

February 2017 Professional Development Opportunities

2/1 Think Before Acting:

Presenter: Joshua Cazar, YWCA Parent Educator

6:30pm - 8:30pm

Fee: \$25

Executive functions are the cognitive skills we need to control and regulate our thoughts, emotions and actions in the face of conflict or distraction. Given that executive functions play a key role in children's development and their success into adulthood, this training focuses on finding ways to support the development of these skills in the early years.

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

In Service Hours: 2

[Click here](#) to register

Grace United
Methodist Church
300 E. Gartner Rd.

2/4 Introduction to Developmental Screening Tools

Presenter: Daisy Viyouh

The process of developmental screening in the early childhood setting is introduced to practitioners. A review of several commercial screening tools is discussed to provide child care practitioners options in monitoring a child's typical development.

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

9:00am - 12:00pm

Fee: \$10

In Service Hours: 3

Site located on Aurora University Campus.
Participant parking is on street
Centers: 

Aurora YWCA
347 S. Gladstone Ave.
Aurora, IL 60506

FCC's: 

[Click here](#) to register

2/7 Positive Guidance: Forming Secure Relationships and Guiding Challenging Behaviors in Young Children

Presenter: Casey Craft, YWCA Infant Toddler Specialist

Guiding a child's behavior is something that is done throughout the day, every day. This practice is not only present when challenging behaviors occur but also in every experience from classroom management, routines, interactions, and social emotional development when forming secure attachments. This training will identify some challenging behaviors we see in our work with young children, link secure attachment and social/emotional development to positive guidance, identify and implement strategies to use in the classroom when guiding young children, and lastly, working with families in your programs on using positive guidance at home.

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

6:30pm - 9:30pm

Fee: \$25

In Service Hours: 3

[Click here](#) to register

Easter Seals
830 S. Addison Ave.
Villa Park IL 60181

2/8 Reading with a Purpose: Using Dialogic Reading

Presenter: Mary Hildenbrandt, YWCA Community Engagement Specialist

The way we read to children is as important as how frequently we read to them. Dialogic reading is a reading practice using picture books to enhance and improve literacy and language will be introduced as well as ways to implement. The basis for this is asking simple questions and following up with expanded questions. Time will be devoted to discussing literacy extension activates. Participants will have the opportunity to develop lesson ideas the can be taken back to the classroom.

Who Should Register: All Early Childhood Educators

In Service Hours: 2

[Click here](#) to register

YWCA Patterson &
McDaniel Family Center
2055 Army Trail Rd.
Addison, IL 60101

February 2017 Professional Development Opportunities

2/9 Moving with the Brain in Mind

Presenter: Laura Barr, Extension Nutrition & Wellness Educator

7:00pm - 8:30pm

Fee: \$25

The development of the brain in a child's first five years of life clearly shapes the learning capacity they have for the rest of their life. Learn how the brain structure and functioning can be enhanced through movement and physical activity.

In Service Hours: 2

[Click here](#) to register

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

YWCA Patterson & McDaniel Family Center

2055 Army Trail Rd.
Addison, IL 60101

2/11 Caring for Mixed Ages of Children

Presenter: Casey Craft, YWCA Infant Toddler Specialist & ITN Trainer

9:00am - 12:00pm

Fee: \$10

In this training, participants will define developmentally appropriate practice (DAP) as well as recognize the importance of DAP when caring for mixed ages of children. Components of a safe and healthy family child care environment serving mixed ages of children will be discussed as well as identifying areas for program improvement.

In Service Hours: 3

[Click here](#) to register

Who Should Register: New Family Child Care Educators

Level of Learning: Introductory

YWCA Patterson & McDaniel Family Center

2055 Army Trail Rd.
Addison, IL 60101

2/14 Quality Beginnings

Presenter: Michele Savino, YWCA Community Engagement Specialist

6:00pm - 8:30pm

Fee: \$25

Interested in starting a home child care business? Then this class is for you! A brief overview of all the aspects involved in operating a family child care home, including interviewing parents, marketing your services, setting up, record keeping and taxes, and more will be covered.

