

July, 2017
USPS 600-160, No 7

The Orthodox Way

Mission Statement: "To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."

St. Paisios on Patience

My dear brothers and sisters in Christ,

I offer for this month a reflection on patience from St. Paisios of Mt. Athos, as recorded in the 4th Volume of his Spiritual Counsels entitled "Family Life".

Geronda, how does one handle an angry person?

With patience!

And what if you don't have any?

Go and buy some; they sell it in the stores! Look, when someone is steaming with anger, no matter what you say, it will come to nothing. It is better to keep quiet and say the Jesus Prayer (Lord Jesus Christ, have mercy on me!). With prayer, he'll calm down, and then you can communicate with him. You see, even fishermen don't go fishing unless the sea is calm; they wait patiently for the storm to pass.

Geronda, what makes people so impatient?

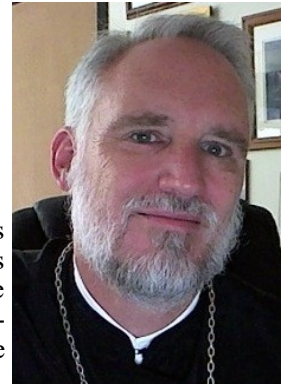
Their abundant lack of inner peace! God has hung the salvation of man on the hook of patience. The Gospel says, "But he that endures to the end shall be saved" (Matthew 10:22). This is why He presents hardships and various trials, so that people will develop the virtue of patience.

Patience stems from love. In order to endure the other person, you must feel deep compassion and pain for him. I see that the family is saved with patience. I have seen beasts turn into lambs. With trust in God, everything evolves normally and spiritually. Once when I was in the Monastery of Stomion, I saw in Konitsa a woman whose face was full of light. She was the mother of five children. Then I remembered who she was. Her husband was a carpenter, and he often took work together with the skilled carpenter who had once trained me (The elder as a layman had learned the craft of carpentry). A single word spoken to him, for example, "Master John, can this be done this way?" was enough to make him very angry. "You're going to show me my work?" he would scowl, and he would break his tools, throwing them and leave. Since he broke things up like this in strangers' homes, imagine what he did in his own home! Well, this woman was the wife of Master John, the carpenter. No one could stand to be around that man for a single day; yet this woman lived with him for years. She suffered everyday living with him, but she had learned to face everything with kindness and forbearance. Because I knew the situation in their family, I would ask each time I saw her, "How is Master John? Is he working?" She would say, "Well, sometimes he works, and sometimes he relaxes a little!" I would ask, "How are you getting along together in the family?" "Very well, Father!" she would reassure me. And, she said it from her heart. She never took into account that he often broke his tools, expensive tools, and that she had to do extra work to get by. Do you see with what patience, with what kindness and with what a noble spirit she faced her many adversities! Nor did she criticize him at all! And for this, God shed His Grace on her, which made her face shine with inner light. She raised her five children to be outstanding individuals and kept the family together.

How could she justify her husband?

With just one good thought, "He is my husband; he may say an extra word from time to time. Now if I were in his place, I might be doing the same thing," she would say to herself. You see, she applied and lived by the Gospel, which was why God would send His Grace. And if lay people like her can practice patience and become filled with Divine Grace,

(Continued on Page 2)



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Custodian

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CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

Date	Church Service	
July 2nd	4th Sunday of Matthew	4η Κυριακή Ματθαίου
July 9th	5th Sunday of Matthew	5η Κυριακή Ματθαίου
July 16th	Sunday of the Holy Fathers	Κυριακή Αγίων Πατέρων
July 17th	St. Marina	Αγίας Μαρίνας
July 20th	Prophet Elijah	Προφήτου Ηλία
July 23rd	7th Sunday of Matthew	7η Κυριακή Ματθαίου
July 24th	Great Martyr Christina	Αγίας Χριστίνας
July 25th	Repose of St. Anna	Κοίμησις Αγίας Αννης
July 26th	St. Paraskevi	Αγίας Παρασκευής
July 27th	St. Panteleimon the Great Martyr	Αγίου Παντελεήμονος
July 28th	St. Irene Chrysovalantou	Αγίας Ειρήνης Χρυσοβαλάντου
July 29th	Great Vespers, 5 pm	Μέγας Εσπερινός, 5 μ.μ.
July 30th	6th Sunday of Matthew	6η Κυριακή Ματθαίου

ALTAR SERVERS

July 2nd, 16th & 30th	Jack Hillman, Peter Dudunakis, Nicholas Biro, Yiannis Tsantilas, Nasi Contoravdis, Niko Contoravdis, Phillip Stamolis, James Konugres, Jonathan Poiana, Omar Mallouk, Stavros Panos, Nicholas Marcu-Visan, Theofanis Kalasountas, John Limantzakis and Zane Raissis.
July 9th & 23rd	Joseph Dumont, Nicholas Christianson, Demetre Teodosiadis, Alex Rotar, Manoli P. Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Peter Ales, Ethan Weigle, Steven Stanos, John Christofilis, Peter Economou Grunder, Elias Oraivej and Anthony Sitaras.

