

# February 2017 Professional Development Opportunities

## 2/1 Think Before Acting:

**Presenter:** Joshua Cazar, YWCA Parent Educator

6:30pm - 8:30pm

**Fee:** \$25

Executive functions are the cognitive skills we need to control and regulate our thoughts, emotions and actions in the face of conflict or distraction. Given that executive functions play a key role in children's development and their success into adulthood, this training focuses on finding ways to support the development of these skills in the early years.

**In Service Hours:** 2

[Click here](#) to register

**Grace United Methodist Church**  
300 E. Gartner Rd.

**Who Should Register:** All Early Childhood Educators  
**Level of Learning:** Introductory

## 2/4 Introduction to Developmental Screening Tools



**Presenter:** Daisy Viyouth

9:00am - 12:00pm

**Fee:** \$10

The process of developmental screening in the early childhood setting is introduced to practitioners. A review of several commercial screening tools is discussed to provide child care practitioners options in monitoring a child's typical development.

**In Service Hours:** 3

Site located on Aurora University Campus.  
Participant parking is on street

**Centers:**

**Aurora YWCA**  
347 S. Gladstone Ave.  
Aurora, IL 60506

**Who Should Register:** All Early Childhood Educators  
**Level of Learning:** Introductory

**FCC's:**   
[Click here](#) to register

## 2/7 Positive Guidance: Forming Secure Relationships and Guiding Challenging Behaviors in Young Children

**Presenter:** Casey Craft, YWCA Infant Toddler Specialist

6:30pm - 9:30pm

**Fee:** \$25

Guiding a child's behavior is something that is done throughout the day, every day. This practice is not only present when challenging behaviors occur but also in every experience from classroom management, routines, interactions, and social emotional development when forming secure attachments. This training will identify some challenging behaviors we see in our work with young children, link secure attachment and social/emotional development to positive guidance, identify and implement strategies to use in the classroom when guiding young children, and lastly, working with families in your programs on using positive guidance at home.

**In Service Hours:** 3

[Click here](#) to register

**Easter Seals**  
830 S. Addison Ave.  
Villa Park IL 60181

**Who Should Register:** All Early Childhood Educators  
**Level of Learning:** Introductory

## 2/8 Reading with a Purpose: Using Dialogic Reading

**Presenter:** Mary Hildenbrandt, YWCA Community Engagement Specialist

6:30pm - 8:30pm

**Fee:** \$25

The way we read to children is as important as how frequently we read to them. Dialogic reading is a reading practice using picture books to enhance and improve literacy and language will be introduced as well as ways to implement. The basis for this is asking simple questions and following up with expanded questions. Time will be devoted to discussing literacy extension activities. Participants will have the opportunity to develop lesson ideas that can be taken back to the classroom.

**In Service Hours:** 2

[Click here](#) to register

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

**Who Should Register:** All Early Childhood Educators

# February 2017 Professional Development Opportunities

## 2/9 Moving with the Brain in Mind

**Presenter:** *Laura Barr, Extension Nutrition & Wellness Educator*

7:00pm - 8:30pm

**Fee:** \$25

The development of the brain in a child's first five years of life clearly shapes the learning capacity they have for the rest of their life. Learn how the brain structure and functioning can be enhanced through movement and physical activity.

**In Service Hours:** 2

[Click here](#) to register

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Introductory

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

## 2/11 Caring for Mixed Ages of Children

**Presenter:** *Casey Craft, YWCA Infant Toddler Specialist & ITN Trainer*

9:00am - 12:00pm

**Fee:** \$10

In this training, participants will define developmentally appropriate practice (DAP) as well as recognize the importance of DAP when caring for mixed ages of children. Components of a safe and healthy family child care environment serving mixed ages of children will be discussed as well as identifying areas for program improvement.

**In Service Hours:** 3

[Click here](#) to register

**Who Should Register:** New Family Child Care Educators

**Level of Learning:** Introductory

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

## 2/14 Quality Beginnings

**Presenter:** *Michele Savino, YWCA Community Engagement Specialist*

6:00pm - 8:30pm

**Fee:** \$25

Interested in starting a home child care business? Then this class is for you! A brief overview of all the aspects involved in operating a family child care home, including interviewing parents, marketing your services, setting up, record keeping and taxes, and more will be covered.

**In Service Hours:** 2.5

[Click here](#) to register

**Who Should Register:** New Family Child Care Educators

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

## 2/16 Eco-Healthy Child Care: Noise Pollution, Air Quality, Built Environments and Furniture & Carpets

**Presenter:** *Whitney Bieber, YWCA Quality Specialist, & ITN Trainer*

6:30pm - 8:30pm

**Fee:** \$25

Eco-Healthy Child Care is a national, science-based and award winning program partnering with child care providers to eliminate or reduce environmental health hazards. Participants will receive information on environmental health hazards, how to identify these within their center as well as free or low cost steps to ensure they are providing an Eco-healthy child care setting for the children and families. This month- Noise Pollution, Air Quality, Built Environments and Furniture & Carpets will be discussed.

