs. With trust in God, everything evolves normally and spiritually. Once when I was in the Monastery of Stomion, I saw in Konitsa a woman whose face was full of light. She was the mother of five children. Then I remembered who she was. Her husband was a carpenter, and he often took work together with the skilled carpenter who had once trained me (The elder as a layman had learned the craft of carpentry). A single word spoken to him, for example, "Master John, can this be done this way?" was enough to make him very angry. "You're going to show me my work?" he would scowl, and he would break his tools, throwing them and leave. Since he broke things up like this in strangers' homes, imagine what he did in his own home! Well, this woman was the wife of Master John, the carpenter. No one could stand to be around that man for a single day; yet this woman lived with him for years. She suffered everyday living with him, but she had learned to face everything with kindness and forbearance. Because I knew the situation in their family, I would ask each time I saw her, "How is Master John? Is he working?" She would say, "Well, sometimes he works, and sometimes he relaxes a little!" I would ask, "How are you getting along together in the family?" "Very well, Father!" she would reassure me. And, she said it from her heart. She never took into account that he often broke his tools, expensive tools, and that she had to do extra work to get by. Do you see with what patience, with what kindness and with what a noble spirit she faced her many adversities! Nor did she criticize him at all! And for this, God shed His Grace on her, which made her face shine with inner light. She raised her five children to be outstanding individuals and kept the family together.

How could she justify her husband?

With just one good thought, "He is my husband; he may say an extra word from time to time. Now if I were in his place, I might be doing the same thing," she would say to herself. You see, she applied and lived by the Gospel, which was why God would send His Grace. And if lay people like her can practice patience and become filled with Divine Grace,

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The Orthodox Way is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to sshirland@saintdemetrios.com; or by fax to 206-631-2550. Saint Demetrios Greek Orthodox Church reserves the right to edit, alter or reject any content.

CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

Date	Church Service	
July 2nd	4th Sunday of Matthew	4η Κυριακή Ματθαίου
July 9th	5th Sunday of Matthew	5η Κυριακή Ματθαίου
July 16th	Sunday of the Holy Fathers	Κυριακή Αγίων Πατέρων
July 17th	St. Marina	Αγίας Μαρίνας
July 20th	Prophet Elijah	Προφήτου Ηλία
July 23rd	7th Sunday of Matthew	7η Κυριακή Ματθαίου
July 24th	Great Martyr Christina	Αγίας Χριστίνας
July 25th	Repose of St. Anna	Κοίμησις Αγίας Αννης
July 26th	St. Paraskevi	Αγίας Παρασκευής
July 27th	St. Panteleimon the Great Martyr	Αγίου Παντελεήμονος
July 28th	St. Irene Chrysovalantou	Αγίας Ειρήνης Χρυσοβαλάντου
July 29th	Great Vespers, 5 pm	Μέγας Εσπερινός, 5 μ.μ.
July 30th	6th Sunday of Matthew	6η Κυριακή Ματθαίου

ALTAR SERVERS

July 2nd, 16th & 30th	Jack Hillman, Peter Dudunakis, Nicholas Biros, Yiannis Tsantilas, Nasi Contoravdis, Niko Contoravdis, Phillip Stamolis, James Konugres, Jonathan Poiana, Omar Mallouk, Stavros Panos, Nicholas Marcu-Visan, Theofanis Kalasountas, John Limantzakis and Zane Raissis.
July 9th & 23rd	Joseph Dumont, Nicholas Christianson, Demetre Teodosiadis, Alex Rotar, Manoli P. Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Peter Ales, Ethan Weigle, Steven Stanos, John Christofilis, Peter Economou Grunder, Elias Oraivej and Anthony Sitaras.

PARISH COUNCIL SERVERS

July 2nd, 16th & 30th	John Ales, John Kapelouzos, Jim Kost, Bassam Bayouk, George Tramountanas, Dale Hazapis, Michael Gikas, Pete Lymberis.
July 9th & 23rd	Georgine Looney, Vicky Christianson, George Papanastasiou, Andrew Aliferakis, Thomas Dudler, Bob Read, Evangelia Lagos.

EPISTLE READERS—ARTHUR SARIDAKIS—INSTRUCTOR; CHRIS MACRIS—ASSISTANT

NO Student Epistle Readers during the summer months.

Fasting Type	July
Strict Fast	5, 7, 12, 14, 19, 21, 28
Wine & Oil Allowed	26

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how much more patience should we practice, we who are monastics and have all the presuppositions, all the opportunities for a spiritual life.

