

February , 2017
USPS 600-160, No 2

The Orthodox Way

Mission Statement: "To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."

STATEMENT FROM HIS EMINENCE ARCHBISHOP DEMETRIOS OF AMERICA

St. Demetrios
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Monday - Friday
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Custodian

As Greek Orthodox Christians and as Americans, we express our sadness and pain for our brothers and sisters all over the world who find themselves in tragic circumstances of hostility, violence and war, where families have been torn apart, displaced and where people are denied basic human rights.

Following the example of Christ, we are called to offer unconditional love to our fellow men while starting immediately to pray for them. In our great country, which has historically and practically welcomed people of every nation, tribe, and tongue, we have the distinct privilege and honor to offer *philoxenia* – love of the stranger – to humans from all walks of life.

The New Testament is replete with an ethos of *philoxenia* – love of the stranger – based not on fear but on care and on gratitude. *Welcome one another*, says Saint Paul in his letter to the Romans, *even as Christ welcomed you* (Rom. 15:7). Christian *philoxenia* must not only be extended to those close to us, but must be extended to those near and far away, and even to those who will not reciprocate—to the poor, the stranger, even those who hate us. For Christ says, *if you love only those who love you, what credit is that to you?* (Luke 14:14).

As a vital expression of love, we must continue to fervently pray for peace for the entire humanity, especially for those affected by difficult circumstances. Our fellow humans who are suffering under terrible conditions and ordeals all over the world are expecting justice and begging for our love and prayers; even the least among them. As Christ said, *Inasmuch as you did it to one of the least of these my brethren, you did it to me* (Matt. 25:40). In these most difficult times, the strongest expression of our *philoxenia* becomes a very urgent matter.

United as one people, as one nation under God, let us proceed courageously, prudently, and lovingly. Always with the help of the Almighty God!



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St. Demetrios Greek Orthodox Church - 2100 Boyer Avenue East - Seattle, Washington - 98112

The Orthodox Way is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to sshirland@saintdemetrios.com; or by fax to 206-631-2550. Saint Demetrios Greek Orthodox Church reserves the right to edit, alter or reject any content.

CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

Date	Church Service	
Feb. 2nd	Presentation of our Lord	Υπαπαντή του Κυρίου
Feb. 4th	Great Vespers, 5 pm	Μέγας Εσπερινός, 5 μ.μ.
Feb. 5th	Sunday of the Publican and Pharisee—Triodion Begins; Godparents' Sunday	Κυριακή του Τελώνου και Φαρισαίου, Αρχίζει το Τριώδιον
Feb. 6th	St. Photios the Great	Αγίου Φωτίου
Feb. 8th	St. Theodore the General	Αγίου Θεοδώρου Στρατηλάτου
Feb. 10th	St. Haralambos	Αγίου Χαραλάμπους
Feb. 12th	Sunday of the Prodigal Son	Κυριακή του Ασώτου Υιού
Feb. 18th	Saturday of Souls	Σάββατο των Ψυχών
Feb. 19th	Meatfare Sunday	Απόκρεω
Feb. 25th	Saturday of Souls	Σάββατο των Ψυχών
Feb. 26th	Cheesefare Sunday—Mission Sunday	Κυριακή της Τυρινής

ALTAR SERVERS

Feb. 5th & 19th	Jack Hillman, Peter Dudunakis, Nicholas Biros, Yiannis Tsantilas, Nasi Contoravdis, Niko Contoravdis, Phillip Stamolis, James Konugres, Jonathan Poiana, Omar Mallouk, Stavros Panos, Nicholas Marcu-Visan, Theofanis Kalasountas, John Limantzakis and Zane Raissis.
Feb. 12th & 26th	Joseph Dumont, Nicholas Christianson, Demetre Teodosiadis, Alex Rotar, Manoli P. Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Peter Ales, Ethan Weigle, Steven Stanos, John Christofilis, Peter Economou Grunder, Elias Oraivej and Anthony Sitaras.

PARISH COUNCIL SERVERS

Feb. 5th & 19th	Georgine Loony, George Papanastasiou, Vicky Christianson, Thomas Dudler, Andrew Aliferakis, Bob Read, Evangelia Lagos.
Feb. 12th & 26th	John Ales, John Kapelouzios, Jim Kost, Bassam Bayouk, George Tramountanas, Dale Hazapis, Michael Gikas, Pete Lymberis.

EPISTLE READERS—ARTHUR SARIDAKIS—INSTRUCTOR; CHRIS MACRIS—ASSISTANT

February 5th	Demetre Teodosiadis, in Greek and Andreana Margaritis, in English
February 12th	Nicholas Biros, in Greek and Peter Ales, in English
February 19th	Jack Hillman, in Greek
February 26th	Zane Raissis, in Greek

Fasting Type	February
Dairy Allowed	20-26
Strict Fast	1, 3, 15, 27, 28
Fast Free	6-11
Wine & Oil Allowed	17

DANCE GROUP NEWS:

SUPPORT OUR FDF DANCERS & SINGERS - Sunday, February 12th - The St. Demetrios community is invited to an afternoon of song and dance. Come see what the groups have prepared for the Folk Dance Festival in San Diego this year and cheer them on as they get ready for this big event. A no host lunch will be available while you enjoy the performances. **We look forward to seeing you all on February 12th!**

BEST OF LUCK to the St. Demetrios dancers and singers that will be headed to San Diego for the Folk Dance Festival the weekend of February 17th. They have been working hard at practice 2-3 days per week and are ready for this annual event filled with Faith, Dance, and Fellowship. The groups participating this year include: Akrites (Adult), Souliotes (High School), Spartiates (Middle School), Kardoules (Elementary - non-competitive) and our choral group Aidhonakia. We are so proud of all of our dancers, singers, and directors ---- Good luck and safe travels!



