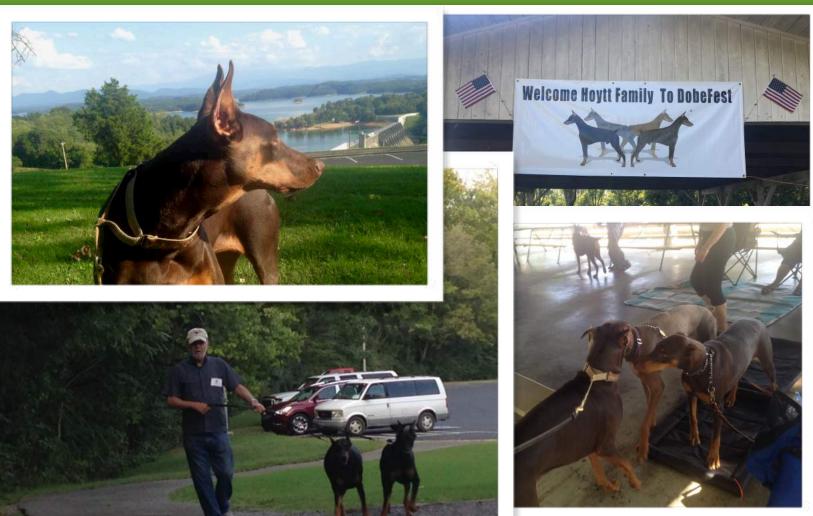
# HAPPENINGS AROUND THE HOUSE

## NEWS FROM HOYTT OWNERS AND HOUSE OF HOYTT

OCTOBER 2018 ISSUE #31





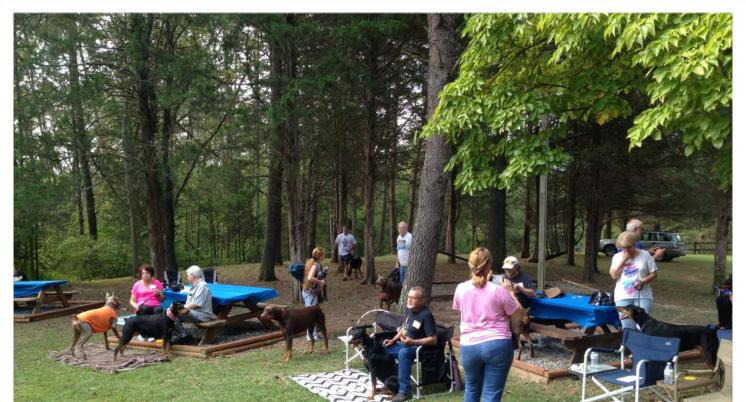


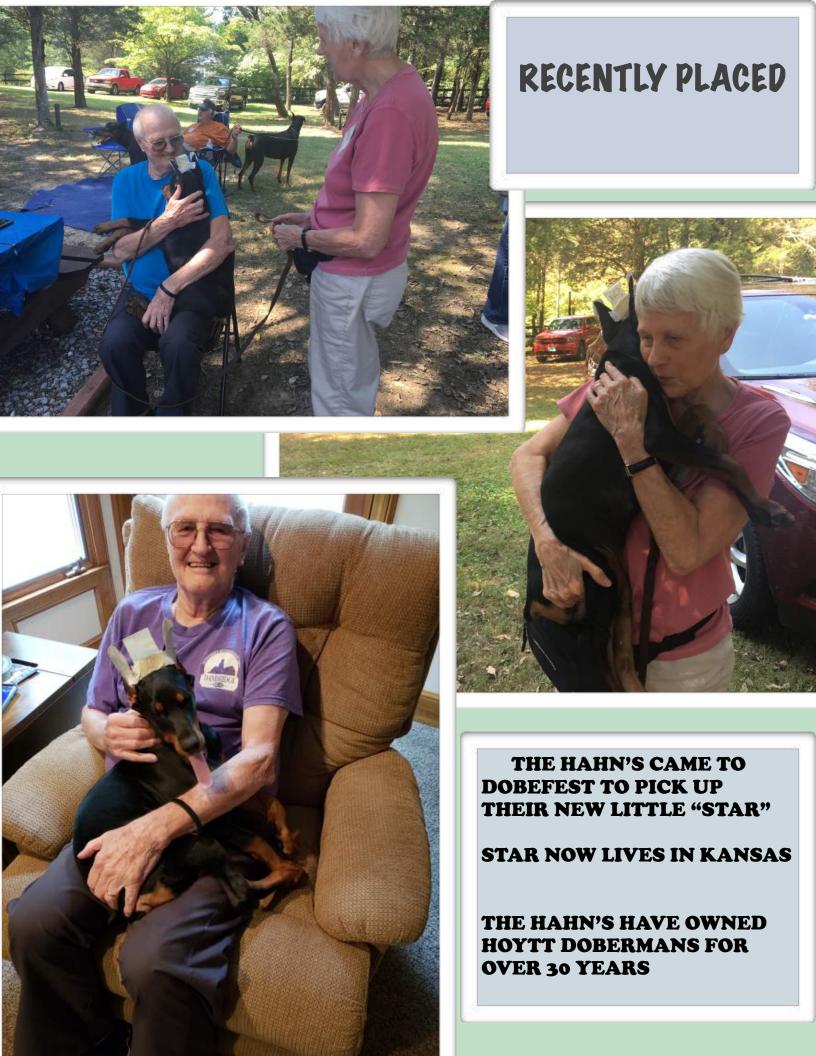


OUR 8TH ANNUAL DOBEFEST
WAS A GREAT WEEKEND! IF YOU COULDN'T
MAKE IT THIS YEAR, WE HOPE TO SEE YOU NEXT
YEAR! VIDEO OF OUR GATHERING ON YOUTUBE
UNDER BHOYTT

