



June, 2017  
USPS 600-160, No 6

# The Orthodox Way

**Mission Statement:** *"To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."*

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**Monday - Friday**  
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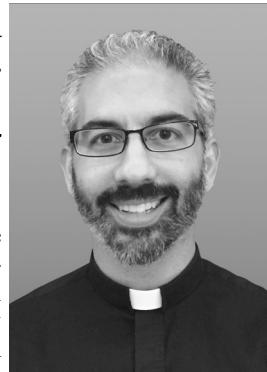
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*Custodian*

## The Power We Wield

*"When the Day of Pentecost had fully come, they were all with one accord in one place. And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting. Then there appeared to them divided tongues, as of fire, and one sat upon each of them. And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance." (Acts 2:1-4)*



On June 4 we celebrate the feast of Holy Pentecost. The Apostles, who "were all with one accord in one place," were filled with the Holy Spirit and miraculously preached the Gospel so that anyone who heard them could understand in their own language. Some were amazed, but others mocked them, saying they were drunk. Still, they carried out the commission Christ had given them (Matthew 28:19-20), preaching the Gospel and performing miracles to all those in Jerusalem. Many repented, were baptised, and converted to Christ. The Orthodox Study Bible notes this is "a divine reversal or recapitulation of the events at the Tower of Babel (Gn 11:1-9). In the account of Babel, pride was shown to possess the awesome power to divide; here, the humble reception of the Holy Spirit is shown to have the overwhelming power to unite, even in diversity." The Apostles possessed great power, but that power emanated from their humility as servants of Christ and their willingness to carry out His will together.

To wield such great power must have carried with it a temptation to misuse it. This makes me think of the Spider-man movies when Peter Parker first realizes he can stick to walls and jump really far. At first he struggles with what he should do with that power. Spider-man fans know the quote from his Uncle Ben: "With great power comes great responsibility." But I would add this: With great power comes a greater responsibility to care for those around you. The Apostles new this better than anyone in the world at the time of Pentecost and they went forth with one accord, even when they were physically separated.

In the real world, the true power given to each of us comes from God. That power manifests itself fully when we live our lives in Him according to His son, Jesus Christ. Our great power is in the ability to come together as a community, worshipping God, loving and forgiving each other, and repenting from our sins "with one accord in one place." But we can only be a true community if we maintain our relationship with Christ. If the Apostles were to have gone rogue and start their own for-profit traveling circus, you can bet they would have lost their power immediately. The same goes for our parish community and wider Church. The more we act in the ways Christ set forth for us, the more we bear the fruits He wants for us (Gal 5:22-25). These results are not earthly success, though we may or may not experience this. If we aren't forgiving of one another and are harboring grudges and anger for one another, then the opposite happens. We are separated like the people who built the Tower of Babel, unable to understand each other and utterly disconnected—from each other and Christ.

Our ultimate goal is to know Christ. As a community how do we measure something so unquantifiable? Sure we can measure the number of people who are in church on Sunday, or the amount of ministries we have or the outreach we do, but we could easily do those things and still not know Christ. Fr. Stephen Freeman, in his book *Everywhere Present* offers this:

*"You only know God to the extent that you love your enemies.' I believe it is*  
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## CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

Date	Church Service	
June 3rd	Saturday of Souls	Σάββατο των Ψυχών
June 4th	Holy Pentecost	Της Πεντηκοστής
June 11th	Sunday of All Saints	Κυριακή των Αγίων Πάντων
June 14th	St. Methodios	Αγίου Μεθοδίου
June 17th	Great Vespers, 5 pm	Μεγας Εσπερινός, 5 μ.μ.
June 18th	2nd Sunday of Matthew	2η Κυριακή Ματθαίου
June 24th	Nativity of St. John the Baptist (Services at St. John the Baptist Monastery—Goldendale, WA)	Γενέθλιον Αγίου Ιωάννου του Προδρόμου (Ορθρος και Θεία Λειτουργία στο Μοναστήρι του Αγίου Ιωάννου)
June 25th	3rd Sunday of Matthew	3η Κυριακή Ματθαίου
June 29th	Sts. Peter and Paul—Great Vespers at Holy Apostles, 6 pm	Αγίων Πέτρου και Παύλου – Μέγας Εσπερινός στους Αγίους Αποστόλους, 6 μ.μ.
June 30th	Synaxis of the 12 Apostles (Services at Holy Apostles)	Αγίων Αποστόλων (Ορθρος και Θεία Λειτουργία στους Αγίους Αποστόλους)

## ALTAR SERVERS

June 4th & 18th	Jack Hillman, Peter Dudunakis, Nicholas Biros, Yiannis Tsantilas, Nasi Contoravdis, Niko Contoravdis, Phillip Stamolis, James Konugres, Jonathan Poiana, Omar Mallouk, Stavros Panos, Nicholas Marcu-Visan, Theofanis Kalasountas, John Limantzakis and Zane Raissis.
June 11th & 25th	Joseph Dumont, Nicholas Christianson, Demetre Teodosiadis, Alex Rotar, Manoli P. Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Peter Ales, Ethan Weigle, Steven Stanos, John Christofilis, Peter Economou Grunder, Elias Oraivej and Anthony Sitaras.