Giant Thanks for January Jubilee Meals

Jubilee Women's Center is very thankful to have received two wonderful meals in January, provided by the Bekris Families and Costa's on the Ave Restaurant. January began with dinner provided by Manda Bekris and January ended with an additional dinner made by Anastasia Bekris, with help from Costa's Restaurant. Both dinners were delicious, filling, and much appreciated. The food and fellowship that St. Demetrios provides is always enjoyed by our low income sisters in need at Jubilee Women's Center. If you would like to find out how you can help, donate or take a tour of JWC, please contact Georgene Karambelas at: 206-817-2523, or Karambelas@comcast.net www.jwcenter.org

Do You Have Toilet Paper?! Souliotes' Do!

Actually, they *did* have toilet paper, and lots of it! The Souliotes Greek Dance Group asked how they could serve the women at Jubilee Women's Center, and it was discovered the home needed toilet paper! 42 residents and 10 staff members do go through a lot of toilet paper and other paper products, so receiving cases of TP may sound funny, but saves JWC money that can be better used to provide housing and services to low income and homeless women in Seattle.

Do You Have Cosmetics?! Souliotes' Do!

In continuing their giving from the heart- The Souliotes will be gathering donations and providing Valentine's Gift Bags to the residents of Jubilee Women's Center. If you would like to contribute new cosmetics or other items needed, please contact Souliotes dance directors, Niko Antonopoulos or Alex Schwenke. Huge thank you to the Souliotes and their generous hearts!!!

A Message from President Nina

I can hardly believe that it has been almost two years since I was elected to be your president. I continue to be amazed at the work that Philoptochos accomplishes locally and nationally and it has been an honor to serve in an organization that does so much for so many. Philoptochos elections will take place in May and I encourage all women to consider joining the Saint Demetrios Philoptochos Board or becoming an officer.

Philoptochos Warm Coat Drive Continues

Thank you to everyone who contributed to our holiday warm coat drive! The need continues into the new year so the drive will continue. With winter here, there are adults and children on the streets of Seattle for whom the cold and wet weather is a constant and unwelcome reality. Philoptochos will continue collecting coats and outerwear for men, women and children to distribute to Jubilee Women's Center, St. Martin de Porres Men's Shelter and St. Philaret.

The barrel to collect donations has been moved downstairs. Please take the time to look for new or gently used clothing items to bring to church. We hope that you will join this team effort to keep our brothers, sisters and children in our own community warm ~ and we hope to involve our entire church family in this vital ministry. Hats, gloves and socks are also welcome. Thank you in advance for your participation!

Questions? Contact Georgene Karambelas at [206.829.9337](tel:206.829.9337) or karambelas@comcast.net.

Philoptochos Society of Saint Catherine Annual Valentine Tea

Join the ladies of the Church of the Assumption in their beautiful community hall for a 'Hat and Gloves Tea Party'. Family and friends are welcome to come for tea, tasty treats, entertainment, door prizes and a raffle on Saturday, February 11th from 1:00 to 4:00 PM. Your \$10 donation benefits Philoptochos ministries. For information, contact Nancy Charoni at [425.235.6426](tel:425.235.6426) or nancyc98@q.com.

Membership Continues for 2017

February continues our membership drive for 2017. We hope you will support us with your annual dues of \$40 and join us when you can for fellowship. All are welcome and if you have time to donate in addition to your check, even better. You will not receive a call when you write a check as we are a volunteer organization and we are grateful for every member whatever their participation. A membership form is included in February's Sunday bulletins and can be turned in to Dorothy Haskell.

Camp Agape NW July 23-29, 2017

Please read carefully, new information for 2017:

- 1- Application deadline for all volunteers will be April 15 - applications will be available through the camp website campagapenw.org by end of February.
- 2- Counselors are now called buddies, and buddies must be 18 years of age.
- 3- There will be limited spaces for volunteers in training under the age of 18 and per Archdiocese policy, they must be observed by someone 21 or over
- 4- All volunteers (no matter how long they serve at camp, so even if they come for 2 hours to do Kafenio) are required to complete 6 online training modules from the Archdiocese. These are the same ones for All Saints Camp staff and

any Sunday school teacher or church youth worker. If someone has already completed it, they will not need to do it again. Completion is due by June 30th in order to be at Camp Agape NW.

5- All volunteers, no matter how long they serve at camp, are required to read the Youth Protection Manual and sign the code of conduct.

6- New volunteers will need reference checks and possible interviews per Archdiocese guidelines.

7- All volunteers working with food are required to obtain a food handlers permit.

8- All volunteers must be up to date with vaccines, people who are not vaccinated may not serve at Camp Agape NW.

