March 22, 2018

To All Team Captains:

Please read over the copy of the Mine Rescue Rules. We would appreciate any input you may have regarding the rules. At the captains meeting on Sunday, June 24th, you will have the opportunity to offer your ideas on changes, additions or other comments.

The Mine Rescue Program is important to RMCM and to the teams that attend. We continually try to improve by adding additional program content. When everyone involved is on the same page it becomes a win-win situation and accomplishes the original goal of promoting educational programs for our member states.

Please copy the registration page and the waivers for each team member. It is much easier to fill in the team information on one registration sheet and then copy it for each member.

As soon as possible we will need back:

- A waiver from each MR participant
- A registration form from each participant
- The control sheet filled out by you listing each participant, in alpha order.
- Payment for the team and any additional checks for family members if paid individually.

Thank you for your time and we look forward to seeing you in Vail, CO.

Judy Colgan
Executive Director
ATTENDEES
The Institute looks forward to another great Mine Rescue Evaluation. Bring your families and enjoy the beautiful Rocky Mountains of Colorado. Spouses and children are encouraged to join, as described in the full registration brochure.

CANCELLATIONS
A $100 fee will be assessed for cancellations, in writing, received by June 15. No refunds will be given for cancellations received after June 15.

TRAVEL & LODGING
Participants are responsible for their own travel and hotel arrangements. Please see attached sheet for detailed lodging information. Please reference the lodging information form and ask for the RMCMI room block.

Optional Classes
Make sure you allow for the Saturday and Sunday Classes. We will be offering morning and afternoon classes on both of these days. These optional workshops offer an opportunity to sharpen your skills. Please refer to the included class description for detailed information about each of the classes being offered during the conference this year. Meals are included on these days for all Team Members (with a package) and all family members who have purchased an all-inclusive package. Following Sunday’s lunch, all Mine Rescue participants will take part in the Mine Rescue Rodeo.

REGISTRATION FEES SPOUSE & CHILDREN
Must be registered and have a name tag to attend ANY function.
All-Inclusive ages 15 and up: $350
All-Inclusive ages 4 - 14: $250
This includes breakfast & lunch Saturday, June 23 through Tuesday, June 26, Monday Night BBQ Party & entertainment, Tuesday Awards Dinner

Limited ages 15 and up: $275
Limited ages 4 - 14: $175
This includes breakfast & lunch Monday, June 25 and Tuesday, June 26, Monday Night BBQ Party & entertainment, Tuesday Awards Dinner

Children 3 and under: FREE

MONDAY NOON LUNCH
All Mine Rescue participants & family members (who are registered for the conference) are invited to lunch sponsored by Westmoreland Coal. You MUST have a name tag to attend.

MONDAY NIGHT BBQ PARTY
Monday evening, at 6:30 p.m., all conference attendees with either name tags or a ticket will be able to participate. This includes 2 drink tickets, dinner, and entertainment.

OPTIONS
- Optional Classes on Saturday & Sunday
- Sunday Kid’s Night Out

REGISTER
TEAM CAPTAINS:
Please make sure to send in all paperwork required:
- Registration Sheets, Waivers, Control Sheet and Equipment List.
  (A registration sheet and waiver is required for each team member)

Please send and forms and payments to:
RMCMI
3900 South Wadsworth Blvd., Suite 365
Lakewood, CO 80235
Or they can be sent via email to cwilson@rmcmi.org

MINE RESCUE
$575 Fee per person includes:
This includes breakfast & lunch Saturday, June 23 through Tuesday, June 26, Monday Night BBQ Party and entertainment, Tuesday Awards Dinner, Mine Rescue Rodeo, safety training, and team/individual evaluation, team trophy.

CHILD CARE
Sunday night, your children can attend the Kid’s Night Out with dinner provided. Sign-up on the registration form. You must register prior to conference. Please inform your team members of this option for childcare.
RMCMII MINE RESCUE EVALUATION

GENERAL RULES

1. Each team shall be composed of their specific organizations Mine Rescue number.

2. Each team member must wear a protective hat (complete with chin strap), safety toe footwear, and safety glasses. Each team member should have leather gloves, non-latex gloves, a pocket mask, a safety lanyard, and an NFPA approved class III harness.

