

SHOFAR



Monthly Newsletter of the Monterey Peninsula Jewish Community
www.carmelbethisrael.org



High Holiday Highlights

NO TICKETS are needed for our Holy Day services. Military personnel, other guests, and those under 21 years of age are all welcome. Babysitting will be provided for our youngest members and guests. Donations to help defray holy day costs which include additional security are always appreciated.

This year Rosh HaShanah begins with our evening service on Sunday September 9 at 7:00 pm. The next morning, Monday, September 10, we start with a children's service in the main sanctuary at 9:30 am followed by our regular morning service at 10:30 am. That afternoon we gather at 4:00 pm on Carmel Beach below 13th for our Tashlich observance. Bring some breadcrumbs and we'll toss them into the sea, to symbolize casting off our burdens and sins.

Second day Rosh HaShanah services are on Tuesday, September 11, starting at 10:30 am. Members of Temple Beth El of Salinas will join us for second day services. Cantor Margaret Bruner and Student Rabbi Elana Nemitoff, who

are leading services for Beth El, will assist in leading those services with Rabbi Greenbaum and Cantor Alisa Fineman in our sanctuary. Following our second day services we will again enjoy a dairy potluck lunch. Please bring something to share when you come to services the second day of Rosh HaShanah.

On Sunday, September 16 we will gather at 3:30 pm at Mission Memorial Cemetery at our Gan HaZikaron for a memorial service. Our cemetery is located in Seaside inside the Mission Memorial Cemetery at the end of Ord Grove Avenue.

Kol Nidre services begin Tuesday evening, September 18 at 7:00 pm. Our main morning Yom Kippur service begins Wednesday at 10:00 am, followed by our Children's service at 1:15 pm. Starting at 2:00 everyone is encouraged to join an open discussion study session led by Beryl Levinger. The afternoon service begins at 3:00 pm, the Yizkor (memorial) service at approximately 4:45 pm and a closing service beginning at approximately 5:30 pm. Our light community break the fast will begin after the final community Shofar blast (bring your shofars).

Once again we have hired parking attendants for our evening services. If you are willing to come early for our morning services and assist in directing parking below the synagogue, please call our Administrator, Julie Chase, at 624-2015. If you are a member of CBI and will be traveling during the Holy Day season, we are happy to assist you in getting tickets at other Reform congregations across the country. We wish L'Shanah Tovah, Happy New Year.

From the Rabbi's Desk...

I am sitting at my keyboard exactly one month before the start of Rosh Hashanah and our High Holy Day season. The food festival that we held at the end of July was a wonderful day for our congregation and the community. I hope to see many of you at our annual meeting that will be past tense by the time you read this message. How is it possible that another CBI year has passed and we are getting ready for 5779 already?

As we prepare to enter this New Year, our tradition is to participate in self-reflection and recognize how we might make positive changes in our lives. Many of you know that I make lists to keep track of everything. I have my CBI calendar on my desk and my personal calendar in my pocket (I refuse to use the calendar app on my phone). At home I often find a to-do list that reminds me of important house tasks that might otherwise be overlooked. I used to keep most of this in my head. These days too much would be forgotten or lost if it wasn't written down.

I have to admit that my memory is not as sharp as it was just a few years ago. It used to be easy to remember everyone's name, names of their children, and even their pets. It is getting more challenging. With our congregation growing again, new faces in our sanctuary and our schools, I struggle to recall someone who I have met only once or twice. To those of you whom I have not seen since the last high holy days, please forgive me if I trip over your name. If it makes you feel better, I periodically will call one of my daughters by her sister's name.

I have learned that if someone tells me something in passing and I do not write it down, it might be forgotten. Recently at an oneg after Shabbat services someone mentioned their friend who just had surgery. I made a mental note to call them. Over the



weekend this mental note was lost. Two weeks later I was asked why I never reached out to this person. I have started to write down more notes so that these mistakes do not occur. Please forgive me if I have made this kind of mistake with you.

Presently I am focused on those Holy Day sermons. On Erev Rosh HaShanah I will be sharing thoughts on how our central prayer, the Shema, is really a call to action. Rosh HaShanah day's message focuses on a new way to understand kosher living, one that is based on supporting those working in the food industry and our ecology. For Kol Nidre I will be addressing how we might not only work on our own atonement, but also repairing a broken world (think Tikkun Olam). The sermon on Yom Kippur day will focus on our ongoing struggles with Israel. How do we support a country that does not seem to support liberal Judaism and often makes decisions/policies that we might not like? I look forward to hearing your responses to what I will share with you over the entire Holy Day season.

My ongoing prayer is that we all are in good health and surrounded by friends and family as we enter our Holy Season. Hopefully my mother will join us for these holidays. Susan joins me in wishing you a Happy and Healthy Jewish New Year. May each of us be inscribed for a year of personal well-being. I pray this Holy season brings all of us peace of heart, mind and soul.

Amen.





From our
President
Cara Lieb,
President, Board of
Trustees

Full disclosure: I am writing this letter to introduce myself before I have actually been officially voted in as your president. Rather brazen of me, right? So—assuming that a dark horse challenger did not come forward at the Annual Congregational Meeting—I will proceed with the formalities. First, a little about myself: I have lived in the Monterey area since 1985, when I was moved here by the educational publishing company that hired me away from my job in Lexington, Massachusetts. In 1992 I married Clark Miller and we had our twin boys, Noah and Jared, in 1995.

Although I grew up in Jewish neighborhoods (Long Island and the San Fernando Valley), I did not have a particularly strong Jewish family upbringing. I really came into my Jewishness, as so many of us have, following and encouraging my children. I had an adult Bat Mitzvah here at CBI in December of 2008.