SUBSCRIBE TO OUR CHANNEL TO SEE WHAT GOES ON IN THE WORLD OF HOYTT DOBERMANS







## DOBERMAN NATIONALS 2018

Carol Stephens and Sophie made the Top 20 list for the Doberman Nationals for the 3rd year in a row!

Noel and Carol went to Illinois to participate in the events.

Below; Lane and 'Sassi' were there to complete their Open Title CDX - well done with a 1st place!



## DOBERMAN NATIONALS 2018

Pictured left, are Carol and Sophie with their beautiful Top 20 Obedience Ribbon

You can watch their performance on Youtube under Bhoytt

Below; Noel and 'Clarke' achieved their first leg in Rally Excellent with a 97 and 3rd place



#### Pumpkin: Why is it such a popular treatment for diarrhea?





Not surprisingly, I often receive this question, "My dog/cat has diarrhea. Should I give him/her pumpkin as a binder?" Let's take a closer look at pumpkin, why it is used for management of diarrhea, and whether it might make sense for your companion animal.

Before we begin, however, please be aware that if your pet is experiencing diarrhea, a veterinarian should first determine if an underlying medical condition exists. Pets, just like humans, get diarrhea for many reasons; you should first know what you are dealing with before you attempt to manage it. Severe diarrhea can also result in dehydration and loss of electrolytes, potentially serious issues that may require medical intervention such as intravenous fluids and electrolyte balancing solutions to resolve.

Once your veterinarian gives the "all-clear" to manage your pet's diarrhea more naturally, you can consider whether pumpkin is a viable alternative.

### What is pumpkin?

Have you ever thought about what a pumpkin is – other than something we carve into Jack-O-Lanterns at Halloween or bake into luscious pies at Thanksgiving? Pumpkins are actually a fruit in the squash family. Like many fruits, pumpkins contain high amounts of fiber, which is important to digestive health.

#### What is fiber?

Fiber, also referred to as "roughage" or "bulk", is any part of a plant that cannot be broken down and digested by the body's enzymes (Mayo Clinic, 2012). Dietary fiber is found in all plant-based foods, including fruits, vegetables, grains, nuts, beans and seeds.

There are two types of fiber – soluble and insoluble – and most foods contain a combination of the two.

- Soluble fiber: As the name implies, soluble fiber is "soluble", or breaks down, in water. Soluble fiber absorbs water from the digestive tract, forming a gel-like substance that slows down the digestive process. Soluble fiber is found in foods such as oats, peas, beans, apples, citrus fruits, carrots, barley, psyllium and pumpkin.
- Insoluble fiber adds bulk to the stool and tends to speed up the passage of food through the digestive tract. Insoluble fiber is found in foods such whole-wheat flour, wheat bran, nuts, beans and certain vegetables such as cauliflower, green beans and potatoes.(Vorvick, 2012; University of Maryland, 2011; Mayo Clinic, 2012)



As you can see from above, the soluble fiber in pumpkin slows digestion, which is beneficial in the management of diarrhea. And, since it absorbs water, it "bulks" up the stool, helping to control the loose, watery stools characteristic of diarrhea. Clinical studies show that soluble fiber helps regulate stool frequency and consistency in people with Irritable Bowel Syndrome (IBS) (University of Maryland, 2011).

While insoluble fiber can benefit those suffering from constipation, it is best to avoid feeding too much insoluble fiber to animals suffering from diarrhea, since it can act as a natural laxative. Opt instead for more soluble fiber, such as that contained in pumpkin.

#### Incorporating pumpkin into your pet's diet

Think that incorporating pumpkin into your pet's diet will be a hassle? Think again. A good source of pumpkin is as close as the canned food section of your nearest grocery store. Canned pumpkin is an excellent source of dietary fiber, with about 7 grams of fiber in a one-cup serving. Just be sure that pumpkin is the only ingredient; you don't want any added salt or spices. And be sure **not to purchase pumpkin pie mix!** 

Feeding your pet some pumpkin has additional benefits. Pumpkin is packed full of nutrients, including beta-carotene, zinc, iron, vitamin A and potassium. And, since fiber provides a feeling of fullness, adding pumpkin to a pudgy pet's diet may help achieve weight loss by reducing the daily caloric intake (be sure to discuss any diet regimens with your veterinarian to ensure your pet is receiving the proper amount of nutrients).

The amount of canned pumpkin you feed will depend upon your pet's weight. I suggest working up to 1 tablespoon per day for smaller dogs and 2 tablespoons per day for larger dogs.