In Service Hours: 2.5

[Click here](#) to register

Who Should Register: New Family Child Care Educators

YWCA Patterson & McDaniel Family Center

2055 Army Trail Rd.
Addison, IL 60101

2/16 Eco-Healthy Child Care: Noise Pollution, Air Quality, Built Environments and Furniture & Carpets

Presenter: Whitney Bieber, YWCA Quality Specialist, & ITN Trainer

6:30pm - 8:30pm

Fee: \$25

Eco-Healthy Child Care is a national, science-based and award winning program partnering with child care providers to eliminate or reduce environmental health hazards. Participants will receive information on environmental health hazards, how to identify these within their center as well as free or low cost steps to ensure they are providing an Eco-healthy child care setting for the children and families. This month- Noise Pollution, Air Quality, Built Environments and Furniture & Carpets will be discussed.

In Service Hours: 2

[Click here](#) to register

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

Grace United Methodist Church

300 E. Gartner Rd.
Naperville, IL 60540

February 2017 Professional Development Opportunities

2/18 CPR/Frist Aid

Presenter: *Ed Atkins, Emergency Response*

8:30am - 12:30pm

This training will focus on CPR and choking rescue for adults, children, and infants. Treatment of bleeding, burns, shock, seizure, splinting and use of automated external defibrillators will also be covered.

Fee: \$65

In Service Hours: 4

[Click here](#) to register

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

**Buenas Nuevas
Community Church**

1353 Hinman St
Montgomery, IL 60538

2/18 RCP/Primeros Auxilios

Presenter: *Juan Carlos Cortes, RN, BSN /Emergency Response*

8:30am - 12:30pm

Costo: \$65

Este entrenamiento se enfocará en RCP y rescate de asfixia para adultos, niños e infantes. Tratamiento para sangrado, quemaduras, estado de choque, convulsiones, y el uso del desfibrilador externo automatizado también será cubierto

[Click here](#) to register

Horas en Servicio: 4

Quién se puede registrar: Todos los Profesionales de Educación Temprana que hablen Español

Nivel de Aprendizaje : Introductorio

**Buenas Nuevas
Community Church**

1353 Hinman St
Montgomery, IL 60538

2/25 Early Childhood Developmental Screening



Presenter: *Daisy Viyouth, Kane Co. Nurse*

8:00am - 4:00pm

Fee: \$15

This training reviews child growth and development in early childhood environments. A review of several commercial screening tools is discussed to allow child care practitioners more options on monitoring a child's typical development. Case studies provide hands-on learning for the participant on use of a developmental screening tool and guidelines for referral to an early intervention program.

Centers: 

Lunch will be provided

FCC's:



In Service Hours: 7.5

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

**YWCA Patterson &
McDaniel Family Center**

2055 Army Trail Rd.
Addison, IL 60101

[Click here](#) to register

2/28 CCAP Billing Made Easy

Presenter: *Michele Savino, YWCA Community Engagement Specialist*

6:30pm - 8:30pm

Fee: \$25

Do you struggle with CCAP billing certificates every month? Are you taking advantage of the 80% rule? Do you know what the 80% rule is and what the benefits are? Do you have billing issues that you need help with? If you answered yes to any of these questions then this is a must do training for you! We will go over exactly how you should bill for CCAP and how the 80% rule works. Each participant will be able to check up to 3 cases regarding any billing issues. Any and all billing questions will be welcomed.

In Service Hours: 2

[Click here](#) to register

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

**YWCA Patterson &
McDaniel Family Center**

2055 Army Trail Rd.
Addison, IL 60101

March 2017 Professional Development Opportunities

3/2 It Takes a Village

Presenter: Susan Mrazek, Early Childhood Mental Health Consultant

6:30pm - 8:30pm

Fee: \$25

This training will provide you with background information on the research that has been done on family-school connections, what parents and families are seeking from their child's teacher or caregiver and how to tackle difficult conversations with a child's parent or primary caregiver. As a group, we will brainstorm ideas on how to foster stronger relationships between children's educational and home environments and why this relationship and teamwork with families is so critical. Set some goals for yourself and/or your childcare center or home business around connecting more intentionally with parents and families.

