

Risky Behavior Discussion Summary



Thank you for attending the Risky Behavior Discussion on March 27th. Below you will find parenting resources pertaining to many of the topics discussed during the event.

Additional resources at:

www.westportct.gov/youthservices

Tips for Parents

Alcohol & Social Hosting: [Set the Rules](#), [Underage Drinking Parent Resources](#)

Vaping/E-Cigarette: [Talk with Your Teen about E-Cigarettes - Tip sheet for Parents](#)

Social Media: [Internet & Social Media Safety](#), [Connect Safely - Social Media Tips](#)

Anxiety & Resiliency: [Anxiety Concerns in Adolescents](#), [Resilience Guide for Parents](#)

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