3. Team members may carry any personal equipment that they deem necessary. However, the equipment must be evenly distributed among the team members and must not be so cumbersome as to create a hazardous situation for any team member. Recommended equipment can be found under rule #21.

4. Each team must supply its own equipment to complete the problems. No equipment will be supplied by the evaluation committee.

5. Prior to evaluation, teams will meet with the officials for an explanation of the rules and the rotation of the teams. Only the team captains will be allowed to ask questions of the officials during the briefing.

6. All team members will report to the staging area before the start of the evaluation in a location assigned by the evaluation committee.

7. A maximum time limit will be set for each problem. Failing to complete the entire contents of any problem may result in points lost. Scoring will be given only on that part of the problem completed. The team may not be allowed to finish the problem to stay on schedule. If safety issues encountered during a problem result in simulated “death” of a team member, all points available for safety will be lost.

8. Upon completion of the problem, the team will pick up any equipment used and remove it from the site.

9. The evaluators will collaborate their observations and yield a single score that will be discussed with the team immediately following completion of each problem.

10. A Review Committee composed of the RMCMII Evaluation Co-Chairs and the evaluators will be established. The purpose of this committee shall be to review any questions or exceptions that a team may have regarding the way the team was scored in the evaluation. The team captain will have one hour from the time of the completion of that problem to request, in writing, a review of the way his or her team was scored on a specific component of the problem. The request for review shall state the specific component in contention and why the captain feels that a review of the scoring is valid. The request for review shall be submitted to a Co-Chair who shall, as soon as conveniently possible, convene the Review Committee. The Review Committee shall review the scoring in only the component identified and, based on this review, shall have the authority to adjust the points either in favor of or against the team. In all cases, the decision of the Review Committee shall be final.

11. All evaluators have been appointed by the RMCMII Task Group and have been determined to be proficient in the areas that they will be evaluating.

12. Decisions of the evaluators and the Co-Chairs will be final, except for a review request by the team captain.

13. The Evaluators and the Co-Chairs reserve the right to halt the evaluation due to extensive delay, lack of safety precautions, or impractical rescue methods. If a team is allowed to resume, they will not be penalized for any time taken to make a decision. (Any team member can stop the evaluation if he or she feels the situation presents an imminent danger.)
14. If time is stopped by the Evaluators to check a procedure or correct a procedure, all work by all team members must stop during this period. If correction to a procedure is required, it can only be done after time has been reinstated.

15. The safety of all team members, patients, and observers must be maintained at all times.

16. A safety or belay line, in addition to the main line, is mandatory for all “live” loads (patients or rescuers).

17. The evaluation will be held regardless of weather.

18. The evaluation will be held over a two-day period in which all teams will complete a number of scenarios/problems.

19. Problems shall be designed to demonstrate practical knowledge and skills that all mine rescue personnel should possess.

20. The problems shall be representative of emergencies that one would expect to find in a surface mining operation. (An underground scenario may be included depending on location of the evaluation.)

21. Teams must furnish the following equipment:
   - Medical equipment necessary to perform adequate patient care at the First Responder level (simulation of patient care will not be accepted; oxygen, bandaging, moist dressings, etc.)
   - Equipment that will facilitate the raising, lowering, or transferring of a team member or patient from one level to another.
   - Two (2) fully charged self-contained breathing apparatus with two (2) fully charged spare cylinders.
   - Equipment to test for oxygen deficiency and Lower Explosive Limits.

22. All team equipment will be inspected by evaluators prior to the evaluation. Compressed gas cylinders should have current hydrotest dates and all equipment should be in good condition. Teams should be prepared to furnish information on any of their equipment that the evaluators might have questions about.

23. Team members must operate under the same restrictions as they would on a mine site. Teams will be required to adhere to all sections of the Code of Federal Regulations that apply to surface coal mining, confined space entry, and bloodborne pathogens.
All participants for any Mine Rescue events must have a name tag. No exceptions.

