



## Compulsive Gambling & Addictions

Massachusetts Council on Compulsive Gambling  
Community Assistance Program  
Community Workshops

Wednesday—November 30 & December 14

6:30 - 8:30 PM

@ The UU Church of Worcester

90 Holden Street, Worcester, MA

(corner of Shore Drive & Holden Street)

Do you want to help those struggling with addiction? Would you like to understand more about the mental health and addiction issues that your neighbors, family and friends may be experiencing? Would you like to reach out and help others?

The Community Assistance Program and the (CAP) would like to help you gain more knowledge and connection with your community with the issues facing our society today. CAP sessions train individuals in organizations, churches and businesses to raise awareness of the real impact of addictions, gambling and suicide prevention. Participants will learn the signs and symptoms of behavioral health issues and the local resources that are available to help. This is not a clinical training, but will train you to recognize the possible warning signs and how to help.

### WHY CAP ?

Different communities have the unique ability as well as the opportunity to identify and assist individuals and their families suffering from the throes of addiction and other mental health problems. Since many communities already possess the human and spiritual resources to help, CAP simply provides the training needed to provide troubled people with the tools necessary to start on the path to recovery.

### CAP Benefits

- Empowerment - Enables Faith-Based Ministries & Community Groups to be active participants in prevention and early-intervention activities for their congregations.
- Advocacy - Promotes changes in attitudes about addictions, substance abuse and other mental health issues.
- Encouragement - Provides outreach and support for families affected by addiction.
- Learning - Provides congregations with educational and addiction prevention materials.
- Helps identify other community resources that may be underutilized.

### How CAP works

CAP trains individuals in community-based and faith-based organizations to provide support and assistance to individuals and their families struggling with addictions such as alcohol, drugs and gambling as well as other mental health issues.

CAP provides free in-depth training with prevention professionals on topics including substance abuse, problem gambling, mental health and suicide prevention. Available local treatment options, community resources, referrals and ongoing support services are discussed.

The end goal is the creation of early intervention teams within a communities that are available to provide guidance, support and hope for people in need.

To Register for this FREE Program visit <https://goo.gl/46t9oO> or scan this QRL code.



If you're concerned about your gambling, call our confidential helpline:

800-426-1234 [masscompulsivegambling.org](http://masscompulsivegambling.org)