Questions? campagape@gmail.com

Diaper Drive Begins in March

Philoptochos will again collect diapers and baby wipes for needy families in March. Size 5 diapers are especially needed. Children's clothing and toys are also welcome.

Shut In Parishioners

If you are aware of someone who is a shut in, please call our Visitation Chairperson Kay Betts at [206.546.2370](tel:206.546.2370) or yassou@comcast.net. If you would like to help with visitation in your part of town, please let Kay know you are available. Everyone is welcome to help and it means so much to those we take time to visit.

Saint Demetrios Philoptochos Contacts:

President:

Nina Varlamos ninavarlamos@msn.com 206.499.0369

Camp Agape NW: Georgia Gianacos Steenis

ggianacos@gmail.com 206.419.6867

Dress for Success & Jubilee Women's Center: Georgene

Karambelas karambelas@comcast.net 206.829.9337

Sunshine Cards: Mary Damascus

mndamascus@comcast.net 509.951.2975

St. Martin de Porres Men's Shelter: Helen Kalasountas

[425.641.0472](tel:425.641.0472)

Visitation: Kay Betts yassou@frontier.com 206.546.2370

Upcoming Meeting Schedule:

All are welcome to attend our meetings and events:

- February 2nd Presentation of Our Lord
- February 5th Celebration of the nameday of Fr. Photios after Divine Liturgy
- February 11th Assumption St Catherine's Philoptochos Valentines Day Tea (for information, call Nancy Charoni at [425.235.6426](tel:425.235.6426))
- February 12th Go Red For Women – wear red to support women's heart health
- February 16th cook for St Martin de Porres Mens Shelter
- February 19th regular meeting at church after the coffee hour *change of date
- February 22nd cook for Jubilee Womens Shelter

Your Sister in Christ,

Susan Reichmann, Philoptochos Advisor

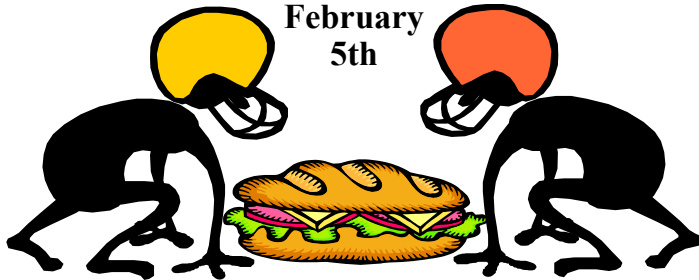
[425.772.1605](tel:425.772.1605); susanreichmann@yahoo.com

GOYANS MAKE SUPERBOWL SUBS
Saturday, February 4th

All GOYAns are invited to make subs on Saturday, February 4th from 11 a.m. to 2 p.m. in the Small Hall. Lunch Provided!

St. Demetrios Jr. & Sr. GOYA present the
17th annual...
Superbowl Sub Sale

Sunday,
February
5th



Five tasty subs to choose from.

The **SEAHAWK**... Turkey & Provolone
The **RAVEN**... Roast Beef & Provolone
The **AFC Champ**... Ham, Roast Beef, Turkey, American & Provolone Cheeses
The **NFC Champ**... Ham, Turkey, American & Provolone
The **PIGSKIN**... Ham & American Cheese

PRE-ORDER ONLINE
at www.saintdemetrios.com

All subs are \$7.50 and include lettuce, a packet of mayo & mustard. Onions and Tomatoes are optional for all subs.

Make Your Superbowl Party a HIT with Superbowl Subs!

ORTHODOXY ON TAP
TUESDAYS, FEBRUARY 7TH & FEB. 21

Orthodoxy on Tap is for all college students and young adults. This ministry is a chance for us to meet and talk about our faith in a social environment. Meetings are held on the second and fourth Wednesday of the month.

Join us on Tuesday, February 7th at 7 pm at Varlamos Pizza at 3617 NE 45th St. Please RSVP if you can make it.

Our Tuesday, February 21st meeting will be held in the Fr. Homer Library at St. Demetrios. Contact [Lefteris Sitaras](mailto:Lefteris.Sitaras@st-demetrios.com) at 206-631-2504 to RSVP. All are invited to attend.

✠ ALL SAINTS 2017 ✠
SUMMER
CAMP

REGISTRATION IS OPEN

Register by March 1
and receive a \$50 discount.

Elementary Camp (grades 3-5) July 9 - 15
Advanced Camp (grades 6-9) July 16 - 22
High School Camp (grades 10-12) July 9 - 15

www.allsaintssummercamp.info



Thanks to all of our families that attended our Family Bingo Night. Get ready for our next Family Night: Human Hungry Hungry Hippos in April!

2017 PACIFIC NW GOYA Lent Retreat



"Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever." 1 Corinthians 9:25

This year's Lent Retreat sees the return of the Amazing Race where our teenagers will not only see Portland through an amazing journey on foot but also learn about the journey we take during Lent that leads us to Pascha.

- WHO: Teens in Grades 7 - 12
- WHAT: An Amazing Race around Portland! Discussions with Clergy! Fun with Friends, New and Old! Confession and More!
- WHERE: Holy Trinity: 3131 Glisan St. Portland OR 97232
- WHEN: March 17, 18, 19, 2017.
- COST: \$90 per person. Scholarships available for those in need.