As I have come to understand, the greatest scandals, not only in the families but also in the state authority, stem from the most insignificant things. In the family, one person must be humble before the other; one must imitate the other's virtues and also be patient and endure the other's peculiar idiosyncrasies. To make this possible, it helps to think of how Christ sacrificed Himself for our sins and that He bears with us all — billions of people — even though He is without sin. However, when we suffer from the idiosyncrasies of the others, we are paying off the debt of our own sins. God, in His goodness, has arranged things perfectly, so that with our gifts, we can help each other, and with our faults, we can be humbled by each other. Every person has some gifts; and everyone also has some faults which one must struggle to overcome.+

May we, through the prayers of St. Paisios, struggle to acquire patience, and become filled with Divine Grace!

In Christ's love, +Fr. Photios

OUR PARISH JUNE GRADUATES

CONGRATULATIONS!!!



With spiritual satisfaction our Church follows the academic progress and spiritual growth of our students. We take this opportunity to congratulate our graduates and their proud parents for their achievements. We pray to God to guide them in their future plans.

NAME

Anastasia Georgia Pallis

COLLEGE GRADUATES

Graduating from

The University of WA, with a BA in Psychology

Sunday School Update

Thank you to the many parishioners who helped with the end of year carnival! We want to give special thanks to Lefteris Sitaras for organizing the event and to George Lebesis for preparing the delicious lunch! Congratulations to our 2016-17 outstanding attendance recipients. Each child was recognized with a certificate for either purchases at the St. Demetrios bookstore or tuition at All Saints Camp.
Pre-school: Dominic Karagiorgos

1st: Xavier Karagiorgos

3rd: Mia Brockmeyer, Anthony Sitaras

5th: Sofia Brockmeyer, Katerina Sitaras

7th: Noreen Bayouk, Mia Ivanova

8/9th: Nicholas Christianson, Jenny Kapelouzos, Omar Mallouk, Demetrios Teodosiadis

HS: Christina Bayouk, Joseph Dumont

Volunteers are needed to serve as Sunday School teachers for the 2017-2018 year. This is a wonderful opportunity to work with the youth of our parish and no experience is necessary! For more information, please contact Paula Charuhas Macris at pcharuhas@hotmail.com

Greek Dance & Choral News

Congratulations to the 2017-18 Greek Dance Board

Linda Avlonitis
Maria Barbas
Demetra Biros, President
Maria Brymerski
Michelle Economou, Secretary
Andrew Escobar, Vice President
Sophia Katinas
Blue Lazarou
Stillianos Manos
Saundra Maroussis
George Papanastasiou
Judy Varlamos, Treasurer
Nina Varlamos
Katherine Watson



Thank you to the outgoing board members: Linda Kyrimis, Cindy Theodorou, Andrea Tsiakilos-Dunbar, and Tracy Raassis

Dance Practice will begin on Monday, September 11th with only 2 practices before the St. Demetrios Festival. Please attend both practices if you are planning to dance for the festival. We will have a formal kick off to the new year on Monday, October 2nd. Online registration for the new dance year will open on August 1st.

FDF 2018 has been announced with a new date and location - San Francisco on January 11-14!

Philoptochos News July 2017

A Message from President Nina

Even though Philoptochos does not have regular meetings in the summer months, the ladies of our Chapter are busy with all of the duties of all of our committees in addition to the baking for the festival. I would like to invite everyone in our parish to join us for the festival baking (YES - men are welcome, too!). It is a wonderful opportunity to learn how to bake the many wonderful pastries that sell out every year at the festival, in addition to the Greek dishes our community is famous for. We hope you will come.

Camp Agape Northwest July 23rd – 29th, 2017

Plans are in full swing for our 2017 camp and we would love for you to join us for **Reunion Day on Sunday, July 23rd**. This is an opportunity to come to camp and meet campers and families who attended Camp Agape throughout the years. We will be offering the bus to Reunion Day. Attendance at Reunion Day is open to everyone, the Armatus training forms are not required to visit on that day. The bus will be depart St Demetrios at 12:00 noon and return at 7:30 pm. Lunch and dinner are provided at camp. If you have any questions, please email campagape@gmail.com.

Mark Your Calendar for the Sinatra Chocolate Wine Ball

The 9th Annual Sinatra Chocolate will be **Sunday, November 12th**. Please plan to join Camp Agape Northwest for an elegant evening at Herban Feast. Our festive celebration will feature a seasonal dinner menu, Washington wines and chocolatiers, and the music of Frank Sinatra. Proceeds from the event will benefit Camp Agape, a camp for children with cancer and their families. **Again this year there will not be an auction!**

For more information, contact susanreichmann@yahoo.com or call [425.772.1605](tel:425.772.1605).

Shut In Parishioners

If you are aware of someone who is a shut in, please contact our Visitation Chairperson Kay Betts at [206.546.2370](tel:206.546.2370) or yassou@frontier.com. If you would like to help with visitation in your part of town, please let Kay know you are available. Everyone is welcome to help and it means so much to those we take time to visit.

