

# HAPPENINGS AROUND THE HOUSE

NEWS FROM HOYTT OWNERS AND HOUSE OF HOYTT

SEPTEMBER 2018

ISSUE #30

## DOBEFEST IS NEAR! SEPTEMBER 21, AND 22ND!

PLEASE BRING A DISH TO SHARE ~ SANDWICHES AND BURGERS WILL BE PROVIDED BOTH DAYS. WE WILL BE AT DOUGLAS DAM PAVILION ALL DAY ON FRIDAY, SO PLEASE **EMAIL ME DIRECTLY** FOR DETAILS IF YOU WILL BE JOINING US. [NOEL63@CHARTER.NET](mailto:NOEL63@CHARTER.NET)



MR. HOYTT

HIS PERSONAL GIRL  
"LONDON"

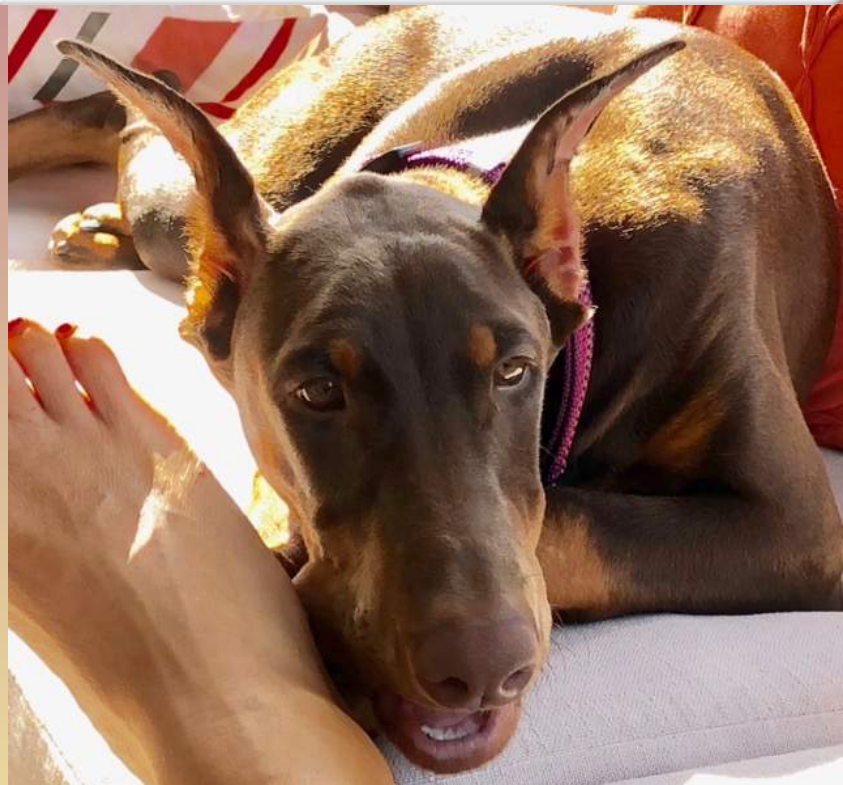
COME PLAY WITH  
US!