## PARISH COUNCIL SERVERS

June 4th & 18th	John Ales, John Kapelouzos, Jim Kost, Bassam Bayouk, George Tramountanas, Dale Hazapis, Michael Gikas, Pete Lymberis.
June 11th & 25th	Georgine Looney, Vicky Christianson, George Papanastasiou, Andrew Aliferakis, Thomas Dudler, Bob Read, Evangelia Lagos.

## EPISTLE READERS—ARTHUR SARIDAKIS—INSTRUCTOR; CHRIS MACRIS—ASSISTANT

June 4th	Theodora Teodosiadis, in Greek
June 18th	Stavros Panos, in English
June 25th	Evanglia Koceski, in Greek, and Alexandra Koceski, in English.

*(Continued from Page 1)*

*true, and also that it is perhaps the most significant thing we can understand in the journey of our Christian life. There are many things to occupy our thoughts and our energies—the Christian life offers endless space for exploration. But if, in the end, it has not resulted in knowing God, then it has been a useless exercise and a life that missed its purpose. And if you can only know God to the extent that you love your enemies—then there can probably be nothing of greater importance.”*

As we go forth from this Paschal season, I pray, like the Apostles, that we are filled with the Holy Spirit and we use the power given to us to move closer to Christ and to convert those around us to Him.

In Christ, +Fr. Daniel

Fasting Type	June
Strict Fast	14, 16, 21, 23, 28
Fish Allowed	12, 13, 15, 17-20, 22, 24-27
Fast Free	5-10
Wine and Oil allowed	2, 30

## OUR PARISH JUNE GRADUATES

***CONGRATULATIONS!!!***



With spiritual satisfaction our Church follows the academic progress and spiritual growth of our students. We take this opportunity to congratulate our graduates and their proud parents for their achievements. We pray to God to guide them in their future plans.

### HIGH SCHOOL GRADUATES

#### NAME

Peter Dudunakis  
Jack Hillman

Andrianna Mitalas  
Leah Raissis  
Phillip Stamolis

#### Graduating from

Overlake High School  
Edmonds Woodway High School  
with an IB Diploma  
Bishop Blanchet High School  
Mercer Island High School  
Seattle Preparatory School

#### Will be attending

College of the Holy Cross, Worcester, MA  
The University of WA, Jazz Studies  
Program  
The University of WA  
Seattle Pacific University  
Seattle University

#### NAME

Maria K. Giakoumatos

### COLLEGE GRADUATES

#### Graduating from

The University of WA, with a BA in Psychology and Sociology, Minor in Law, Societies and Justice

### Bookstore News

Celebrate your dads and grads this month with a special gift from your St. Demetrios Bookstore.

Get your grad ready for the new chapter of their life with a variety of small, practical items that easily fit in purses, backpacks and dorm rooms and are suitable for busy lifestyles. We have premade gift bags filled with a copy of *Hear Me: A Prayer Book for Orthodox Young Adults*, a prayer bracelet and a St. Demetrios prayer card. You can also select your own similarly sized items and we will package them for you. Ideas include the *Pocket Prayer Book for Orthodox Christians*, a prayer card of your choice and a diptych.



The bookstore also has a variety of items that your dad, uncle, godfather, grandfather or husband will enjoy. Our assortment of books cover a variety of topics such as prayer, parenting, social issues and saints. We recently received a beautiful new book called *St. Nikiforos: The Leper and Wonderworker*. Additionally, we have laser cut wood plaques of The Lord's Prayer or Jesus Prayer that are perfect for his desk at work or home.

## Philoptochos News June 2017

### **A Message from President Nina**

Congratulations to the newly elected 2017-2019 Philoptochos Board: Presvtera Anna Angelis, Maria Barbas, Fran Barnecut, Kay Betts, Eleni Christo, Eleni Christofilis, Mary Damascus, Mary Economou, Dorothy Haskell, Eleni Kalasountas,, Lena LaMarche, Deena Maroutsos, Christina Meletis, Helen Petratos, Pam Plumis, Theo Polizos, Despina Read, Penny Sakellaris and Nina Varlamos. The new Board will be installed after ratification by the National Philoptochos Society and then the officers for the coming term will be elected. Thank you to these ladies who will be guiding our Chapter for the next two years. I appreciate your willingness to serve as we work to help the less fortunate in our community.

Even though Philoptochos does not have regular meetings in the summer months, the ladies of our Chapter are busy with all of the duties of all of our committees in addition to the baking for the festival. Summer is not a vacation! I invite you to join us in one of our many activities, all are welcome.

