

Essential Oils Basics



Melissa Newton
Registered Nurse and
Certified Clinical
Aromatherapist Practitioner

Join Melissa Newton, the Oily RN, to learn the basics of essential oil safety, usage and storage. Melissa will also share how essential oils can be used as a non-toxic way to clean your home and the air within.

Thursday, December 7th at 6 p.m.
Stoughton Hospital
900 Ridge Street, Stoughton
Bryant Health Education Center (lower level)

To register for this free event, please go to
stoughtonhospital.com and click on “Classes & Events.”
Questions? Please contact Sonja at 873-2356.



Disclaimer: This activity is organized and solely sponsored by a recognized parent or community organization in support of the Stoughton Area School District and not by the school district itself. It is recognized that the intent of this activity is to ultimately support students and families served by the Stoughton Area School District. Permission to distribute this material has been granted by the Superintendent.



TEEN MAKER NIGHT

STOP IN AND MAKE A PAPER BRACELET
FEATURING YOUR FAVORITE QUOTE.

MONDAY NOVEMBER 20, 4-6 PM

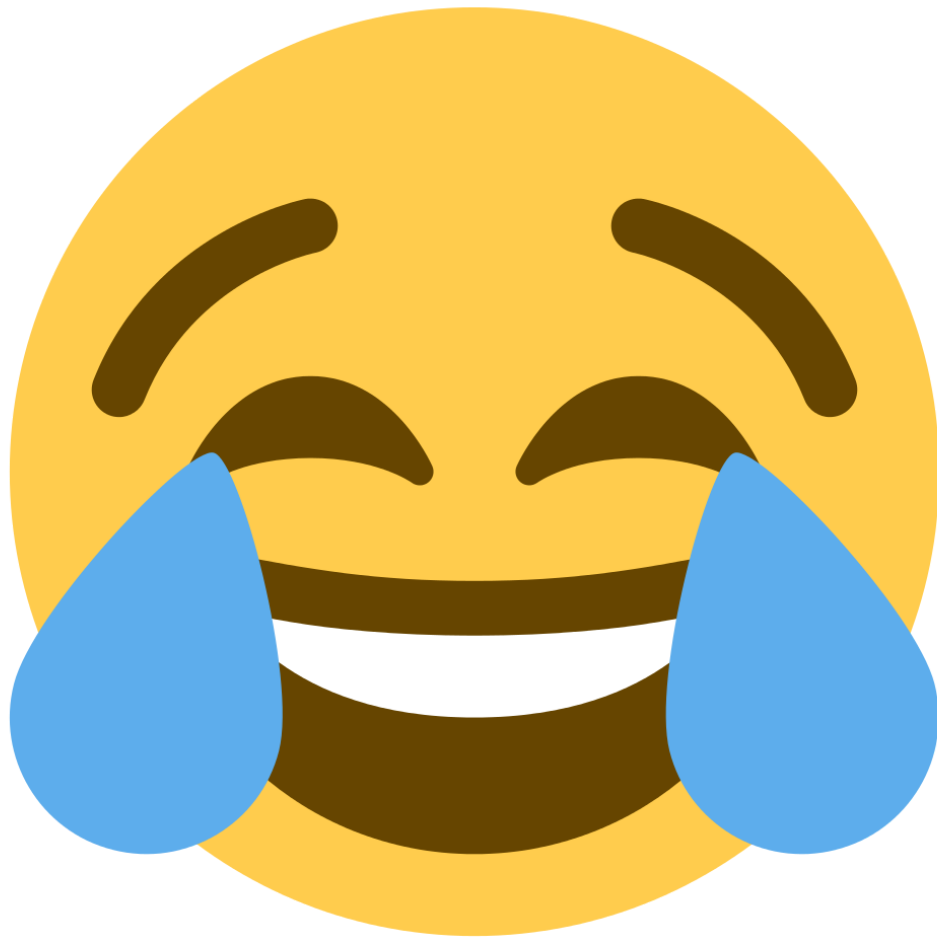
GRADES 6 AND UP

• SNACKS PROVIDED •



STOUGHTON
PUBLIC LIBRARY

MATERIALS PROVIDED. NO REGISTRATION REQUIRED.



