

Some Suggestions for How to Help Make This Asset Happen

At home

- Model integrity and honesty in your daily life. Talk openly about what you believe and value, then act on what you say. Be honest with your children, spouse, friends, neighbors, yourself, and others.
- Celebrate when your child acts on a belief or conviction, especially when it was obviously hard to do.
- Help your children talk through situations where it's tempting to be dishonest. Think of solutions together.
- When you notice or learn about someone who acts with integrity, point it out to your children.
- Never punish your kids for being honest with you.

At school

- Include integrity and honesty in your school's stated and posted values and expectations.
- Encourage and expect all faculty and staff to model integrity.
- Make it easier for students to be honest than to be dishonest.
- Highlight men and women in history, current events, and literature who acted with integrity. Discuss examples as a class.
- Use case studies and simulations to highlight times when it's hard to be honest. Point out ways to be honest even then.

In the community

- Make honest and integrity a community value. Hold public officials and local celebrities to high standards. Remind them they are role models.
- Launch a community-wide campaign on the value of integrity. Use billboards, posters, flyers, local and social media to spread the word.
- Notice and affirm young people who act with honesty and integrity. *Examples:* A child who returns too much change at the store, a neighbor kid who admits to sending a baseball through a window.
- Feature stories in the media about people who acted honestly.

In a religious, service, or other public organization

- Talk about the importance of integrity and honesty within your faith tradition and sacred texts. Make them the topics of sermons, articles in worship bulletins and mailings.
- Develop skits or stories to help teach younger kids about honesty.
- Include integrity in your congregations stated values and expectations. Make it a frequent topic in youth programming.
- Encourage children and teens to commit to being honest together – maybe through an honesty pledge. This can be a source of strength and support when kids are pressured cheat or be dishonest.

October Asset: Integrity & Honesty

Young person accepts and takes personal responsibility.

October quote of the month

*"Integrity is telling myself the truth.
And honesty is telling the truth to other people"*
Spencer Johnson

October Asset:

Integrity & Honesty

Young people act on their convictions, stand up for their beliefs and tell the truth even when it is not easy.

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