PARISH COUNCIL SERVERS

July 2nd, 16th & 30th	John Ales, John Kapelouzou, Jim Kost, Bassam Bayouk, George Tramountanas, Dale Hazapis, Michael Gikas, Pete Lymberis.
July 9th & 23rd	Georgine Looney, Vicky Christianson, George Papanastasiou, Andrew Aliferakis, Thomas Dudler, Bob Read, Evangelia Lagos.

EPISTLE READERS—ARTHUR SARIDAKIS—INSTRUCTOR; CHRIS MACRIS— ASSISTANT

NO Student Epistle Readers during the summer months.

Fasting Type	July
Strict Fast	5, 7, 12, 14, 19, 21, 28
Wine & Oil Allowed	26

(Continued from Page 1)

how much more patience should we practice, we who are monastics and have all the presuppositions, all the opportunities for a spiritual life.

As I have come to understand, the greatest scandals, not only in the families but also in the state authority, stem from the most insignificant things. In the family, one person must be humble before the other; one must imitate the other's virtues and also be patient and endure the other's peculiar idiosyncrasies. To make this possible, it helps to think of how Christ sacrificed Himself for our sins and that He bears with us all — billions of people — even though He is without sin. However, when we suffer from the idiosyncrasies of the others, we are paying off the debt of our own sins. God, in His goodness, has arranged things perfectly, so that with our gifts, we can help each other, and with our faults, we can be humbled by each other. Every person has some gifts; and everyone also has some faults which one must struggle to overcome.+

May we, through the prayers of St. Paisios, struggle to acquire patience, and become filled with Divine Grace!

In Christ's love, +Fr. Photios

OUR PARISH JUNE GRADUATES

CONGRATULATIONS!!!



With spiritual satisfaction our Church follows the academic progress and spiritual growth of our students. We take this opportunity to congratulate our graduates and their proud parents for their achievements. We pray to God to guide them in their future plans.

COLLEGE GRADUATES

NAME

Anastasia Georgia Pallis

Graduating from

The University of WA, with a BA in Psychology

Sunday School Update

Thank you to the many parishioners who helped with the end of year carnival! We want to give special thanks to Lefteris Sitaras for organizing the event and to George Lebesis for preparing the delicious lunch!

Congratulations to our 2016-17 outstanding attendance recipients. Each child was recognized with a certificate for either purchases at the St. Demetrios bookstore or tuition at All Saints Camp.

Pre-school: Dominic Karagiorgos

1st: Xavier Karagiorgos

3rd: Mia Brockmeyer, Anthony Sitaras

5th: Sofia Brockmeyer, Katerina Sitaras

7th: Noreen Bayouk, Mia Ivanova

8/9th: Nicholas Christianson, Jenny Kapelouzos, Omar Mallouk, Demetrios Teodosiadis

HS: Christina Bayouk, Joseph Dumont

Volunteers are needed to serve as Sunday School teachers for the 2017-2018 year. This is a wonderful opportunity to work with the youth of our parish and no experience is necessary! For more information, please contact Paula Charuhas Macris at pcharuhas@hotmail.com

Greek Dance & Choral News

Congratulations to the 2017-18 Greek Dance Board

Linda Avlonitis
Maria Barbas
Demetra Biros, President
Maria Brymerski
Michelle Economou, Secretary
Andrew Escobar, Vice President
Sophia Katinas
Blue Lazarou
Stillianos Manos
Saundra Maroussis
George Papanastasiou
Judy Varlamos, Treasurer
Nina Varlamos
Katherine Watson



Thank you to the outgoing board members: Linda Kyrimis, Cindy Theodorou, Andrea Tsiakilos-Dunbar, and Tracy Raissis

Dance Practice will begin on Monday, September 11th with only 2 practices before the St. Demetrios Festival. Please attend both practices if you are planning to dance for the festival. We will have a formal kick off to the new year on Monday, October 2nd. Online registration for the new dance year will open on August 1st.

FDF 2018 has been announced with a new date and location - San Francisco on January 11-14!

Philoptochos News July 2017

A Message from President Nina

Even though Philoptochos does not have regular meetings in the summer months, the ladies of our Chapter are busy with all of the duties of all of our committees in addition to the baking for the festival. I would like to invite everyone in our parish to join us for the festival baking (YES - men are welcome, too!). It is a wonderful opportunity to learn how to bake the many wonderful pastries that sell out every year at the festival, in addition to the Greek dishes our community is famous for. We hope you will come.