### **Shut In Parishioners**

If you are aware of someone who is a shut in, please contact our Visitation Chairperson Kay Betts at <206.546.2370> or [yassou@frontier.com](mailto:yassou@frontier.com). If you would like to help with visitation in your part of town, please let Kay know you are available. Everyone is welcome to help and it means so much to those we take time to visit.

### **Mochas for Missions**

Until Pentecost our Philoptochos chapter will collect money to benefit COME (the Commission for Orthodox Missions and Evangelism) which supports mission churches. (This campaign was formerly called Pennies & Prayers.) Canisters will be set out for you in the coffee hours and on the table in the upstairs hallway to collect change until they are turned in on Pentecost or before. Our chairperson is Nina Varlamos and she can be reached at <206.499.0369> or [ninavarlamos@msn.com](mailto:ninavarlamos@msn.com).

### **Membership Continues for 2017**

We hope you will continue to support us with your annual dues of \$40 and join us when you can for fellowship. All are welcome and if you have time to donate in addition to your check, even better. You will not receive a call when you write a check as we are a volunteer organization and we are grateful for every member whatever their participation. We realize that not everyone is able to come to our meetings but your dues are what allows us to do the work of Philoptochos and are gratefully accepted. Contact Dorothy Haskell, our membership chairperson at <425.503.4200> or [dorothyhaskell39@gmail.com](mailto:dorothyhaskell39@gmail.com).

### **Thank You for Helping Us Honor and Continue Peggy's Dream**

Peggy Tramountanas was our first Philoptochos Camp Agape NW chairperson whose love, compassion and exemplary service to our camp spanned over two decades, even as she battled cancer. On this 20<sup>th</sup> anniversary of Camp Agape NW, we honor Peggy's legacy to provide an extraordinary summer camp experience for kids with cancer and their families, free of charge thanks to the generous people who support our cause. Thank you to all who made a donation in her memory to continue the vital work she loved so dearly.

### **Camp Agape Northwest July 23<sup>rd</sup> – 29<sup>th</sup>, 2017**

Plans are in full swing for our 2017 camp and we would love for you to join us for Reunion Day on Sunday, July 23<sup>rd</sup>. This is an opportunity to come to camp and meet campers and families who attended Camp Agape throughout the years. We will be offering the bus to Reunion Day. Attendance at Reunion Day is open to everyone, the Armatous training forms are not required to visit on that day. The bus will be depart St Demetrios at 12:00 noon and return at 7:30 pm. Lunch and dinner are provided at camp. If you have any questions, please email [campagape@gmail.com](mailto:campagape@gmail.com).

### **Saint Demetrios Philoptochos Contacts:**

President: Nina Varlamos

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Camp Agape NW: Georgia Gianacos Steenis

[gianacos@gmail.com](mailto:gianacos@gmail.com) 206.419.6867

Jubilee Women's Shelter: Georgene

Karambelas [karambelas@comcast.net](mailto:karambelas@comcast.net) 206.829.9337

Sunshine: Mary Damascus

[mndamascus@comcast.net](mailto:mndamascus@comcast.net) 509.951.2975

St. Martin de Porres Men's Shelter: Helen Kalasountas

<425.641.0472>

Visitation: Kay Betts [yassou@frontier.com](mailto:yassou@frontier.com) 206.546.2370

### **Upcoming Meeting Schedule:**

All are welcome to attend our meetings and events:

- June 13th Summer Kick Off Dinner at Voula's Good Eats in Mountlake Terrace. For reservations, contact Susan Reichmann.
- June 15th cook for St Martin de Porres Men's Shelter
- June 28th cook for Jubilee Womens Center
- June 29th 6:30 PM cook for St Martin de Porres Men's Shelter

**Your Sister in Christ,**

**Susan Reichmann, Philoptochos Advisor**

<425.772.1605>

[susanreichmann@yahoo.com](mailto:susanreichmann@yahoo.com)

## YOUTH MINISTRY NEWS



### Mommy & Me Sunday, June 4

Join us in the small hall (unless otherwise noted) directly after communion (think of it as pre-Sunday School!) for a bit before moving down to coffee hour. In each

meeting we discuss a subject that affects our children and community, and share ways to support one another--our Orthodox Christian faith and our culture are at the center of these conversations.

For more information, and to join the [St. Demetrios Mommy & Me](#) Facebook group, please contact Pres Michelle Triant at [michelle.triant@gmail.com](mailto:michelle.triant@gmail.com)

*Upcoming Mommy & Me Dates: July 2, August 6, September 3, October 1, November 5 and December 3*



### GOYA Whirlyball - Sunday, June 4

All GOYAns are invited for an afternoon of Whirlyball and pizza on Sunday, June 4th. Whirlyball is a combination of Lacrosse and Basketball played in Bumper Cars! Cost is \$10 per person.

Carpool from church at 12:15 pm or meet at Whirlyball (23401 Highway 99, Edmonds) for the games beginning at 12:45 pm. Please [RSVP](#) as space is limited to 14 players. Contact Lefteris at 206-660-2779.