In 2009, I joined the Board of Trustees as the Youth Activities Trustee, eventually morphing over to Secretary, then Vice President, and now (if all went as planned on August 19!) President. I am humbled, honored, and grateful to serve.

One of the many things I've come to love about CBI is our diversity and inclusiveness. We embrace members from all backgrounds (from traditional to Jews by choice), walks of life, cultural, ethnic, and gender/sexual identities. We range in age from the newborn to the nonagenarian. Over 25% of our members are interfaith couples. And everyone has a story about what brought them to Judaism, to this area, and to CBI specifically.

Because of this, I plan to devote my regular Shofar column throughout my term in office to telling "Our Jewish Stories." It's a great opportunity for us to get to know each other better—and for me to ask the nosey questions I love to ask! So, be forewarned: I may be calling to interview you for this column.

As we enter our High Holy Day season, I wish you a meaningful journey. I look forward to observing and celebrating together with you.

Shalom,
~Cara

Selichot Study and Worship

Observance of the Jewish Holy Day Season begins with Slichot (Jewish penitential poems and prayers) Services held late on the Saturday night preceding Rosh Hashanah or 8 days before when Erev Rosh HaShanah falls on a Sunday like this year. The mood of the service is reflective, and like the entire month of Elul, is used to set a certain "kavanah," or intention, with which to commence the High Holy Days.

Join us Saturday, **September 1** beginning at **7:30 pm** as we gather below our building around our little fire pit which will be in the middle of our basketball court. Cantor Alisa Fineman will lead us in singing and teach us some of the songs and melodies that are unique to the High Holy Day season. Then we will move inside and enjoy a study session with Rabbi Greenbaum as we examine some of the special features of our new Holy Day Mahzor, the prayer book we use for Rosh HaShanah.

Our Selichot observance continues with a Service in our sanctuary starting at approximately 10:00 pm. Join us as we change our Torah mantles and enter the High Holy Day period. We will end the service with the sounding of the shofar. Feel free to bring a shofar and join in the final shofar blast of the Selichot service.

Please share with us in this annual evening of prayer and study. By taking your place in our congregational family, you will be enriched and strengthened as you enrich and strengthen us in return with your presence.





Sukkah Building Party with Lunch

Join Rabbi Greenbaum Sunday, **September 23 at noon**, right after religious school as we build and decorate our congregation's Sukkah. We will start with a Pizza lunch (just \$2 a slice). Bring a dessert to share with others. Included in the gathering will be a fun Sukkot story! Children and adults of all ages are needed to assist us! If possible, bring a pumpkin or gourd to help with the Sukkah decoration! We should have finished lunch and completed setting up and decorating the Sukkah by 2:00!



Havdalah on the Beach September 29

Do you enjoy singing folk songs with Alisa Fineman? Is anything better than sitting around a campfire, enjoying s'mores as you watch the sun setting into the ocean? If this sounds like a great way to end your Sabbath then join us on Saturday evening, September 29th. Look for Rabbi Greenbaum on the beach below 13th and Scenic Drive who will bring a propane fire pit for a relaxing Havdalah on Carmel Beach. We begin at 7:00 p.m. but you can come early and enjoy a picnic dinner before our Havdalah service. Bring warm clothes, beach toys, and musical instruments. This is a great event for the entire family and even the family dog!



Simchat Torah September 30

Few services are as exhilarating or uplifting as Simchat Torah when we celebrate the end of the Torah reading cycle and the beginning of a new round of Torah readings. Join us Sunday morning, **September 30th at 11:00 am** (note the early time). Together we will take all our Torahs out of the ark and parade them 7 times around our sanctuary. Keeping one scroll out, together we will completely unroll the entire Torah before we chant the last part of Deuteronomy and the first verses of Genesis. At the conclusion of the Torah service, we change our Torah Mantles back from the Holy Day white to the beautiful green covers. Join us for this service celebrating the Torah.

This event coincides with the start of the new school year. Our entire religious school will be joining in this service. We need as many parents as possible to participate that morning to assist as we unroll the Torah for all to see. Of course this is a wonderful service for all our members. It's the only time each year when the entire scroll is completely open for all to see. Make sure to join us.

Thinking about honoring a
loved one or a special occasion?

Consider a plaque at CBI

A leaf on the Tree of Life \$180

A Yahrzeit Plaque in our sanctuary \$360



Best Years

Best Years Lunch in the Sukkah with the JNF

One of our traditional annual events is joining together and eating meals in the Sukkah during our Sukkot festival. Join Rabbi Greenbaum and a Jewish National Fund representative on Thursday, September 27, in the CBI Sukkah at noon for a nice deli lunch. The rabbi is providing all the fixings for a delicious corned beef sandwich lunch. Good mustard, some coleslaw, nice rye bread and even some delicious pickles will be on the buffet. All you need to bring is yourself. The tables and chairs will be set up for us. In case of weather issues, we will move inside for our holiday meal. The JNF guest will share with us some of the many programs supported by the Jewish National Fund. Those attending will be surprised to learn it is a lot more than just planting trees throughout Israel. This is another free lunch for all of us to enjoy. To RSVP for this gathering, call the CBI office at 624-2015. Also, let us know if you need a ride to this event. Those who wish are encouraged to bring canned food items to donate for our annual food drive.



CBI Book Club

NOTE: There will be no September Book Club because of the High Holidays.

October 9, 1:30 PM, home of Suellen Rubin (suellenrubin@hotmail.com). Book: HERE I AM by Jonathan Safran Foer. November 13, 1:30 PM, location to be determined. MISS BURMA by Charmaine Craig. PLEASE LET KAREN WISKOFF KNOW IF YOU ARE WILLING TO HOST THIS MEETING.