Membership Continues for 2017

We hope you will continue to support us with your annual dues of \$40 and join us when you can for fellowship. All are welcome and if you have time to donate in addition to your check, even better. You will not receive a call when you write a check as we are a volunteer organization and we are grateful for every member whatever their participation. We realize that not everyone is able to come to our meetings but your dues are what allows us to do the work of Philoptochos and are gratefully accepted. Contact Dorothy Haskell, our membership chairperson at [425.503.4200](tel:425.503.4200) or dorothyhaskell39@gmail.com.

Saint Demetrios Philoptochos Contacts:

President: Nina Varlamos
ninavarlamos@msn.com [206.499.0369](tel:206.499.0369)

Camp Agape NW: Georgia Gianacos Steenis
ggianacos@gmail.com [206.419.6867](tel:206.419.6867)

Jubilee Women's Shelter: Georgene Karambelas karambelas@comcast.net [206.829.9337](tel:206.829.9337)

Sunshine: Mary Damascus
mndamascus@comcast.net [509.951.2975](tel:509.951.2975)

St. Martin de Porres Men's Shelter: Helen Kalasountas
[425.641.0472](tel:425.641.0472)

Visitation: Kay Betts yassou@frontier.com [206.546.2370](tel:206.546.2370)

Upcoming Meeting Schedule:

All are welcome to attend our meetings and events:

- No regular Philoptochos meeting in July or August
- July 20th cook for St Martin de Porres Men's Shelter
- July 26th cook for Jubilee Womens Center
- August 17th cook for St Martin de Porres Men's Shelter
- August 23rd cook for Jubilee Womens Center
- August 31st cook for St Martin de Porres Men's Shelter

**Your Sister in Christ,
Susan Reichmann, Philoptochos Advisor
[425.772.1605](tel:425.772.1605)
susanreichmann@yahoo.com**

GREEK ORTHODOX ARCHDIOCESE OF AMERICA
METROPOLIS OF DENVER



YOUNG ADULT CONFERENCE
SEPTEMBER 1-4, 2017
HOUSTON, TEXAS

Volleyball Players Wanted

**Compete in San Jose, CA
on October 14-16**



In October 2017, St. Nicholas church in San Jose, CA will host their 13th annual volleyball tournament and we want YOU to represent St. Demetrios.

Anyone can play! We are looking to form 2-4 teams in the following categories: GOYA (14 - 18 years old); Young Adults (18 - 35); and Adults (35 and older) Contact Lefteris Sitaras at 206-631-2504 to participate.



Our Sunday School Students with outstanding attendance were honored as we celebrated our last day of Sunday School on June 11th. We also congratulated our Graduating Seniors and wish them the best in the future. Thanks also to everyone that helped at our annual Carnival!



Metropolis of San Francisco
Family Wellness Ministry

invites you to the
Pacific Northwest



Family Wellness Conference

Relevant • Relational • Interactive

Sept. 8 – 9

Holy Apostles Greek Orthodox Church – Seattle (Shoreline)
Fri., 7 pm – 9 pm • Sat., 9:45 am – 4 pm

JOIN US...

Experience relevant interactive workshops that will inspire and enlighten Orthodox Christians who desire to participate in a meaningful Family Wellness Ministry in their parish.

Conference Participants shared:

"This was truly a sacred and beautiful experience! I feel so renewed in both my relationship with Christ and with my wife! Thank you!"

"Great workshops! Topics were informative both on a personal level as well as a take away for my own parish."

"The speakers were incredible! During the conference important information was shared that was Christ-Centered and uplifting!"

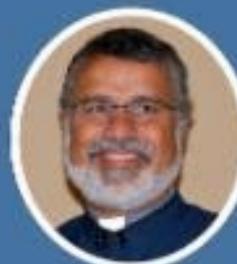
"I loved the honesty in the presenters helping to remove stigmas of the struggles we all have."

"I got practical perspectives and real life takeaway's to bring back. Love the ideas and initiatives to implement in my parish!"



George Papageorge
Marriage & Family Therapist
Speaking on
Parenting

Fr. Timothy Pavlatos
Director of
Family Wellness Ministry
Marriage & Family Therapist
Speaking on
Marriage



Fr. Tom Tsagalakis
Marriage & Family Therapist
Speaking on
Addiction

REGISTER ONLINE: www.familywellnessministry.org
Space is limited so register today!

STEWARSHIP UPDATE

For our 2017 Stewardship Campaign, we currently have 444 stewards who have returned their signed pledge cards and have pledged \$413,480. Our goal for 2017 is \$500,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to www.saintdemetrios.com/Stewardship/egiving) We thank the following stewards for their contributions!

