

# Steppie Balance Board

*The Healthy Way To Stand*



A **fun & healthy** way to stand at work



Simple, **low-impact movement** that improves **joint mobility**



Engages the **stabilizing muscles** of your back, core, hips, legs & ankles



Improves **posture & balance** while increasing standing stamina



Increases **focus, attention & overall productivity** at work



Easy to clean, **non-slip work surface**



**Strong & sturdy** - holds up to 440lbs



Perfect complement to a standing desk workstation such as the **High Rise™ Stand-Up Desk Converters**



# ST570

The Steppie balance board is the perfect complement to a standing desk workstation. This stylish yet unobtrusive balance board features a simple design that helps improve overall body wellness while you work. Designed with comfort in mind, the board gently rocks side to side while strengthening and stabilizing muscles in the core, lower back, hips, legs and ankles. Other health benefits include improved posture, increased circulation, and improved joint mobility.



## Steppie: The Healthy Way to Stand

Provides a fun and healthy way to stand at work

Simple, low-impact movement engages the stabilizing muscles of your back, core, hips, legs and ankles

Improves posture and balance while increasing standing stamina

Increases focus, attention and overall productivity at work

Easy to move into place or slide out of the way

Works great with Victor High Rise™ Stand Up Desk Converters

Standing height increases by 2.1"

1 Year Warranty

Non-slip surface

Weight: 5.0 lbs

Easy to clean surfaces

Made of Durable Plastic

Weight Capacity: 440 lbs

Balance Board

2.1" H x 22.4" W x 14.5" L