Team Member Packages (BLUE Badges) include meals on ALL DAYS
All-Inclusive Family Packages (ORANGE Badges) include meals on ALL DAYS
Limited Packages (PURPLE Badges) include meals MONDAY & TUESDAY ONLY

Saturday, June 23
7:00-8:00am- Breakfast
8:00-4:00am- Medical Conference
    Block A (8:00am – 10:00 am)
    Block B (10:15am- 12:15pm)
    Lunch (12:30pm – 1:45 pm)
    Block C (2:00pm – 4:00 pm)

Sunday, June 24
6:30-8:30am- Breakfast
7:00am- Captains Meeting
7:00-8:45am- MCI Victim Make-Up & Set Up
    *We will provide a small breakfast, including pastries, for volunteers in the set-up room who don’t have a Mine Rescue Package. Lunch will not be provided unless you have a blue or orange badge (all-inclusive package).
9:00-12:00pm- Mass Casualty Incident
12:15-1:15pm- Lunch
1:30pm- Mine Rescue Rodeo
4:45pm- MR Soda & Beer Break/ Swap Meet *Team Member packages only (Blue Badges)
6:00pm- Kids Night Out (Pre-Registration Required), Children must be picked up by 9:00pm

Monday, June 25
6:15am- MR Breakfast
7:00am- Team Briefing & Presentation, Attendance is Mandatory
8:00am- MR Scenarios/Evaluations
12:00pm- Lunch
1:30pm- MR Scenarios/Evaluations Continue
6:00pm- BBQ Party, dinner, & Entertainment

Tuesday, June 26
7:00am- MR Breakfast
8:00am- MR Scenarios/Evaluations
12:00pm- MR Family Lunch, Must have Badge to Attend
1:30pm- MR Scenarios/Evaluations Continue
6:00pm- Mine Rescue Awards Dinner

Wednesday, June 27
Free Family Day & Resort Departure
# CONTROL SHEET for RMCMI MINE RESCUE TEAM CAPTAIN

Annual Mine Rescue Performance Evaluation with Rocky Mountain Coal Mining Institute

**Mine Rescue program is June 23-26, 2018 at Hotel Talisa.**

Complete and return this sheet to RMCMI before May 11, 2018. Please compile data from team members’ conference registration Forms. Make copies of this sheet if you have more than 11 people attending.

<table>
<thead>
<tr>
<th>Company Name:</th>
<th>Team Captain:</th>
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<tbody>
<tr>
<td>Company Address:</td>
<td>Phone #:</td>
</tr>
<tr>
<td>City, State, Zip</td>
<td>Cell #:</td>
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<tr>
<td>Email:</td>
<td>Fax #:</td>
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<tr>
<td>Other contact:</td>
<td>Other Phone #:</td>
</tr>
</tbody>
</table>

## TEAM MEMBERS (in alpha order)
Print/type, IN ALPHA ORDER, LAST AND FIRST names of captain, members, drivers, trainers and others with team.

<table>
<thead>
<tr>
<th>Last, First Name (in alpha order)</th>
<th>POSITION (if other than member)</th>
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<tbody>
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<td>10.</td>
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<td>11.</td>
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VICTIM Spouse □ Teen □
(13 & older only) Birth Year ______

VICTIM Spouse □ Teen □
(13 & older only) Birth Year ______

**Captain, please note:** If a team member name is changed, please advise the RMCMI Office so proper name badge may be prepared AND a waiver can be signed and put on file. A player IS NOT ALLOWED TO PARTICIPATE WITHOUT A WAIVER. If a question, please contact Chelsey Wilson at cwilson@rmcmi.org
Individual Participant Waiver
(please print or type)

Name: ___________________________ E-mail: ___________________________
Company: ___________________________ Phone #: ___________________________
Address: ___________________________ Fax #: ___________________________
City, State, Zip: ___________________________ Cell #: ___________________________

If victim and under 21, please provide birth year: __________  Must be at least 13 years old

I, the undersigned, do hereby release the Rocky Mountain Coal Mining Institute and Hotel Talisa, and their agent, officers, and successors and assign ("Releasees") from any and all claims whatsoever for injuries or damages sustained by me as a result of participating in the RMCMI Mine Rescue Evaluation. I understand there are risks associated with participating in the Mine Rescue Evaluation and voluntarily and freely release said Releasees from any and all claims or liability for accidents, injuries or damages arising wholly or in part from my participation in the evaluation.

