

**2017 AzNMA Spring
Continuing Medical Educational Conference
Saturday & Sunday, May 6-7, 2017
Scottsdale, Arizona**

ENDOCRINOLOGY



- **Networking**
- **Nationally Renowned Speakers**
- **Exhibits**
- **Friday Evening Pre-Conference Event at Topgolf**
- **Saturday Evening Reception**
- **Association Update**

Registration Fees have been drastically reduced!

**Total 12.5 CMEs (Pending AzNMA Approval)
10.5 Pharmacy
2.0 General**



**Hilton Scottsdale Resort & Villas
6333 N. Scottsdale Road
Scottsdale, Arizona**

Schedule of Events

Friday, May 5, 2017

6:30 pm – 9:30 pm

Pre-conference social event at Topgolf

Saturday, May 6, 2017

7:00 am – 7:45 am

Registration, Breakfast, Exhibits

7:45 am - 8:00 am

Welcome & Introductions

8:00 am – 9:00 am

Dr. Leila Turner

Hormone Crosstalk - Connection and Communication between the Hormones

1 Pharmacy CME

Leila Turner, licensed Naturopathic Doctor (ND), grew up in Northern California surrounded by alternative medicine and Redwood trees. She graduated from the University of California, Santa Cruz, with a Bachelor's in Biology and in Psychology. In 2007 she co-founded the Naturopathic Medical Student Association. Upon graduating from Southwest College of Naturopathic Medicine (SCNM) in 2007, she was awarded the prestigious SCNM Student Leadership Award and the Daphne Blayden Award in recognition of academic excellence, compassion and perseverance.



Dr. Turner was awarded a 2-year residency in women's health and general medicine at SCNM Medical Center. Upon completing her residency in 2009, she joined Naturopathic Specialists where her private practice thrived for 7 years. She was Assistant Professor for the Department of Clinical Sciences at SCNM where she played an integral role in development of the revised curriculum at SCNM. In 2011 she was also awarded the SCNM Alumni Award. She now serves as adjunct faculty at Southwest College of Naturopathic Medicine.

She is licensed as a general family practitioner, and is considered an expert in women's health. Dr. Turner has extensive training in:

- Constitutional Homeopathy
- Advanced Endocrinology (serves on the Board Endocrinology Association of Naturopathic Medicine)
- Advanced Hormone Replacement Therapy

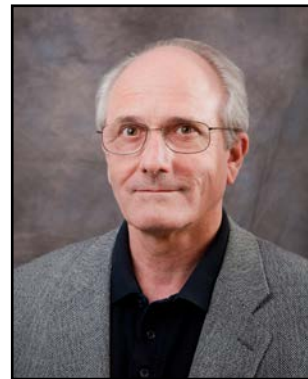
9:00 am – 10:30 am

Dr. Jared Zeff

Clinical Endocrinology

1.5 General CME

Jared L. Zeff is a doctor of naturopathic medicine and licensed acupuncturist. He graduated from the University of California in 1974, and the National College of Naturopathic Medicine in 1979. After completing a residency in natural childbirth, he established a private practice in McMinnville, Oregon, focusing on obstetrics and family medicine. He developed a dual career in academics and private practice, serving as a faculty member at NCNM and Chair of the Department of Naturopathic Medicine. In 1985 he attended The Emperor's College of Traditional Oriental Medicine, in Los Angeles. He taught there for three years, and chaired their Department of Western Medicine. He returned to Portland in 1988 to accept the position of Academic Dean at National College, where he was also awarded a Professorship of Naturopathic Medicine. He served the College as Academic Dean from 1988 – 1993, after which he returned to private practice while maintaining a small teaching assignment at National College and Bastyr University.



He has been active in professional politics, on the Oregon Association of Naturopathic Physicians executive committee, including a year as President of the OANP. He has served twice on the Board of Trustees of the American Association of Naturopathic Physicians, several times as member of the House of Delegates, and as a board member of the Northwest Naturopathic Physicians Association. He has been an advisor to the Oregon Board of Naturopathic Medical Examiners in botanical medicine and naturopathic education.