Camp Agape Northwest July 23rd – 29th, 2017

Plans are in full swing for our 2017 camp and we would love for you to join us for **Reunion Day on Sunday, July 23rd**. This is an opportunity to come to camp and meet campers and families who attended Camp Agape throughout the years. We will be offering the bus to Reunion Day. Attendance at Reunion Day is open to everyone, the Armatus training forms are not required to visit on that day. The bus will depart St Demetrios at 12:00 noon and return at 7:30 pm. Lunch and dinner are provided at camp. If you have any questions, please email campagape@gmail.com.

Mark Your Calendar for the Sinatra Chocolate Wine Ball

The 9th Annual Sinatra Chocolate will be **Sunday, November 12th**. Please plan to join Camp Agape Northwest for an elegant evening at Herban Feast. Our festive celebration will feature a seasonal dinner menu, Washington wines and chocolatiers, and the music of Frank Sinatra. Proceeds from the event will benefit Camp Agape, a camp for children with cancer and their families. **Again this year there will not be an auction!**

For more information, contact susanreichmann@yahoo.com or call [425.772.1605](tel:425.772.1605).

Shut In Parishioners

If you are aware of someone who is a shut in, please contact our Visitation Chairperson Kay Betts at [206.546.2370](tel:206.546.2370) or yassou@frontier.com. If you would like to help with visitation in your part of town, please let Kay know you are available. Everyone is welcome to help and it means so much to those we take time to visit.

Membership Continues for 2017

We hope you will continue to support us with your annual dues of \$40 and join us when you can for fellowship. All are welcome and if you have time to donate in addition to your check, even better. You will not receive a call when you write a check as we are a volunteer organization and we are grateful for every member whatever their participation. We realize that not everyone is able to come to our meetings but your dues are what allows us to do the work of Philoptochos and are gratefully accepted. Contact Dorothy Haskell, our membership chairperson at [425.503.4200](tel:425.503.4200) or dorothyhaskell139@gmail.com.

Saint Demetrios Philoptochos Contacts:

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ggianacos@gmail.com [206.419.6867](tel:206.419.6867)

Jubilee Women's Shelter: Georgene Karambelas
karambelas@comcast.net [206.829.9337](tel:206.829.9337)

Sunshine: Mary Damascus
mndamascus@comcast.net [509.951.2975](tel:509.951.2975)

St. Martin de Porres Men's Shelter: Helen Kalasountas
[425.641.0472](tel:425.641.0472)

Visitation: Kay Betts yassou@frontier.com [206.546.2370](tel:206.546.2370)

Upcoming Meeting Schedule:

All are welcome to attend our meetings and events:

- No regular Philoptochos meeting in July or August
- July 20th cook for St Martin de Porres Men's Shelter
- July 26th cook for Jubilee Womens Center
- August 17th cook for St Martin de Porres Men's Shelter
- August 23rd cook for Jubilee Womens Center
- August 31st cook for St Martin de Porres Men's Shelter

**Your Sister in Christ,
Susan Reichmann, Philoptochos Advisor**
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GREEK ORTHODOX ARCHDIOCESE OF AMERICA
METROPOLIS OF DENVER



YOUNG ADULT CONFERENCE

SEPTEMBER 1-4, 2017
HOUSTON, TEXAS

Volleyball Players Wanted Compete in San Jose, CA on October 14-16



In October 2017, St. Nicholas church in San Jose, CA will host their 13th annual volleyball tournament and we want YOU to represent St. Demetrios.

Anyone can play! We are looking to form 2-4 teams in the following categories: GOYA (14 - 18 years old); Young Adults (18 - 35); and Adults (35 and older) Contact Lefteris Sitaras at 206-631-2504 to participate.



Our Sunday School Students with outstanding attendance were honored as we celebrated our last day of Sunday School on June 11th. We also congratulated our Graduating Seniors and wish them the best in the future. Thanks also to everyone that helped at our annual Carnival!



Metropolis of San Francisco

Family Wellness Ministry

invites you to the
Pacific Northwest



"Face to Face
Heart to Heart!"

Family Wellness Conference

Relevant • Relational • Interactive

Sept. 8 – 9

Holy Apostles Greek Orthodox Church – Seattle (Shoreline)

Fri., 7 pm – 9 pm • Sat., 9:45 am – 4 pm

JOIN US...

Experience relevant interactive workshops that will inspire and enlighten Orthodox Christians who desire to participate in a meaningful Family Wellness Ministry in their parish.

Conference Participants shared:

"This was truly a sacred and beautiful experience! I feel so renewed in both my relationship with Christ and with my wife! Thank you!"