Participant signature: ___________________________
Date: ___________________________

Parent signature: ___________________________
(If under 21)
Date: ___________________________
INSTRUCTIONS for RMCM MINE RESCUE TEAM CAPTAINS

Enclosed are multiple pages for your review and for you and your team members to fill out.

All Mine Rescue personnel whether a team member, driver, observer or other, is considered a participant in the Mine Rescue program and will register at the same fee as shown on the registration form. Each person must fill out a registration form and waiver, *family members DO NOT need to fill out a waiver unless they are participating as a victim*.

The price this year is $575. For that price you receive:

- Conference registration
- Training sessions
- Individual evaluations
- Experienced evaluators for a 2-day performance evaluation
- Rescue Rodeo
- Saturday Swap Meet w/ two free drink tickets
- Breakfast and Lunch on Saturday
- Breakfast and Lunch on Sunday
- Monday Breakfast
- Monday Family Lunch *(provided by Westmoreland)*
- Monday BBQ Party & Entertainment
- Breakfast and Lunch Tuesday
- Tuesday Awards Dinner
- Awards for each team
- Breakfast and Lunch Tuesday
- Monday Family Lunch

Please inform your team participants of the RMCM and Resort policy concerning family members. *Each person who accompanies the member to any event MUST have a ticket or name badge*. These are available by purchasing the spouse or child packages listed on the registration form.

**EVERYTHING MUST BE RECEIVED AT RMCM BY May 31, 2018. For early bird pricing, submit registration prior to May 11, 2018** Your cooperation in meeting this deadline will be greatly appreciated.

**Team Captain/or Contact Person Duties:**

**The registration form** – *Put in all of the company information, then copy and give to the team members to fill out the remainder of information. Make sure all spouse and children are allowed for on the registration sheet*. Give one to each team member to be filled out and returned to you.

**Participant waiver form** – *Every team member and observer must have a waiver to participate in the evaluation. No exceptions*. Have each team member return the filled out form to you with the registration form.

**Control Sheet** – When you receive the information back, please fill out the control sheet listing each member, in alpha order (by last name, first name), along with position on team, if driver or trainer, and the total of all costs. Also list victims (see next page).

**Equipment List** – We are asking that you fill out an equipment list and send it with the other paperwork. This is to allow for an even playing field regarding individual performance evaluations.
Send to:
RMCMI
3900 S. Wadsworth Blvd. Suite 365
Lakewood, CO 80235

Or email to Chelsey Wilson at cwilson@rmcmi.org

Return the above to RMCMI no later than May 31, 2018.

Make sure that all spouses and children are allowed for on the member registration sheet. They must have tickets to attend any of the events listed on the registration page. You must enclose a check for the full amount or furnish charge card information to cover the complete team charges.

VICTIMS
We need 10-12 victims. If you have a victim (wife or teen (13 and older) – no children) that would like to volunteer, and can be available the whole time from 6:30AM Sunday morning until 5:00PM Tuesday evening, please put them on your control sheet. They will receive all meals included with the MR package, a victim T-shirt, and our gratitude. We need complete information on the victim (please have them fill out the Individual Participant Waiver and registration sheet – no cost for package or shirt). If we reach our limit prior to receiving information back from your team, we will have to rescind our offer and they will need to pay just as any other spouse, teen or team member. We will let you know if this happens and ask that you pay the difference at that time.

Please make your team room reservations with the hotel listed on the lodging information form. Please ask for the RMCMI pricing. Please give them individual names or your team name.

We look forward to another excellent Mine Rescue Evaluation and thank you for your participation.

Make sure you allow for the classes offered on Saturday and Sunday. These are optional classes. The members will receive valuable information and handouts that will help with the evaluations on Monday and Tuesday.

The Rodeo will follow classes on Sunday afternoon. This has been an excellent addition to the program and allows the teams to have fun and practice working together.