The Stewardship Committee

2017 Stewards:

John & Margaret Ales	Nick & Vanessa Carkonen
Andrew & Vicky Aliferakis	Paul & Paulette Carkonen
Nick & Terri Alvanos	Eleni Carras
Rothopi Andrews	Susanna Cerasuolo
Fr. John & Presv. Anna Angelis	Douglas & Jillian Chandler
Theodore & Kim Angelis	John & Patricia Chigaras
Basil Anton	Effie Chriest
Costas Antonopoulos	Ron & Vicky Christianson
Ioanna Antonopoulos & Michael Moser	Eleni Christo
Nikolaos Antonopoulos	James Christo
George & Dina Apostolou	Demetre & Katherine Christofilis
K. G. & Kostoula Apostolou	John & Helen Christofilis
Serafim & Eva Apostolou	Anastasios & Voula Christophilis
Clifford & Theodora Argue	Dino & Nikki Christophilis
Patricia Arvanitidis	Margo Christophilis
Brent & Rhea Aslin	Kosta & Maria Christopoulos
John & Stella Athans	Daniel & Vicky Cohen
Niko & Kiriaky (Carrie) Avlonitis	Marie Collins
Nancy Aziz	Jeffrey & Katie Comstock
Zacharou Babarakos	Madeline Conom
James & Katherine Babington	G. Paul Constantine
Pat Bacolas	O. George & Kay Constantine
William (Corky) & Dina Bakamus	Tom & Evelyn Contoravdis
Josh & Eleni Banchero	Olivia Contos
Christa Barbas	Dino & Cynthia Cooper
Thomas & Maria Barbas	Gus & Margaret Cooper
Earl & Barbara Bardin	Maria Cooper
George Bariames & Eleni Athans	Jerry & Eva Costacos
Loula Barker	Barbara Cotton
Frances Barnecut	Maria Cotton
Greg Bartell & Fotini Georgiadou	Gus Courounes
Bassam & Duaa Bayouk	Nicoleta Courounes
Gabriel Bayouk	Renee Courounes
George & Alice Bayouk	Dale & Marianna Crane
Lena Bayouk	Donald & Laura Crews
Brandon & Molly Bede	Rick & Vickie Cuevas
Anastasia Bekris	Christos Dagadakis & Judith Turner-Dagadakis
Hristos & Diamando Bekris	George & Angela Dalas
Arvid Berg & Sophia Zervas-Berg	Mary Dallas-Smith
Joel & Danielle Bergman	Mary Damascus
Kay Betts	Sofia Damascus
Panagiotis & Demetra Biros	Daniel & Angela Daoura
Mark & Georgiana Bitzes	Marguerite Daoura
Neena Blackwell	George & Alexandra Delegans
Maria Bollman	Sam & Vicki Deliganis
Andrew & Rosalie Boulieris	George Demonakos
Gus Boutsinis	Nicholas & Stella Demonakos
Josh & Ashley Brockmeyer	Gregory & Kate Demopoulos
Jeffrey & Allison Brooks	Peter & Diane Demopoulos
Theodora Broutzakis	Presv. Artemis Demopoulos
Frank & Shelley Buhler	Ryan & Demetra Dennis
Steve Calandrillo & Chryssa Deliganis-Calandrillo	Sophia Derezes
John & Rachel Calash	Nick Diafos & Athena Modonas-Diafos



