## **POOL SCHEDULE**

**Effective November 19 - January 31, 2020** 

#### **FACILITY HOURS**

Monday - Thursday: 4:45a - 10:00p

Friday: 4:45a - 9:00p Saturday: 7:00a - 9:00p Sunday: 12:00p - 6:00p

### **KIDS KOVE HOURS**

Monday - Friday: 8:30a - 1:30p Monday - Thursday: 3:30p - 8:00p

Friday: 3:30p - 7:00p Saturday: 8:00a - 12:00p

Sunday: CLOSED



**REGISTER ONLINE** www.ymca-austin.org

### **PLEASE NOTE:** At least one lane will be dedicated to lap swim during Open Swim times.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM  *ONLY Lap  **ONLY Width	5:15a - 7:45a* 7:45a - 9:30a** 9:30a - 1:00p 1:00 - 3:30p 7:00 - 8:45p	5:15a - 7:45a* 7:45a - 9:30a** 9:30a - 1:00p* 2:00p - 4:45p 6:45 - 8:45p	5:15a - 7:45a* 7:45a - 9:30a** 9:30a - 1:00p 1:00 - 3:30p 7:00 - 8:45p	5:15a - 11:00p* 11:00 - 4:45p 6:45 - 8:45p	5:15a - 7:45a* 7:45a - 9:30a** 9:30a - 1:00p* 1:00 - 3:15p 5:15 - 8:45p	7:15a - 9:00a* 9:00 - 10:40a 10:40a - 1:00p* 1:00 - 8:30p	12:00p - 1:00p* 1:00p - 5:45p
OPEN SWIM	1:00p - 3:30p	2:00p - 3:30p	1:00p - 3:30p	1:00p - 3:30p	1:00p - 3:30p	1:00p - 8:30p	1:00p - 3:30p
WATER FITNESS	Shallow Water 7:45a - 8:35a Deep Water 8:35a - 9:25a H20 Fit 6:30p - 7:00p	Shallow Water 7:45a - 8:35a Deep Water 8:35a - 9:25a	Aqua Zumba 7:45a - 8:35a  Deep Water 8:35a - 9:25a  High Intensity 6:30p - 7:00p		<b>Shallow Water</b> 7:45a - 8:35a <b>Deep Water</b> 8:35a - 9:25a		CLOSED
SWIM LESSONS	11:05 -11:35a 2:35 - 3:05p 5:00 - 6:40p	1:00 - 2:00p 4:30 - 6:40p	11:05 -11:35a 2:35 - 3:05p 5:00 - 6:40p	11:05 -11:35a 4:30p - 6:40p		9:00p - 10:40p	3:30p - 5:10p
SWIM TEAM*	3:30p - 6:15p	3:30p - 4:30p 6:00 - 8:00p	3:30p - 6:15p	3:30p - 4:30p 6:00 - 8:00p	3:30p - 5:00p		CLOSED
MAKE-A-WAVE (FREE FOR MEMBERS)	7:00p - 8:30p	7:00p - 8:30p	7:00p - 8:30p	7:00p - 8:30p	6:00p - 8:30p		CLOSED

# **POOL POLICIES & RULES**



**ALL PATRONS** must shower before entering the pool.

**NO STREET SHOES or CLOTHES** on pool deck, beyond entry door.

**CHILDREN** who are in First Grade and younger, **MUST** be accompanied by an adult who is no less than 1 arms length away from the child, while that child is in the pool.

**DIVING BLOCKS** are for instructional use only.

**STEPS** into the pool **MUST** be entered backwards for safety purposes.

**POOL SCHEDULES** change frequently. Please check at the front desk or our website for most recent schedule.

**LAP SWIM** must be 16 years or older. Children 2nd Grade and older may be accompanied by an adult in the lap lane, ONLY if the child has passed the swim test and has a red wrist band. Priority will be given to any adult lap swimmer.

**MAKE-A-WAVE** times allow youth and families to bring their own pool toys to use in the shallow end of the pool during this time.

**FAMILY FUN NIGHTS** Youth in 1st Grade and younger are not allowed to use the pool without a family member/supervising adult IN the pool. At 8:00pm, Family Fun Night ends and the inflatables will be removed from the pool. There will be Lap and Open Swim until 8:45pm.

Please visit out website to sign up for Swim Lessons or for additional information regarding Swim Team or our Lifeguarding classes.