



# TWEEN/ TEEN 10- WEEK YOGA SERIES

THURSDAYS 5:15-6:15PM  
JANUARY 4TH- MARCH 8TH  
SOMA YOGA IN BALLARD  
\$150 FOR SERIES  
\$18 DROP IN

JOIN CAMILLE DODSON:  
YOGA TEACHER AND  
MA IN CHILD STUDIES

STRETCH, UNWIND,  
CONNECT

MORE INFO AND REGISTRATION  
[WWW.VIVA-LA-YOGA.COM/TEENYOGA](http://WWW.VIVA-LA-YOGA.COM/TEENYOGA)