He was named "Naturopathic Physician of the Year" in 1989 by the American Association of Naturopathic Physicians for his work in creating a modern definition of naturopathic medicine that set forth the principles of naturopathic medical philosophy. He is the primary creator of the Therapeutic Order concept, and along with Pamela Snider, ND, and Stephen Myers, ND, B. Med, has authored a number of papers defining this concept. He received the first Lifetime Achievement Award from the Northwest Naturopathic Physicians Association for his contributions to naturopathic education. He speaks widely at professional conferences, and has been twice inducted into the NCNM Hall of Fame.

10:30 am – 11:00 am

Break - Exhibits Open

11:00 am – 12:30 pm

Dr. Carrie Jones, ND

Reviewing the Basics: How to Functionally Address Pre-Menopausal Women and their Hormonal Symptoms

1.5 Pharmacy CME

Dr. Carrie Jones is a well-respected Naturopathic Physician with a focus on women's health and hormones. She had a successful practice in Portland for many years and is now the Medical Director for an international hormone lab located just outside of Portland, plus an adjunct professor at The National



College of Natural Medicine, School of Naturopathic Medicine. In addition, she regularly writes and speaks on the subject of women's health.

Follow her for motivation, musings, and research updates on IG @thehappyhealthywoman or read more at www.thehappyhealthywoman.com

12:30 pm - 1:30 pm

Lunch

Exhibits Open

1:30 pm – 3:00 pm

Dr. Felice Gersh

Neuroinflammation and Hormonal Therapeutic Options

1.5 Pharmacy CME



Dr. Gersh is one of a small number of Integrative Medicine Fellowship trained specialists in women's health issues. Her educational background includes an undergraduate degree in history from Princeton University and a medical degree from the University of Southern California School of Medicine, where she was awarded entrance into Alpha Omega Alpha, the elite medical honor society and was recognized as the top female graduate. She did her OB/GYN internship and residency at the prestigious program at Kaiser Hospital, Los Angeles, where she was named top resident and awarded the CREOG award each year she was there. She was awarded Board Certification in OB/GYN.

Dr. Gersh is the founder and medical director of the unique integrative center, the Integrative Medical Group of Irvine, where she leads her dedicated group of holistic practitioners in the comprehensive care of patients with complex medical conditions.

Dr. Gersh has been the recipient of numerous awards, including most outstanding attending faculty at USC School of Medicine, Department of OB/GYN, where she taught surgery to residents for more than a dozen years, named a Physician of Excellence by the Orange County Medical Association for each of the past 12 years, named a SuperDoc of Southern California for several years, awarded status as a TopDoc, named in many Who's Who directories, and honored as the outstanding physician of the year by Access Orange County for donating her time to perform surgery on uninsured indigent women.

Dr. Gersh is dedicated to the field of integrative medicine and environmental health and lectures nationwide on a wide range of health topics concerning women's issues, with special expertise in Polycystic Ovary Syndrome, estrogen and metabolic issues in women's health, the microbiome and women's health, inflammation and women's cardiovascular health, and the role of endocrine disruptors upon women's health.

3:00 pm – 3:30 pm

Break - Exhibits Open

3:30 pm – 4:30 pm

Dr. Melissa Coats

Neurotransmitters & Endocrinology

1.5 Pharmacy CME

Dr. Coats graduated from Randolph-Macon Woman's College in Lynchburg, Virginia, with a Bachelor's degree in biology; she then went on to achieve her Masters in bioethics from Midwestern University in Glendale, Arizona.

Subsequently, Dr. Coats earned her Doctor of Naturopathic Medicine (ND) at Southwest College of Naturopathic Medicine (SCNM) in Tempe, Arizona. She

is the past President of the SCNM Alumni Association and current Board Development Chair of Tempe Boys and Girls Club- Ladmo Branch. She is a

member of the Arizona Naturopathic Medical Association, American Association of Naturopathic Physicians and the Oncology Association of Naturopathic Physicians.

Dr. Coats offers general naturopathic medical care with a focus in oncology as well as natural options for mental health support.



4:30 pm – 6:00 pm

Reception - Hors d'oeuvres and Cash Bar

Sunday, May 7, 2017

7:00 am – 8:00 am

Registration, Breakfast, Exhibits

8:00 am – 9:00 am

Dr. Amy Waite

Men's Health: Alternatives to Testosterone

1 Pharmacy CME

Dr. Amy Waite is a licensed naturopathic doctor in the state of Arizona. She provides naturopathic medicine for people of all ages, with a particular focus on men's health, pain management, and pediatrics.



