

Uplift After Loss

St. Margaret's Episcopal Church is pleased to offer the grief bereavement program, ***Uplift After Loss*** (UAL), which explores many of the aspects of the grief journey.

Where: St. Margaret's Episcopal Church
20900 Chenal Parkway
Adult Lower Level Classroom
When: Sundays - October 9th through November 13th
Time: 2 to 3PM

Facilitator is Susan Hiller, *Certified Grief Counselor* and Amy Gray Light and Rosemary Siegfried, *Walking the Mourner's Path* (WMP) co-facilitators.

If you have questions, please contact Susan Hiller at 501-256-4550 - ssdh22@yahoo.com or Rosemary Siegfried at 505-747-1614 - rosiegfried@att.net

Uplift After Loss - Grief Support Group for bereavement REGISTRATION FORM

NAME: _____

ADDRESS: _____

E-MAIL ADDRESS: _____

PHONE: home: _____ cell: _____

What is your reason for signing up for ***Uplift After Loss (UAL)***?

Please mail to Rosemary Siegfried, 1308 Hunters Cove Drive, Little Rock, AR 72211 or give to Katherine Strothers at St. Margaret's or go to the web-site - **stmargaretschurch.org** and click on **Serve** then **Pastoral Care** then **Uplift After Loss** and complete the electronic link.

Reply by October 1st. Maximum number of participants is 12.