IMPROV CLUB

@ the library

Play theater games.
Hone your acting skills.
Laugh like crazy.

For teens 6th grade and up

Wednesdays, Nov. 15, 29, Dec. 13
3:30-4:30 pm

w/ snacks!



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Monroe Street Arts Center



Private Music Lessons



**Lessons
available in:**

Brass
Woodwind
Strings
Piano
and MORE!

Ages 5+

Lessons available
Monday-Saturday

\$20 Introductory
Lessons



**Visit us at monroestreetarts.org
or call 608-232-1510 for more information.**

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MADISON YOUTH CHOIRS



REGISTRATION IS NOW OPEN

No audition is necessary to join introductory choirs! Just complete the form below, or visit madisonyouthchoirs.org to register online.

SING WITH US!

INTRODUCTORY CHOIRS FOR SINGERS 7-10 • SPRING SEMESTER, 2018

ABOUT MADISON YOUTH CHOIRS

MYC provides an unparalleled music education experience for boys and girls ages 7-18. Cultivating an innovative music education philosophy that inspires self-confidence, personal responsibility, and spirit of inquiry leading students to become "expert noticers," MYC creates accessible, meaningful opportunities for youth to thrive in the arts and beyond.

Weekly classes begin January 13 | February 18 or 27

- Designed to engage students age 7-10, regardless of experience level
- Participants explore the big ideas discovered in music while building vocal and rehearsal skills
- For kids ages 7-10, completion of this class is the first step toward joining a performing choir serving as their audition for our year-long program
- Small class size ensures everyone can learn and be successful

QUESTIONS?

Contact Lynn Hembel at 608-238-SING (7464) or lhembel@madisonyouthchoirs.org.

REGISTRATION FORM:

REGISTRATION IS OPEN TO CHILDREN AGES 7-10

Singers 11 and older may audition for a performing choir. Please call 608-238-7464 or e-mail lhembel@madisonyouthchoirs.org for more information.

Please register my child for the following session and choir :
(To register online, visit www.madisonyouthchoirs.org.)

Child's Full Name: _____

☐ Boy ☐ Girl Birthdate: _____ Grade: _____

School: _____

Parent/Guardian's Name(s): _____

Home Address: _____

City: _____ Zip: _____

☐ Home ☐ Work Phone: _____

E-mail address: _____

Choose your desired session here:

WESTGATE STUDIOS, WESTGATE MALL, MADISON

Sundays, February 18 - May 6 (no class Mar. 25; Apr. 1)

☐ Tallis (boys) 4:00PM - 5:00PM

☐ Colla Voce (girls) 5:15PM - 6:15PM

Tuesdays*, February 27 - May 8 (no class Mar. 27)

☐ Tallis (boys) 5PM - 6PM ☐ Colla Voce (girls) 5PM - 6PM

LAKE EDGE LUTHERAN CHURCH, 4032 MONONA DR.

Saturdays*, January 13 - March 17

☐ Tallis (boys) 10AM - 11AM ☐ Colla Voce (girls) 10AM - 11AM

*these are combined classes for girls and boys

Tuition is \$190 per session. Full payment with registration is required to reserve your seat. Scholarships are available; please call or email for an application. Visit madisonyouthchoirs.org/join-a-choir for more information, including our refund policy.

P.O. Box 5233 • Madison, WI 53705-0233 • 608-238-SING (7464) • madisonyouthchoirs.org
YOUTH. COMMUNITY. MUSIC EDUCATION.

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FREE CHRISTMAS DINNER

All Are Welcome!

