

**This Week's Personal Reflection Time**  
**fccphx—Sunday, April 15<sup>th</sup> 2018**  
**Sermon on the Mount --- Don't Worry Be Happy**

**Connect-** How's it going? Did you share the story this past week?  
How is God's Story changing your life?  
How/Who did you serve this week?

**Worship-** Focus on the Lord. Sing, Praise, Give Thanks. Prepare to hear from God. Read: **Matthew 6:25-34**

**Word-** Read/Tell & Discuss: **What are some things in your life that cause you to worry? How can you experience more happiness in your life and relationships?**

1. **Matt. 6:33**
2. **Prov. 17:22**
3. **Prov. 4:23**
4. **Luke 6:45**

- What did you discover in these scriptures?
  
- Does this bring to mind a personal, related story for you?
  
- What do you learn about yourself in these scriptures?
  
- Is there anything you should do or not do based upon these scriptures?
  
- To whom can you pass on these concepts/ideas found in these scriptures?

**BIG Idea:** When we worry we subconsciously switch off the ability of God to do amazing and awesome things in our lives. The choice to NOT worry automatically switches on Happiness in our lives. Happiness makes us better Jesus Followers!!

**Serve/Pray-** (1) Plan your next service project. How will you follow up on those you serve? (2) Divide, men with men & women with women, share a personal need, pray for each other by name.

**Next Week:** The Sermon on the Mount --- Judging Others

**Connecting with God—Growing Together—Serving Others**