If there are questions or concerns, please call Chelsey Wilson at 303/948-3300 or e-mail: cwilson@rmcmi.org.
Please fill out the form completely and return to RMCMI office. Please contact Chelsey Wilson at 303/948-3300 or cwilson@rmcmi.org for questions. You may submit to your team captain if he/she will be sending in all registrations for your team.

**VICTIMS**

Spouse or Teens of MR participants may be Victims (for scenarios) on a first-come basis, and must be over age 13. Victims may attend the same functions as the MR participants for no charge. Victims must fill out a registration page and sign a waiver. If under 21, they must have an adult sign the waiver as well. Victims will receive a Victim T-Shirt that must be worn during the Mine Rescue scenarios. Thank you for volunteering.

**REGISTRATION INFORMATION - PLEASE PRINT!**

<table>
<thead>
<tr>
<th>Mr.</th>
<th>Ms.</th>
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<tbody>
<tr>
<td>Name</td>
<td>Name for Badge</td>
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<tr>
<td>□ Team Member</td>
<td>□ Captain</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Company</th>
<th>Address</th>
<th>City, State, Zip</th>
<th>Phone</th>
<th>Email</th>
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</thead>
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Date of Arrival: ________________ Date of Departure: ________________

**ONLY FILL OUT THE INFORMATION BELOW IF YOUR SPOUSE OR CHILDREN ARE ATTENDING AND PURCHASING A MINE RESCUE PACKAGE:**

<table>
<thead>
<tr>
<th>Spouse Badge Name</th>
<th>Spouse Home Address</th>
<th>City, State, Zip</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
</table>

Child #1 Name: ___________ Birth Yr. ___________
Child #2 Name: ___________ Birth Yr. ___________
Child #3 Name: ___________ Birth Yr. ___________
Child #4 Name: ___________ Birth Yr. ___________

If more than 4 children, please add additional sheet with above information.

**REGISTRATION FEES:**

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<th></th>
<th>Qty</th>
<th>Price</th>
<th>Total</th>
<th>After 5/11 Qty</th>
<th>Price</th>
<th>Total</th>
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<tr>
<td>MR Team Member</td>
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<td>575</td>
<td>650</td>
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<td>Saturday/Sunday Medical Conference</td>
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<td>475</td>
<td>600</td>
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<td>À la carte Classes:</td>
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<td>Saturday Classes:</td>
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<td>Assessment</td>
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<td>225</td>
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<td>Stop the Bleed</td>
<td>150</td>
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<td>225</td>
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<tr>
<td>Escape the Mine</td>
<td>150</td>
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<td>225</td>
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<td>Sunday Class:</td>
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<td>Mass Casualty Incident</td>
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<td>Family Member Packages:</td>
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<td>Spouse/Spectator:</td>
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<td>All-Inclusive (Ages 15+)</td>
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<td>350</td>
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<td>Limited (Ages 15+)</td>
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<td>275</td>
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<td>Child: All-Inclusive (Ages 4-14)</td>
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<td>250</td>
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<td>Limited (Ages 4-14)</td>
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<td>Children ages 3 and under</td>
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<td>FREE</td>
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<td>Kid’s Night Out-Sunday</td>
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<td>Mon. Night BBQ Party (ONLY) (Ages 15+)</td>
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<td>Mon. Night BBQ Party (ONLY) (Ages 4-14)</td>
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<td>Victim</td>
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<td>Free</td>
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</table>

No charge for package, but must pay above prices for optional items.

**Team Payment Information:** if you would prefer to pay online contact Chelsey Wilson for an emailed invoice

Total Team Registration Amount: ________________

Payment Type: □ Check □ Credit Card

Check #: ____________________________ Credit Card #: ____________________________

Name on Card: ____________________________ Expiration Date: ___________ CVC: ___________
Team Name: ________________________________________________________________

Company: __________________________________________________________________

E-mail: ________________________________ Phone #: _____________________________

Contact Name: __________________________________________________________________

Please list the equipment your team will be bringing to the 2018 Evaluation. This list will be used to assure the equality of the scenarios between teams. Thank you.