**In Service Hours:** 2

[Click here](#) to register

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Introductory

**Grace United Methodist Church**  
300 E. Gartner Rd.  
Naperville, IL 60540

# February 2017 Professional Development Opportunities

## 2/18 CPR/First Aid

**Presenter:** Ed Atkins, Emergency Response

8:30am - 12:30pm

**Fee:** \$65

This training will focus on CPR and choking rescue for adults, children, and infants. Treatment of bleeding, burns, shock, seizure, splinting and use of automated external defibrillators will also be covered.

**In Service Hours:** 4

[Click here](#) to register

**Who Should Register:** All Early Childhood Educators  
**Level of Learning:** Introductory

**Buenas Nuevas  
Community Church**  
1353 Hinman St  
Montgomery, IL 60538

## 2/18 RCP/Primeros Auxilios

**Presenter:** Juan Carlos Cortes, RN, BSN /Emergency Response

8:30am - 12:30pm

**Costo:** \$65

Este entrenamiento se enfocará en RCP y rescate de asfixia para adultos, niños e infantes. Tratamiento para sangrado, quemaduras, estado de choque, convulsiones, y el uso del desfibrilador externo automatizado también será cubierto

[Click here](#) to register

**Horas en Servicio:** 4

**Quién se puede registrar:** Todos los Profesionales de Educación Temprana que hablen Español

**Nivel de Aprendizaje :** Introductorio

**Buenas Nuevas  
Community Church**  
1353 Hinman St  
Montgomery, IL 60538

## 2/25 Early Childhood Developmental Screening



**Presenter:** Daisy Viyouth, Kane Co. Nurse

8:00am - 4:00pm

**Fee:** \$15

This training reviews child growth and development in early childhood environments. A review of several commercial screening tools is discussed to allow child care practitioners more options on monitoring a child's typical development. Case studies provide hands-on learning for the participant on use of a developmental screening tool and guidelines for referral to an early intervention program.

**Centers:**

Lunch will be provided

**FCC's:**



**In Service Hours:** 7.5

**Who Should Register:** All Early Childhood Educators  
**Level of Learning:** Introductory

**YWCA Patterson &  
McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

[Click here](#) to register

## 2/28 CCAP Billing Made Easy

**Presenter:** Michele Savino, YWCA Community Engagement Specialist

6:30pm - 8:30pm

**Fee:** \$25

Do you struggle with CCAP billing certificates every month? Are you taking advantage of the 80% rule? Do you know what the 80% rule is and what the benefits are? Do you have billing issues that you need help with? If you answered yes to any of these questions then this is a must do training for you! We will go over exactly how you should bill for CCAP and how the 80% rule works. Each participant will be able to check up to 3 cases regarding any billing issues. Any and all billing questions will be welcomed.

**In Service Hours:** 2

[Click here](#) to register

**Who Should Register:** All Early Childhood Educators  
**Level of Learning:** Introductory

**YWCA Patterson &  
McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

# March 2017 Professional Development Opportunities

## 3/2 It Takes a Village

**Presenter:** Susan Mrazek, Early Childhood Mental Health Consultant

6:30pm - 8:30pm

Fee: \$25

This training will provide you with background information on the research that has been done on family-school connections, what parents and families are seeking from their child's teacher or caregiver and how to tackle difficult conversations with a child's parent or primary caregiver. As a group, we will brainstorm ideas on how to foster stronger relationships between children's educational and home environments and why this relationship and teamwork with families is so critical. Set some goals for yourself and/or your childcare center or home business around connecting more intentionally with parents and families.

**In Service Hours:** 2

Site located on Aurora University Campus. Participant parking is on street

[Click here](#) to register

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Introductory

**Aurora YWCA**  
347 S. Gladstone Ave.  
Aurora, IL 60506

## 3/4 Illinois Early Learning Guidelines



**Presenter:** Casey Craft, YWCA Infant toddler Specialist & ITN Trainer

9:00am - 1:15pm

Fee: Free

This training gives early childhood practitioners an overview of program guidelines for children birth to age three. The training creates a foundational understanding for providers and practitioners in the field of what children birth to age three are expected to know and do across multiple domains.