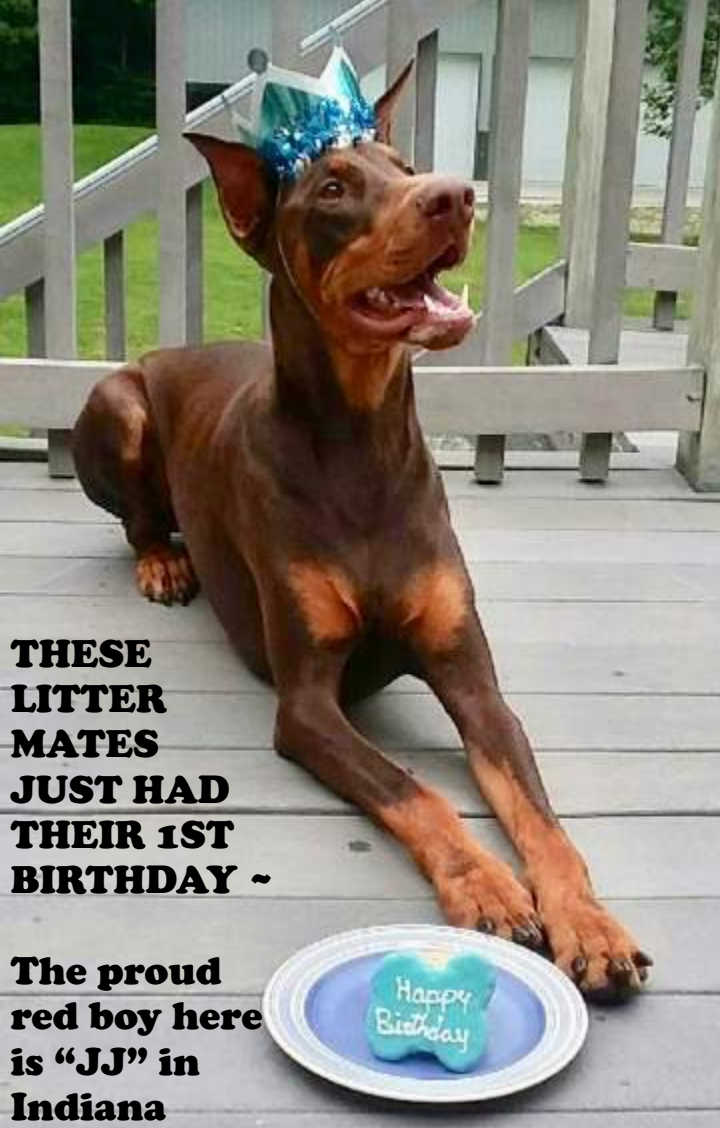
## RECENTLY PLACED



The Geiger Family of Michigan picked up "Ruby" and reports that she loves the water, is very curious and is adjusting well ~







**THESE  
LITTER  
MATES  
JUST HAD  
THEIR 1ST  
BIRTHDAY ~**

**The proud  
red boy here  
is "JJ" in  
Indiana**



**"Talyn" in  
Illinois  
has her eye  
on the prize!**

**"Beau" and mom "Gracie" are  
waiting patiently for cake in  
Illinois ~ Below they dive right in!**







**"COPPER" IN MASSACHUSETTS**



**"LEXI" IN IOWA**



**"ANDERSON" IN VIRGINIA**

**THESE LITTER MATES JUST CELEBRATED THEIR 2ND BIRTHDAY IN AUGUST ~**





# FISH OIL FOR YOUR DOBERMAN

**DR. ANDREW WEIL**



Fish oil is good for dogs – and cats! Veterinarians first used omega-3 fatty acids in the form of fish oil to treat canine allergies but now recommend it for a wide variety of conditions ranging from kidney disease to arthritis and heart health. When added to your pet's diet, fish oil for dogs provides anti-inflammatory effects and can help relieve itching due to atopic dermatitis, an allergy-related skin condition.

You can get fish oil supplements designed for companion animals from both Nordic Naturals and Animal Essentials (and, I'm sure, from other sources), but you also can use fish oil meant for humans as long as you choose the correct dosage. For example, Nordic Naturals recommends one capsule of its 1500 mg soft gel fish oil for large dogs weighing 20 pounds or more. Smaller animals should get smaller doses. If you use fish oil that is intended for humans, you can give larger dogs a capsule or two (depending on the dosage) and puncture a capsule to squeeze some of the contents into the food of smaller dogs or cats.

My dogs do not have allergies or skin problems, but I add fish oil to their food at every meal for general health maintenance.