### Carnival - Sunday, June 11

Graduation Awards, Pony Rides and More...

Our last day of classes will be on **Sunday, June 11th**. We will have presentations for our graduating seniors as well as our students with perfect attendance. Everyone is invited to join us in the small hall for our annual Carnival. Join us for lunch and games for our youth including [PONY RIDES!!!](#)

### Father's Day Breakfast sponsored by our GOYAns - Sunday, June 18

Join our GOYAns on Sunday, June 18th as they celebrate DAD with ties for our Fathers as they enter church and a homemade breakfast following Liturgy. Free Will Donations Accepted.



Join us after breakfast for a **Father Son Pinball Tournament** at Another Castle Arcade located at 23303 Highway 99 in Edmonds. Cost for the tournament is \$10 per team of 2 plus quarters for games.

We will play a special split flipper tournament where each team member plays on one flipper. Please [RSVP](#) for the Tournament to Lefteris Sitaras at 206-631-2504.

### Upcoming Ministry Events

#### July All Saints Camp

8 & 9 - Staff Training

10 - 16: High School Camp & Elementary Camp

17 - 23: Advanced Camp

August 27 - Father Son Event

### GREEK ORTHODOX ARCHDIOCESE OF AMERICA METROPOLIS OF DENVER



### YOUNG ADULT CONFERENCE

SEPTEMBER 1-4, 2017

HOUSTON, TEXAS

REGISTER TODAY at <http://buff.ly/2rB6UlB>

Book your hotel room at <http://buff.ly/2rBqYUq>

#YAConference2017

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## YOUTH MINISTRY NEWS CONTINUED



### HAPPY MOTHER'S DAY!

Our GOYAns and YAL members made and served breakfast for our moms as well as distributing roses to our mothers as they entered church. We hope everyone enjoyed the day!

Thank you to our wonderful teens and young adults for a job well done! Thank you to Christina & Noreen Bayouk, Yianni Contoravdis, Alexandra & Lea Koceski, Omar Mallouk, Baidar Oweis, Sophia & Zoe Shinas, Katie Stanos, Demetre Teodosiadis and Stavroula Tsantilas.



Congratulations to Eleanor & Manoli Tramountanas, Joseph Dumont and Christina Clinger for a job well done at the district level of the Oratorical Festival on Sunday, April 30th at Church of the Assumption.



Our GOYAns walked and raised money for the 1st annual Cross Out Cancer 5K on Saturday, May 6th.



The event raised over \$21,000! Congratulations to Nicholas Biros, Anna Demopoulos, Maria Katinas, Katie Lymberis, Adrianna & Con Mitalas, Alexis Papanastasiou and Vasili Varlamos for a job well done!



Our 3rd grade Sunday School class celebrated earning the most funds for the Orthodox Christian Mission Center with a pizza party on Sunday, April 30th. Thank you to everyone who donated and helped our Sunday School raise \$1565. This amount is enough to support two mission priests in Kenya for an entire year!

## STEWARDSHIP UPDATE

For our 2017 Stewardship Campaign, we currently have 420 stewards who have returned their signed pledge cards and have pledged \$400,190. Our goal for 2017 is \$500,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to [www.saintdemetrios.com/Stewardship/egiving](http://www.saintdemetrios.com/Stewardship/egiving)) We thank the following stewards for their contributions!

