



## **Divorce Support Group**

### **DIVORCE SUPPORT GROUP IN HARWICH**

#### **"Coping & Growing"**

## **FOCUSED DIVORCE SUPPORT**

A six-week group for women in the process of, or dealing with the aftermath of divorce or the breakup of a long-term committed relationship. The goal of the group is to provide education and support with discussion on emotional responses, effects on children and how to help them, coping with the upheaval of moving and finances, and living well again as a single person. Opportunities for personal sharing and goal setting in a supportive environment will be made available. The group will be facilitated by Ruth Anderson-Zabre, LCSW.

**Monday Evenings 5:30 to 7:00 pm**

**October 17 through November 21**

**WE CAN Sullivan Conference Room**

**783 Route 28, Harwich Port**

**Suggested donation of \$5 per session or \$25 if paid in advance. No one will be turned away for inability to pay.**

**Please call Tracy at 508-430-8111 or email [tracy@wecancenter.org](mailto:tracy@wecancenter.org) for an informational interview and to register.**

The group will be limited to 12 women and no new participants will be admitted after week two.

**~ Funded in Part by Harwich Human Services ~**

**Free, Confidential, Childcare Reimbursement Available**

WE CAN ~ Women's Empowerment Through Cape Area Networking ~ Life Changing Services for Women

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