

# Essential Oils Basics



**Melissa Newton**  
Registered Nurse and  
Certified Clinical  
Aromatherapist Practitioner

Join Melissa Newton, the Oily RN, to learn the basics of essential oil safety, usage and storage. Melissa will also share how essential oils can be used as a non-toxic way to clean your home and the air within.

**Thursday, December 7th at 6 p.m.**  
**Stoughton Hospital**  
**900 Ridge Street, Stoughton**  
**Bryant Health Education Center (lower level)**

To register for this free event, please go to [stoughtonhospital.com](http://stoughtonhospital.com) and click on “Classes & Events.”  
Questions? Please contact Sonja at 873-2356.



Disclaimer: This activity is organized and solely sponsored by a recognized parent or community organization in support of the Stoughton Area School District and not by the school district itself. It is recognized that the intent of this activity is to ultimately support students and families served by the Stoughton Area School District. Permission to distribute this material has been granted by the Superintendent.



# TEEN MAKER NIGHT

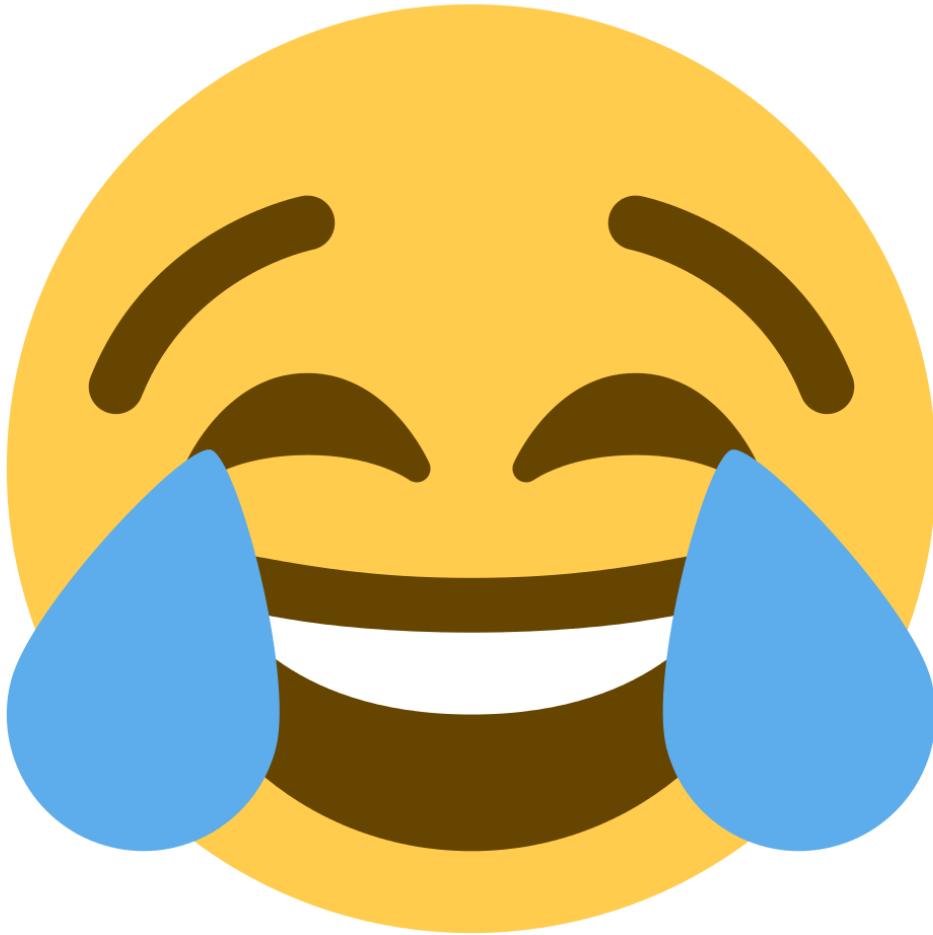
STOP IN AND MAKE A PAPER BRACELET  
FEATURING YOUR FAVORITE QUOTE.

MONDAY NOVEMBER 20, 4-6 PM

GRADES 6 AND UP  
• SNACKS PROVIDED •



MATERIALS PROVIDED. NO REGISTRATION REQUIRED.



# IMPROV CLUB

## @ the library

Play theater games.  
Hone your acting skills.  
Laugh like crazy.