We invite youth from all of our Orthodox Parishes to attend. Teens from outside of Portland will be hosted by Portland families on Friday and Saturday night.

Note: This is the only retreat where we encourage teens to bring their cell phones. Phones will be used to take photos and accomplish tasks during the Amazing Race portion of the retreat. Teens without cell phones are encouraged to bring a digital camera.

Please fill out separate registrations forms for EACH child attending. Register at www.saintdemetrios.com Registration closes on March 6, 2017.

Upcoming Ministry Events

February 2017

- 1 - CrossRoad Deadline
- 2 - Yiayia & Friends Lunch
- 3 - IV Scholarship Deadline
- 4 - GOYA make Subs
- 5 - Godparent Sunday
- 5 - Superbowl Sub Sale
- 6 - Book Group
- 8 - Orthodoxy on Tap
- 13 - Book Group
- 16-20 Folk Dance Festival in San Diego, CA
- 21 - Orthodoxy on Tap
- 27 - Lent Begins
- 28 - Parish Council Meeting

March 2017

- 1 - All Saints Early Registration Deadline
- 2 - Yiayia & Friends Lunch
- 8 - Orthodoxy on Tap
- 11 - Mother Daughter Tea
- 17-19 GOYA Lent Retreat in Portland**
- 21 - Orthodoxy on Tap
- 26 - Parish Oratorical Festival

April 2017

- 14 - Holy Friday Retreat
- 16 - PASCHA

May 14 - Mother's Day Breakfast

June 4 - Last Day of Sunday School

June 18 - Father's Day Breakfast

ALL SAINTS CAMP

July 9-15 - High School & Elementary Camp

July 16-22 - Advanced Camp

You are cordially invited to our 3rd annual

Mother & Daughter Tea on Saturday, March 11

Mothers & Daughters of all ages are invited to an enchanting afternoon in the St. Demetrios small hall from 3 pm to 5 pm on Saturday, March 11, 2017.

An assortment of teas, light sandwiches and savory desserts will be served.

Tickets are \$20 per person. Free for all Daughters under 18 and Moms over 80

Seating is limited so please reserve your seats and RSVP to Lefteris Sitaras at 206-631-2504 or lsitaras@saintdemetrios.com



STEWARDSHIP UPDATE

For our 2017 Stewardship Campaign, we currently have 231 stewards who have returned their signed pledge cards and have pledged \$269,820. Our goal for 2017 is \$500,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to www.saintdemetrios.com/Stewardship/egiving)

We thank the following stewards for their contributions!

The Stewardship Committee

2017 Stewards:

John & Margaret Ales
Andrew & Vicky Aliferakis
Nikolaos Antonopoulos
George & Dina Apostolou
K. G. & Kostoula Apostolou
Clifford & Theodora Argue
Patricia Arvanitidis
Brent & Rhea Aslin
Niko & Kiriaky (Carrie) Avlonitis
William (Corky) & Dina Bakamus
Josh & Eleni Banchemo
Thomas & Maria Barbas
George Bariames & Eleni Athans
Loula Barker
Bassam & Duaa Bayouk
Gabriel Bayouk
George & Alice Bayouk
Lena Bayouk
Brandon & Molly Bede
Joel & Danielle Bergman
Kay Betts
Neena Blackwell
Maria Bollman
Andrew & Rosalie Boulieris
Gus Boutsinis
Jeffrey & Allison Brooks
Theodora Broutzak
Frank & Shelley Buhler
Steve Calandrillo & Chryssa Deliganis-Calandrillo
Susanna Cerasuolo
Douglas & Jillian Chandler
Ron & Vicky Christianson
James Christo
Margo Christophilis
Marie Collins
G. Paul Constantine
O. George & Kay Constantine
Tom & Evelyn Contoravdis
Olivia Contos
Gus & Margaret Cooper
Maria Cooper
Jerry & Eva Costacos
Maria Cotton
Gus Courounes
Nicoleta Courounes
Renee Courounes
Dale & Marianna Crane

Donald & Laura Crews
Christos Dagadakis & Judith Turner-Dagadakis
George & Angela Dalas
Daniel & Angela Daoura
George & Alexandra Delegates
Sam & Vicki Deliganis
George Demonakos
Nicholas & Stella Demonakos
Peter & Diane Demopulos
Ryan & Demetra Dennis
Nick Diafos & Athena Modonas-Diafos
Andy & Athena Dickerson
Darden Dickson
Panagiotis & Voula Dikeakos
Stephanie Dikeakos
Vasili & Katherine Dikeakos
Thelma Doces
Gus & Gregoria Dounis
Robert & Janie Drumhiller
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George Economy & Eva Economou-Economy
Sophia Eitel-Mcshea & David Mcshea
Helen Exarhos
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Dale Hazapis
Helen Heuer