**In Service Hours:** 4

**Centers:** 

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Intermediate

**Grace United Methodist Church**  
300 E. Gartner Rd.  
Naperville, IL 60540

**FCC's:**  

[Click here](#) to register

## 3/7 Milestone Moments

**Presenters:** Whitney Bieber, YWCA Quality Specialist & ITN Trainer & Mary Hildenbrandt, YWCA Community Engagement Specialist

6:30pm - 8:30pm

Fee: \$25

0-5 year olds are at a critical stage in their development, screening tools are essential in making sure children are healthy and thrive. This training provides parents and early childhood professionals with information and access to the Ages and Stages Developmental Screening tool. Together, parents and childcare providers can further support children's development through screening. This session will provide an interactive demonstration and step by step instructions for the ASQ online tool. Additional information including developmental milestones, active learning materials, developmentally appropriate practice, at-home activities and a variety of resources will also be shared.

**In Service Hours:** 2

[Click Here](#) to register

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Introductory

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.

## 3/8 Comunicando las reglas de su programa de manera efectiva

**Presenter:** Norma Duran, YWCA Bilingual Community Engagement Specialist

6:30pm - 8:00pm

Costo: \$25

La mayoría de los proveedores de cuidado de niños tienen políticas en su programa que comunican las reglas que ellos esperan que los padres sigan. ¿Siguen los padres esas reglas? ¿Están claras? ¿Hace usted cumplir esas reglas? En este entrenamiento se discutirá la importancia de tener reglas en su programa, qué incluir, y cómo ayudar a que los padres sigan sus reglas.

**Horas en Servicio:** 1.5

[Click here](#) to register

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Introductory

**Buenas Nuevas Community Church**  
1353 Hinman St  
Montgomery, IL 60538

# March 2017 Professional Development Opportunities

## 3/9 Serve it Safely!

**Presenter:** Laura Barr, *Extension Nutrition & Wellness Educator*

6:30pm - 9:30pm

**Fee:** \$25

Serve it Safely is a 3 hour course focused on food handling protocol and preventing foodborne illness. The topics include an overview of food safety, storing, cleaning and sanitizing, time and temperature control of high risk food products, preventing contamination and personal cleanliness. This course empowers individuals to understand the science behind the food safety rules, which promotes responsibility in handling food and safer environments for children

**In Service Hours:** 3

[Click here](#) to register

This training meets the requirements for those working in non-restaurant facilities such as, licensed day care homes and facilities, nursing homes, hospitals, schools, and long-term care facilities and is good for three years.

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Introductory

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

## 3/11 Creative Curriculum for Infants, Toddlers and



**Presenter:** Cheryl Bulat, *ITN Trainer*

9:00am - 3:30pm

**Fee:** \$20

This hands-on session guides teachers and caregivers through every component of the expanded Creative Curriculum® for Infants, Toddlers & Twos, a research-based, comprehensive curriculum that focuses on building warm, nurturing relationships with the youngest learners and intentionally promoting their development and learning in all areas. Participants first explore the three curriculum volumes to plan and implement meaningful routines and intentional experiences for all the children in a language-rich environment. To strengthen assessment skills, teachers will use Volume 3: Objectives for Development & Learning, Birth Through Third Grade to practice documenting their observations of young children and to plan for and scaffold their learning.

(For **BOTH** sessions)

(Lunch will be provided)

**Centers:**  

**In Service Hours:** 6

[Click here](#) to register

**(REQUIRED to attend 3/11 AND 3/18 to receive cert)**

**Who Should Register:** Educators working in a Center

**Priority Given to:**

- \* programs seeking Silver or Gold,
- \* currently using Creative Curriculum in their program

**Level of Learning:** Introductory

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

## 3/14 Quality Beginnings

**Presenter:** Michele Savino, *YWCA Community Engagement Specialist*

6:00pm - 8:30pm

**Fee:** \$25

Interested in starting a home child care business? Then this class is for you! A brief overview of all the aspects involved in operating a family child care home, including interviewing parents, marketing your services, setting up, record keeping and taxes, and more will be covered.

[Click here](#) to register

**In Service Hours:** 2.5

**Who Should Register:** New Family Child Care Educators

**Level of Learning:** Introductory

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101



# March 2017 Professional Development Opportunities

## 3/14 Comienzos de Calidad

**Presenter:** *Norma Duran, YWCA Bilingual Community Engagement Specialist*

6:00pm - 8:30pm

¿Está interesado en comenzar un negocio de calidad de cuidado de niños en la casa? ¡Entonces esta clase es para usted! Se revisará, en forma general, todos los aspectos envueltos en operar un negocio familiar de cuidado de niños, incluyendo entrevista con los padres, mercadeando sus servicios, manteniendo archivos e impuestos, y mucho más.

