



Movement and Learning in the Classroom and School Environment

Presented by: Justin Zelenka, PT DPT

**Tuesday, April 11, 2017, at 7:00 p.m. in
Park Jr. High's LRC, 333 N. Park Rd., La Grange Park, IL**

La Grange School District 102, in collaboration with The Resource Association in Special Education (RAiSE), is hosting a presentation on movement and learning in the classroom and school environment by Justin Zelenka, PT DPT. It is well documented that movement and physical activity support health, but they also support gross motor skills, social development, emotional regulation, and time on task, and have many other benefits that can positively impact learning. Is it all just fun and games, this "play" stuff or is there something more to it? Find out what District 102 is doing to support physical activity for our students and what families and students can do at home.

Justin Zelenka is celebrating his third year at District 102 working at Barnsdale, Forest Road, and Congress Park. He received his Doctorate in Physical Therapy from Northwestern University in 2010. Formerly a professional ballet dancer with Canada's Royal Winnipeg Ballet, The Louisville Ballet, and Artisan Dance, Justin was certain he would graduate from PT school and work backstage treating dancers...that was until his pediatrics and life development class at Northwestern. He has found his niche in the school setting and is grateful for his team of incredible co-workers, parents, and students. When he's not promoting movement and working with students throughout District 102, Justin continues to work as an outpatient physical therapist for Loyola Pediatrics in Oakbrook Terrace.

All parents, teachers, and community members are invited to attend. For more information about RAiSE, visit our website at www.RAiSE102.org. To receive notification via email of future RAiSE events, send a request to RAiSE102@gmail.com.

