

Community Events:

KIDS NIGHT OUT

Drop the kiddos off from 6-10pm for a night of fun and food to take advantage of the free adult time. Ages: Potty trained to 10 years old.

\$15 for the first child

\$10 for each additional child

Please register by the previous Wednesday.

**December 7th Theme: Green
Movie: The Grinch Who Stole Christmas**

**December 21st Theme: A Dog Christmas
Movie: Santa Paws**

CHILD WATCH:

Child watch is only offered during fitness classes. Please call or email 48 hours in advance to sign your child up, so we can have staff available. 720.870.2221

Not available for 6 am classes
southshore@denverymca.org

CUB CLUB

Cub Club is the third Thursday of each month and is offered to kids ages 3-10. Register at the event or at the Southlands Management Office.



December 2018

Southshore
27151 East Lakeview Drive
Aurora, CO 80016
720-870-2221

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
						1 Nia 9-10 am Holiday Vendor Fair 11am-2pm
2 Beginner Yoga & Meditation Class 6-7pm	3 Yoga 9:30- 10:30am Beginner Yoga & Meditation 6-7pm Youth Dance Class 6-7pm	4 Strength Conditioning 10:15am-11:15am Cardio Sculpt 6-7pm Yoga 6-7pm	5 Pilates 9:30am-10:30am Youth Dance Class 5:45pm-7:10pm	6 Strength Conditioning 10:15am-11:15am	7 *Kids Night Out 6-10pm at the Lakehouse	8 Nia 9-10 am
9 Beginner Yoga & Meditation 6-7pm	10 Yoga 9:30- 10:30am Beginner Yoga & Meditation 6-7pm Youth Dance Class 6-7pm	11 Strength Conditioning 10:15am-11:15am Cardio Sculpt 6-7pm Yoga 6-7pm	12 Pilates 9:30am-10:30am Youth Dance Class 5:45pm-7:10pm	13 Strength Conditioning 10:15am-11:15am	14 Adult Holiday Party 7-10pm	15 Nia 9-10 am Stories with Santa 1-3pm
16 No Class	17 Yoga 9:30- 10:30am Beginner Yoga & Meditation Class 6-7 pm	18 Strength & Conditioning 10:15am-11:15am Cardio Sculpt 6-7pm Yoga 6-7pm	19 Pilates 9:30am-10:30am	20 Strength Conditioning 10:15am-11:15am CUB CLUB 4-5pm@ The Pond	21 *Kids Night Out 6-10pm at the Lakehouse	22 Nia 9-10 am Office Closed
23 Beginner Yoga & Meditation 6-7pm	24 Office Closed	25 Office Closed	26 Pilates 9:30am-10:30am	27 Strength Conditioning 10:15am-11:15am	28	29 Nia 9-10 am
30 Beginner Yoga & Meditation 6-7pm	31 Yoga 9:30- 10:30am Beginner Yoga & Meditation Class 6-7 pm	1 Office Closed				

* indicates pre registration required