"Great workshops! Topics were informative both on a personal level as well as a take away for my own parish."

"The speakers were incredible! During the conference important information was shared that was Christ-Centered and uplifting!"

"I loved the honesty in the presenters helping to remove stigmas of the struggles we all have."

"I got practical perspectives and real life takeaway's to bring back. Love the ideas and initiatives to implement in my parish!"



George Papageorge
Marriage & Family Therapist
Speaking on
Parenting

Fr. Timothy Pavlatos

Director of
Family Wellness Ministry
Marriage & Family Therapist
Speaking on
Marriage



Fr. Tom Tsagalakis
Marriage & Family Therapist
Speaking on
Addiction

REGISTER ONLINE: www.familywellnessministry.org

Space is limited so register today!

STEWARDSHIP UPDATE

For our 2017 Stewardship Campaign, we currently have 444 stewards who have returned their signed pledge cards and have pledged \$413,480. Our goal for 2017 is \$500,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to www.saintdemetrios.com/Stewardship/egiving) We thank the following stewards for their contributions!



The Stewardship Committee

2017 Stewards:

John & Margaret Ales
Andrew & Vicky Aliferakis
Nick & Terri Alvanos
Rothopi Andrews
Fr. John & Presv. Anna Angelis
Theodore & Kim Angelis
Basil Anton
Costas Antonopoulos
Ioanna Antonopoulos & Michael Moser
Nikolaos Antonopoulos
George & Dina Apostolou
K. G. & Kostoula Apostolou
Serafim & Eva Apostolou
Clifford & Theodora Argue
Patricia Arvanitidis
Brent & Rhea Aslin
John & Stella Athans
Niko & Kiriaky (Carrie) Avlonitis
Nancy Aziz
Zacharou Babarakos
James & Katherine Babington
Pat Bacolas
William (Corky) & Dina Bakamus
Josh & Eleni Banchemo
Christa Barbas
Thomas & Maria Barbas
Earl & Barbara Bardin
George Bariames & Eleni Athans
Loula Barker
Frances Barnecut
Greg Bartell & Fotini Georgiadou
Bassam & Duaa Bayouk
Gabriel Bayouk
George & Alice Bayouk
Lena Bayouk
Brandon & Molly Bede
Anastasia Bekris
Hristos & Diamando Bekris
Arvid Berg & Sophia Zervas-Berg
Joel & Danielle Bergman
Kay Betts
Panagiotis & Demetra Biros
Mark & Georgiana Bitzes
Neena Blackwell
Maria Bollman
Andrew & Rosalie Boulieris
Gus Boutsinis
Josh & Ashley Brockmeyer
Jeffrey & Allison Brooks
Theodora Broutzakis
Frank & Shelley Buhler
Steve Calandrillo & Chryssa Deliganis-Calandrillo
John & Rachel Calash

Nick & Vanessa Carkonen
Paul & Paulette Carkonen
Eleni Carras
Susanna Cerasuolo
Douglas & Jillian Chandler
John & Patricia Chigaras
Effie Chriest
Ron & Vicky Christianson
Eleni Christo
James Christo
Demetre & Katherine Christofilis
John & Helen Christofilis
Anastasios & Voula Christophilis
Dino & Nikki Christophilis
Margo Christophilis
Kosta & Maria Christopoulos
Daniel & Vicky Cohen
Marie Collins
Jeffrey & Katie Comstock
Madeline Conom
G. Paul Constantine
O. George & Kay Constantine
Tom & Evelyn Contoravdis
Olivia Contos
Dino & Cynthia Cooper
Gus & Margaret Cooper
Maria Cooper
Jerry & Eva Costacos
Barbara Cotton
Maria Cotton
Gus Courounes
Nicoleta Courounes
Renee Courounes
Dale & Marianna Crane
Donald & Laura Crews
Rick & Vickie Cuevas
Christos Dagadakis & Judith Turner-Dagadakis
George & Angela Dalas
Mary Dallas-Smith
Mary Damascus
Sofia Damascus
Daniel & Angela Daoura
Marguerite Daoura
George & Alexandra Delegans
Sam & Vicki Deliganis
George Demonakos
Nicholas & Stella Demonakos
Gregory & Kate Demopulos
Peter & Diane Demopulos
Presv. Artemis Demopulos
Ryan & Demetra Dennis
Sophia Derezes
Nick Diafos & Athena Modonas-Diafos

