

# EPIC UPDATE

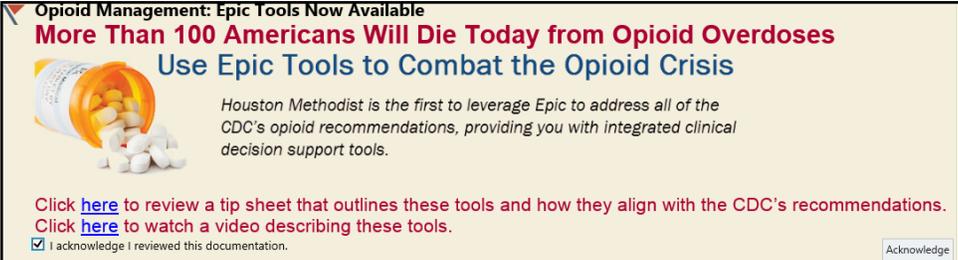
HMPCG and Pain Management Providers

April 16, 2018

## Opioid Management Tools *Now Available*

Starting today, a variety of opioid management tools are available in Epic to support you. You'll notice a banner on your Epic Learning Home that includes links to a [brief video](#) and a [tip sheet](#).

After you review these resources, select the check box in the bottom left corner of the banner message and click the **Acknowledge** button in the bottom right corner to confirm completion and remove the banner from your dashboard.



**Opioid Management: Epic Tools Now Available**  
**More Than 100 Americans Will Die Today from Opioid Overdoses**  
**Use Epic Tools to Combat the Opioid Crisis**

*Houston Methodist is the first to leverage Epic to address all of the CDC's opioid recommendations, providing you with integrated clinical decision support tools.*

Click [here](#) to review a tip sheet that outlines these tools and how they align with the CDC's recommendations.  
Click [here](#) to watch a video describing these tools.

I acknowledge I reviewed this documentation. Acknowledge

## OPIOID MANAGEMENT TOOLS OVERVIEW

### NarxCheck Your Patient Directly within Epic to View PDMP

Starting today, you can access Texas Prescription Drug Monitoring Program data within Epic by following these steps:

1. Click the **More** button located in the lower-left side of the screen
2. Select **Texas Prescription Drug Monitoring** from the **More Activities** menu. For quick access moving forward, click the "favorites" star to the right to save it to the **Activity Tab List**.
3. Click the **Launch PDMP for Current Patient** link to view the **NarxCare (PDMP) Report**.



4. The **NarxCare Report** displays your patient's information from the PDMP. It also includes narcotic, stimulant, sedative and overdose risk scores, as well as any existing red flags. Click the **Explain these...** links at the bottom of each **Risk Indicator** for details. The report also provides links to CDC resource materials to educate and engage your patients.



**Note:** Only authorized providers with prescribing privileges will be able to view this full report.

## Pain Assessment Activates Pain Management SmartSet

If the nurse/MA documents a **Pain Score** of four or greater within the **Pain Assessment**, a **BestPractice Advisory** displays to both the provider and nurse/MA. In addition, the **Pain Management SmartSet** becomes available to the provider.

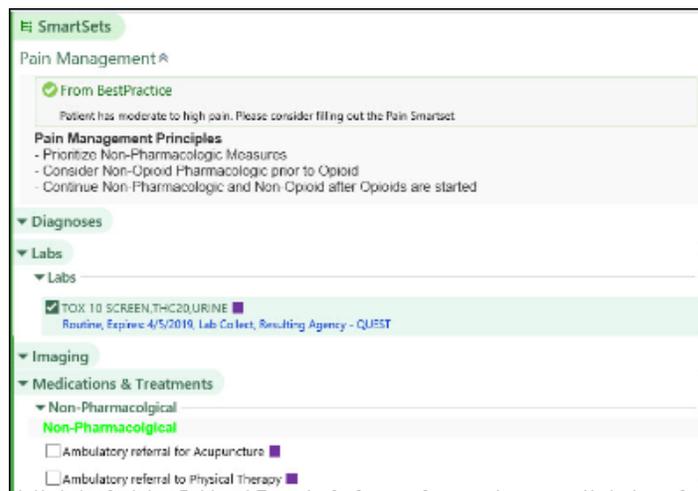


## Pain Management SmartSet

The **Pain Management SmartSet** aligns with the CDC's recommendations for prescribing opioids for chronic pain. It gives providers a robust set of tools and guidance on the use of opioid therapy.

### Key features of the Pain Management SmartSet include:

- Ability to record **Visit Diagnosis**
- Built-in lab and imaging (MRI/CT/X-ray) orders
- Inclusion of Naloxone as a medication risk management strategy
- Pre-populated opioid medication order duration that can be modified
- Concurrent opioid and benzodiazepine drug interaction alerts
- **BestPractice Advisories** throughout the workflow to provide medication threshold awareness
- Opioid Treatment Program Directory to refer patients
- Pre-populated **SmartText Progress Note**
- Automatic two-week follow-up appointment once opioids are prescribed
- For additional details, review the [Opioid Management tip sheet](#).



## PEG Scale Screening Tool Assists in Decision Making

In addition to the **Pain Assessment**, nurses/MAs should use the **Pain, Enjoyment, General activity (PEG) Scale** to assess how the patient is functioning with pain (intensity and interference).

