

Talking with Children Resources

Parents, here are a number of resources for talking to your children during a time like this.

https://drive.google.com/open?id=0B_XOkKrSs7CpMkJpdkZnSjg3ZIk

<http://www.mentalhealthamerica.net/conditions/coping-stress-natural-disasters>

<https://www.healthychildren.org/English/healthy-living/emotional-wellness/Pages/Talking-to-Children-about-Disasters.aspx>

<https://www.forbes.com/sites/tarahaelle/2017/08/30/8-books-to-help-children-understand-disasters-and-cope-with-anxiety/#71d4e48642e9>

https://www.aacap.org/App_Themes/AACAP/docs/resource_centers/disaster/disaster_resource_center_talking_to_children_about_natural_disasters.pdf