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

In Service Hours: 2

Site located on Aurora University Campus. Participant parking is on street

[Click here](#) to register

Aurora YWCA
347 S. Gladstone Ave.
Aurora, IL 60506

3/4 Illinois Early Learning Guidelines

Presenter: Casey Craft, YWCA Infant/toddler Specialist & ITN Trainer

9:00am - 1:15pm

Fee: Free

This training gives early childhood practitioners an overview of program guidelines for children birth to age three. The training creates a foundational understanding for providers and practitioners in the field of what children birth to age three are expected to know and do across multiple domains.

Who Should Register: All Early Childhood Educators

Level of Learning: Intermediate

In Service Hours: 4

Centers: 

Grace United Methodist Church
300 E. Gartner Rd.
Naperville, IL 60540

FCC's:  

[Click here](#) to register

3/7 Milestone Moments

Presenters: Whitney Bieber, YWCA Quality Specialist & ITN Trainer & Mary Hildenbrandt, YWCA Community Engagement Specialist

6:30pm - 8:30pm

Fee: \$25

0-5 year olds are at a critical stage in their development, screening tools are essential in making sure children are healthy and thrive. This training provides parents and early childhood professionals with information and access to the Ages and Stages Developmental Screening tool. Together, parents and childcare providers can further support children's development through screening. This session will provide an interactive demonstration and step by step instructions for the ASQ online tool. Additional information including developmental milestones, active learning materials, developmentally appropriate practice, at-home activities and a variety of resources will also be shared.

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

In Service Hours: 2

[Click Here](#) to register

YWCA Patterson & McDaniel Family Center
2055 Army Trail Rd.

3/8 Comunicando las reglas de su programa de manera efectiva

Presenter: Norma Duran, YWCA Bilingual Community Engagement Specialist

6:30pm - 8:00pm

Costo: \$25

La mayoría de los proveedores de cuidado de niños tienen políticas en su programa que comunican las reglas que ellos esperan que los padres sigan. ¿Siguen los padres esas reglas? ¿Están claras? ¿Hace usted cumplir esas reglas? En este entrenamiento se discutirá la importancia de tener reglas en su programa, qué incluir, y cómo ayudar a que los padres sigan sus reglas.

Horas en Servicio: 1.5

[Click here](#) to register

Buenas Nuevas Community Church
1353 Hinman St
Montgomery, IL 60538

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

March 2017 Professional Development Opportunities

3/9 Serve it Safely!

Presenter: Laura Barr, Extension Nutrition & Wellness Educator

6:30pm - 9:30pm

Fee: \$25

Serve it Safely is a 3 hour course focused on food handling protocol and preventing foodborne illness. The topics include an overview of food safety, storing, cleaning and sanitizing, time and temperature control of high risk food products, preventing contamination and personal cleanliness. This course empowers individuals to understand the science behind the food safety rules, which promotes responsibility in handling food and safer environments for children

This training meets the requirements for those working in non-restaurant facilities such as, licensed day care homes and facilities, nursing homes, hospitals, schools, and long-term care facilities and is good for three years.

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

In Service Hours: 3

[Click here](#) to register

3/11 Creative Curriculum for Infants, Toddlers and

Presenter: Cheryl Bulat, ITN Trainer

9:00am - 3:30pm

Fee: \$20

This hands-on session guides teachers and caregivers through every component of the expanded Creative Curriculum® for Infants, Toddlers & Twos, a research-based, comprehensive curriculum that focuses on building warm, nurturing relationships with the youngest learners and intentionally promoting their development and learning in all areas. Participants first explore the three curriculum volumes to plan and implement meaningful routines and intentional experiences for all the children in a language-rich environment. To strengthen assessment skills, teachers will use Volume 3: Objectives for Development & Learning, Birth Through Third Grade to practice documenting their observations of young children and to plan for and scaffold their learning.