One More Night at the Theater

We have enjoyed 3 great social events at the theater the past few months. Call the CBI office now at 624-2015 and reserve your discount tickets for another which will be **Saturday, October 6**. Let's enjoy a play entitled "Tom Jones" starting at 7:30 at the Outdoor Forest Theater. Ticket prices are only \$30.50 for adults, \$22.50 for seniors, and \$13.00 for teachers and military personnel. Dress warmly for this evening show. You are invited to bring some wine and snacks or desserts to share with each other. What a wonderful way to celebrate the end of our holy day season!



Lunch with the Rabbi

Join Rabbi Greenbaum this month on **September 6** at our new location, Baja Cantina, when he will lead a discussion on how we protect our society while still honoring the first amendment of our constitution. We all want freedom of speech, but what happens when that freedom potential threatens the safety of citizens? What exactly does the first amendment guarantee? Where does hate speech fit in? Am I free to publish a how-to guide on making a bomb? Doesn't freedom to assemble allow people to riot? Can't anyone declare their beliefs a religion and take advantage of the first amendment? Come prepared to RESPECTFULLY discuss, question and debate these issues. Lunch costs only \$20. Call the CBI office at 624-2015 to RSVP.



HIGH HOLY DAYS SCHEDULE OF SERVICES

Rabbi Bruce D. Greenbaum and Cantor Alisa Fineman

SLICHOT

Saturday, September 1st

7:30 p.m. Study Sessions

10:00 p.m. Service

ROSH HASHANAH

Sunday, September 9th

7:00 p.m. Erev Rosh Hashanah

Monday, September 10th

9:30 a.m. Children's Service

10:30 a.m. Morning Service

4:00 p.m. Tashlich on Carmel

Beach below 13th

Tuesday, September 11th

10:30 a.m. Second Day Service

at CBI with our friends from
Temple Beth El

A vegetarian/dairy potluck
lunch will follow our second
day service.

MEMORIAL SERVICE

Sunday, September 16th

3:30 p.m. Memorial Service at

Mission Memorial Park,
1915 Ord Grove Avenue,
Seaside

YOM KIPPUR

Tuesday, September 18th

7:00 p.m. Kol Nidre Service

Wednesday, September 19th

10:00 a.m. Morning Service

1:15 p.m. Children's Service

2:00 p.m. Holy Day Discussions

3:00 p.m. Afternoon Service

*4:45 p.m. Yizkor Service

*5:30 p.m. Closing Neilah
Service

*6:30 p.m. Light Nosh

Community Break-the-Fast
(bring a dessert to share!)

*Times are approximate on Yom
Kippur afternoon

SUKKAH BUILDING PARTY

Sunday, September 23rd

12:00-2:00 p.m. Sukkah Building

SIMCHAT TORAH SERVICES

Sunday, September 30

11:00 a.m. Service



Another Beautiful Day at CBI

Thanks to all of you who participated in the 31st Jewish Food Festival. It was a beautiful day and everyone I talked to enjoyed themselves. It was so wonderful to see our congregational community come together with the spirit and energy that makes us who we are.

This year because of our change of date our traffic was down and income was down as well. That's the only bad news. Well, other than no Middle Eastern booth. The two complaints I heard the most were that there was not as much publicity as in the past, and why there was not a Middle Eastern booth. Next year we'll have to work on both of those items.

As for the compliments, I heard lots. Most everyone liked having the music inside, especially the set up crew. The Hamsa's in the Jewish Experience booth were beautiful and added a new creative aspect to the festival. The weather was perfect, cool in the morning so we sold out of soup and warm in the afternoon so we almost sold out of beer.

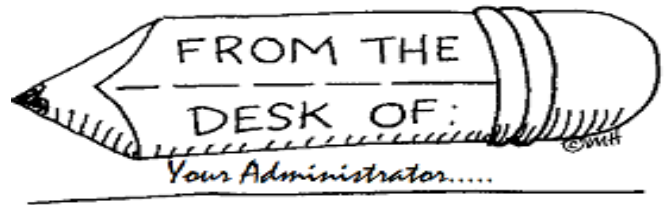
This was my first time serving as chair of the event. I truly appreciate all the support that I received from the experienced volunteers and the newbies just stepping into their new roles. This event would not be possible without the many, many people who get involved.

We have set the date for JFF 2019. Mark your calendars for **August 25th, 2019**. If you have any interest in getting more involved we need your help. There are committee positions available. There are booth captain positions available and there is always room for more volunteers. My favorite moment was when I was in the kitchen with Lily and Judy making chicken soup. There

is just something about being together making something that our people have been making for so many generations that made my soul feel brightened. I hope you can find your place to have that same sort of feeling.

Thank you all again.

Malina Breau
Jewish Food Festival Coordinator



My first Jewish Food Festival was a revelation. Our congregation and community are so active, engaged, committed and also very fun.

Things got printed, sweets were baked, banners were hung, booths built, food ordered and prepared, supplies got delivered. There was baking and building, dolloping and packaging, lists and schedules, budgets and bills.

And then that day was upon us. It was wonderful seeing so many of our congregation on the grounds and terrific to see so many folks from the community enjoying our festival.

For me the JFF is demonstrative of the spirit of CBI: Warm, welcoming and also productive. I loved the days when there were groups in the kitchen baking wonderful smelling treats. Watching the village spring up out of nowhere was exciting. The incredibly well organized teams of volunteers were terrific.

Special thanks to Malina for all of her organizational skills, tireless energy and commitment to CBI. Thank you to all the volunteers and everyone who contributed and attended. The Jewish Food Festival made me so happy to be part of this community.