The Stewardship Committee

### 2017 Stewards:

John & Margaret Ales  
Andrew & Vicky Aliferakis  
Nick & Terri Alvanos  
Rothopi Andrews  
**Fr. John & Presv. Anna Angelis**  
**Theodore & Kim Angelis**  
Costas Antonopoulos  
Ioanna Antonopoulos & Michael Moser  
Nikolaos Antonopoulos  
George & Dina Apostolou  
K. G. & Kostoula Apostolou  
**Serafim & Eva Apostolou**  
Clifford & Theodora Argue  
Patricia Arvanitidis  
Brent & Rhea Aslin  
John & Stella Athans  
Niko & Kiriaky (Carrie) Avlonitis  
Nancy Aziz  
**Zacharou Babarakos**  
James & Katherine Babington  
William (Corky) & Dina Bakamus  
Josh & Eleni Banchero  
Christa Barbas  
Thomas & Maria Barbas  
Earl & Barbara Bardin  
George Bariames & Eleni Athans  
Loula Barker  
Frances Barneput  
Greg Bartell & Fotini Georgiadou  
Bassam & Duaa Bayouk  
Gabriel Bayouk  
George & Alice Bayouk  
Lena Bayouk  
Brandon & Molly Bede  
**Anastasia Bekris**  
**Hristos & Diamando Bekris**  
Arvid Berg & Sophia Zervas-Berg  
Joel & Danielle Bergman  
Kay Betts  
**Panagiotis & Demetra Biros**  
Mark & Georgiana Bitzes  
Neena Blackwell  
Maria Bollman  
Andrew & Rosalie Boulieris  
Gus Boutsinis  
Jeffrey & Allison Brooks  
Theodora Broutzakis  
Frank & Shelley Buhler  
Steve Calandrillo & Chryssa Deliganis-Calandrillo  
John & Rachel Calash  
Nick & Vanessa Carkonen  
Paul & Paulette Carkonen  
Eleni Carras  
Susanna Cerasuolo  
Douglas & Jillian Chandler  
John & Patricia Chigaras  
Effie Chriest  
Ron & Vicky Christianson  
Eleni Christo  
James Christo  
Demetre & Katherine Christofilis  
**John & Helen Christofilis**  
Anastasios & Voula Christophilis  
Dino & Nikki Christophilis  
Margo Christophilis  
Kosta & Maria Christopoulos  
Marie Collins  
**Jeffrey & Katie Comstock**  
Madeline Conom  
G. Paul Constantine  
O. George & Kay Constantine  
Tom & Evelyn Contoravdis  
Olivia Contos  
Dino & Cynthia Cooper  
Gus & Margaret Cooper  
Maria Cooper  
Jerry & Eva Costacos  
Barbara Cotton  
Maria Cotton  
Gus Courounes  
Nicoleta Courounes  
Renee Courounes  
Dale & Marianna Crane  
Donald & Laura Crews  
Rick & Vickie Cuevas  
Christos Dagadakis & Judith Turner-Dagadakis  
George & Angela Dalas  
Mary Dallas-Smith  
Mary Damascus  
**Sofia Damascus**  
Daniel & Angela Daoura  
Marguerite Daoura  
George & Alexandra Delegans  
Sam & Vicki Deliganis  
George Demonakos  
Nicholas & Stella Demonakos  
Gregory & Kate Demopoulos  
Peter & Diane Demopoulos  
Presv. Artemis Demopoulos  
Ryan & Demetra Dennis  
Sophia Derezes  
Nick Diafos & Athena Modonas-Diafos  
Andy & Athena Dickerson  
Panagiotis & Voula Dikeakos  
Stephanie Dikeakos  
Vasili & Katherine Dikeakos  
John & Aksenia Dikun  
Thelma Doces  
Gus & Gregoria Dounis  
Robert & Janie Drumhiller  
Thomas Dudler & Pandora Christie  
Kenneth & Kristina Dudunakis  
Fr. Photios & Presv. Katherine Dumont  
John & Arianna Dumont  
**Robert Dunbar & Andrea Tsiakilos-Dunbar**  
**Pace & Angeliki Ebbesen**  
Anastasia Economou  
Chris & Marla Economou  
Mary P. Economou  
**Thomas & Michelle Economou**  
George Economy & Eva Economou-Economy  
Sophia Eitel-Mcshea & David Mcshea  
Helen Exarhos  
Joseph & Zoe Facilla  
Sameh Farah  
Nicolette Farmasonis  
Petros & Colleen Farmasonis  
Yemane Fecadu & Sharon Glein  
Georgios & Maria Flemetakis  
Matthew & Alexandra Flugstad  
Irene Fotes  
Ioannis Fotopoulos  
**Dora Fournarakis**  
Loukas & Zoe Ganoulis  
Nick Ganoulis  
James & Romana Garner  
Meletios & Theodora Geokezas  
Evan George  
Tyler & Anastasia Geving  
Konstantinos & Mary Ann Giakoumatis  
Kyriakos & Sandi Gianotas  
Michael & Wanda Gikas  
Elaine & Lars Giusti  
Robert & Danielle Griffith  
Efy Grivas  
James & Shawn Hages  
Joan Hanna  
William Hanna & Manal Alsharif-Hanna  
Dorothy Haskell  
George Hatziantoniou & Elizabeth Economou-Hatziantoniou  
Neil & Terri Hawdon  
Dale Hazapis  
Helen Heuer  
John & Maria Hillman  
William & Angelea Hoeft  
Patrick & Vickie Howard  
Mary Hulbush  
Joe & Virginia Jarek



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June 2017

## ANNOUNCEMENTS

### Baptisms

**C**ongratulations to Gregory and Kate Demopoulos whose son, Alexander Andrew, and daughter, Arianna Christina, were baptized on May 28th, 2017. The Godparents of Alexander Andrew are Peter and Diane Demopoulos, Io Dolka and George Gaitanaris and Bill Pallis. The Godparents of Arianna Christina are Christina Drakos, Christina Demopoulos and Gerard Kaelin, Chris G. and Vasiliki Pallis and Tina Pallis. "Na sas zesoun!"

### VIPs Events

**T**he VIPs will be going to the Terra Cotta Exhibit at the Pacific Seattle Science Center on Monday, June 5th, meeting at the Church at 10:00 am. Also, a trip is planned to St. John's Monastery, in Goldendale, on June 24th, 2017. We will be meeting at Church at 6:00 am. If you are planning on attending any of these events, please call Vicki Pallis at 206-948-2922.

