

**FOR IMMEDIATE RELEASE****Contact: Jennifer Cooper**

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## **Dignity Health-St. Rose Dominican to Offer Stop the Bleed Trainings to Train Public on Critical Care Response**

**HENDERSON, NV (November 27, 2017)** –In partnership with University Medical Center and the City of Henderson, Dignity Health-St. Rose Dominican Hospital will be offering “Stop the Bleed” trainings for the public to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

The trainings are centered on providing the public with quick lifesaving skills to quickly stop a heavy bleed while awaiting the arrival of emergency responders. The American College of Surgeons, the governing body for trauma centers nationally, is the main driver of prevention education such as the “Stop the Bleed” campaign.

“A person who is bleeding can lose their life within minutes if the bleeding is not stopped,” **said Kim Dokken, Senior Director of Neuroscience Service Line, Trauma and Stroke at Dignity Health-St. Rose Dominican.** “Stopping a bleed is a relatively simple thing to do, if you know how to do it correctly. People who attend this training will learn how to pack a wound and use a tourniquet. Those who are trained will not only be able to respond to those in need, but also will help train others on these simple lifesaving techniques. As a trauma center, public education is key to our mission, and we are grateful to partner with University Medical Center and the City of Henderson to offer this training to help ensure our community is ready to respond when needed.”

“For us to have the biggest impact to save more lives, we need to lock arms with the community so that more people are trained and have knowledge to render lifesaving skills in emergency situations. That is why the Henderson Fire Department and Dignity Health have partnered together to launch the “Stop the Bleed” training program here in Henderson, Nevada. Please join these efforts so together we can create a safer community.” **Fire Chief Shawn White**

On November 27, UMC trained St. Rose Dominican employees and City of Henderson Safety Officers at Dignity Health-St. Rose Dominican Hospital’s Siena Campus with the “Stop the Bleed” techniques. Following this training event, Dignity Health-St. Rose Dominican will now begin training people throughout the community. Outreach will be centered on locations where public volume is high such as casinos, schools, malls, churches, and businesses across the City of Henderson. Additionally, the public can sign up to attend trainings – there are two trainings scheduled for this year with trainings for 2018 To Be Announced.

Thursday, December 7, 3 – 4 p.m.  
Dignity Health WomensCare/Outreach Center, Classroom 2  
2651 Paseo Verde Pkwy, Ste 180  
RSVP: 702-616-4902

Wednesday, December 13, 5-6 p.m.

Dignity Health Siena Campus, McDonald Conference Room A&B  
3001 St. Rose Parkway  
RSVP: 702-616-4902

“Stop the Bleed” launched in October 2015 by the White House and is facilitated by the Department of Homeland Security – [learn more here](#). Trainings will be facilitated by both the City of Henderson and Dignity Health-St. Rose Dominican Hospitals.

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### **About Dignity Health-St. Rose Dominican**

As the community’s only not-for-profit, faith-based health system, Dignity Health-St. Rose Dominican has been guided by the vision and core values of the Adrian Dominican Sisters for 70 years. As the Henderson and Las Vegas communities grow, the St. Rose Dominican health system and its nearly 4,000 employees will continue the Sisters’ mission of serving people in need. St. Rose Dominican is a member of the 22-state Dignity Health network of nearly 9,000 physicians, 62,000 employees, and 400 care centers, including hospitals, urgent and occupational care, imaging centers, home health and primary care clinics. For more information, visit our website at [www.strosehospitals.org](http://www.strosehospitals.org) or follow us on [Facebook](#), [Twitter](#), [YouTube](#) or our [Blog](#).