**Andrew Weil, M.D.**

**Sardines** are a simple snack you can feel good about feeding to your dog or cat. Their claim to fame? Omega-3 fats. Sardines are one of the most concentrated sources of omega-3s out there, and they have a short lifespan, which means they don't live long enough to accumulate toxins. This means sardines are both a rich and pollutant-free source of omega-3s. These beneficial fats can enhance your pet's health in a number of ways, including the following:

**Heart Health:** Omega-3s are linked to improved heart function, including reduced heart rate and blood pressure, as well as reduced inflammation in pets. One study even found omega-3 fats improved survival rates among dogs with chronic valvular disease known as [dilated cardiomyopathy](#) (DCM).<sup>1</sup>

- **Brain Health:** When puppies were fed a diet enriched with the omega-3 fat docosahexaenoic acid (DHA), they had improved cognitive, memory, psychomotor, immunologic, and retinal functions.<sup>2</sup> Puppies fed omega-3s also scored better on learning tasks and had an improved ability to see in low-light or dark conditions.
- **Skin Health:** In my experience, dietary deficiency of omega-3s is the number one cause of excessively flaky skin in pets. In one study, dogs given omega-3 fats that included high levels of EPA showed improvements in [itchiness](#), self-trauma, coat character, and hair loss compared with administration of ALA alone.
- ALA is a plant-based form of omega-3, but dogs and cats can't convert plant-based omega-3 into DHA. So it's really important that you supply animal-based omega-3s, like those from sardines, to your pet.
- **Kidney Health:** Omega-3 fats appear to help slow the decline of kidney function in dogs with chronic kidney disease.<sup>3</sup> Cats with kidney disease also benefitted, showing increased survival times when fed EPA omega-3s.<sup>4</sup>
- **Osteoarthritis:** Omega-3 fats are anti-inflammatory and research shows they offer significant benefit to dogs and cats suffering from [osteoarthritis](#). Animals fed omega-3s displayed less stiffness, higher activity levels, more stair climbing, higher jumping, and improved performance of daily activities.
- **Weight Loss:** Omega-3s may even help your pooch or kitty to [lose weight](#). By reducing the effect of inflammatory enzymes produced by body fat, they may help promote weight loss. Among dogs fed a calorie-restricted diet, for instance, those fed omega-3s lost more weight when omega-3s were also supplemented.

These tiny fish are also rich in vitamin B12, selenium, protein, vitamin D, calcium, and more, making them an ideal way to add vitamins and minerals to your pet's diet. And because the fish are consumed whole, bones and all, their mineral content is just as outstanding as that of their omega-3 fats. Just make sure to buy sardines in water; preferably sodium free. Otherwise, rinse before adding to food.

**Dr. Karen Becker - Mercola Healthy Pets**



# A DAY IN THE LIFE.....



Left: "Thor" in Ohio plays a game of tug with dad

Right: "Lexi" in Iowa waits for the bunny to move



# A DAY IN THE LIFE.....

Left: "Blaze" in Tennessee looks for children to play with



**"Kinny" in Texas with his  
grandma**



# PHOTO GALLERY

**"Lexi" in Iowa and her "NO PRIVACY"  
policy when someone is in the washroom!**



**"Brick" in Texas with his  
housemate Luna**





# PHOTO GALLERY



**"GRETCHEN" IN ILLINOIS SITS PRETTY FOR THE CAMERA ~ SHE IS LOVED AND OWNED BY THE PECENIAK FAMILY IN ILLINOIS ~**



**"SASSI" AND "NIKKI" ABOVE IN ILLINOIS BOTH ACHIEVED THEIR PET THERAPY TEAM CERTIFICATES ~ THESE GIRLS ARE LOVED AND OWNED BY SUSIE AND LANE ~**

**"ELMO" ON THE RIGHT, GRADUATED IN HIS S.T.A.R PUPPY PROGRAM IN VIRGINIA ~ LOVED AND OWNED BY THE OREMLAND FAMILY IN VIRGINIA**







**WE LIKE TO  
RIDE!**

**ABOVE: "ELECTRA" AND  
"CLARKE" IN TENNESSEE**

**RIGHT: "THOR" IN OHIO**



**LEFT:  
"CASHMERE" IN  
MICHIGAN**





**"CAMPING??? I THOUGHT WE WERE GOING TO A CONCERT!!"**

**CASHMERE AND JACKSON IN MICHIGAN  
PHOTO COURTESY OF THE DAVIDSONS**

**Photos and stories to share? Please email me ~**

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