Julie



Todah Rabah

Thank you

UJC Donations

David Sabih & Anna Swartley, in honor of those who worked so hard on the JFF

General Endowment Fund

Arnold & Penny Horwitch
Laela Leavy
Corrina Joan Rucka

Building & Grounds Fund

Michael Dicus & Catherine Winter
Harlan & Elizabeth Grogin
Arnold & Penny Horwitch
Corrina Joan Rucka

Cantorial Fund

Penny Bard in memory of Les Bard
Laela Leavy with appreciation to Cantor Alisa

LeRoy Kohn Adult Education Fund

Victor & Rena Feuerstein in memory of Vic's mother, Eve S. Feurstein and Rena's father, Edward Goldhammer

Rabbi's Discretionary Fund

Penny Bard in memory of Les Bard
Barry R. Harrow
Laela Leavy with appreciation for Rabbi Bruce

CJFF Sponsor

Pritzker Family Fund Grant
David Sabih & Anna Swartley

JFF Sponsorships

David & Lois Epel



General Fund Donations

Alisa Fineman in appreciation for the CBI Board and JFF Volunteers 2018

Ellyn Gelson in honor of August birthdays and anniversaries and in memory of Peter Hornik
Seth L. Goldstein

Adrienne Herman

Kenneth & Shelley Kroopf in honor of their anniversary and the anniversaries of Ben & Pearl Director, Lisa Kroopf & Carlos Ramirez, and Brian & Sara Kroopf

Laela Leavy with thanks to Abby King
Cele Passin in memory of Shirley Shapiro
Sarita Chavez Silverman in memory of June Chavez Silverman

Wall of Remembrance

Penny Bard in memory of Les Bard
Lisa Allan in memory of Joseph Skokan



A Message from Your Caring Committee

The Caring Committee is here to serve you. Many of your fellow congregants have volunteered to help after surgery or illness by providing meals or transportation, or just visits and friendship. Because of HIPPA laws which protect your privacy only the person in need or their representative can request help. When you want the help of the Caring Committee please call the Rabbi or office staff. This is the only way we will know of your need.

Should you be mourning we can help by providing a minyan, food, or other services. But again, you must let us know.

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- Select CBI as your selected recipient
- Every purchase you make sends dollars to CBI



Thank You to Our Oneg Hosts

We are grateful to the following people who helped make our August and September Onegs a beautiful experience:

August 3: Vic & Rena Feuerstein – In Loving Memory of Rena's father Edward Goldhamer and Vic's mother, Eve Feuerstein Marks

August 10: The CBI Board of Trustees – Honoring the August Birthdays of our longest standing members; Barbara Lipman, Norman Plotkin and Stanley Weiss

August 17: Ari & Ilana Entin – In Loving Memory of their parents.

August 24: Michael & Lori Addison in honor of their 50th wedding anniversary.

August 31: Vivi Fenwick, Abra Teitler & Susan Schwartz

September 7: Alan & Sandra Goldman, IHO of Alisa Fireman's Ordination as Cantor-IHO their son Loren Goldman's receiving a distinguished teaching award at University of Pennsylvania, and IHO Rabbi Bruce

September 14: This date available for you to host! Please call the CBI office.

September 21: This date available for you to host! Please call the CBI office.

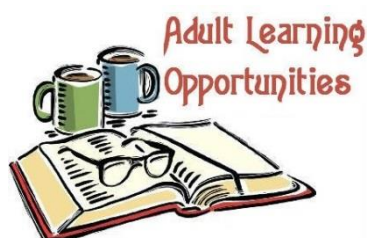
September 28: Alan Lefkof and Ann Gordon- In honor of Katy & David's wedding.

Please help keep this wonderful tradition alive by hosting an Oneg in memory of a loved one or in honor of a special person or life cycle event. Call the CBI office to schedule this simple yet meaningful mitzvah.



Community Shabbat Dinner -Join us on Friday, September 28

Join with us for our monthly community Shabbat dinner, prepared by Malina Breaux and her entourage of assistants. Savor a sense of community and food worthy of celebration. The theme for this month's dinner is "Family." Invite whoever you consider to be your family to join us as we offer blessings for the bread and wine and sing traditional music to begin our gatherings. Children are welcome. Evening services follow at 7:30. Call the CBI office for reservations to enjoy our lovely community Shabbat meals. Members \$12.50 non-members \$20



Adult Liturgy Class Begins October 4

Rabbi Greenbaum will present a biweekly class on the Jewish Liturgy beginning on **Thursday October 4 at 7:30.**

The class will look at the structure of the prayer service, the history of each prayer, where it appears in the bible and how it is used today. Exploring our Hebrew prayers in this way will make participation in services more meaningful.

Participation is free for CBI members and there is a small fee for guests. Please call CBI the office to enroll.



HAPPY BIRTHDAY

Jim Sammet	1	Aaron Aviv Davis	18
Matthew Entin	2	Zane Stiebel	18
Barry Brookstein	3	Senen Baguio	20
Barbara Kreitman	3	Samuel Lipsky	21
Barbara Holland	5	Alyson Shoemaker	21
Cynthia Koehne	5	Veena Waldman	22
Griffin Pereles	5	Rizal Sidney Baguio	23
Jonah David Kelton	6	Saul Eisenstat	24
Barbara Bienenfeld	7	Kate Carlyle	25
Amanda Mello	9	Arlene Krebs	25
Laela Leavy	11	Zia Shapiro	25
Adeline Kohn	12	Richard Bloom	26
Sadok Masliyah	12	Judith Levin	27
Alisa Fineman	13	Santiago Ramirez	28
Shari Goldman	14	Gabrielle Rosenberg	28
Susan Gorelick	16	Kimball Hurd	30
Judy Masliyah	16		