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James & Pota Johnson
Jeff Jones & Angela Sourapas-Jones
George & Christina Kaltsounis
Maria Kaltsounis
Vicky Carras Kangles
Jim & Georgene Karambelas
Anthony & Sarah Karis
Nick & Nancy Karis
Terry & Hannah Karis
Nicholas & Kalliopi Katholos
Jean Katsandres
Gregory & Angela Kavounas
Peter & Hanna Kenny
Timothy & Sofia Kenny
Bishara & Diane Kharoufeh
James & Patti Kost
Toula Koutlas
Helene Krikris
Dena Kusulos
Peter & Rachele Kyriacou
George Ladas
Demetrios & Evangelia Lagos
George & Eleni Lagos
Thomas Leonidas
John & Polette Limantzakis
Johnny & Lucy Limantzakis
Bill & Florence Lolos
Glen & Georgine Looney
Sophia Looney
Theodore Looney
George & Giannoula Lymberis
Pete & Olga Lymberis
Chris & Paula Macris
Greg & Mia Macris
Stellios & Sandy Makratzakis
Louis & Mary Malesis
Collin & Demetra Manaois
Nicky Manitaras
Stilianos & Kari Manos
James & Mary Lou Manus
Anthony & Alexandra Maroussis
Constantine & Areti Mavromatis
George & Vera Mazoonin
Lillian C. McDermott
David & Georgia McFarlan



(Continued on Page 10)

February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>29</p> <p>Sunday of Canaanite Woman Epistle: 2 Corinthians 6:16-7:1 Gospel: Matthew 15:21-28</p> <ul style="list-style-type: none"> 8:15a Orthros 9:30a Divine Liturgy 11a NO DANCE PRACTICE 4p Wedding <p>St. Ignatius of Antioch</p>	<p>30</p> <ul style="list-style-type: none"> 10a Divine Liturgy - 3 Hierarchs Romanian Orthodox Church - Mountlake Terrace 6p Dance Practice <p>The Three Hierarchs</p>	<p>31</p> <ul style="list-style-type: none"> 6:30a Orthros 7a Dynamis - Men's Fellowship 10a Spiritual Court 4:30p Ski Trip Parking <p>Sts. Kyros & John, Unmercenary</p>	<p>1</p> <p>St. Philaret's Cook for the Homeless</p> <ul style="list-style-type: none"> 9:30a Open Confession 6p Greek School 6p Paraklisis 7p Bible Study - Gospel of Matthew <p>St. Tryphon, Martyr</p>	<p>2</p> <ul style="list-style-type: none"> 8:30a Orthros 9:30a Divine Liturgy 12:30p Yiayia & Friends Luncheon at Costas on the Ave. <p>Presentation of Our Lord</p>	<p>3</p>	<p>4</p> <ul style="list-style-type: none"> 9a Large Hall Rental 10a Make Superbowl Subs 5p Great Vespers <p>St. Isidore of Pelusium</p>
<p>5</p> <p>Publican and Pharisee Coffee Hour by Philoptochos Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14 Superbowl Sub Sale</p> <ul style="list-style-type: none"> 8:15a Orthros 9:30a Divine Liturgy <p>St. Agatha, Martyr</p>	<p>6</p> <p>NO FASTING THIS WEEK!</p> <ul style="list-style-type: none"> 8:30a Orthros 9:30a Divine Liturgy 11:30a Book Study: Beginning to Pray Chapter 3 6p Dance Practice <p>St. Photios the Great</p>	<p>7</p> <ul style="list-style-type: none"> 7p Orthodoxy on Tap <p>St. Luke the Righteous St. Parthenios</p>	<p>8</p> <ul style="list-style-type: none"> 8:30a Orthros 9:30a Divine Liturgy 6p Greek School 6p Paraklisis 7p Bible Study - Gospel of Matthew <p>St. Theodore the General</p>	<p>9</p>	<p>10</p> <ul style="list-style-type: none"> 8:30a Orthros 9:30a Divine Liturgy <p>St. Haralambos</p>	<p>11</p> <ul style="list-style-type: none"> 2p Baptism <p>St. Theodora the Empress St. Viassios, Martyr</p>
<p>12</p> <p>Prodigal Son Coffee Hour by Dance Group Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32</p> <ul style="list-style-type: none"> 8:15a Orthros 9:30a Divine Liturgy 11:30a FDF Rehearsal <p>Alexios Windwrkr of Russia Meletios Abship of Antioch</p>	<p>13</p> <ul style="list-style-type: none"> 10a Book Study: Beginning to Pray Chapter 4 6p Practice for FDF participants only 6:30p Stewardship Meeting <p>Eulogios, Patriarch of Alexandria</p>	<p>14</p> <ul style="list-style-type: none"> 10a WOCA - St. Katherine's • Kirkland <p>Isaac of the Kiev Caves</p>	<p>15</p> <p>Greek Folk Dance Festival - San Diego</p> <ul style="list-style-type: none"> 6p Greek School 6p Paraklisis 7p Bible Study - Gospel of Matthew <p>Eusebios the Righteous Onesimos, Apostle</p>	<p>16</p> <p>Cook for St. Martin de Porres</p> <p>St. Nikiphoros, Martyr</p>	<p>17</p> <ul style="list-style-type: none"> 8:30a Orthros 9:30a Divine Liturgy <p>St. Theodore of Tyron</p>	<p>18</p> <p>Saturday of Souls</p> <ul style="list-style-type: none"> 8:30a Orthros 9:30a Divine Liturgy 3p Friendship Adventures <p>St. Leo, Pope of Rome St. Nicholas Planas</p>
<p>19</p> <p>Greek Folk Dance Festival - San Diego</p> <p>Meatfare Sunday Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46</p> <ul style="list-style-type: none"> 8:15a Orthros 9:30a Divine Liturgy 11:30a Philoptochos <p>Archippos Philom & Apphia Apostles St. Philothei of Athens</p>	<p>20</p> <p>Church Office Closed - Preside...</p> <p>No Dance Practice</p> <p>Bessarion the Great</p>	<p>21</p> <ul style="list-style-type: none"> 7p Orthodoxy on Tap <p>Eustathius, Bishop of Antioch Righteous Timothy of Symbola</p>	<p>22</p> <p>Cook for Jubilee Women's Center</p> <ul style="list-style-type: none"> 10a COME Meeting - Metropolis of SF 6p Greek School 6p Paraklisis 7p Bible Study - Gospel of Matthew <p>Righteous Thallasios & Limnaios</p>	<p>23</p> <p>St. Theodore of Tyron</p>	<p>24</p> <p>Saturday of Souls</p> <ul style="list-style-type: none"> 8:30a Orthros 9:30a Divine Liturgy 5p Great Vespers 5p Holy Apostle Crab Feed <p>St. Tarasios, Patr. C/nople</p>	<p>25</p>
<p>26</p> <p>Forgiveness Sunday Epistle: Romans 13:1-14:4 Gospel: Matthew 6:14-21</p> <ul style="list-style-type: none"> 8:15a Orthros 9:30a Divine Liturgy 11:30a Deli Sale <p>Photini, Samaritan Woman Porphyrios, Bishop of Gaza</p>	<p>27</p> <p>LENT BEGINS</p> <ul style="list-style-type: none"> 12p Book Study: Beginning to Pray Chapter 5 6p Dance Board Meeting 6p Dance Practice 6p Small Compline 7p Great Compline <p>Procopios of Decapolis St. Thalelaeos of Syria</p>	<p>28</p> <ul style="list-style-type: none"> 6:30p Parish Council Meeting <p>Neo Martyr Kyranna St Basil the Confessor</p>	<p>1</p> <p>St. Philaret's Cook for the Homeless</p> <ul style="list-style-type: none"> 12p Dance Coffee Hour 6p Greek School 6:30p Presanctified Liturgy • St. Demetrios <p>Eudokia, Righteous martyr Kassianos, Confessor</p>	<p>2</p> <ul style="list-style-type: none"> St. Theodotos, Martyr <p>St. Euthalia St. Nicholas Planas</p>	<p>3</p> <ul style="list-style-type: none"> 7p Akathasis Hymn 8:30p Jesus Prayer Service <p>St. Alexandra of Alexandria</p>	<p>4</p> <p>Saturday of Souls</p> <ul style="list-style-type: none"> 8:30a Orthros 9:30a Divine Liturgy 3p Balkan Fest <p>Gerasimos the Righteous</p>