### From the Festival Boutique Chairs

**C**alling all Crafters, Knitters, Crocheters, Painters, Jewelry Makers - We have the Festival Dates- September 22, 23 and 24! The Festival Boutique needs anything handmade to fill our booth. We appreciate your help in making items to stock this booth. If you have any questions, please call Julie Legeros at 206 790 0439, or Rita Mavromatis at 425 828 2579. Please bring items to the Church office after September 1st. Thank You!

### MAY MEAL FOR JUBILEE

**I**n May, the residents of Jubilee Women's Center were treated to a wonderful dinner provided by Kay Betts, in memory of her son, Dr. David Betts. David was a generous and giving person, and Kay continues to honor him by graciously giving to her sisters in need.

Dinner was prepared with help from Dorothy Haskell, Kathy Mitalas and Christina Meletis. The food and fellowship that is provided by St. Demetrios parishioners is always appreciated and looked forward to by JWC. We thank you very much for providing.

If you would like to donate a meal, clothing or volunteer, please contact: Georgene Karambelas at 206 817 2523 or [karambelas@comcast.net](mailto:karambelas@comcast.net). Thank you!

### Family Wellness Ministry

**F**amily Wellness Ministry Conference will take place in the Pacific Northwest on September 8th and 9th, at Holy Apostles Greek Orthodox Church, in Shoreline. To register online please go to: [www.familywellnessministry.org](http://www.familywellnessministry.org) (starting June 2nd).

### Thank You

**W**e wish to thank Vicky Stamolis for beautifying the Church courtyard by planting flowers last month. Your time and talent is truly appreciated!

### Yiayia & Friends Luncheon

**O**ur next Yiayias & Friends luncheon will be on **Thursday, June 1, 2017** at **Mykonos Greek Grill**. The restaurant is located at **310 NE 72nd St.** at Green Lake. Time is **11:30 a.m.** Parking will be on the street, so carpooling is encouraged. The restaurants appreciate knowing how many to expect so they can adequately accommodate us. For questions and reservations, please contact **Mary Damascus**, preferably by email: [mndamascus@comcast.net](mailto:mndamascus@comcast.net) (or by phone: 509-951-2975).

### Thank you for Tree of Life Donations

**W**e wish to thank Dean and Elizabeth Grafos (of Spokane, WA) for their donation to the Tree of Life, in loving memory of George and Eugenia Macris. Your generosity is truly appreciated!

We also, wish to thank Maria Kost for her donation to the Tree of Life in loving memory of her husband, George J. Kost, and his parents, Jim and Mary Kost.

Your generosity is truly appreciated!

### Festival News:

**O**ur Festival dates this year are September 22, 23 and 24. Please mark your calendar and plan to help with the baking.

June Baking schedule: Baklava - June 20 and 21.

### Maids of Athena Scholarship

**I**t's that time of Year!- Maids of Athena National Scholarship.

One of our most important tenets is that of education and the Maids of Athena Grand Lodge has the distinct honor of awarding at least two of our Members with National Scholarships. Application can be found at the website: [www.maidsfathanina.org](http://www.maidsfathanina.org). The deadline is June 15th, 2017.

Best luck to the applicants!

## 2017 Stewards—Continued

(Continued from Page 7)