Once the patient answers all five questions, a composite PEG score is calculated to assist the provider with clinical decision making.

**PEG Scale - PEG Scale**

Time taken: 1449 1/5/2018

Values By + Create Note

OTHER

What number best describes your pain on averaged in the past week? 0 1 2 3 4 5 6 7 8 9 10

What number best describes how, during the past week, pain has interfered with your enjoyment of life? 0 1 2 3 4 5 6 7 8 9 10

What number best describes how, during the past week, pain has interfered with your general activity? 0 1 2 3 4 5 6 7 8 9 10

Are you interested in discussing tapering off opioids? Yes No

Are you interested in discussing addiction treatment? Yes No

**PEG Assessment**

| Encounter date | 1/29/18  | 1/29/18  | 1/25/18  |
|----------------|----------|----------|----------|
| Last reading   | 11:45 AM | 11:15 AM | 12:10 PM |
| Peg Score      | 10       | 7        | 10       |

## Morphine Equivalence Calculated Automatically

Located within the **Order Report**, the patient's **Morphine Equivalent Daily Dose (MEDD)** is automatically calculated based on active opioid prescriptions. (*Note: Only outpatient orders are included in this calculation.*)

This tool helps providers prescribe the lowest effective opioid dosage for patients.

**Outpatient Morphine Equivalent Daily Dose (MEDD)**

| Order Name  | Dose  | Route | Frequency     | Maximum MEDD      |
|---|-------|-------|---------------|-------------------|
| morPHINE (MS CONTIN) 15 MG 12 hr tablet           | 15 mg | oral  | 2 times daily | 30 mg MEDD        |
| <b>Total Potential Daily Morphine Equivalence</b> |       |       |               | <b>30 mg MEDD</b> |

Calculation Information

morPHINE (MS CONTIN) 15 MG 12 hr tablet

morPHINE 15 MG tablet extended release: maximum daily dose of 30 mg \* morphine equivalence factor of 1 = 30 mg MEDD

## Share Opioid Use Risks/Benefits with Patients

Once an opioid is prescribed, patient information regarding opioid use, risks and benefits is automatically generated as part of the **After Visit Summary**.

**After Visit Summary**

Font Size: Standard Large X-Large Print Language: English

**Instructions** from Michelle Dang, MD

**RISKS/BENEFITS:**

Opioids pose a risk to all patients. Anyone taking prescription opioids is at risk for unintentional overdose or death and can become addicted.

From 1999 to 2016, more than 200,000 people died from overdose related to prescription opioids in the United States. Up to 1 out of 4 people receiving long-term opioid therapy in a primary care setting struggles with opioid use disorder. In addition to the serious risks of opioid use disorder and overdose, the use of prescription opioids can have a number of side effects, even when taken as directed. Review these with your doctor, so you know what you may expect:

- Tolerance—needing to take more of the medication over time for the same pain relief
- Physical dependence—experiencing symptoms of withdrawal when the medication is stopped
- Increased sensitivity to pain

## Analytics Tools Help Monitor Risk of Opioid Abuse

- Track patients' urine tox screen results through the **Health Maintenance** activity.
- Monitor the risk of opioid abuse across the patient population with the **Opioid Registry**.
- Identify patients at risk of becoming addicted to opioids through the integrated **Prescription Drug Monitoring Program**.

## *Coming Soon:* NaRx Score and Pain Agreement Indicators in Patient Header

### NaRx Score Takes Providers to PDMP NarxCare Report

The patient's narcotics score from the Texas PDMP website will soon be integrated in the patient header. Authorized prescribing providers will be able to click on this **NaRx Score** to launch the patient's detailed **NarxCare Report** directly within Epic.

### Know When Your Patient Has an Existing Pain Management Agreement

The patient header will also indicate if your patient has a signed pain management agreement on file. Updates occur automatically when the signed agreement is scanned into Epic, and there are no changes to the current agreement collection process.

|  |                            |                                    |   |
|--|----------------------------|------------------------------------|---|
| Phone: H:631-666-3434                  | Adv Directive: Yes         | Coverage: BCBS                     | Transplants: None                             |
| Allergies: Iodine                      | Code Status: FULL DEFAULT  | Pharmacy: CVS PHARMACY # 5...      | Registries: [Wellness] Wellness Registry-A... |
| Health Maintenance: Health Maintenance | MyChart: Declined          | Preferred Lab: None                | Infection: None                               |
| BestPractice Advisory (1)              | Outside Info: New Out Info | Next Appt Date by Dept: 04/13/2... | NaRx Score : 333                              |
|  |                            |                                    | Pain Agreement?: N                            |

## OPIOID MANAGEMENT RESOURCES

### To Learn More:

- Watch an [eight-minute video demonstration](#) of the Epic pain management workflow.
- Review the [Opioid Management tip sheet](#).
- Learn more about the [CDC recommendations for prescribing opioids for chronic pain](#).
- All opioid management education can be found on the [Epic website](#).
- If you have questions, contact the IT Help Desk at 832.667.5600 (staff) or 832.667.5555 (physicians).