ANNOUNCEMENTS

Baptisms

Congratulations to Peter and Hana Kenny whose son, Declan Constantine was baptized on January 15th, 2017. His sponsor is James Christo. "Na sas zese!"

Weddings

Congratulations to John and Rachel (Guinsatao) Calash who were married on January 21st, 2017. Their Koumbaroi are Mary Scott and Joseph Calash. "Na zesoun!"

Congratulations to Douglas and Arena Del Mar (Morillo) Herrin who were married on January 29th, 2017. Their Koumbaroi are William and Lynn Day. "Na zesoun!"

Yiayia and Friends Luncheon

Our next Yiayias & Friends luncheon will be on **Thursday, March 2, 2017** at **Varlamos Pizzeria**. The restaurant is located at **3617 NE 45th St.** Time is **11:30 a.m.** The restaurants appreciate knowing how many to expect so they can adequately accommodate us. For questions and reservations, please contact **Mary Damascus**, preferably by email: mndamascus@comcast.net (or by phone: [509-951-2975](tel:509-951-2975)).



From February Yiayia & Friends' Luncheon at Costas on the Ave. restaurant.

Sunday School Update

Additional funds were donated to our Sunday School Christmas Service Project to dig a well for an Orthodox School in Kenya; total raised: \$11,252.10! Thank you to all parishioners who donated to this worthy cause!

Our Condolences



We express our Deep Condolences to Maria Kost, her children and their families for the passing of her husband, George Kost. May his memory be eternal! "Αιωνία αὐτοῦ ἡ μνήμη!"

BOOKSTORE NEWS:

February is often referred to as the month of love due to St. Valentine Day. St. Valentine was a bishop of the early Christian Church in Italy. Emperor Claudius II (the Cruel) forbade marriages and engagements so that Roman men would join the army rather than stay with their wives and families. In quiet defiance of that unjust decree, Valentine married couples secretly. When Claudius found out, he ordered Valentine dragged before the Prefect of Rome who sentenced him to be beaten to death and decapitated. He was martyred on February 14 around 270. He attained sainthood for his loving actions for couples in love. Hence, **February 14** eventually became a day to send greetings and gifts of love to friends and family.

St. Demetrios Bookstore has books dealing in many ways with the love of Christ. Check out *Wounded by Love* and *Our Thoughts Determine our Lives*. God is love and everything in your church bookstore is geared to that love of God the Father, God the Son Jesus Christ, and God the Holy Spirit. Everything from beautiful music to icons on agate or on wood, to prayer ropes, to stephana for weddings and stephana display cases, to books on nearly every subject for adults and children, even cookbooks. All can help us to keep Christ centrally in our lives and to share Christ's love with our families, friends, and the people we meet everyday.