Dr. Waite provides naturopathic medical care that addresses the root cause of disease utilizing individualized, safe, and effective natural treatments. She works diligently with her patients to resolve and prevent disease, while educating, motivating and inspiring them to attain the health and lifestyle that every patient desires. Some of the naturopathic modalities she offers include: intravenous therapy, oriental medicine and acupuncture, bio-identical hormone replacement therapy, regenerative injection therapies like prolotherapy, neural therapy, trigger point injections, platelet rich plasma therapy, clinical nutrition, stress management, mind-body medicine, herbal medicine, and homeopathy.

Dr. Waite completed her Doctorate of Naturopathic Medicine program at Southwest College of Naturopathic Medicine (SCNM). Prior to going to SCNM, she received a Bachelor of Science degree

at Weber State University. Her educational and clinical background offered her a wealth of clinical experience working with diverse patient populations that had high incidences of pain, diabetes, hypothyroidism, adrenal dysfunction, hormonal imbalances, hyperlipidemia, hypertension, ADHD, depression and anxiety. She pulls from extensive education, clinical training and experience that focused on endocrinology, environmental medicine, and pain resolution. She has additional education and experience in Pharmacology, Research, and Dentistry. Dr. Waite looks forward to utilizing her extensive knowledge and training to provide the very best in Naturopathic care for the long term goals of her patients.

9:00 am – 10:30 am

Dr. Amy Chadwick

Endo Bio Genic Medicine, Asthma & Migraines

1.5 Pharmacy CME

Dr. Amy Chadwick is a Naturopathic Doctor and Fellow of the American College of Endobiogenic Medicine and Integrative Physiology. Graduated from National College of Naturopathic Medicine in Portland, Oregon, Dr. Chadwick opened Soaring Crane Natural Health Center in 2007 in Alaska. With a successful family practice, Dr Chadwick craved more specificity and subtlety in her work with patients, continuing to seek the “Why” behind their imbalance and disease. Completing a two-year fellowship in Endobiogenic medicine in May 2014, and moving her practice to San Diego, Dr. Chadwick enthusiastically practices naturopathic and Endobiogenic medicine, treating patients with chronic disease, assisting with life transitions, and offering preventive care and tools for thriving.



Dr. Chadwick continues to avidly study Endobiogenic medicine, systems biology, plant medicine, and the interweaving wisdom traditions to understand what it is to be alive and to live well. Dr. Chadwick is also committed to the principal of Docere, Doctor as Teacher, leading her to speak, teach and write, and share her expertise, encouraging curiosity in her audiences. With a passion for observing, being in and learning more about her natural world, Dr. Chadwick delights in beauty, spirit, stories, patterns, sound, movement, truth and the infinite complexity of the universe.

10:30 am – 11:00 am

Break - Exhibits Open

11:00 am – 12:00 pm

AzNMA Membership Meeting

1 General CME

Participate in the AzNMA membership meeting. Learn what the AzNMA has been accomplishing on your behalf, and let AzNMA membership hear what is important to you.



12:00 pm – 1:00 pm

Lunch - Exhibits Open

1:00 pm – 2:30 pm

Dr. Cheryl Burdette

Oxidative Stress and Hormones: The Backdrop of Oxidation Sets the Stage for Hormone Health

1.5 Pharmacy CME

Cheryl K. Burdette, ND is a Naturopathic Doctor. After graduating from Bastyr in 2001, she completed her residency at Cancer Treatment Centers of America and the Family Health and Wellness Center, one of three hospital based residencies available for N.D.s in the country. She then moved back to the South, where she is from, to continue practicing cutting-edge integrative medicine. While practicing in Atlanta, she worked at Metamatrix, a laboratory that specializes in nutritional and metabolic testing. There, she guided doctors through test results to aid their understanding, and worked to develop treatment for their patients that would address their unique biochemistry. She has lectured internationally, and believes that education is a critical component of empowering others on their journey to wellness. She is also educational director of NutraTest labs which gives her a unique insight into laboratory testing and how to improve a patient's condition. She cohosts a radio show with Dr. Agolli and authors a newsletter to other physicians around the country.