For teens 6th grade and up

**w/ snacks!**

**Wednesdays, Nov. 15, 29, Dec. 13**  
**3:30-4:30 pm**



**STOUGHTON**  
PUBLIC LIBRARY

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# Monroe Street Arts Center



## Private Music Lessons



**Lessons  
available in:**  
Brass  
Woodwind  
Strings  
Piano  
and MORE!

**Ages 5+**

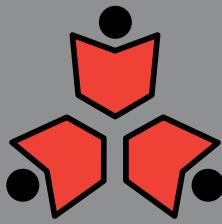
Lessons available  
Monday-Saturday

\$20 Introductory  
Lessons



**Visit us at [monroestreetarts.org](http://monroestreetarts.org)  
or call 608-232-1510 for more information.**

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# MADISON YOUTH CHOIRS

**REGISTRATION IS NOW OPEN**



No audition is necessary to join introductory choirs! Just complete the form below, or visit [madisonyouthchoirs.org](http://madisonyouthchoirs.org) to register online.

## SING WITH US!

# INTRODUCTORY CHOIRS FOR SINGERS 7-10 • SPRING SEMESTER, 2018

**Weekly classes begin January 13 | February 18 or 27**

- Designed to engage students age 7-10, regardless of experience level
- Participants explore the big ideas discovered in music while building vocal and rehearsal skills
- For kids ages 7-10, completion of this class is the first step toward joining a performing choir serving as their audition for our year-long program
- Small class size ensures everyone can learn and be successful

### QUESTIONS?

Contact Lynn Hembel at 608-238-SING (7464) or [lhembel@madisonyouthchoirs.org](mailto:lhembel@madisonyouthchoirs.org).

## REGISTRATION FORM:

### REGISTRATION IS OPEN TO CHILDREN AGES 7-10

Singers 11 and older may audition for a performing choir. Please call 608-238-7464 or e-mail [lhembel@madisonyouthchoirs.org](mailto:lhembel@madisonyouthchoirs.org) for more information.

#### Please register my child for the following session and choir:

(To register online, visit [www.madisonyouthchoirs.org](http://www.madisonyouthchoirs.org).)

Child's Full Name: \_\_\_\_\_

Boy  Girl Birthdate: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_

Parent/Guardian's Name(s): \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home  Work Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

#### Choose your desired session here:

##### WESTGATE STUDIOS, WESTGATE MALL, MADISON

**Sundays, February 18 - May 6 (no class Mar. 25; Apr. 1)**

Tallis (boys) 4:00PM - 5:00PM

Colla Voce (girls) 5:15PM - 6:15PM

**Tuesdays\*, February 27 - May 8 (no class Mar. 27)**

Tallis (boys) 5PM - 6PM  Colla Voce (girls) 5PM - 6PM

##### LAKE EDGE LUTHERAN CHURCH, 4032 MONONA DR.

**Saturdays\*, January 13 - March 17**

Tallis (boys) 10AM - 11AM  Colla Voce (girls) 10AM - 11AM

\*these are combined classes for girls and boys

**Tuition is \$190 per session.** Full payment with registration is required to reserve your seat. Scholarships are available; please call or email for an application. Visit [madisonyouthchoirs.org/join-a-choir](http://madisonyouthchoirs.org/join-a-choir) for more information, including our refund policy.

P.O. Box 5233 • Madison, WI 53705-0233 • 608-238-SING (7464) • [madisonyouthchoirs.org](http://madisonyouthchoirs.org)

**YOUTH. COMMUNITY. MUSIC EDUCATION.**

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# FREE CHRISTMAS DINNER

All Are Welcome!

VFW Hall

Veteran's Road (CTY N)

Stoughton, WI

December 25<sup>th</sup>

Serving from 11:00 am - 1:00 pm

Delivery will start at 10:00 am

If you need a ride or  
if you want a meal delivered,  
please call

The Stoughton Senior Center

(608) 873-8585

**by Thursday Dec. 21**

- Leave your name, address and phone number
- How many dinners you will need
- How many passengers need a ride
- Rides and home delivery limited to Stoughton School District area

**Donations are Appreciated**

Hosted by the American Legion, VFW Post 328  
and their Auxiliaries and Volunteers

# Register online now at [ctmtheater.org](http://ctmtheater.org)

**BONUS!**

*Students enrolled  
in classes receive  
a 20% discount  
on tickets to  
CTM's season  
productions at  
Overture Center!*



## Location

Classes are held at CTM's Studio at 228 State Street across from Overture Center, unless otherwise noted by the Education Department.

## Financial Assistance

View the Financial Assistance page on our website for more information or to download the application.

## Questions

Call us at 608-255-2080 x107 or email [registrar@ctmtheater.org](mailto:registrar@ctmtheater.org).