Carlos Jimenez & Eleni Lagos-Jimenez	Louis & Mary Malesis	George & Lora Pappas
John & Emilie John	Helen Malevitsis	Norman & Frances Parr
James & Pota Johnson	James Malevitsis	Jason & Angela Patrao
Jeff Jones & Angela Sourapas-Jones	Samuel Mallos	Peter & Patty Pecora
<b>Phillip &amp; Melissa Joost</b>	<b>Bechara &amp; Xiomara Mallouk</b>	Christopher & A. Ellie Pedersen
<b>Gerry Kaelin &amp; Christina Demopoulos- Kaelin</b>	Collin & Demetra Manaois	Dennis & Angeliki Pedersen
Helen Kalasountas	Nicky Manitaras	Irene Peterson
Panagiotis & Rena Kalasountas	<b>Kostaq &amp; Gerta Mano</b>	Helen Petratos
Jim Kaloris	Georgia Manolakos	William Phillips
George & Christina Kaltounis	Stilianos & Kari Manos	Kristina Plumis
Maria Kaltounis	James & Mary Lou Manus	Paul & Pamela Plumis
Vicky Carras Kangles	Mark & Nikoletta Marciniak	Ted & Kim Plumis
John & Virginia Kapelouzos	Stephanos & Paula Margaritis	David & Toula Poletti
Maurice & Carmen Karagiorgos	James Markezinis	Theologia Polizos
Jim & Georgene Karambelas	John & Kelly Markezinis	Andonios & Evangelia Polychronopoulos
Francine Karavias	Anthony & Alexandra Maroussis	Nikolaos & Charikleia Poulias
Anthony & Sarah Karis	<b>George &amp; Deena Maroutsos</b>	Lia Preftes
Nick & Nancy Karis	Jean Mastor	Eleftheria Proios
Terry & Hannah Karis	Niki Mastoropoulos	Christos Psichos & Tammy Kangyu-Psichos
Georgia Karvountzi	Constantine & Areti Mavromatis	Trevor & Maria Rain-Water
Christine Karzmar	George & Vera Mazoonin	Nicholas & Anastasia Raassis
Michael Karzmar	Lillian C. McDermott	Robert & Despina Read
Nicholas & Kalliopi Katholos	David & Georgia McFarlan	James Retelas
Jean Katsandres	<b>Sam &amp; Tania McIntosh</b>	Nick & I. Nina Retelas
Gregory & Angela Kavounas	Christina Meletis	Evie Rigas
Michael & Laura Kemmerer	Ann Mentis	Cathy Rottle
Peter & Hana Kenny	Pipena Mercouriadis	Adele Rottle-Williams
Timothy & Sofia Kenny	Michael & Elaine Michaelidis	Chris Roumeliotis
Bishara & Diane Kharoufeh	Renato & Irisi Millo	Kary Roumeliotis
David & Leila Kirske	<b>Thanasi &amp; Sophia Millo</b>	Ted Roulos
Brian & Jiovanna Koceski	Andreas & Irene Mitalas	Emanuel & Marilyn Rouvelas
Alexander & Leta Kolios	Katherene Mitalas	Mark & Angelique Saffle
Vivie Kollias	Chuck & Anne Mitsakos	Dena Sakelaris
James & Patti Kost	<b>Walter &amp; Frances Moldskred</b>	John & Penelope Sakellaris
Maria Kost	Alexandros & Maria Moroseos	<b>Pantazis &amp; Katina Samolis</b>
<b>Louie &amp; Vicky Kotsakis</b>	<b>James Morris &amp; Vickie Kolios</b>	Philip & Barbara Sancken
Petros & Regina Koumantaros	Carol Mykris	Arthur Saridakis
Toula Koutlitas	<b>Sandra Mykris</b>	Angelos & Penelopi Savranakis
Helene Krikris	Bettyann Nassar	Nikoletta Scarlatos
Gary Kuhar	Peter Neckas	Patrick & Ioanna Schmidt
Dena Kusulos	Sandy Neckas	George Seal & Alithia Squires
Harold Kusulos	James & Stella Nelson	Eric & Eleni Sederstrom
Peter & Rachele Kyriacou	Michael & Elaine Newton	James Sfekas & Deborah Huang
George Ladas	John & Joann Nicon	Iyad & Christina Shahwan
Demetrios & Evangelia Lagos	Maria Nikolidakis	Anthony & Maryann Shenoda
George & Eleni Lagos	Shirley Olsen	Athanasiou & Terri Shinias
Nina Lagos	Charlie & Tina Olson	Simoni Shirland
Michael & Lena LaMarche	<b>Insaf Oraivej</b>	Tanya Shirland
Julie Legeros	Irene Palios	Christos & Agapi Siskos
Ken & Irene Lehman	Bill Pallis	Nikolaos & Brenda Skokos
Dean & Kathleen Lentgis	Chris & Rebecca Pallis	Alexander & Vassie Skoulis
Thomas Leonidas	Chris & Vasiliki Pallis	Vladimir & Elena Smagley
John & Polette Limantzakis	<b>Christina Pallis</b>	Sofia Smetheram
Johnny & Lucy Limantzakis	Elli Pallis	Andrew & Kayla Sophinos
Bill & Florence Lulos	Margie Pallis	John Soudas
Glen & Georgine Looney	Evangelos & Anastasia Pampoukas	Alicia Sourapas
Sophia Looney	Alice Panagakis	Steve Sourapas
Theodore Looney	Georgia Panagiotopoulos	George & Joanna Staikos
George & Giannoula Lymberis	John & Lisa Panagiotou	George & Thalia Stamatoyannopoulos
Paul & Rebecca Lymberis	Sam & Colleen Panagiotou	John Stamatoyannopoulos & Lisa Strate
Pete & Olga Lymberis	Yiannis & Johnette Panopoulos	George & Zoe Stamolis
Chris & Paula Macris	<b>Alexander &amp; Christina Panos</b>	Gregory & Vicky Stamolis
Greg & Mia Macris	Artemios & Rebecca Panos	Vasilike Stamos
Wendell & Demitrula Madison	Steve Panos	<b>Achilleas Stamoulis &amp; Artemis Antipas</b>
Emanuel & Dina Magoulas	Gregory & Stellee Papadeas	Steven & Sarah Stanos
Stellios & Sandy Makratakis	George Papanastasiou	Thelma Stasinos
	Konstantinos & Errin Papanastasiou	

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## MEMORIALS AND VIGIL LIGHTS

### *Holy Altar Candles from last month*

Two Holy Altar Table Vigil Lights were offered on May 28th, 2017, in loving memory of **Fr. A. Homer Demopoulos** (twenty-four years since his passing), by his wife, Presvytera Artemis Demopoulos and their children and grandchildren.