VFW Hall

Veteran's Road (CTY N)

Stoughton, WI

December 25th

Serving from 11:00 am - 1:00 pm

Delivery will start at 10:00 am

If you need a ride or
if you want a meal delivered,
please call

The Stoughton Senior Center

(608) 873-8585

by Thursday Dec. 21

- Leave your name, address and phone number
- How many dinners you will need
- How many passengers need a ride
- Rides and home delivery limited to
Stoughton School District area

Donations are Appreciated

Hosted by the American Legion, VFW Post 328
and their Auxiliaries and Volunteers

Register online now at
ctmtheater.org

BONUS!

*Students enrolled
in classes receive
a 20% discount
on tickets to
CTM's season
productions at
Overture Center!*



Location

Classes are held at CTM's Studio at 228 State Street across from Overture Center, unless otherwise noted by the Education Department.

Financial Assistance

View the Financial Assistance page on our website for more information or to download the application.

Questions

Call us at 608-255-2080 x107 or
email registrar@ctmtheater.org.

REFUND POLICY:

- Cancellation 14 days or more prior to the start of class: full tuition will be reimbursed.
- Cancellation less than 14 days prior to the start of class: 50% tuition reimbursement.
- Cancellation after the start of class: no refund.

Support for CTM Education Programs is provided by:



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THEATER CLASSES

WINTER / SPRING 2018



ACT NOW!

WINTER SESSION BEGINS JANUARY 13

ctmtheater.org

WINTER SESSION

January 13 – March 17, 2018 (10 sessions)

\$210 (unless noted otherwise)

GRADES 4K-K

The World of All Things Tiny

Creative Drama for Beginners / Saturdays, 9-10am

GRADES 1-2

♪ Sing Out! ♪

Music and Movement / Saturdays, 10:10-11:10am & 11:20am-12:20pm

Storybook Theater: Diary of a Worm

Storytelling for Beginners / Saturdays, 10-11am

Grades 3-7

♪ Best of B'way: Songs for all Seasons (Grades 3-5) ♪

Saturdays, JAN 27-MAR 17, 12:30-1:45pm

Beginning Acting: Witches & Wizards

Saturdays, 1:45-2:45pm & 2:45-3:45pm

Master Class: Comedy! (Grades 5-7)

Saturdays, 11:15am-12:30pm / \$230

Page to Stage / Playwriting & Performance (Grades 3-6)

Saturdays, 12:45-1:45pm

GRADES 6 & UP

Teen Improv Troupe (Grades 8-11)

Saturdays, 3:45-5:15pm / \$255

♪ Musical Theater: Blast from the Past (Grades 6-9) ♪

Tuesdays, JAN 16 - MAR 13 / \$230

6-7:15pm (1/16-2/6) and 6-7:30pm (2/13-3/13)

Costume Design: Cosplay Creation (Grades 7-11)

Thursdays, JAN 18 – MAR 22 / 6-7:15pm / \$255

VACATION DAY PROGRAMS

No school? No problem! On school vacation days, bring your favorite stories to the stage.

CREATE-A-PLAY

Jan 15 Chicken in Space

Feb 9 What Do You Do With an Idea?

March 30 Click Clack Moo (Cows that Type)

April 27 Green Eggs and Ham

CTM provides a morning snack.

Bring along a lunch & your imagination!

Grades K-3 / 9am-3pm / Only \$65!

SPRING BREAK

ACTING L. FRANK BAUM'S THE WIZARD of OZ

Monday-Thursday, March 26-29, 9am-3pm

Spend 4 days on a fantastical adventure into the world of L. Frank Baum's most beloved book! Young performers will use their voice, movement, and imagination (the actor's toolkit) to act out the story for family and friends on the final day of the program!

Grades 2-5 / \$250

CTM provides a morning snack!

SPRING SESSION

Begins March 31. Now enrolling!

For complete listings and class descriptions, visit

ctmtheater.org