

2017 PARTICIPANT MONTHLY HEALTH INSURANCE RATES				Church Contribution \$1,115
Participant Level	Student	Wellness	Non-Wellness	CDHP or HDHP
SINGLE	\$154	\$307	\$322	\$234
COUPLE	\$308	\$615	\$646	\$466
ONE PARENT - 1 Child	\$235	\$470	\$494	\$337
FAMILY	\$419	\$837	\$879	\$631

> Student rate is the amount paid by Student Local Pastors.

> Wellness rate is the amount paid by most clergy and conference lay employees who meet wellness guidelines under the PPO Plan only.

Non-Wellness rate is the amount paid by most clergy and conference lay employees under the PPO Plan who do not meet wellness guidelines.

> CDHP and HDHP rates are paid by persons enrolled in the Consumer Driven Health Plan (CDHP) or High Deductible Health Plan (HDHP) options.

WELLNESS GUIDELINES

Complete a health screening at Annual Conference or through Quest Diagnostics no later than July 31, 2016. Participants and spouses in HealthFlex plans can each earn \$100 HealthCash*— and up to 120 Wellness Points depending on results. Submit a physical completion form from your healthcare provider no later than November 4, 2016 and pay the lower health insurance rate for the PPO health plan. This form is located @ INUMC.org - click the Benefits web page and download the form. Information on the CDHP and