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July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3rd Sunday of Matthew Epistle: Romans 5:1-10 Gospel: Matthew 6:22-33 • 8:15a Orthros • 9:30a Divine Liturgy • 12:30p Baptism Righteous Fevronia	6:30p Stewardship Meeting Epistle: Romans 5:1-10 Gospel: Matthew 6:22-33 • 8:15a Orthros • 9:30a Divine Liturgy • 12:30p Baptism Righteous Fevronia	9a Make Bougartsa 6:30p Orthodoxy on Tap BBQ • 9:30a Open Confession • 5:30p Great Vespers - St. Paul, Brier • 6:30p Divine Liturgy - St. Paul, Brier	Cook for Jubilee 9:30a Open Confession • 6p Great Vespers - At Holy Apostles	• 1p Large Hall Rental • 6p Great Vespers - At Holy Apostles	8a Orthros - At Holy Apostles 9a Divine Liturgy - At Holy Apostles	• 10a Baptism at All Saints Camp
4th Sunday of Matthew Epistle: Hebrews 9:1-7 Gospel: Matthew 8:5-13 • 8:15a Orthros • 9:30a Divine Liturgy	Church Office Closed	Church Office Closed	St. Philaret Cook for the Homeless	• 11:30a Yiayia & Friends Luncheon at Sunfish on Alki	Staff Training - All Saints Camp	• 6p Wedding Rehearsal
St. John of San Francisco	Hyakinthos & Theodosius, Martyrs	Independence Day	St. Athanasios of Mt. Athos	Sisoes the Great	St. Kyriaki, Great Martyr	Great Martyr Prokopios
9	10	11	12	13	14	15
All Saints Camp - Elementary & High School 9a Pastichio Prep • 6:30p Stewardship Meeting	9a Make Pastichio • 6:30p Stewardship Meeting	9a Make Kourambiethes • 6:30p Parish Council	9:30a Open Confession • 6:30p Parikh Council	Archangel Gabriel	Apostle Aquila	St. Nikodemos of Mt. Athos
8:15a Orthros • 9:30a Divine Liturgy • 3p Wedding	45 Martyrs of Nikopolis	Great Martyr Euphemia	Proklos & Hilarion of Ancyra	Righteous Makrina, Sister of St. Basil	St. Nikodemos of Mt. Athos	St. Vladimir of Russia Sts. Kirykos & Julita
16	17	18	19	20	21	22
All Saints Camp - Advanced Session Sunday of the Holy Fathers Epistle: Titus 3:8-15 Gospel: Matthew 5:14-19 • 8:15a Orthros • 9:30a Divine Liturgy • 3p Wedding	9a Make Kourambiethes 9a Make Kourambiethes 9:30a Divine Liturgy	9:30a Open Confession • 6:30p Parish Council	Cook for St. Martin de Porres • 8:30a Orthros • 9:30a Divine Liturgy • 6:45p Wedding Rehearsal	Righteous Makrina, Sister of St. Basil St. Seraphim of Sarov	Prophet Elijah	Symeon & Parthenios St. Mary Magdalene Virgin Martyr Markella
23	24	25	26	27	28	29
7th Sunday of Matthew Camp Agape Reunion at ASC Epistle: Romans 15:1-7 Gospel: Matthew 9:27-35 • 8:15a Orthros • 9:30a Divine Liturgy • 4p Wedding	8:30a Orthros 9a Make Baklava 9:30a Divine Liturgy	8:30a Orthros 9a Make Baklava 9:30a Divine Liturgy	Cook for Jubilee 8:30a Orthros • 9:30a Divine Liturgy	8:30a Orthros • 9:30a Divine Liturgy	8:30a Orthros • 9:30a Divine Liturgy	• 5p Great Vespers
30	31	1	2	3	4	5
8th Sunday of Matthew Epistle: 1 Corinthians 10:17 Gospel: Matthew 14:14-22 • 8:15a Orthros • 9:30a Divine Liturgy • 1p Baptism • 6p Large Hall Reception	9a Make Koulourakia 9a Make Koulourakia 9:30a Divine Liturgy	St. Philaret Cook for Homeless • 9:30a Open Confession	St. Paraskevi	St. Pantaleimon the Great	St. Irene Chrysovalantou	Kallinikos & Theodotis, Martyrs St. Kassiane the Righteous
31	1	2	3	4	5	6
8th Sunday of Matthew Epistle: 1 Corinthians 10:17 Gospel: Matthew 14:14-22 • 8:15a Orthros • 9:30a Divine Liturgy • 1p Baptism • 6p Large Hall Reception	8:30a Orthros 9a Make Koulourakia 9:30a Divine Liturgy	St. Philaret Cook for Homeless • 9:30a Open Confession	Translation of Relics of St. Stephen	Dalmatios/Jsaakios/Faustus, Martyrs	Seven Holy Youths of Ephesus	St. Eustinius, Martyr St. Kassiane the Righteous

ANNOUNCEMENTS

New Arrivals

Congratulations to the proud parents, Pantazis and Katina Samolis on the birth of their daughters, Georgia and Dimitra Samolis, born on May 18th, 2017. The proud Grandparents are John A. and Dimitra Stavros and Gregory Samolis of Athens, Greece. "Na sas zesoun!"

Baptisms

We welcome to our faith Emily Anne Wonder who was baptized on June 25th, 2017. Her sponsor is Demetrios Geokezas.

Yiayia & Friends Luncheon

The July Yiayias & Friends luncheon will be held on Thursday, **July 6** at **Sunfish** on Alki. Sunfish is located at **2800 Alki Avenue SW**. Sunfish specializes in seafood (fish and chips, prawns, etc.). Time is **11:30 a.m.** For more information, please contact Mary Damascus [\(509\) 951-2975](tel:(509)951-2975) or mndamascus@comcast.net. Everyone is welcome--you don't have to be a Yiayia to join us!!!

FESTIVAL BAKING DATES

Our Festival dates this year are, September 22, 23 & 24.

Please mark your calendar and plan to attend and most importantly to help for the preparation for baking and the set-up.

The baking schedule for July and August is as follows:

July 10: Prep for Pastichio
July 11: Make Pastichio
July 17: Make Kourambithes
July 24 & 25: Make Baklava
July 31 & August 1: Make Koulourakia
August 7: Make Melomacarona

Thank You from the Acolytes

We are grateful to Maria Stavros for hand repairing several of the Altar Server robes this year and for Arthur Saridakis' donation to cover materials expenses. God Bless you!