Andy & Athena Dickerson
Panagiotis & Voula Dikeakos
Stephanie Dikeakos
Vasili & Katherine Dikeakos
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Nick Ganoulis
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Konstantinos & Mary Ann Giakoumatos
Kyriakos & Sandi Gianotas
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Elaine & Lars Giusti
Robert & Danielle Griffith
Efy Grivas
James & Shawn Hages
Joan Hanna
William Hanna & Manal Alsharif-Hanna
Dorothy Haskell
George Hatziantoniou & Elizabeth Economou-Hatziantoniou
Neil & Terri Hawdon
Dale Hazapis

(Continued on Page 10)

July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 3rd Sunday of Matthew Epistle: Romans 5:1-10 Gospel: Matthew 6:22-33 ● 8:15a Orthros ● 9:30a Divine Liturgy ● 12:30p Baptism Righteous Fevronia	26 6:30p Stewardship Meeting David the Righteous Church Office Closed 3	27 9a Make Bougatsa 6:30p Orthodoxy on Tap BBQ Sampson, Host of Strangers Church Office Closed 4	28 Cook for Jubilee 9:30a Open Confession 5:30p Great Vespers - St. Paul, Brier 6:30p Divine Liturgy - St. Paul, Brier Translation of Relics of St. John the Baptist 5	29 1p Large Hall Rental 6p Great Vespers - At Holy Apostles Holy Apostles Apostles Peter & Paul 6	30 8a Orthros - At Holy Apostles 9a Divine Liturgy - At Holy Apostles Michael, New Martyr of Athens Synaxis of the 12 Apostles 7	1 10a Baptism at All Saints Camp St. Kosmas and Damianos 8
2 4th Sunday of Matthew Epistle: Hebrews 9:1-7 Gospel: Matthew 8:5-13 ● 8:15a Orthros ● 9:30a Divine Liturgy St. John of San Francisco	3 Church Office Closed Hyakinthos & Theodotis, Martyrs 10	4 Church Office Closed Independence Day 11	5 St. Philaret Cook for the Homeless St. Athanasios of Mt. Athos 12	6 11:30a Yiayia & Friends Luncheon at Sunfish on Alki Sisoos the Great 13	7 Staff Training - All Saints Camp St. Kyriaki, Great Martyr 14	8 6p Wedding Rehearsal Great Martyr Prokopios 15
9 All Saints Camp - Elementary & High School 5th Sunday of Matthew Epistle: Romans 10:1-10 Gospel: Matthew 8:28-9:1 ● 8:15a Orthros ● 9:30a Divine Liturgy ● 3p Wedding St. Vladimir of Russia Sts. Kirykos & Julitta	10 9a Pastichio Prep 6:30p Stewardship Meeting 45 Martyrs of Nikopolis 17	11 9a Make Pastichio Great Martyr Euphemia 18	12 St. Athanasios of Mt. Athos Proklos & Hilarion of Ancyra 19	13 Sisoos the Great Archangel Gabriel 20	14 St. Kyriaki, Great Martyr St. Nikodemos of Mt. Athos 21	15 Great Martyr Prokopios 22
16 All Saints Camp - Advanced Session Sunday of the Holy Fathers Epistle: Titus 3:8-15 Gospel: Matthew 5:14-19 ● 8:15a Orthros ● 9:30a Divine Liturgy Athenogenes, Martyr	17 8:30a Orthros 9a Make Kourambiethes 9:30a Divine Liturgy Great Martyr Marina 24	18 9a Make Kourambiethes 6:30p Parish Council Emilianos & Pavlos, Martyrs 25	19 9:30a Open Confession Cook for Jubilee 8:30a Orthros 9:30a Divine Liturgy Righteous Makrina, Sister of St. Basil St. Seraphim of Sarov 26	20 Cook for St. Martin de Porres 8:30a Orthros 9:30a Divine Liturgy 6:45p Wedding Rehearsal Prophet Elijah 27	21 8:30a Orthros 9:30a Divine Liturgy St. Symeon & Parthenios 28	22 Large Hall Rental 11a Baptism 4p Wedding St. Mary Magdalene Virgin Martyr Markella 29
23 7th Sunday of Matthew Camp Agape Reunion at ASC Epistle: Romans 15:1-7 Gospel: Matthew 9:27-35 ● 8:15a Orthros ● 9:30a Divine Liturgy ● 4p Wedding	24 8:30a Orthros 9a Make Baklava 9:30a Divine Liturgy Great Martyr Christina 31	25 8:30a Orthros 9a Make Baklava 9:30a Divine Liturgy Olympias the Deaconess Repose of St. Anna Mother of the Theotokos 1	26 Cook for Jubilee 8:30a Orthros 9:30a Divine Liturgy St. Paraskevi 2	27 8:30a Orthros 9:30a Divine Liturgy St. Panteleimon the Great 3	28 8:30a Orthros 9:30a Divine Liturgy St. Irene Chrysovalantou 4	29 5p Great Vespers Kallinikos & Theodotis, Martyrs St. Kassiane the Righteous 5
30 8th Sunday of Matthew Epistle: 1 Corinthians 1:10-17 Gospel: Matthew 14:14-22 ● 8:15a Orthros ● 9:30a Divine Liturgy ● 1p Baptism ● 6p Large Hall Reception	31 9a Make Koulourakia Josphe of Arimathea	1 8:30a Orthros 9a Make Koulourakia 9:30a Divine Liturgy Procession of the Cross	2 St. Philaret Cook for the Homeless 9:30a Open Confession Translation of Relics of St. Stephen	3 Dalmatos, Saakios & Faustos, Martyrs	4 Seven Holy Youths of Ephesus	5 5p Great Vespers Eusignius, Martyr St. Kassiane the Righteous