Family News

Happy Anniversary

Len & Nancy Foster	1
Kenneth & Shelley Kroopf	1
Barry & Randi Brookstein	2
Michael Dicus & Catherine Winter	3
Steven & Barbara Neil	4
Jason Togneri & Jaclyn Marcus	4
Jason & Julie Schnitzer	5
Michael & Constance Kean	15
Robert L. Fenton & Debra A. Givner	16
Leonard Laub & Yvonne Ascher	16
Marshall & Kirsten D. Nicholls-Marshall	16
Aaron Aviv & Christine Amalie Davis	17
Harlan & Elizabeth Grogin	18
Richard & Margaret Harrit	21
Michael & Irene Krasner	22
Alan & Sandra Goldman	24
Scott & Debbie Klein	27



Congratulations and best wishes to Elizabeth Baseman as she begins her cantorial studies.

Mazel Tov to Susan Shapiro-Rosen and

Richard Rosen on the marriage of their son, Evan Michael Rosen to Fruzsina Molnar

Our Congregation strives to offer love and support to fellow congregants in times of joy and celebration, as well as in times of trouble and sorrow. One of the ways we do this is to let the Congregation know your news. Please let us know if there is a simcha (blessing) you wish to share (or know someone else's that they are willing to share), or a wish of encouragement or condolence that can be shared. You can send this information to shalomcbi@aol.com to be included in the Shofar.

Torah Connections:

Vol. 125 September 2018, 5778/5779

Michael Waxer

Two opposite commandments, or are they?

"You shall love HaShem your God, with all your heart, with all your soul, and with all your resources."
[Deuteronomy (Devarim) 6:5].

Just a few verses later, we get an interesting counterpart to this, in Deuteronomy (Devarim) 6:13:

"Hashem, your God, shall you fear...."

It would seem, at first glance, that these two commandments are opposite to each other. First, we are to love HaShem, and then we are to fear HaShem. What is the deeper meaning of these two verses?

One explanation for this seeming contradiction, is that each of these directives are focused on the two different types of commandments we are given. Of the total 613 commandments, 248 are considered '**positive**' commandments, and 365 are considered '**negative**' commandments. In the 10 commandments for example, honoring one's father and mother is a positive commandment (to do some action), while the do not murder, do not steal, etc., would be negative commandments, meaning they tell us things not to do.

The first instruction, **to love God**, represents the positive commandments. Observing the Sabbath, a positive commandment HaShem blessed us with, is something we do from this expression of love.

The second, **fearing God**, helps us to not transgress the negative commandments. When you think about it, what are the tools each person has to decide they will not steal, or will not eat an animal that HaShem told us was inappropriate for us to eat? To know that we are accountable to HaShem can help us be strong when we otherwise might give into weakness.

Many seeming contradictions, like the commands to both **love** and **fear** HaShem, can make sense when we try to connect it with other parts of the Torah. One of the reasons the study of Torah is so critical is that as we struggle to understand and to make sense of these words and concepts, we have the ability to understand greater wisdoms that HaShem has given to us.

As we begin the annual renewal process of the Jewish New Year, we have another beginning opportunity to start fresh, so to speak. By strengthening our love of HaShem, we can come closer to the positive commandments which give us direction to choose to do things which HaShem says will help us, and make better communities. Similarly, by knowing HaShem cares about each of us, and wants us to make good choices, this can help us to not transgress.

Using both of these tools we are able to get closer to HaShem, and to understand the Torah better. May this New Year be the beginning of a year of renewal, strength, health and love. And may there be a new spirit of peace, so humans will stop murdering other humans in virtually every spot on this planet.

Each of us has a role in helping this vision to occur, as **each of us has the ability to increase blessing**, and to harness some of this positive energy. This harnessing of energy, between the Spiritual or Moral Universe, and the Physical or Scientific Universe, can be powerful, and each person can make a difference.

So, take this time of renewal to energize yourself, and to make a new commitment to love HaShem, to bless and to receive blessing, to endeavor to be holy, and to spread the resulting positive energy with all those around you. Bizrat HaShem (with God's help), and Baruch HaShem (with God's blessing). May this be a blessed Rosh Hashanah.

This article was inspired by a talk given by Dennis Prager.

If you have any comments regarding 'Torah Connections', please e-mail a note to: mlwaxer@sbcglobal.net. Torah Connections is the sole opinion and property of the author, and it specifically does not necessarily reflect the position of Judaism, CBI, and/or the Board of Trustees.



HELP Outreach

CBI Sponsored. . . **I-HELP:**
Interfaith Homeless Emergency
Lodging Program

I-HELP for Men

August – The August 5th I-Help meal was sponsored by the CBI Board of Trustees. Thank you CBI Trustees, Social Action Trustee Susan Schwartz and JFF gansa macher Malina Breaux, for your continuing support of the I-HELP program and the commitment to social action in our community. For dinner the men were treated to a mini-Jewish Food Festival. We shared the culture and cuisine with our guest serving foods donated from the JFF which featured corned beef and pastrami sandwiches (on Jewish rye of course), kosher hot dogs, kosher dill pickles and potato knishes along with potato salad, macaroni salad, savory green beans and sweet baked carrots. For dessert, the men enjoyed New York style cheesecake, brownies and cookies. A congregation member also donated the next-day breakfast items which included fresh fruit, hard-boiled eggs, snack bars, PB&J sandwiches, trail mix, milk and juice. Prior to the meal, during the opening friendship and prayer circle, the men gratefully thanked CBI for the food and shelter and were wonderfully excited about the foods they were about to enjoy.