From the Festival Boutique Chairs

Calling all Crafters, Knitters, Crocheters, Painters, Jewel-ry Makers - We have the Festival Dates- September 22, 23 and 24! The Festival Boutique needs anything handmade to fill our booth.

We appreciate your help in making items to stock this booth. If you have any questions, please call Julie Legeros at 206 790 0439, or Rita Mavromatis at 425 828 2579. Please bring items to the Church office after September 1st. Thank You!

Family Wellness Ministry

Family Wellness Ministry Conference will take place in the Pacific Northwest on September 8th and 9th, at Holy Apostles Greek Orthodox Church, in Shoreline. To register online please go to: www.familywellnessministry.org (starting June 2nd).

Thank You For Festival Donations

We wish to thank John and Tina Damianidis of "Jeno's Restaurant", Evgenia Pangopoulos, Georgia Manolakos and Effe Manolakos of "White Center Pizza" for their donation of 1,500 Lbs. Flour in memory of Pete Manolakos, Kostas Pangopoulos, Peter Tsakonakos, Christos and Evgenia Manolakos and Niko and Efstatia Tsakonakos. Also, we wish to thank James and Pota Johnson for their monetary donation to purchase Powdered Sugar, Dr. John and Julie Doces for their monetary donation to purchase Seasoning for cooking and baking, Wendell and Demitrua Madison for their monetary donation to purchase 2 cases Whipped Cream, William Suhail Hanna and Curtis and Alexandra Kruse for their monetary donation and Evan Voltsis and Jim and Aspasia Voltsis of "Spiro's Pizza" for their Bronze level Sponsorship.

Your generosity is truly appreciated!

JUNE JUBILEE NEWS

Jubilee Women's Center, nearby, on Capitol Hill, provides housing, food, clothing, job and school readiness to low income women working towards independent living, and is an outreach ministry of St. Demetrios. In June, the residents were treated to a delicious dinner provided by Penelopi Savranakis, in Memory of her Parents, Mother and Father-in-law.

Dinner was prepared with help from Athanasia Kalasountas, Christina Meletis and Patti Kost.

Jubilee is thankful for the ongoing support, clothing donations, meals and friendship St. Demetrios provides each month.

If you would like to learn more about JWC, how to donate, volunteer, or provide a meal, contact: Georgene Karambelas at: 206 817 2523 or karambelas@comcast.net Thank you!

2017 Stewards—Continued

(Continued from Page 7)

