



Department of Parks & Recreation  
Recreation Division  
101 Field Point Road - Greenwich, CT 06836-2540  
Phone: (203) 618-7649 Email: [Recreation@GreenwichCT.org](mailto:Recreation@GreenwichCT.org)



## 2018 Swim Lessons

### Greenwich Pool at Byram Park

**DESCRIPTION:** Youth swim lessons program of eight, one-half hour sessions. Classes will be held on Mondays through Thursdays, with a rain date of Friday the same week. See page 2 for descriptions of each level of classes offered. Class schedule may be changed or cancelled according to enrollment and demand.

**AGES & PRE-REQUISITES:** Lessons for youth ages 4 and up; must be toilet trained. See Goals and Guidelines for Swimming Lessons on page 2. Must provide copy of birth certificate or passport if not submitted for past program(s).

DATES	ACTIVITY 207011 SECTION NUMBER	CLASS LEVEL	TIMES
July 9-19	1A	Goldfish	9:30 – 10:00 AM
Mondays to	1B	Goldfish	10:05 - 10:35 AM
Thursdays	1C	Goldfish	11:15 - 11:45 AM
Rain date 7/13, 20	1D	Level I	10:05 – 10:35 AM
	1E	Level I	10:40 – 11:10 AM
	1F	Level II	10:40 – 11:10 AM
	1G	Level II	11:15 - 11:45 AM
	1H	Level III	9:30 – 10:00 AM

DATES	ACTIVITY 207012 SECTION NUMBER	CLASS LEVEL	TIMES
July 23-August 2	2A	Goldfish	10:05 – 10:35 AM
Mondays -	2B	Goldfish	10:40 – 11:10 AM
Thursdays	2C	Level I	10:40 – 11:10 AM
Rain date 7/27, 8/3	2D	Level I	11:15 – 11:45 AM
	2E	Level II	9:30 – 10:00 AM
	2F	Level II	10:05 – 10:35 AM
	2G	Level III	11:15 – 11:45 AM
	2H	Level IV	9:30 – 10:00 AM

DATES	ACTIVITY 207013 SECTION NUMBER	CLASS LEVEL	TIMES
August 6-16	3A	Goldfish	11:15 – 11:45 AM
Mondays to	3B	Level I	9:30 – 10:00 AM
Thursdays	3C	Level I	10:05 – 10:35 AM
Rain date 8/10, 17	3D	Level II	9:30 – 10:00 AM
	3E	Level II	11:15 – 11:45 AM
	3F	Level III	10:05 - 10:35 AM
	3G	Level III	10:40 – 11:10 AM
	3H	Level IV	10:40 – 11:10 AM

## GOALS and GUIDELINES for SWIMMING LESSON CLASS LEVELS

<b>PRE SCHOOL “GOLDFISH”</b>	<b>AGES 4-5</b> Water entrance/exit, buoyancy, bubble blowing, submerge head, bobbing, finning, kicking, floating-back/front, roll front to back and back to front, jump into the pool, open eyes under water.
<b>LEVEL I</b>	<b>AGES 6 AND UP INTRODUCTION</b> Water entrance/exit, buoyancy, bubble blowing, submerge head, bobbing, finning, kicking, floating-back/front, roll front to back and back to front, jump into the pool, open eyes under water. Treading, rhythmic bobbing, gliding, position changing, arm/leg action.
<b>LEVEL II</b>	<b>AGES 6 AND UP FUNDAMENTALS</b> Child should have passed Level I All of the above plus: Introduction to rhythmic breathing, rotary breathing, longer gliding/floating, alternating arm/leg actions, combined arm/leg actions.
<b>LEVEL III</b>	<b>AGES 6 AND UP STROKE DEVELOPMENT</b> Child should have passed Level II All of the above plus: Deep water jump and recovery, seated head first entry, survival floating, position changing in deep water, introduction to all strokes EXCEPT butterfly.
<b>LEVEL IV</b>	<b>AGES 6 AND UP STROKE IMPROVEMENT</b> Child should have passed Level III All of the above plus: Butterfly stroke.

**LOCATION:** Greenwich Pool in Byram Park, 4 Ritch Avenue

**REGISTRATION:** Open to Greenwich residents with a valid 2018 Park Pass. **Participants age 4 years must also obtain a 2018 Park Pass, although for no charge.** Children under 12 years of age must be accompanied at all times by a responsible adult, 18 years or older, with a resident Park Pass. Space is limited and registration is first come, first serve.

- **Online:** Monday, April 30 – online registration is only available to Greenwich residents. To register online go to: [www.greenwichct.org/webtrac](http://www.greenwichct.org/webtrac) and select “Activity Registration”.
- **Mail-in:** Monday, May 21 - Application should not be post-marked earlier than May 21.
- **In-person:** Tuesday, May 29 at the Parks & Recreation Office.

**Proof of Greenwich residency is required once each calendar year for all Parks and Recreation programs.** The Primary account holder is required to provide two current proofs of Greenwich residence. Acceptable forms of proofs with resident name and Greenwich address are as follows: *residential lease, utility bill (gas, electric, water, oil), phone, internet and/or TV service bill (No cell/wireless phone bills), credit card or bank statement (not mortgage statement) or valid driver's license or CT State ID card.* **ALL participants**, under 25, require a birth certificate or passport on file.