### *Memorials and Holy Altar Candles for June 4th*

A Holy Altar Table Vigil Light is offered in loving memory of **Niki Kefala** (of Samos, Greece, one year since her passing), by her daughter, Sofia Damascus and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of **George and Anna Asimakopoulos** (twenty-one years and one year since their passing), by Andy and Carole and Theo Asimakopoulos and grandchildren.

A Holy Altar Table Vigil Light is offered in loving memory of **Alexi and Katina Stavros**, by Peter A. and Maria Stavros and Family.

Eight Holy Altar Table Vigil Lights are offered in loving memory of **Demetrios (James) Roppas and Gertrude Roppas** (thirty-four years and sixty-nine years since their passing), **Violet Towns, Susan Helen Roberts, Angela Marie Homer, Juanita Roppas, and James Westly Roppas**; and for continued good health for **Demitrula Roppas** (of Lamia, Greece), by their children, and sisters, Demitrula Madison, Athena Doolittle, Maryann Devine, Thelma Wilde and their families.

### *Memorials and Holy Altar Candles for June 25th*

A Four-Year Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Rose Kaloris Saridakis**, by her son, Jim Kaloris and her husband, Arthur Saridakis.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Chris Chriest** (six months since his passing), by his wife, Effie Chriest, their children and grandchildren.

A Holy Altar Table Vigil Light is offered in loving memory of **Irene and Kleanthis Balla** (seven years and thirty-two years since their passing), by their daughter, Helen Petratos and Family.



### **Sunday School Update**

Join us on **Sunday, June 11** following Liturgy and the Outstanding Attendance awards presentation for the annual Sunday School end of year carnival. Enjoy delicious food, fun games, and great prizes!!

We wish to thank the 2016-2017 Sunday School Teachers for their dedication and commitment to sharing religious education to the children of St. Demetrios.

**Pre-School:** Ashley Brockmeyer, Angie Prior

**Pre-Kindergarten:** Xiomara Mallouk, Stephanie Deliganis

**Kindergarten:** Dale Hazapis, Fay Sitaras

**1st Grade:** Margaret Ales, Ellia Karantonis, Brandon Bede

**2nd Grade:** Angela Daoura, Ghina Nsheiwat

**3rd Grade:** Georgia Teodosiadis, Saida Al-Hamarneh

**4th Grade:** Tanya Shirland, Lindsay Stotz

**5th Grade:** Heather Stotz, Cathleen Clinger

**6th Grade:** Presvytera Katherine Dumont, Carmen Karagiorgos

**7th Grade:** Susanna Cerasuolo, Virginia Kapelouzos

**8th/9th Grade:** Will Weigle, Bechara Mallouk

**High School:** Matt Katinas, Bassam Bayouk

Volunteers are needed to serve as Sunday School teachers for the 2017-2018 year. This is a wonderful opportunity to work with the youth of our parish. No experience is necessary! For more information, please contact Paula Charuhas Macris at [pcharuhas@hotmail.com](mailto:pcharuhas@hotmail.com)



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### 2017 Stewards—Continued

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Kevin & Georgia Steenis  
Andy & Joann Stergachis  
Madalin & Laura Stoica  
Michael & Christine Stollings  
Heather Stotz  
Lindsay Stotz  
Robert & Alvia Swegle  
Elizabeth Takis  
George & Julie Takis  
Linda Tavernarakis  
Bryan & Stacy Taylor  
Kevin & Angela Taylor  
Stephen & Georgia Teodosiadis  
Carl & Blanca Thomas  
Vance & Alexa Thompson  
Spyros & Niki Todoulos  
Christto & Dorothea Tolias  
Kegan & Nichole Tosto  
Evangelia Tountas  
Antonios & Antonia Touras  
Athan & Cindy Tramountanas  
Emmanuel Tramountanas  
George & Dana Tramountanas  
James & Barbara Trehearne  
George & Thelma Treperinas  
Sam & Elly Treperinas  
Fr. Daniel & Presv. Michelle Triant  
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Vasili & Nina Varlamos  
Ivan & Ianita Velkov  
Demetrios & Aspasia Voltsis  
Evangelos Voltsis  
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J. Robert & Effie Walker  
Kent & Alexi Weirich  
Joann West  
Brett & Yvonne Willard  
Vivian Williamson  
Darren & Alexis Wilson  
Daniel & Mary Wright  
James & Jeretta Wright  
Demetra Xenos  
John Xenos  
**Spiros & Voula Xenos**  
Angelos & Mary Xidias  
**John & Andreanna Zafiroopoulos**  
Gus & Diane Zotos  
John & Mary Ellen Zoulas