(REQUIRED to attend 3/11 AND 3/18 to receive cert)

Who Should Register: Educators working in a **Center**

Priority Given to:

- * programs seeking Silver or Gold,
- * currently using Creative Curriculum in their program

Level of Learning: Introductory

(Lunch will be provided)

Centers:  

In Service Hours: 6

[Click here](#) to register

3/14 Quality Beginnings

Presenter: Michele Savino, YWCA Community Engagement Specialist

6:00pm - 8:30pm

Fee: \$25

Interested in starting a home child care business? Then this class is for you! A brief overview of all the aspects involved in operating a family child care home, including interviewing parents, marketing your services, setting up, record keeping and taxes, and more will be covered.

Who Should Register: New Family Child Care Educators

Level of Learning: Introductory

[Click here](#) to register

In Service Hours: 2.5

YWCA Patterson & McDaniel Family Center
2055 Army Trail Rd.
Addison, IL 60101

March 2017 Professional Development Opportunities

3/21 & 3/23 NAP SACC Training

Presenter: Barbara Taylor, DuPage County Health Department

The Nutrition and Physical Activity Self-Assessment in Child Care Assessment (NAP SACC) training is designed to increase child care providers' knowledge of the relationship between nutrition, physical activity and the development of healthy weight in children, and guidelines and strategies for overcoming barriers to organizational change.

6:30pm - 9:00pm
(for BOTH sessions)

Fee: \$25
(covers BOTH sessions)

In Service Hours: 5
(for BOTH sessions)

[Click here](#) to register

(REQUIRED to attend 3/21 AND 3/23 to receive cert)

Who Should Register: All Early Childhood Educators

Level of Learning: Intermediate

YWCA Patterson & McDaniel Family Center
2055 Army Trail Rd.
Addison, IL 60101

3/22 CPR/AED/FIRST AID

Presenter: Vickie Onesti, President CPR Training for LIFE, Inc.

This course is designed to prepare participants to provide first aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. It offers the basics of recognizing and administering first aid for the most common life-threatening emergencies. **All participants will receive:**

- 2-year American heart association certification card
- emergency First Aid 2017 digital booklet
- CPR/first aid pocket reminder cards
- Rescue breath shield

6:00pm - 10:00pm

Fee: \$65

In Service Hours: 4

[Click here](#) to register

Who Should Register: All Early Childhood Educators

Level of Learning: Introductory

YWCA Patterson & McDaniel Family Center
2055 Army Trail Rd.
Addison, IL 60101

3/25 Creating Individual Professional Development Plans

Presenter: Daisy Viyuoh, Kane County Health Dept.

Participants will define and explain the value of professional development. This training will assist in recognizing the relationship of staff development to Continuous Quality Improvement. Participants will also be able to identify the components of an effective professional development plan.

9:00am - 12:00pm

Fee: \$10

Centers: 

In Service Hours: 3

Buenas Nuevas Community Church
1353 Hinman St
Montgomery, IL 60538

FCC's: 

[Click here](#) to register

Who Should Register: All Early Childhood Educators
Level of Learning: Introductory

3/28 Building on the Strengths of Parents

Presenter: Joshua Cazar, YWCA Parent Educator

Did you know that positive, active, engagement between families and Early Care & Education Professionals result in improvement of children's cognitive, academic, social skills and overall wellbeing? When families are truly engaged, both the program and the families are responsible for progress toward positive outcomes for children and the program as a whole. We invite you to come learn the difference between involving parents and actively engaging parents.

6:30pm - 8:30pm

Fee: \$25

In Service Hours: 2

[Click here](#) to register

YWCA Elgin
220 East Chicago St.
Elgin, IL 60120

Who Should Register: All Early Childhood Educators
Level of Learning: Introductory