Helen Heuer	Dean & Kathleen Lentgis	Insaf Oraivej
John & Maria Hillman	Thomas Leonidas	Irene Palios
William & Angelea Hoeft	John & Polette Limantzakis	Bill Pallis
Patrick & Vickie Howard	Johnny & Lucy Limantzakis	Chris & Rebecca Pallis
Mary Hulbush	Bill & Florence Lulos	Chris & Vasiliki Pallis
Stavros & Elsa Ioannou	Glen & Georgine Looney	Christina Pallis
Joe & Virginia Jarek	Sophia Looney	Elli Pallis
Carlos Jimenez & Eleni Lagos-Jimenez	Theodore Looney	Margie Pallis
John & Emilie John	George & Giannoula Lymberis	Evangelos & Anastasia Pampoukas
James & Pota Johnson	Paul & Rebecca Lymberis	Alice Panagakis
Jeff Jones & Angela Sourapas-Jones	Pete & Olga Lymberis	Georgia Panagiotopoulos
Phillip & Melissa Joost	Chris & Paula Macris	John & Lisa Panagiotou
Gerry Kaelin & Christina Demopoulos- Kaelin	Greg & Mia Macris	Sam & Colleen Panagiotou
Helen Kalasountas	Wendell & Demitrla Madison	Yiannis & Johnette Panopoulos
Panagiotis & Rena Kalasountas	Emanuel & Dina Magoulas	Alexander & Christina Panos
Jim Kaloris	Stellios & Sandy Makratakis	Artemios & Rebecca Panos
George & Christina Kaltounis	Louis & Mary Malesis	Steve Panos
Maria Kaltounis	Helen Malevitsis	Gregory & Stellee Papadeas
Vicky Carras Kangles	James Malevitsis	George Papanastasiou
John & Virginia Kapelouzos	Perry & Eleni Malevitsis	Konstantinos & Errin Papanastasiou
Maurice & Carmen Karagiorgos	Samuel Mallos	George & Lora Pappas
Jim & Georgene Karambelas	Bechara & Xiomara Mallouk	Norman & Frances Parr
Joanna Karas & Thomas Pallua	Collin & Demetra Manaois	Jason & Angela Patrao
Tim & Nadine Karas	Nicky Manitaras	Peter & Patty Pecora
Francine Karavias	Kostaq & Gerta Mano	Christopher & A. Ellie Pedersen
Anthony & Sarah Karis	Georgia Manolakos	Dennis & Angeliki Pedersen
Nick & Nancy Karis	Demetris & Emily Manolopoulos	Irene Peterson
Terry & Hannah Karis	Stilianos & Kari Manos	Helen Petratos
Georgia Karvountzi	James & Mary Lou Manus	William Phillips
Christine Karzmar	Mark & Nikoletta Marciniak	Kristina Plumis
Michael Karzmar	Stephanos & Paula Margaritis	Paul & Pamela Plumis
Nicholas & Kalliopi Katholos	James Markezinis	Ted & Kim Plumis
Jean Katsandres	John & Kelly Markezinis	David & Toula Poletti
Gregory & Angela Kavounas	Anthony & Alexandra Maroussis	Theologia Polizos
Stephen & Ann-Marie Keeney	George & Deena Maroutsos	Andonios & Evangelia Polychronopoulos
Michael & Laura Kemmerer	Jean Mastor	Nikolaos & Charikleia Poulias
Peter & Hana Kenny	Niki Mastropoulos	Lia Prefetes
Timothy & Sofia Kenny	Constantine & Areti Mavromatis	Eleftheria Proios
Bishara & Diane Kharoufah	George & Vera Mazoonin	Christos Psichos & Tammy Kangyu-Psichos
David & Leila Kirske	Lillian C. McDermott	Trevor & Maria Rain-Water
Brian & Jiovanna Koceski	David & Georgia McFarlan	Nicholas & Anastasia Raassis
Alexander & Leta Kolios	Sam & Tania McIntosh	Robert & Despina Read
Evyenia Kolia & Naguib Youssef	Marty McLean & Anthea Grivas-McLean	James Retelas
Vivie Kollias	Christina Meletis	Nick & I. Nina Retelas
James & Patti Kost	Ann Mentis	Evie Rigas
Maria Kost	Pipena Mercouriadis	Todd & Feletsa Robinson
Louie & Vicky Kotsakis	Michael & Elaine Michaelidis	Erik & Nicole Rolfness
Petros & Regina Koumantaros	Renato & Irisi Millo	Cathy Rottle
Toula Koutlas	Thanasi & Sophia Millo	Adele Rottle-Williams
Helene Krikris	Andreas & Irene Mitalas	Chris Roumeliotis
Curtis & Alexandra Kruse	Katherene Mitalas	Kary Roumeliotis
Gary Kuhar	Chuck & Anne Mitsakos	Ted Routos
Dena Kusulos	Walter & Frances Moldskred	Emanuel & Marilyn Rouvelas
Harold Kusulos	Alexandros & Maria Moroseos	Mark & Angelique Saffle
Peter & Rachele Kyriacou	James Morris & Vickie Kolios	Dena Sakelaris
Marty Kyrimis	Carol Mykris	John & Penelope Sakellaris
Steve Lacey & Lana Georges	Sandra Mykris	Pantazis & Katina Samolis
George Ladas	Bettyann Nassar	Philip & Barbara Sancken
Demetrios & Evangelia Lagos	Peter Neckas	Arthur Saridakis
George & Eleni Lagos	Sandy Neckas	Angelos & Penelopi Savranakis
Nina Lagos	James & Stella Nelson	Nikoletta Scarlatos
Michael & Lena LaMarche	Michael & Elaine Newtonson	Patrick & Ioanna Schmidt
James & Sharon Langus	John & Joann Nicon	George Seal & Alithia Squires
Julie Legeros	Maria Nikolidakis	Eric & Eleni Sederstrom
Ken & Irene Lehman	Shirley Olsen	James Sfekas & Deborah Huang
	Charlie & Tina Olson	Iyad & Christina Shahwan

MEMORIALS AND VIGIL LIGHTS

Holy Altar Candles from last month

Two Holy Altar Table Vigil Lights were offered on June 18th, 2017, in loving memory of **Costas Exarhos** (twenty-three years since his passing; the head chantor at St. Demetrios Church for 25 years) and **Angelique Coulousi** (five years since her passing), by Helen Exarhos, and Panos and Angie Exarhos and their family.

A Holy Altar Table Vigil Light was offered on June 18th, 2017, in loving memory of **Theofanis Kalasountas** (twenty-four years since his passing), by his wife, Athanasia Kalasountas, their children, Panagiotis and Rena, Marina and Kyle and grandchildren.

A Holy Altar Table Vigil Light was offered on June 25th, 2017, in loving memory of **Almee Kassir** (forty days since her passing), by her friends at St. Demetrios.