#### Too much of a good thing

I have received comments from people who tell me that giving their pet too much canned pumpkin actually causes diarrhea. Indeed, consuming too much fiber too fast can cause a myriad of undesirable GI symptoms, including intestinal gas, abdominal bloating and cramping. To avoid these undesirable effects, simply incorporate small amounts of pumpkin slowly to your pet's diet and work your way up to the suggested dose. This will allow the bacteria in the digestive tract to adjust to the increased fiber.

#### The bottom line

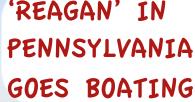
If your dog or cat suffers from mild to moderate diarrhea, and your veterinarian has ruled out a serious underlying medical condition, the soluble fiber found in pumpkin may help relieve the symptoms. Just be sure to introduce it slowly and feed it in moderation. Also, encourage your pet to drink plenty of fresh water. Proper hydration is important in helping soluble fiber do its job.

W. Jean Dodds, DVM Hemopet / NutriScan 11561 Salinaz Avenue

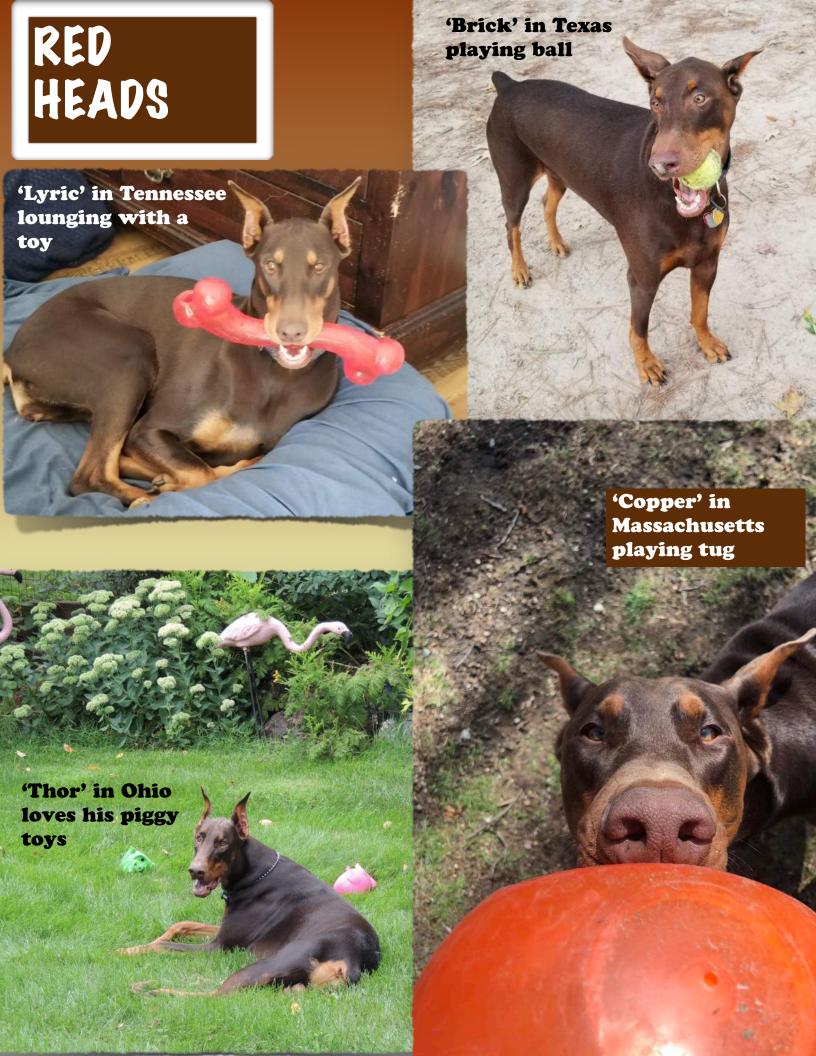
















#### JUST A DOG

From time to time, people tell me, "lighten up, it's just a dog," or "that's a lot of money for just a dog."

They don't understand the distance traveled, the time spent, or the costs involved for "just a dog."

Some of my proudest moments have come about with "just a dog."

Many hours have passed and my only company was "just a dog,"
but I did not once feel slighted.

Some of my saddest moments have been brought about by "just a dog," and in those days of darkness, the gentle touch of "just a dog" gave me comfort and reason to overcome the day.

"Just a dog" brings into my life the very essence of friendship, trust, and pure unbridled joy.

"Just a dog" brings out the compassion and patience that make me a better person.

Because of "just a dog" I will rise early, take long walks and look look

So for me and folks like me, it's not "just a dog" but an embodiment of all the hopes and dreams of the future, the fond memories of the past, and the pure joy of the moment.

"Just a dog" brings out what's good in me and diverts my thoughts away from myself and the worries of the day.

I hope that someday they can understand that its' not "just a dog" but the thing that gives me humanity and keeps me from being "just a man" or "just a woman."

So the next time you hear the phrase "just a dog,"

just smile,

because they "just don't understand."

**U**nknown Author



Photos and stories to share? Please email me ~

## noel63@charter.net

