September – The September 2nd meal is sponsored by the local chapter of Hadassah and coordinated by Iris Brewster. For many years Hadassah has graciously committed to providing the meal during the summer months when it is difficult to find sponsors within CBI membership. Thank you Hadassah for your generosity and support of CBI's commitment to the homeless in our community.

October – SPONSOR STILL NEEDED. PLEASE HELP IF YOU CAN – If your family, social or business group is interested in sponsoring the October 7th meal please respond to Matthew Schuss as noted below. This is an important mitzvah and we can't meet this monthly community need without help from the members of our congregation. Thank you.

If you have any questions about I-HELP or interest in supporting the program, please contact Charlene or Matthew Schuss at cnmne3@comcast.net or call 250-7170. Thank you!

I-HELP for Women

On Monday night, July 30, just one day after the 2018 Jewish Food Festival, IHELP Women also got a Mini Jewish Food Festival at the dinner hosted at CBI. Thank you to Rabbi and Malina, office staff Abby and Julie, and all the JFF volunteers and hired helpers who worked so efficiently on Sunday and Monday to transform our festival site into a roomy and welcoming place where 14 homeless women could dine and spend the night in safety and warmth.

Thank you also to Riddle and Matthew who once again helped with set up, and to Maryana Stahl, owner of The March Hare salon in Carmel for providing guests with generous gift bags of Aveda products.

On behalf of the Lambourne Institute for Lifelong Mastery, CBI member Arlene Krebs served as dinner hostess along with some of her fellow Lambourne board members. The Lambourne volunteers plated and served the deli favorites donated by the JFF and CBI and then joined the IHELP women for dinner and conversation. The Lambourne hostesses also provided additional food including breakfast and take out lunches. Named for donor Anna Lambourne, the Institute's mission includes helping homeless women and working in collaboration with organizations serving similar constituents.

CBI's next scheduled IHELP women's dinner is on October 29, to be sponsored again by Lambourne Institute and coordinated by Arlene Krebs. If you wish join in by serving or donating food, please contact Arlene Krebs (arlenekrebs123@gmail.com).

CBI thanks the Lambourne Institute and volunteers and invites CBI members who are part of other groups to consider a similar project to hostess for IHELP Women. We are still looking for a sponsor for our December dinner. Contact Susan Schwartz (schwartzs@redshift.com) for more information.





CBI High Holy Days Food Drive

**Our local food pantries and the
Food Bank for Monterey County
need your help!**

Suggested donations – Non-perishable food in small bags/boxes/cans/jars

- ☐ **Canned meals*** (stew, chili, hearty meat soups, etc.)
- ☐ Canned meat (tuna, chicken, beef)
- ☐ Peanut Butter
- ☐ **Pasta Sauce***
- ☐ Pasta noodles
- ☐ Canned Soups
- ☐ Canned vegetables (corn, green beans, tomatoes)
- ☐ **Canned fruit***
- ☐ Pinto beans – 1-2 lb bags
- ☐ Rice – 1-2 lb bags
- ☐ Oatmeal
- ☐ Macaroni & cheese
- ☐ Hot chocolate mix
- ☐ Dry Cereal – hot or cold
- ☐ Juice
- ☐ Jelly
- ☐ Baby Formula – powdered

***High priority items**

Please place your donations in the barrels located in the foyer at CBI. Food will be distributed after Yom Kippur.

Monetary donations are welcome.

With every \$1 donated, the Food Bank can distribute \$5 worth of food. Make your on-line donations at foodbankformontereycounty.org or leave a check made payable to:

Food Bank for Monterey County in the office at CBI.

Thank you for your generous support and fulfilling this wonderful mitzvah!

L'Shanah Tovah!

PLEASE NOTE: The Food Bank and pantries cannot accept expired or unlabeled food.



Congregation Beth Israel
September 2018
ELUL ~ TISHREI 5778/5779

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					31  Join us for Shabbat. 6:30 PM Community Shabbat Dinner. Bring a friend! 7:30 PM Erev Shabbat Service with Anniversary Blessings	1 Selichot 9:00 AM Traditional Service 10:45 Shabbat Torah Study 7:30 PM Selichot Gathering & Study 10:00 PM Selichot Service
2	3 Labor Day Office Closed	4	5	6 12:00 PM Lunch with Rabbi 	7 7:30 PM Erev Shabbat Services with Birthday Blessings	8 10:30 AM Shabbat Torah Study
9 Erev Rosh Hashana  7:00 PM Erev Rosh Hashana Services	10 Rosh Hashanah 9:30 AM Children's 10:30 AM Morning 4:00 PM Tashlich on Carmel Beach	11 Rosh Hashanah 10:30 AM 2 nd Day Rosh Hashanah Service @ CBI – with Temple Beth El A Vegetarian/Dairy Potluck Lunch Follows Service in the Social Hall	12	13	14 7:30 Erev Shabbat Services	15 10:30 AM Shabbat Torah Study 10:30 AM Mazel Tots
16 3:30 PM Memorial Service @ Mission Memorial Park	17	18 Kol Nidre  7:00 PM Kol Nidre Services	19 Yom Kippur *Services: 10:00 AM Morning 1:15 PM Children's 3:00 PM Afternoon 4:45 Yizkor Service 6:30 PM Break the Fast-Light Nosh *Times approximate	20	21 7:30 Erev Shabbat Services	22 10:30 AM Shabbat Torah Study
23 9:30 PM 1 st Day of Religious School 9:40 AM Welcome Introductions, Songs & Prayer 10:30 AM Parent Mtg. 12:00 PM Sukkah Building Party	24	25 7:15 CBI Board of Trustees	26 4:00 PM B'nai Mitzvah Class 4:30 PM Hebrew School 6:00 PM Aleynu Grades 8 thru 12	27 12:00 Best Year's Lunch in the Sukkah With JNF 	28 6:30 PM Community Shabbat Dinner 7:30 PM Erev Shabbat Services With Anniversary Blessings	29 10:30 Shabbat Torah Study 7:00 PM Havdalah on Carmel Beach
30 9:30 AM Religious School K/7 11:00 AM Simchat Torah Service 1:00 PM K/1 Picnic	1 OCTOBER 	2	3	4	5 7:30 PM Erev Shabbat Services with Birthday Blessings	6 9:00 AM Traditional Service 10:45 Shabbat Torah Study 7:30 Theater Night

CBI Religious School

CBI Youth Calendar for September 2018

Our Youth Calendar for the entire year is now in a Google Calendar Format.