ANNOUNCEMENTS

New Arrivals

Congratulations to the proud parents, Pantazis and Katina Samolis on the birth of their daughters, Georgia and Dimitra Samolis, born on May 18th, 2017. The proud Grandparents are John A. and Dimitra Stavros and Gregory Samolis of Athens, Greece. "Na sas zesoun!"

Baptisms

We welcome to our faith Emily Anne Wonder who was baptized on June 25th, 2017. Her sponsor is Demetrios Geokezas.

Yiayia & Friends Luncheon

The July Yiayias & Friends luncheon will be held on Thursday, **July 6** at **Sunfish** on Alki. Sunfish is located at **2800 Alki Avenue SW**. Sunfish specializes in seafood (fish and chips, prawns, etc.). Time is **11:30 a.m.** For more information, please contact Mary Damascus (509) 951-2975 or mndamascus@comcast.net. Everyone is welcome--you don't have to be a Yiayia to join us!!!

FESTIVAL BAKING DATES

Our Festival dates this year are, September 22, 23 & 24.

Please mark your calendar and plan to attend and most importantly to help for the preparation for baking and the set-up.

The baking schedule for July and August is as follows:

July 10: Prep for Pastichio
July 11: Make Pastichio
July 17: Make Kourambiethes
July 24 & 25: Make Baklava
July 31 & August 1: Make Koulourakia
August 7: Make Melomacaronas

Thank You from the Acolytes

We are grateful to Maria Stavros for hand repairing several of the Altar Server robes this year and for Arthur Saridakis' donation to cover materials expenses. God Bless you!

From the Festival Boutique Chairs

Calling all Crafters, Knitters, Crocheters, Painters, Jewelry Makers - We have the Festival Dates- September 22, 23 and 24! The Festival Boutique needs anything handmade to fill our booth.

We appreciate your help in making items to stock this booth. If you have any questions, please call Julie Legeros at 206 790 0439, or Rita Mavromatis at 425 828 2579. Please bring items to the Church office after September 1st. Thank You!

Family Wellness Ministry

Family Wellness Ministry Conference will take place in the Pacific Northwest on September 8th and 9th, at Holy Apostles Greek Orthodox Church, in Shoreline. To register online please go to: www.familywellnessministry.org (starting June 2nd).

Thank You For Festival Donations

We wish to thank John and Tina Damianidis of "Jeno's Restaurant", Evgenia Pangopoulos, Georgia Manolakas and Effe Manolakas of "White Center Pizza" for their donation of 1,500 Lbs. Flour in memory of Pete Manolakas, Kostas Pangopoulos, Peter Tsakonakos, Christos and Evgenia Manolakas and Niko and Efstathia Tsakonakos. Also, we wish to thank James and Pota Johnson for their monetary donation to purchase Powdered Sugar, Dr. John and Julie Doces for their monetary donation to purchase Seasoning for cooking and baking, Wendell and Demitruela Madison for their monetary donation to purchase 2 cases Whipped Cream, William Suhail Hanna and Curtis and Alexandra Kruse for their monetary donation and Evan Voltsis and Jim and Aspasia Voltsis of "Spiro's Pizza" for their Bronze level Sponsorship.

Your generosity is truly appreciated!

JUNE JUBILEE NEWS

Jubilee Women's Center, nearby, on Capitol Hill, provides housing, food, clothing, job and school readiness to low income women working towards independent living, and is an outreach ministry of St. Demetrios. In June, the residents were treated to a delicious dinner provided by Penelopi Savranakis, in Memory of her Parents, Mother and Father-in-law.

Dinner was prepared with help from Athanasia Kalasountas, Christina Meletis and Patti Kost.

Jubilee is thankful for the ongoing support, clothing donations, meals and friendship St. Demetrios provides each month.

If you would like to learn more about JWC, how to donate, volunteer, or provide a meal, contact: Georgene Karambelas at: 206 817 2523 or karambelas@comcast.net Thank you!