Books and icons for Great Lent and Easter have been ordered and will arrive in the next week or two, in time for the start of Lent on Clean Monday, February 27. Come in when you are at church to see the new arrivals. Some of the items coming are *Great Lent*; *The Lenten Spring*; *The Lenten Triodion*; *Holy Week-Easter Service Books*; and icons of events of Great Lent, Holy Week and Pascha. *The Festive Fast* and *A Lenten Cookbook for Orthodox Christians* are already here.

Your bookstore has a lovely assortment of Sterling Silver Crosses and Chains great for gifts for Pascha, Baptisms, Birthdays, Name days, Graduations, and general gift-giving. Also Gold Crosses and Chains can be ordered and shipped very quickly.

Holy Apostles Greek Orthodox Church Crab Feed

Join us for our annual Crab Feed on Saturday, February 25, 2017, 5:30 pm at St. Demetrios Cultural Center. There will be Greek dancing, entertainment and a fabulous dessert auction!! Reserve a seat ONLINE: <http://vid.us/r5ubml>.

For information contact Antigoni Tsircou at 206-795-6208 or Ethel Barbas at 360-387-7245.

In Appreciation

"We wish to thank all the parishioners and friends for their cards, phone calls and flowers, and their support during the difficult time of our loss. May God Bless you! We are grateful for your caring and love." Maria Kost and Family.

Blessing of Homes

Dear Parishioners if you would like Fr. Photios or Fr. Daniel to come and bless your home, or business after the Feast Day of Holy Epiphany, please call the Church Office at 206-631-2500 and make an appointment.

2017 Stewards—*Continued*

Christina Meletis

Pipena Mercouriadis

Andreas & Irene Mitalas

Katherine Mitalas

Alexandros & Maria Moroseos**Bettyann Nassar****Peter Neckas**

Sandy Neckas

James & Stella Nelson

Michael & Elaine Newton

John & Joann Nicon

Shirley Olsen

Bill Pallis**Chris & Rebecca Pallis**

Chris & Vasiliki Pallis

Elli Pallis**Alice Panagakis****Sam & Colleen Panagiotou**

Yiannis & Johnette Panopoulos

Artemios & Rebecca Panos**Steve Panos**

Konstantinos & Errin Papanastasiou

George & Lora Pappas**Norman & Frances Parr****Christopher & A. Ellie Pedersen****Dennis & Angeliki Pedersen**

Helen Petratos

William Phillips

Kristina Plumis

Paul & Pamela Plumis

Eleftheria Proios

Christos Psychos & Tammy Kangyu-Psichos

Trevor & Maria Rain-Water

Nicholas & Anastasia Raissis

Robert & Despina Read

Cathy Rottle**Adele Rottle-Williams****Chris Roumeliotis****Kary Roumeliotis****Ted Routos****Emanuel & Marilyn Rouvelas**

John & Penelope Sakellaris

Philip & Barbara Sancken**Nikoletta Scarlatos**

Anthony & Maryann Shenoda

Athanasios & Terri Shinas

Simoni Shirland**Tanya Shirland****Christos & Agapi Siskos****Nikolaos & Brenda Skokos**

Alexander & Vassie Skoulis

Vladimir & Elena Smagley

Andrew & Kayla Sophinos

John Soudas

Steve Sourapas

George & Thalia Stamatoyannopoulos**George & Zoe Stamolis**

Vasilike Stamos

Thelma Stasinios

John A. & Dimitra Stavros

Phyllis Steen

Andy & Joann Stergachis

Madelin & Laura Stoica

Michael & Christine Stollings

Heather Stotz

Robert & Alvia Swegle

Bryan & Stacy Taylor

Kevin & Angela Taylor**Carl & Blanca Thomas**

Kegan & Nichole Tosto

Antonios & Antonia Touras

Emmanuel Tramountanas

George & Dana Tramountanas

James & Barbara Trehearne**George & Thelma Treperinas****Sam & Elly Treperinas**

Fr. Daniel & Presv. Michelle Triant

Vasilios & Dionisia Tsafos

George & Eftihia Tsantilas

George & Susan Tsoukalas

Jordan & Emily Vardell

Kosta & Judy Varlamos

Ivan & Ianita Velkov

Demetrios & Aspasia Voltsis

Evangelos Voltsis

J. Robert & Effie Walker

Joann West

Brett & Yvonne Willard

Vivian Williamson

James & Jeretta Wright

John Xenos

John & Mary Ellen Zoulas



MEMORIALS AND VIGIL LIGHTS

Holy Altar Candles from last month

A Holy Altar Table Vigil Light was offered on January 17th, 2017 in loving memory of **Tony Hazapis** (in honor of his nameday), by his wife, Dale Hazapis.

A Holy Altar Table Vigil Light was offered on January 22nd, 2017 in loving memory of **Anastasios Kousisis** (five years since his passing), by his wife, Teresa Kousisis, his daughter and son-in-law, Maria and Alex Moroseos and Family.

