

# Havurat Torah 5778 / 2017-2018

## Electives for Grades 7-12

### Fall Electives for Grades 7-9

#### **Jewish Values through Children's Literature**

Authors use books to convey deep truths about the world and their experience in it. In this elective we'll explore Middot (Jewish Values) as we read various children's books. Each week we will read a children's book and connect it to Jewish texts such as the Torah, Mishnah, and Midrashim. Through the classic tale of The Giving Tree by Shel Silverstein we will explore the middah of *Nedivut* (generosity) and examine what the Torah has to say about this Jewish Value. Other middot that will be explored include *Dibuk Haverim* (cleaving to friends), *Derekh Eretz* (common decency), *Gimilut Hasadim* (acts of loving kindness), *Lo Levayesh* (not embarrassing) and more.

*Educator: Arielle Richman*

#### **Jews and Food: Mindful Eating for Body and Soul**

Does what feeds your body also nurture your soul? This course is about Mindful Jewish Eating - Kashrut and Jewish Food Ethics; Ma'Akhil Re'Evim - the Jewish Response to Hunger; and Shemirat HaNefesh, Shemirat Ha'Goof - Taking Care of Ourselves through Food. We'll look at traditional and contemporary approaches to Kashrut, eco-kashrut, our responsibility towards the community regarding hunger, as well as our responsibilities to our bodies and ourselves. Throughout the course, learners will share a recipe from their family, and we will create a cookbook.

Join in the fun as we explore the role food plays in Judaism, and the role Judaism plays in food. We will cook "Jewishly" (and learn what that means), and explore Jewish values that pertain to cooking, such as cooking for the sick, feeding the homeless and much more. We will cook, we will eat, and we will share food with others.

*Educator: Rachel Glickenstein*

### Fall Elective for Grades 8-12

#### **Got Music?**

CALLING ALL JEWISH ROCK STARS! Are you a musician or singer? Do you want to jam and learn Jewish music with other talented young musicians? Join Rabbinic Intern Louis Polisson as we explore the world of Jewish music with our instruments and voices! We'll be learning and playing it all, from American Jewish rock to Middle Eastern Jewish music. Bring your instrument and/or your voice, and join the band on Wednesday nights at 8pm! There will be opportunities to perform at TIC and beyond throughout the year.

*Educator: Louis Polisson*

## **Electives for Grades 9-12**

### **From Israel to Westchester: The Latest News from Israel, Hot Off the Israeli Press**

Israel is celebrating its 70th anniversary this year, and every day brings newsworthy stories. We'll explore some of the hottest stories of the week from the Israeli press, and we'll examine how these stories impact our lives here at home. This year, we welcome Israeli teens who will join us twice a month to offer us their unique perspectives on the topics we explore. Join Rabbi Ari & Ofek, one of the Israeli *Shinshinim*, for this round-table discussion of the hottest news items coming out of Israel each week.

*Educators: Rabbi Ari Isenberg-Grzeda*

### **You Too Can Experience Learning in a Bet Midrash!**

If you've heard about the meaningful fun of Bet Midrash learning, and don't know exactly what it is, OR, if you've been there and want to do it again, then this is your chance. We will study Rabbinic texts (Mishnah, Midrash, and Talmud) together in a way that will give you new skills. What we'll study will be determined by both the interests and skill levels of those who sign up. And it is certain to deepen both your learning and your friendships.

*Educator: Rabbi Gordon Tucker*