



Maryland Developmental Disabilities Council

EMPOWERMENT • OPPORTUNITY • INCLUSION



Expectations Matter Contest

Winners Receive \$200 (1st), \$175 (2nd), \$125 (3rd), \$100 (Fan Favorite)

Expectations Matter.

Expect Ability.

Expectations play an important role in our lives. Research shows that the assumptions people have about others' abilities are influential and have a long-lasting effect.

We created the message "Expectations Matter" "Expect Ability" to raise awareness about expectations. But the power of the message is in the real-life stories.

If you are a person with a developmental disability or you know someone with a developmental disability who has challenged stereotypes, broken barriers, or illustrated the "Expectations Matter" "Expect Ability" message in other ways, tell us about it! You'll be a part of sharing this important message—and you could win!

Submissions accepted throughout Developmental Disabilities Awareness Month, **March 1 - March 31.**

How to Submit: Email the following by **noon on March 31** to info@md-council.org:

1. A brief story that shows how someone illustrates the message "Expectations Matter" "Expect Ability" in 150 words or less.
2. A photo--can directly relate to the story or just a photo of the person featured. Send in jpeg or png formats. Send "Actual Size" or "Original Size" resolution.
3. Full names of people in the photo and full name, address, phone, and email of the person who took the photo.

In addition to awards above, winners receive special recognition in Council communications. Entries selected for "Fan Favorite" will be posted on Facebook for voting.

Eligibility/Agreements: one entry per person, open to MD residents only, all submissions become property of the Maryland Developmental Disabilities Council. By submitting a photo and caption, you are giving permission to the Council to share all information provided on our website, social media, and publications. Council staff and Council members cannot participate. You will receive email confirmation within 3 days of submission. If you don't receive confirmation, call us at 410.767.3670 ext. 1 or 800.305.6441 ext. 1. Leave a message and we'll call you back.