View and download it through our website:

CarmelBethIsrael.org/Learning



Celebrate the High Holidays September 15, 10:30 - 12:00

Children ages 2 1/2 - 5, with a parent, are invited to celebrate Jewish High Holidays with Early Childhood Educator, Chinanit Kershner. The children will celebrate this important time in the Jewish year as they listen to a PJ Library story, a make a craft, and have fun playing. Parents - make new friends yourself when you bring your child to this special program.

Pre- registration is very helpful for the purchasing of materials. The fee is \$45 with preregistration for all 10 events this year, \$5 for a single event with preregistration, or \$10 at the door.

For more information or to preregister, email directorlouis@aol.com.

A PJ Library Program

Thank you to the Harold Grinspoon Foundation and the Hornik Family Foundation

Date	Special Events and Activities
Saturday, Sept. 15 10:30 - 12:00	Mazel Tots - High Holidays Preschoolers & an adult
Sunday, Sept. 23	Religious School Opens! (9:30 - 12:00) Parents - activities for you throughout the morning
Wednesday, Sept. 26	Hebrew School Opens! (4:30 - 6:00) B'nai Mitzvah Students arrive at 4:00
Wednesday, Sept. 26	Aleynu Begins! (6:00 - 8:00) Teens in grades 8 - 12 BYO Dinner, "Ingredients for Revolution: Inspiration for Social Change" & "Yum! Jewish Cooking for Teens"
Sunday, Sept. 30	Religious School for Grades K - 7 (9:30 - 12:00) Simchat Torah Service & Consecration for new students (11:00 - 12:00) K/1 Class Picnic Lunch (12:00 - 1:30)

Jewish Family Ideas (continued from page 18)

- ❖ *The World's Birthday* by Barbara Diamond Goldin. Daniel is determined to celebrate Rosh Hashanah by having a proper birthday party for the world. Ages 4 - 6.
- ❖ *Tamar's Sukkah* by Ellie Gellman. The children in Tamar's neighborhood help her decorate a sukkah in which to celebrate the harvest festival of Sukkot. In the process, Tamar comes to understand something about cooperation, friendship, and what makes a sukkah just what it should be. Ages 1- 4 years
- ❖ *Shanghai Sukkah* by Heidi Smith Hyde. Fleeing the Holocaust in Europe, Marcus moves with his family from Berlin to Shanghai. With help from his new friend Liang, Marcus sets out to build a unique sukkah in time for the harvest festival of Sukkot. Ages 5 - 9.

All of the suggestions above are selections from the PJ Library. To sign up your child for FREE books delivered to your home each month, go to PJlibrary.org. PJ Our Way allows your 9 -11 year old to choose their own chapter book for free each month. Go to PJOurWay.org to sign-up.



SUNDAY, SEPTEMBER 23

9:30 Students meet in classrooms



9:40 - 10:30 Families (Parents & Kids)

in the Sanctuary



Welcome, Introductions, Songs, & Prayer

10:30 Informal Parent Gathering

Receive information & handouts

Get an overview of the year

Meet your Room Parents

Socialize with other parents

Have coffee and yummy food



10:30 - 12:00 Children with their classes

11:30 - 12:00 Room Parent Meeting

Be Part of the NEW program for teens



Learn, Think,

Plan, Lead, Travel , Eat, Laugh.....

NOW is the time to join the conversation & let your voice be heard

All Jewish identified teens in grades 8 – 12

Make connections

Lots to learn and do beyond Religious School

Have Fun!

Choose any or all options

Wednesday Evening Classes

- Approx. every other week beginning Sept. 26
- Trimester schedule (5 sessions per trimester)
- Limmud (core) and Chug (elective) classes & socializing over dinner
 - 1st trimester - “Ingredients for Revolution: Inspiration for Social Change” taught by Cantor Alisa Finemen
 - & “Yum! Jewish Cooking for Teens” taught by Paige Weisskirch
 - 2nd & 3rd trimester classes chosen by students

Leadership Training

- Plan and put-on your own teen generated one-time events
- 4 – 5 Sunday afternoon (12:00 – 2:00) planning meetings
- \$36 bonus for creating an implementing a pop-up event
- What do you want to do with your friends?