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**FEE: \$115.00 per child payable to “Town of Greenwich”.** Mail or bring completed form with full payment to:  
Summer Swim  
Department of Parks and Recreation  
101 Field Point Road  
Greenwich, CT 06836-2540

We accept Visa, MasterCard, American Express and Discover credit cards for resident online registration and at the Town Hall Parks and Recreation Office. There are no refunds and we do not pro-rate fees. Requests for credit will only be considered if received in writing prior to the start of the program. There is a \$15.00 administrative fee for credits and a \$25.00 fee for any returned checks.

**WEATHER:** For weather cancellation, please call (203) 618-6100 (Recreation Hotline). Lessons may be held during light rain, but cannot be held during thunder or lightning.

**ALL POOL FACILITY RULES MUST BE FOLLOWED BY THOSE ENROLLED IN SWIM LESSONS, including but not limited to the following:**

- All persons wishing to enter the pool area, whether they plan to swim or not, must present a park pass.
- Children under 12 years of age must be accompanied at all times by a responsible adult, 18 years or older at a ratio of 1 adult to no more than 6 children.
- In the case of thunder or lightning, all patrons must clear the pool water and deck and must return to their cars for protection. The pool will not reopen until 30 minutes after the last rumble of thunder or sight of lightning, as determined by lifeguards.
- Blankets and towels may be taken to open areas around the pool outside the perimeter line only. A clear path must be maintained around the perimeter of the pools at all times. No outside chairs are allowed in facility; benches and wall seating are available.
- No umbrellas, no sun shelters, and no pop-up tents are permitted at the pool complex.
- Coolers are not permitted in the pool area. No food or beverage is permitted in the pool area, except beverage in plastic water bottles. Food from the concession area may not be brought into the fenced in pool complex. NO GLASS container of any type is permitted in the pool complex.
- The use of the pool for swim instruction, whether group or individual, is permitted only by Parks and Recreation Department staff and according to Department policy.
- The Parks and Recreation Department reserves the right to change existing rules; regulate the hours of use; enact new rules to meet the changing conditions at the pool; clear the pool area during any threat of hazardous conditions; or close a portion of the pool for special events, programs, or staffing needs. **The Pool Staff has the final decision regarding all pool rules.**

*Complete registration form on page 4.*



# Program Registration (please print)

Program Name \_\_\_\_\_ Activity # \_\_\_\_\_ Section # \_\_\_\_\_

Participant's Name \_\_\_\_\_ Gender (M/F) \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip Code \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_

Specific Program Information: \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ e-mail \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell \_\_\_\_\_

***In case of emergency notify the following:***

Name \_\_\_\_\_ Phone \_\_\_\_\_ Relationship: \_\_\_\_\_

List Physical Restriction(s): \_\_\_\_\_

## INDEMNIFICATION AND RELEASE

**THIS IS A LEGALLY BINDING DOCUMENT. DO NOT SIGN IT UNTIL YOU HAVE READ THE CONTENTS HEREOF AND UNDERSTAND THE SAME. IF YOU ARE IN DOUBT, CONSULT AN ATTORNEY PRIOR TO SIGNING THIS DOCUMENT.**

The Undersigned (hereinafter referring to myself, my minor children or charges, my heirs and assigns) hereby agree(s) to assume all risk and bear all responsibility and to indemnify and hold the TOWN OF GREENWICH, its agents, representatives, servants, officers, and employees, harmless from and against any and all claims, demands, suits, proceedings, liabilities, judgments, awards, losses, damages arising out of injuries to any persons or property, including any and all costs and expenses incurred in the defense of such claims, demands, suits and proceedings including court costs and attorneys' fees resulting from, arising out of, or in any way related to or connected with my/our participation in the \_\_\_\_\_ program sponsored by the Town of Greenwich/use of Town of Greenwich property/facilities/apparatus or equipment thereof.

The Undersigned, does forever discharge the Town of Greenwich, its agents, representatives, servants, officers and employees from any and all claims including claims of negligence or carelessness, alleging damages and any and all causes of action which the Undersigned may have or may hereafter have, arising out of, related to, or in any manner connected with injuries or damages the Undersigned may sustain by reason of my participation in the above-described program or use of the Town of Greenwich property, facilities, apparatus or equipment.

The Undersigned, the participant or parent/guardian of the above named person, who participates in programs organized by the Town of Greenwich Department of Parks and Recreation, assumes all risks and hazards incidental to the conduct of the activity and transportation to and from the activity. I am aware that participating in any recreational program can be a dangerous activity involving many risks of injury. I further understand there is inherent risk associated with the(se) activity (ies) and authorize emergency medical treatment and transportation in my absence.

Dated at Greenwich, Connecticut, this \_\_\_\_\_ day of \_\_\_\_\_ 201\_\_\_\_.

Signature of Participant or Parent or Guardian for participants under 18 years of age:

\_\_\_\_\_  
HH# \_\_\_\_\_ Method of Payment \_\_\_\_\_ Receipt # \_\_\_\_\_ Initials \_\_\_\_\_