Holy Altar Candles for July 2nd

A Holy Altar Table Vigil Light is offered in loving memory of **Jim Mykris** (three years since his passing), by his wife, Sandra Mykris and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Erma Tsakilos** (in remembrance of her Birthday, June 28th), by her children and grandchildren.

Memorials and Holy Altar Candles for July 9th

A Six-Month Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **George Kost**, by his wife, Maria Kost, their children, grandchildren and great-grandchildren.

Three Holy Altar Table Vigil Lights are offered in loving memory of **George Polizos, and George and Malamati Triantafillou** (twenty-six years, twenty-one years and twenty years since their passing), by Theologia Polizos and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Serafim Vlahos** (eight years since his passing), by Irene Sotirhos and Family.

Holy Altar Candles for July 20th

Two Holy Altar Table Vigil Lights are offered in loving memory of **Elias Sotirhos** (in honor of his Nameday) and **Amalia and Georgia Sotirhos**, by Irene Sotirhos, her children, Ken and Maria, Matt and Sophia, and grandchildren, Angela and Maria.

Holy Altar Candles for July 30th

A Holy Altar Table Vigil Light is offered in loving memory of **Konstantinos Pangopoulos** (three years since his passing), by his wife, Evgenia Pangopoulos and Family.



BOOKSTORE NEWS:

Summertime is a Great Time to Read!

Summer break gives children the freedom to explore new activities and spend more time with family. It's also a good opportunity to relax and set aside some time for reading. St. Demetrios Bookstore has books for children of all ages and levels of reading, including stories of our modern-day saints and activity books.

My Book of Church Feasts, an Orthodox coloring book by Egle-Ekatarine Potamitis. Coloring book with clear pictures and descriptions that teach church history.

My Warrior Saints by Egle-Ekatarine Potamitis

Eleven stories of our most beloved and heroic Saints that will excite young readers.

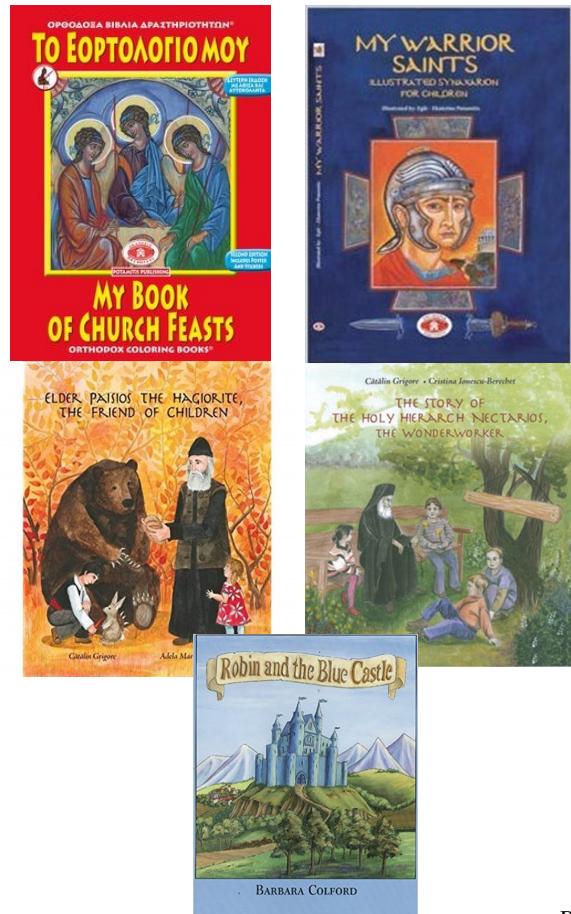
Elder Paisios the Hagiorite, the Friend of Children by Caitlin Grigore. Beautifully illustrates and explains the life of this beloved Saint.

The Story of the Holy Hierarch Nectarios, the Wonderworker by Caitlin Grigore. A sweet story about the life of Anastasios, a meek child who grew up to be a great Saint, protector of children and healer of ailments of all kinds.

Robin and the Blue Castle by Barbara Colford

Robin and the Dragon's Treasure by Barbara Colford

Books 1 and 2 of the trilogy are available and perfect for an intermediate reader. A story about Robin the Prince and his adventures when he ventures from the castle. These nicely illustrated hardback books will delight and gently impart to readers the lessons of acceptance, diversity and good over evil.





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2017 Stewards—Continued

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Athanasiros & Terri Shinas

Simoni Shirland

Tanya Shirland

Christos & Agapi Siskos

Justin & Nicole Skinner

Nikolaos & Brenda Skokos

Alexander & Vassie Skoulis

Vladimir & Elena Smagley

Sofia Smetheram

Andrew & Kayla Sophinos

John Soudas

Alicia Sourapas

Steve Sourapas

Vagios & Fanoula Sourellos

George & Joanna Staikos

George & Thalia Stamatoyannopoulos

John Stamatoyannopoulos & Lisa Strate

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