

2018 SPECTRUM LIFESTYLE EVENTS CALENDAR

SPECTRUM COMMUNITY ASSOCIATION

2928 SOUTH SPECTRUM WAY

GILBERT, AZ 85295

(480) 726-8080

WWW.SPECTRUMATVALVISTA.COM

YOUR SPECTRUM COMMUNITY ASSOCIATION TEAM:

Lifestyle Director

Donald Smith

dosmith@ccmcnet.com

Community Manager

Shannon Ellerbusch

sellerbusch@ccmcnet.com

Asst. Community Manager

Regina Sbraccia

rsbraccia@ccmcnet.com

Administrative Coordinator

Cierra Austin

caustin@ccmcnet.com

FREE WORKSHOPS AND CLASSES: REGISTER ONLINE AT WWW.SPECTRUMATVALVISTA.COM. ALL WORKSHOPS AND CLASSES HOSTED AT THE COMMUNITY CENTER.

1/8 | 6:30 - 7:30 PM: ESSENTIAL OILS & DETOXING YOUR BODY

1/23 | 10-11 AM: ESSENTIAL OILS & DETOXING YOUR BODY

1/27 | 9 - 10 AM: LIFT & LEARN W/ TEAM UP AZ

2/13 | 10 -11 AM: ESSENTIAL OILS & EMOTIONS

3/12 | 6:30 - 7:30 PM: ESSENTIAL OILS & TEENS

3/13 | 10-11 AM: ESSENTIAL OILS & KIDS

LOW COST FITNESS CLASS

EARLY MORNING YOGA (ALL LEVELS) W/ CAROLYN DRAKE

WEDNESDAYS & FRIDAYS | 5:15 - 6:15 AM

DROP-IN : \$15 (one time visit with no package purchase)

5-YOGA CLASSES : \$65

10-YOGA CLASSES \$120

PRE-REGISTRATION NOT REQUIRED.

CONTACT CAROLYN DRAKE AT

E3LIFESTYLES@GMAIL.COM FOR ANY QUESTIONS.

**DOWNLOAD YOUR COPY AT
WWW.SPECTRUMATVALVISTA.COM**

JANUARY

**3 - STREET EATS: FOOD TRUCK NIGHT
5-7 PM [FREE, NOT INCL. COST OF FOOD]**

**17 - LOUNGE DAY WEDNESDAY (tweens & teens)
4:30 - 6:30 PM [FREE]**

26 - PHOENIX SUNS GROUP EXPERIENCE GAME NIGHT 5 - 10 PM [\$32 PER TICKET: INCL. SOCIAL HOUR, CHARTER BUS TO ARENA AND TICKETS SECTION 106 ROWS 27 & 28. LIMITED TICKETS.]

FEBRUARY

**6 - STREET EATS: FOOD TRUCK NIGHT
5:30 – 7:30 PM**

[FREE, NOT INCL COST OF FOOD]

**12 - DADDY DAUGHTER DANCE
6 - 7:30 PM [PRE-REGISTRATION REQUIRED, \$5 PER HOUSE, LIMITED SPOTS]**

**14 - PARENTS NIGHT OUT
7 - 10 PM
[\$10 PER HOUSE]**

**21 - LOUNGE WEDNESDAY
4:30 - 6:30 PM [FREE]**

MARCH

**3 & 4 - COMMUNITY GARAGE SALE
[FREE REGISTRATION]**

6 - STREET EATS: FOOD TRUCK NIGHT 6 - 8 PM [FREE, NOT INCL COST FOOD]

**8 - COMMUNITY BLOOD DRIVE 2 - 7 PM
[PRE-REGISTRATION REQUIRED]**

**31 - SPRING SPECTACULAR
9 AM - 1 PM [REGISTRATION REQUIRED;
ADVANCE PURCHASE \$3 BEFORE 3/18,
\$5 AFTER]**

DID YOU KNOW SPECTRUM HAS A WEEKLY E-NEWSLETTER?

**STAY IN THE LOOP OF ALL THINGS
HAPPENING IN YOUR COMMUNITY.**

SIGNING UP IS EASY JUST...

Text

SPECTRUMNEWS

to 22828 to get started.