2017 Stewards—Continued

(Continued from Page 7)

Helen Heuer
John & Maria Hillman
William & Angelea Hoeft
Patrick & Vickie Howard
Mary Hulbush
Stavros & Elsa Ioannou
Joe & Virginia Jarek
Carlos Jimenez & Eleni Lagos-Jimenez
John & Emilie John
James & Pota Johnson
Jeff Jones & Angela Sourapas-Jones
Phillip & Melissa Joost
Gerry Kaelin & Christina
Demopulos- Kaelin
Helen Kalasountas
Panagiotis & Rena Kalasountas
Jim Kaloris
George & Christina Kaltsounis
Maria Kaltsounis
Vicky Carras Kangles
John & Virginia Kapelouzou
Maurice & Carmen Karagiorgos
Jim & Georgene Karambelas
Joanna Karas & Thomas Pallua
Tim & Nadine Karas
Francine Karavias
Anthony & Sarah Karis
Nick & Nancy Karis
Terry & Hannah Karis
Georgia Karvountzi
Christine Karzmar
Michael Karzmar
Nicholas & Kalliopi Katholos
Jean Katsandres
Gregory & Angela Kavounas
Stephen & Ann-Marie Keeney
Michael & Laura Kemmerer
Peter & Hana Kenny
Timothy & Sofia Kenny
Bishara & Diane Kharoufeh
David & Leila Kirske
Brian & Jiovanna Koceski
Alexander & Leta Kolios
Evyenia Kollia & Naguib Youssef
Vivie Kollias
James & Patti Kost
Maria Kost
Louie & Vicky Kotsakis
Petros & Regina Koumantaros
Toula Koutlas
Helene Krikris
Curtis & Alexandra Kruse
Gary Kuhar
Dena Kusulos
Harold Kusulos
Peter & Rachele Kyriacou
Marty Kyrimis
Steve Lacey & Lana Georges
George Ladas
Demetrios & Evangelia Lagos
George & Eleni Lagos
Nina Lagos
Michael & Lena LaMarche
James & Sharon Langus
Julie Legeros
Ken & Irene Lehman
Dean & Kathleen Lentgis
Thomas Leonidas
John & Polette Limantzakis
Johnny & Lucy Limantzakis
Bill & Florence Lolos
Glen & Georgine Looney
Sophia Looney
Theodore Looney
George & Giannoula Lymberis
Paul & Rebecca Lymberis
Pete & Olga Lymberis
Chris & Paula Macris
Greg & Mia Macris
Wendell & Demitrua Madison
Emanuel & Dina Magoulas
Stellios & Sandy Makratzakis
Louis & Mary Malesis
Helen Malevitsis
James Malevitsis
Perry & Eleni Malevitsis
Samuel Mallos
Bechara & Xiomara Mallouk
Collin & Demetra Manaois
Nicky Manitaras
Kostaq & Gerta Mano
Georgia Manolakas
Demetris & Emily Manolopoulos
Stilianos & Kari Manos
James & Mary Lou Manus
Mark & Nikoletta Marciniak
Stephanos & Paula Margaritis
James Markezinis
John & Kelly Markezinis
Anthony & Alexandra Maroussis
George & Deena Maroutsos
Jean Mastor
Niki Mastoropoulos
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Shirley Olsen
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Irene Palios
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Chris & Rebecca Pallis
Chris & Vasiliki Pallis
Christina Pallis
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John & Lisa Panagiotou
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Irene Peterson
Helen Petratos
William Phillips
Kristina Plumis
Paul & Pamela Plumis
Ted & Kim Plumis
David & Toula Poletti
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Eleftheria Proios
Christos Psichos & Tammy Kangyu-Psichos
Trevor & Maria Rain-Water
Nicholas & Anastasia Raissis
Robert & Despina Read
James Retelas
Nick & I. Nina Retelas
Evie Rigas
Todd & Feletsa Robinson
Erik & Nicole Rolfness
Cathy Rottle
Adele Rottle-Williams
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Kary Roumeliotis
Ted Routos
Emanuel & Marilyn Rouvelas
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Arthur Saridakis
Angelos & Penelopi Savranakis
Nikoletta Scarlatos
Patrick & Ioanna Schmidt
George Seal & Alithia Squires
Eric & Eleni Sederstrom
James Sfekas & Deborah Huang
Iyad & Christina Shahwan

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MEMORIALS AND VIGIL LIGHTS

Holy Altar Candles from last month

Two Holy Altar Table Vigil Lights were offered on June 18th, 2017, in loving memory of **Costas Exarhos** (twenty-three years since his passing; the head cantor at St. Demetrios Church for 25 years) and **Angelique Coulousi** (five years since her passing), by Helen Exarhos, and Panos and Angie Exarhos and their family.