A Holy Altar Table Vigil Light was offered on January 29th, 2017 in loving memory of **Ioannis (John) Babarakos** (three months since his passing), by his wife, Lula Babarakos, his children, grandchildren and great-grandchildren.

Holy Altar Candles for February 5th

Two Holy Altar Table Vigil Lights are offered in loving memory of **Alex Stasinis and Harry Stasinis** (ten years and seventeen years since their passing), by Thelma Stasinis and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of the **Parents and Brothers of the Touras and Perivolaris families**, by Antonios and Antonia Touras.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Nitsa Kollias and Dimitri Kollias** (twenty-eight years and sixteen years since their passing), by Eleni Carras.

A Holy Altar Table Vigil Light is offered in loving memory of **Peter and Kay Ales** (two years and one year since their passing), by their Goddaughter, Eleni Carras.

A Holy Altar Table Vigil Light is offered in loving memory of **Irene Toliias and Tom T. Toliias** (one year and thirty-nine years since their passing), by their children, Manny and Toula and Family.

A Holy Altar Table Vigil Light is offered on February 10th for good health for **Eva and Serafim Apostolou**.

A Holy Altar Table Vigil Light is offered on February 10th for many blessings and continuous good health for **Harry Tourikis** (in honor of his nameday), by Eva and Serafim Apostolou.

Holy Altar Candles for February 12th

Three Holy Altar Table Vigil Lights and a donation to St. Demetrios are offered in loving memory of **Pete Manolakos, Kosta Pangopoulos and Pete Tsakonakos** (two years, two and a half years, and two years since their passing), by Georgia Manolakos and Family.

Three Holy Altar Table Vigil Lights are offered in loving memory of **Gust Doces, Chris Doces** (nine years since their passing), and **Sam Doces** (twenty-two years since his passing), by Mrs. Thelma Doces and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Maria Chohlas** (sixteen years since her passing), by her daughter, Cathy Chohlas-Wood and Family.

Memorials and Holy Altar Candles for February 19th

A Six-Month Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Peggy Tramountanas**, by her husband, Manoli, their children, George, Dana, Athan, Cindy, Ellie, Chris and grandchildren.

A Forty-Day Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **George Kost**, by his wife, Maria Kost, their children, Jim and Patti Kost, Sylvia, grandchildren and great-grandchildren.

A Holy Altar Table Vigil Light is offered in loving memory of **Michael and Eleni Damascus** (twenty-six years and four years since their passing), by their daughter, Eugenia Macris, grandchildren, Angelique and Mark Saffle, Chris and Paula Macris, and great-grandchildren, William and Olivia Grosvenor.

A Holy Altar Table Vigil Light is offered in loving memory of **Maria Balopoulos** (three years since her passing), by her friends at St. Demetrios.

A Holy Altar Table Vigil Light is offered in loving memory of **Constantinos Exarhos** (twenty years since his passing), by his wife, Helen Exarhos and his son and daughter-in-law, Panos and Angelina Exarhos and grandchildren.

A Holy Altar Table Vigil Light is offered in loving memory of **Demetrios Lymberis**, of Greece, (forty days since his passing), by his brother, George Lymberis and Family.

Memorials and Holy Altar Candles for February 26th

A One-Year Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Kyriakos Moroseos**, by his wife, Fifi Moroseos, their children, Alex and Maria Moroseos, Maria Merrick and Litsa Fobian and their families.

Two Holy Altar Table Vigil Lights are offered in loving memory of **John Grivas and Alex Chohlas** (sixty-one years and forty-two years since their passing), by Cathy Chohlas-Wood and Family.





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MISSION SUNDAY

FEBRUARY 26, 2017

AT ST. DEMETRIOS

"Go therefore and make disciples of all the nations,
baptizing them in the name of the Father and of the Son,
and of the Holy Spirit." (Matthew 28:19)



GUEST SPEAKER AT LITURGY

Elizabeth (Liza) Kotar

Orthodox Christian Mission Center Team Member to Kenya - 2016

Greek Lenten Deli Sale, Proceeds to OCMC

Mission Work Display

The Assembly of Canonical Orthodox Bishops in the United States, representing all of the Orthodox jurisdictions, has again designated the Sunday before the start of Great Lent as Mission Sunday in support of the work of the Orthodox Christian Mission Center (OCMC), the Assembly's official missions and evangelism agency. Come hear about this important and exciting ministry of the Orthodox Church. We are blessed to have a recent Short-Term Mission Team participant speak to us that day.

The Orthodox Church has been a part of Elizabeth (Liza) Kotar's entire life



She is a native of San Francisco where she grew up living just a few steps from the Holy Relics of St. John of Shanghai and San Francisco. When she was 7, Liza saw her father ordained as a priest, and the family moved to Seattle where Fr. Alexi serves as Dean of the St. Nicholas Russian Orthodox on Capitol Hill, just down the street from Assumption Church.

Liza is a graduate of St. Katherine College, an Orthodox school near San Diego. She also studied at Hellenic College in Brookline, MA. This past summer, Liza served on an OCMC Short-Term Mission Team in Kenya where among other things she led a retreat for over 800 young people and joined the team in teaching and ministry to the community at large in the Diocese of Kisumu headed by Bishop Athanasius who was with us at St. Demetrios last Palm Sunday.