Naturopathic medicine combines evidencedbased natural treatments that recognize each person's unique presentation, works to find the root cause of disease, and treats the person as a whole. Her practice is focused on the treatment of chronic conditions, and the use of hormones as a part of wellness. At Progressive Medical Centers she works as part of a team based approach, combining her perspective with that of M.D.s, D.O.s, and dieticians to provide a synergistic treatment plan that addresses the individual in a complete and holistic manner.

2:30 pm – 3:15 pm

Door Prizes in Lecture Hall

Break - Exhibits Open

3:15 pm – 4:15 pm

Dr. Mona Morstein

Diabetes: Guidelines and Treatments

1 Pharmacy CME

Dr. Mona Morstein received her B.S. summa cum laude in Foods and Nutrition from Arizona State University. She graduated from and did a residency at National College of Naturopathic Medicine. She had a successful 13 year private practice in Great Falls, MT. Dr. Morstein is known as an expert on diabetes, teaches two day seminars "Comprehensive Care of the Diabetic Patient" and "Insulin Intensive Seminar" which have been consistently highly praised. Dr. Morstein lectures regularly throughout North America. Dr. Morstein is the Executive Director of the 501(c)3 non-profit she founded, the Low Carb Diabetes Association. Her book "Mastering Diabetes: From Victim to Victor" has been accepted for publication by Chelsea Green Publishers.



Registration Fees

Two-day Physician Registration fees have been substantially reduced to provide access by more Naturopathic Physicians.

	Early Bird Rates until April 1, 2017	Rates from April 2 - May 1, 2017	Late Rates Begin May 2, 2017
Two Day Registration AzNMA Physician Member	\$180	\$200	\$240
Two Day Registration Non-Member Rate	\$380	\$400	\$440
Two Day Registration AzNMA Student Member	\$90	\$90	\$90
One Day Registration AzNMA Physician Member	\$100	\$120	\$150
One Day Registration Non-Member	\$240	\$260	\$300
One Day Registration AzNMA Student Member	\$60	\$60	\$60

Additional Meal Tickets

If your spouse or significant other intends to have meals with you at the conference, you must pay for his/her meal which is \$70 per day. Payment may be made through the shopping cart when you register for the conference.

AzNMA no longer provide CDs and / or printed materials of speakers' presentations. Instead, a link to access the presentations will be provided to Registered Conference Attendees in advance of the conference. This enables you the option of downloading to your laptop or printing the presentations yourself to bring with you to the conference. A flash drive will be available onsite if you need to download the presentations.

Cancellation / Refund Policy for AzNMA Conference Attendees

- 45 days prior to conference date = full refund minus a \$50 processing fee.
- 30 days prior to conference date = 50% refund minus a \$50 processing fee
- Under 30 days prior to conference date = no refund and no credit given.

Additionally, NO REFUNDS and NO CREDITS are granted for "No-Shows" to the Conference. If you wish to cancel and request a refund in accordance with the above Cancellation/Refund policy, send an email to director@aznma.org

Pre-conference Social Event at Topgolf

Topgolf is the premier golf entertainment complex where the competition of sport meets your favorite local hangout. Just picture a 240-yard outfield with dartboard-like targets in the ground. The closer to the center or “bull’s-eye” you get and the farther out you hit your microchipped balls, the more points you receive. Players don’t need to be a “golfer.”

The AzNMA Topgolf event will be held Friday evening, May 5, from 6:30 – 9:30 pm. Topgolf Scottsdale is located off the 101 Freeway in the Talking Stick area.



Due to the generosity of our sponsors, the registration fee has been deeply discounted to \$45.00 per person, which includes the Topgolf experience, a healthy dinner buffet, and unlimited non-alcoholic beverages. A cash bar will be available.

Conference Location

The Conference will be held at the Hilton Scottsdale Resort & Villas, 6333 North Scottsdale Road Scottsdale, Arizona 85250. Tel: 480-948-7750.

A block of rooms has been reserved for May 5, 2017 - May 7, 2017. The special room rate will be available until April 14th or until the group block is sold-out, whichever comes first.

To booking a reservation, click the link shown in the conference email or contact the Association office at director@aznma.org to request the link.

Questions?

Please contact Baron Glassgow, AzNMA Executive Director, at director@aznma.org or by phone at 480-921-3088.