### REFUND POLICY:

- Cancellation 14 days or more prior to the start of class: full tuition will be reimbursed.
- Cancellation less than 14 days prior to the start of class: 50% tuition reimbursement.
- Cancellation after the start of class: no refund.

Support for CTM Education Programs is provided by:



**MADISON:** This is not a school-sponsored activity and **Madison Metropolitan School District** does not approve, support, supervise or endorse this program/activity. **DEFOREST:** This is not a school-sponsored activity and the **DeForest Area School District** does not provide support or endorsement of this program/activity. It has neither reviewed nor approved the program, personnel, or activities announced in this brochure/flyer. Permission to distribute this material must not be considered a recommendation or endorsement by the school district. **STOUGHTON:** This is not a school-sponsored activity and the **Stoughton Area School District** does not provide support or endorsement of this program/activity. It has neither reviewed nor approved the program, personnel, or activities announced in this brochure/flyer. Permission to distribute this material must not be considered a recommendation or endorsement by the school district. **MCFLAND:** This is not a school sponsored activity and the **McFarland School District** does not provide support or endorsement of the program/flyer. It has neither reviewed nor approved the program, personnel, or activities announced in the brochure/flyer. Permission to distribute this material must not be considered a recommendation or endorsement by the School District. **SUN PRAIRIE:** The **Sun Prairie Area School District** has neither reviewed nor approved the program, personnel, or activities announced in this flyer. Permission to distribute this flyer must not be considered a recommendation or endorsement by the school district. **MIDDLETON-CROSS PLAINS:** This is not a school-sponsored activity and the **Middleton-Cross Plains Area School District** does not provide support or endorsement of this program/activity. It has neither been reviewed nor approved the program, personnel, or activities announced in this brochure/flyer. Permission to distribute this material must not be considered a recommendation or endorsement by the school district. **OREGON:** The distribution and/or display of these materials should not be understood to constitute the endorsement or approval of the **Oregon School District**. **VERONA:** This is not a school-sponsored activity of the **Verona School District**.



# THEATER CLASSES

WINTER / SPRING 2018



# ACT NOW!

WINTER SESSION BEGINS JANUARY 13

**[ctmtheater.org](http://ctmtheater.org)**

# WINTER SESSION

January 13 – March 17, 2018 (10 sessions)  
\$210 (unless noted otherwise)

## GRADES 4K-K

### The World of All Things Tiny

Creative Drama for Beginners / Saturdays, 9-10am

## GRADES 1-2

### ♪ Sing Out! ♪

Music and Movement / Saturdays, 10:10-11:10am & 11:20am-12:20pm

### Storybook Theater: Diary of a Worm

Storytelling for Beginners / Saturdays, 10-11am

## Grades 3-7

### ♪ Best of B'way: Songs for all Seasons (Grades 3-5) ♪

Saturdays, JAN 27-MAR 17, 12:30-1:45pm

### Beginning Acting: Witches & Wizards

Saturdays, 1:45-2:45pm & 2:45-3:45pm

### Master Class: Comedy! (Grades 5-7)

Saturdays, 11:15am-12:30pm / \$230

### Page to Stage / Playwriting & Performance (Grades 3-6)

Saturdays, 12:45-1:45pm

## GRADES 6 & UP

### Teen Improv Troupe (Grades 8-11)

Saturdays, 3:45-5:15pm / \$255

### ♪ Musical Theater: Blast from the Past (Grades 6-9) ♪

Tuesdays, JAN 16 - MAR 13 / \$230

6-7:15pm (1/16-2/6) and 6-7:30pm (2/13-3/13)

### Costume Design: Cosplay Creation (Grades 7-11)

Thursdays, JAN 18 – MAR 22 / 6-7:15pm / \$255

# VACATION DAY PROGRAMS

No school? No problem! On school vacation days, bring your favorite stories to the stage.

## CREATE-A-PLAY

Jan 15 Chicken in Space

Feb 9 What Do You Do With an Idea?

March 30 Click Clack Moo (Cows that Type)

April 27 Green Eggs and Ham

CTM provides a morning snack.

Bring along a lunch & your imagination!

Grades K-3 / 9am-3pm / Only \$65!

## SPRING BREAK

### ACTING L. FRANK BAUM'S THE Wizard of Oz

Monday-Thursday, March 26-29, 9am-3pm

Spend 4 days on a fantastical adventure into the world of L. Frank Baum's most beloved book! Young performers will use their voice, movement, and imagination (the actor's toolkit) to act out the story for family and friends on the final day of the program!

Grades 2-5 / \$250

CTM provides a morning snack!

## SPRING SESSION

Begins March 31. Now enrolling!

For complete listings and class descriptions, visit

**ctmtheater.org**