A Holy Altar Table Vigil Light was offered on June 18th, 2017, in loving memory of **Theofanis Kalasountas** (twenty-four years since his passing), by his wife, Athanasia Kalasountas, their children, Panagiotis and Rena, Marina and Kyle and grandchildren.

A Holy Altar Table Vigil Light was offered on June 25th, 2017, in loving memory of **Aimee Kassir** (forty days since her passing), by her friends at St. Demetrios.

Holy Altar Candles for July 2nd

A Holy Altar Table Vigil Light is offered in loving memory of **Jim Mykris** (three years since his passing), by his wife, Sandra Mykris and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Erma Tsiakilos** (in remembrance of her Birthday, June 28th), by her children and grandchildren.

Memorials and Holy Altar Candles for July 9th

A Six-Month Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **George Kost**, by his wife, Maria Kost, their children, grandchildren and great-grandchildren.

Three Holy Altar Table Vigil Lights are offered in loving memory of **George Polizos**, and **George and Malamati Triantafillou** (twenty-six years, twenty-one years and twenty years since their passing), by Theologia Polizos and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Serafim Vlahos** (eight years since his passing), by Irene Sotirhos and Family.

Holy Altar Candles for July 20th

Two Holy Altar Table Vigil Lights are offered in loving memory of **Elias Sotirhos** (in honor of his Nameday) and **Amalia and Georgia Sotirhos**, by Irene Sotirhos, her children, Ken and Maria, Matt and Sophia, and grandchildren, Angela and Maria.

Holy Altar Candles for July 30th

A Holy Altar Table Vigil Light is offered in loving memory of **Konstantinos Pangopoulos** (three years since his passing), by his wife, Evgenia Pangopoulos and Family.



BOOKSTORE NEWS:

Summertime is a Great Time to Read!

Summer break gives children the freedom to explore new activities and spend more time with family. It's also a good opportunity to relax and set aside some time for reading. St. Demetrios Bookstore has books for children of all ages and levels of reading, including stories of our modern-day saints and activity books.

My Book of Church Feasts, an Orthodox coloring book by Egle-Ekatarine Potamitis. Coloring book with clear pictures and descriptions that teach church history.

My Warrior Saints by Egle-Ekatarine Potamitis

Eleven stories of our most beloved and heroic Saints that will excite young readers.

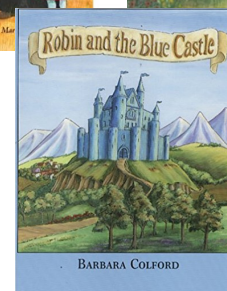
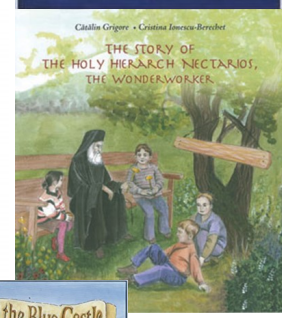
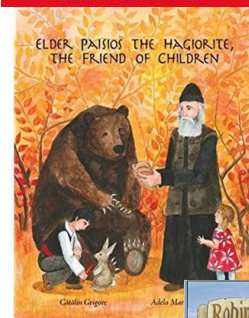
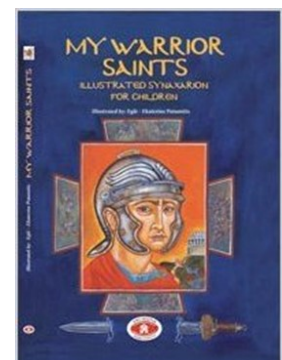
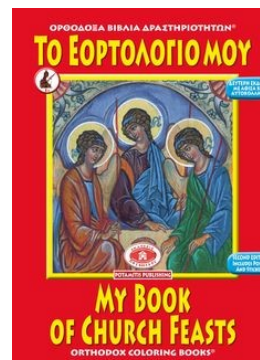
Elder Paisios the Hagiorite, the Friend of Children by Caitlin Grigore. Beautifully illustrates and explains the life of this beloved Saint.

The Story of the Holy Hierarch Nectarios, the Wonderworker by Caitlin Grigore. A sweet story about the life of Anastasios, a meek child who grew up to be a great Saint, protector of children and healer of ailments of all kinds.

Robin and the Blue Castle by Barbara Colford

Robin and the Dragon's Treasure by Barbara Colford

Books 1 and 2 of the trilogy are available and perfect for an intermediate reader. A story about Robin the Prince and his adventures when he ventures from the castle. These nicely illustrated hardback books will delight and gently impart to readers the lessons of acceptance, diversity and good over evil.





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