____________________________________________________________________________
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Hotel Talisa will enchant you with culinary creations from around the world. A fireside lounge with breath taking mountain views—and a don’t-miss menu and social scene. Blissful and invigorating treatments at the alpine spa. And of course, outdoor adventures galore with mountain biking along Gore Creek, fishing, swimming, and fire pit socializing, all with uniquely personalized and sophisticated touches. After every full day, you can retreat to one of the luxurious guest rooms designed with sophisticated, yet bold mountain influences.

To make your reservations online, please use the following link:
https://www.starwoodmeeting.com/events/start.action?id=1701020660&key=303DDCDB

Our contracted hotel rates begin at $169 a night with a daily resort fee of $15.

If you are using a PO:
You have to call Chad Stephens, Group Reservations Coordinator at 970-479-7016

Additional lodging option:
In addition to the hotel guest rooms, Hotel Talisa has a limited number of condos (up to 4 bedrooms) and houses (up to 5 bedrooms) available on a first come first serve basis. We do have contracted group rates for these options, so if anybody on your team is interested in sharing a larger space, please contact Chelsey Wilson, cwilson@rmcmi.org or Judy Colgan, jcolgan@rmcmi.org or call our office at 303.948.3300 for more information. Some of these options would be more cost effective than having several individual hotel rooms.
2018 RMCMI Saturday Medical Conference Class Options

We will be offering these courses on an À la carte basis or as a packaged, day and a half medical conference (which includes the Sunday Mass Casualty Incident) for a discounted rate. Courses will be run in a rotation/block schedule to ensure we have an equal amount of participants in each class. Your block/course time and schedule will be assigned after all registrations have been submitted.

Saturday, June 23
7:00-8:00am - Breakfast
8:00-4:00am - Medical Conference

Block A (8:00am – 10:00 am)
Block B (10:15am- 12:15pm)
Lunch (12:30pm – 1:45 pm)
Block C (2:00pm – 4:00 pm)

Escape the Mine

Can your team *Escape the Mine* before time runs out. You have to navigate your way through a series of assessments, treatments, medical math, medical puzzles, skills performances and medical knowledge. Each room will have a patient who needs to be rescued but, you are locked in the mine. In order to earn your final key, you and your team will make your way through the clues, events, skills performance and master the patient assessment and treatments. In the mine you will unlock information, treatment options, to assist you in to find the keys to *Escape the Mine*.

Stop the Bleed

*FIVE MILLION people from around the world die every year from trauma. Exsanguination accounts for approximately one-third of these deaths*

The two hour educational course all hands-on training and teaches the initial steps that bystanders should take to care for bleeding victims. Participants learn why it is important to use a tourniquet to control life-threatening bleeding from an arm or leg; how to correctly apply a tourniquet to the arm and leg; how to pack a wound and apply pressure to control bleeding; the importance of identifying injuries to the chest and abdomen; and the need for victims with these traumatic injuries to be transported immediately to an appropriate hospital for trauma care.

*At the conclusion of the course each participant will receive a STOP THE BLEED KIT. (Value $75)*

Assessment

A complete and thorough Patient Assessment is the greatest medical tool you will ever use. The *Do You See What I See?* Assessment class brings to life the assessment tricks and tips. Leave the class able to use your stethoscope to find a fracture or an abdominal aneurysm. Gather a complete assessment of signs, symptoms and medical history—after all the mystery is usually in the history. This course will be taught utilizing pig organs.
A MCI is any incident in which emergency medical resources are overwhelmed by the number of patients and the severity of the casualties involved in the incident. By being overwhelmed that means not enough personnel and/or equipment to handle an incident.

The team will respond to the scene, assess the situation, treat the wounded and organize relief efforts, prioritizing and managing the crisis amidst the chaos.

*And this year we will bring chaos.*

At the end of this course, the participants will be able to identify key considerations and strategies for preparing for mass casualty incidents, including:

- Understanding the threats and challenges.
- Establishing planning processes.
- Assessing and mitigating vulnerabilities.
- Establishing response procedures.
- Planning for recovery.
- Staying prepared.

Are you ready?