Madrichim Program

- Paid Teacher Assistants
- Religious School registration not required
- Models for younger Religious & Hebrew School students
- Interested? Contact Louise Riddell-Kaufman @ directorlouise@aol.com

Trips

- San Francisco
 - 8th & 9th grade trip on December 2
 - Contemporary Jewish Museum
 - “Lew the Jew & His Circle: Origins of American Tattoos”
- Washington DC
 - See Washington DC & learn to lobby with others from around the country
 - L'Taken Social Justice program, <https://rac.org/ltaken-social-justice-seminars>
 - 10th - 12th grade trip on March 15 – 18
 - Cost of trips significantly subsidized

Looks great on college applications. ☺

Want to talk to a teen about Aleynu? Contact Joely Kaatz @ 831-915-9980, joelykaatz@me.com

Want to talk to a parent about Aleynu? Contact Donna Shore @ 831-915-9980, shornikandsons@sbcglobal.net

For more links & further information or to register: <http://www.carmelbethisrael.org/learning>

Aleynu - It is upon us

A little history

A year and a half ago, frustrated that we were not engaging our teens, we realized that “it is upon us” to get outside of our own limited thinking to discover something new. CBI applied to join, and was accepted as one of 10 members of a Community of Practice (CoP) organized and facilitated by the URJ (Union for Reform Judaism) titled “Post-B’nai Mitzvah Innovations”. Requirements for participation include clergy and board support as well as participation on all levels by both professionals and lay people. To innovate we need to be inclusive and hear lots of voices.

The structure of the CoP has various components. A Core Team (Rabbi Bruce Greenbaum, Louise Riddell-Kaufman, Bari Tolliver and Vivi Fenwick) participate in a monthly educational webinar session designed to provide tools for our innovative journey. The Core Team also meets monthly with a URJ provided coach to assist with translating those tools to our specific needs. The core teams and the coaches met for 3 days in person in Minneapolis to add even more information and tools for the work. It is the Core Team’s responsibility to bring the information to a Congregational Team which is composed of both parents and teens, some of whom are currently involved in Jewish life and others who are not. Our Congregational Team members are: Cantor Margaret Bruner, Jon Bayer, Michael Bayer, Rachael Carroll, Ben Kaatz, Joely Kaatz, Julianne Leavy, Donna Shore, Lawson Marshall, Michael Marshal, Leslie Vitiello, and Evan Vitiello. Many thanks to all of them for their hours of thoughtful participation.

We began with the “why”. Why is this work important? Why do we care about keeping our teens connected? We then moved on to “who” are our teens and what matters to them? In order to answer this question we interviewed teens and parents from both our congregation and Temple Beth El. We repeatedly heard how busy teens are with a wide variety of activities. They want their voices heard and to have choice in their activities. At the same time, they need to feel the value of a program that comes from structure and commitment. They need to feel engaged. From our interviews and conversations we distilled principles to guide our new program:

- Our teens will feel comfortable and safe, cared about and not judged in our space and at our activities.
- Our teens will be accepted where they are on their own spectrum of participation. Their various passions and pressures will be honored.
- Our teens have a desire to socialize together.

- We will work with our youth beginning at a younger age to facilitate relationships and a sense of community.
- The bonds and friendships that are created at camp are strong. We would like to create similar relationships within our local community.
- We will work with parents to promote an understanding of the value of being involved in the Jewish community, for themselves and their children.
- Our teens will have the opportunity to participate in communal worship and express their spirituality.
- Our teens will have the opportunity to participate in Tikkun Olam work.
- Engaging as families as well as by age groups is valuable.

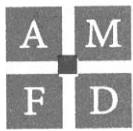
These are the thoughts, conversations and considerations that went into forming Aleynu. It is now upon all of us as a community to ensure that our teens and their parents know about the choices imbedded in Aleynu and encourage them to participate. Thank you for passing along the news to anyone who might be interested.



September Jewish Family Ideas

Our most holy days are all in September this year.

- ❖ Rosh Hashanah welcomes in the Jewish year. Make it a sweet one with apples and honey, and/or raisins or chocolate chips in a round challah.
- ❖ Yom Kippur allows us to consider the ways in which we want to be better people in the coming year and to apologize for our errors in the past year. Help your child learn the benefits of saying “I’m sorry” and working to correct mistakes.
- ❖ Sukkot celebrates the bounty of food and the beauty of the world around us. It is a time of gratitude. Have your children help you prepare a meal focusing on local produce.
- ❖ Simchat Torah celebrates the never-ending learning we gain from Torah. We unroll an entire Torah so we read the end of Deuteronomy and the beginning of Genesis during the same service - a perpetual cycle of learning. Book Suggestions:
- ❖ *The Hardest Word* by Jacqueline Jules. The Ziz, a clumsy and big-hearted bird, asks God for advice after accidentally destroying a vegetable garden. From this, Ziz learns the importance of an apology. Ages 3 - 7. (continued on page 15)



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Chartered in 1954 as the Jewish Community of the Monterey Peninsula, Congregation Beth Israel today serves the spiritual, educational, and social needs of Jews on the Peninsula. We derive programming and administrative strength from our affiliation with the Union for Reform Judaism and offer traditional programming to meet the needs of most Jews on the Monterey Peninsula. The Congregation sponsors weekly worship services on Shabbat evening and Shabbat morning; observances of all holidays and festivals; and formal educational programs from toddler through adult. We operate our own school on weekend mornings and midweek afternoons, and we also maintain a Judaic library.

Senior Staff

Bruce Greenbaum - Rabbi, D.D.

Alisa Fineman - Cantor

Louise Riddell-Kaufman - Religious Education Director

Julie Chase- Administrator

**Abby King- Administrative Assistant/Facility Use
 Coordinator**

Ruby Cohan-Bookkeeper

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Parshiot

September 1, Ki Tavo

T: Deuteronomy 26:1-29:8

H: Isaiah 60:1-22

September 8, Nitzavim

T: Deuteronomy 29:9-30:20

H: Isaiah 61:10-63:9

September 15, Vayelech

T: Deuteronomy 31:1-30

H: Isaiah 55:6-56:8

September 22, Ha'azinu

T: Deuteronomy 32:1-52

H: II Samuel 22:1-51

**September 29, Chol HaMoed
 Sukkot**

T: Exodus 33:12-34:26

H: Ezekiel 38:18-39:16