**Costo:** \$25

**Horas en Servicio:** 2.5

[Click here](#) to register

**Quién se puede registrar:** Todos los Profesionales de Educación Temprana que hablen Español

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

## 3/15 Night at the Museum 2017: RE-ENERGIZED

**Presenters:** *DuPage Children's Museum "Lab Rats" and Andy Allen,*

6:00pm - 9:00pm

**Fee:**

Children are incredibly active learners at 1, 2 and 3 years old, and we can and should start building their foundation in STEM/STEAM as soon as they enter this world. Research shows that the best practice in early childhood education is to allow for more play and investigation. This kind of learning early in life builds skills and interests that serve children throughout their school years, and later in life. The YWCA invites you to **COME BE A KID** for a night and participate in this interactive evening packed full of hands-on learning opportunities, tour of the DuPage Children's Museum, and an engaging presentation by none other than.....Andy Allen,

**6:00 - 6:30:**

- \* Food
- \* Tour, Museum
- \* Networking

**EARLY BIRD REGISTRATION:**

\$35 - Feb. 15th

**All participants must arrive & sign in by 6:30**

\$40 - beginning Feb. 16th

**In Service Hours:** 2.5

[Click here](#) to register

**DuPage Children's Museum**  
301 N Washington St,  
Naperville, IL 60540

**Who Should Register:** Educators, Home-visitors, parents  
**Level of Learning:** Introductory

## 3/18 Creative Curriculum for Infants, Toddlers and Twos: 3rd Edition - **Part 2**



**Presenter:** *Cheryl Bulat, ITN Trainer*

9:00am - 3:30pm

**Fee:** \$20  
(covers **BOTH** sessions)

This hands-on session guides teachers and caregivers through every component of the expanded Creative Curriculum® for Infants, Toddlers & Twos, a research-based, comprehensive curriculum that focuses on building warm, nurturing relationships with the youngest learners and intentionally promoting their development and learning in all areas. Participants first explore the three curriculum volumes to plan and implement meaningful routines and intentional experiences for all the children in a language-rich environment. To strengthen assessment skills, teachers will use Volume 3: Objectives for Development & Learning, Birth Through Third Grade to practice documenting their observations of young children and to plan for and scaffold their learning.

(Lunch will be provided)

**Centers:**



**In Service Hours:** 12  
(for **BOTH** sessions)

**(REQUIRED to attend 3/11 AND 3/18 to receive cert)**

**Who Should Register:** Educators working in a **Center**  
**Priority Given to:**

- \* programs seeking Silver or Gold,
- \* currently using Creative Curriculum in their program

**Level of Learning:** Introductory

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

# March 2017 Professional Development Opportunities

## 3/21 & 3/23 NAP SACC Training

**Presenter:** Barbara Taylor, DuPage County Health Department

The Nutrition and Physical Activity Self-Assessment in Child Care Assessment (NAP SACC) training is designed to increase child care providers' knowledge of the relationship between nutrition, physical activity and the development of healthy weight in children, and guidelines and strategies for overcoming barriers to organizational change.

**6:30pm - 9:00pm**  
(for **BOTH** sessions)

**Fee: \$25**  
(covers **BOTH** sessions)

**In Service Hours: 5**  
(for **BOTH** sessions)

[Click here](#) to register

**(REQUIRED to attend 3/21 AND 3/23 to receive cert)**

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Intermediate

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

## 3/22 CPR/AED/FIRST AID

**Presenter:** Vickie Onesti, President CPR Training for LIFE, Inc.

This course is designed to prepare participants to provide first aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. It offers the basics of recognizing and administering first aid for the most common life-threatening emergencies. **All participants will receive:**

- 2-year American heart association certification card
- emergency First Aid 2017 digital booklet
- CPR/first aid pocket reminder cards
- Rescue breath shield

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Introductory

**6:00pm - 10:00pm**

**Fee: \$65**

**In Service Hours: 4**

[Click here](#) to register

**YWCA Patterson & McDaniel Family Center**  
2055 Army Trail Rd.  
Addison, IL 60101

## 3/25 Creating Individual Professional Development Plans

**Presenter:** Daisy Viyuoh, Kane County Health Dept.

Participants will define and explain the value of professional development. This training will assist in recognizing the relationship of staff development to Continuous Quality Improvement. Participants will also be able to identify the components of an effective professional development plan.

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Introductory

**9:00am - 12:00pm**

**Fee: \$10**

**In Service Hours: 3**

**Centers:** 

**Buenas Nuevas Community Church**  
1353 Hinman St  
Montgomery, IL 60538

**FCC's:** 

[Click here](#) to register

## 3/28 Building on the Strengths of Parents

**Presenter:** Joshua Cazar, YWCA Parent Educator

Did you know that positive, active, engagement between families and Early Care & Education Professionals result in improvement of children's cognitive, academic, social skills and overall wellbeing? When families are truly engaged, both the program and the families are responsible for progress toward positive outcomes for children and the program as a whole. We invite you to come learn the difference between involving parents and actively engaging parents.

**Who Should Register:** All Early Childhood Educators

**Level of Learning:** Introductory

**6:30pm - 8:30pm**

**Fee: \$25**

**In Service Hours: 2**

[Click here](#) to register

**YWCA Elgin**  
220 East Chicago St.  
Elgin, IL 60120