

AN EVENING OF EMPATHY

MARCH 22, 2017

Join us in Temple Israel Center's Milstein Sanctuary at 7:00 pm,
followed by important learning opportunities for adults and teens.

SESSIONS FOR ADULTS

7:15 pm: Rooms D&E: **Liane Kupferberg Carter**, author of *Ketchup Is My Favorite Vegetable*, a story of family love between two parents and their two sons, one of whom has autism.

8:00 pm - Reception Hall 1: **NAMI In Our Own Voices**. A unique public education program in which presentations consist of two trained speakers sharing their compelling personal stories of living with mental health challenges and achieving recovery. Audiences will benefit from the inspirational stories of the speakers. We believe through community awareness presentations like this we can help eliminate the stigma of mental health and bring hope to those who suffer.

SESSION FOR TEENS

7:10 pm - Reception Hall 1: **NAMI Ending the Silence**. NAMI Ending the Silence is a presentation designed to give teens an opportunity to learn about mental illness through an informative Power Point and short videos. Through the presentation, they will learn symptoms and indicators of mental illness, and are given ideas about how to help themselves, friends, or family members who may be in need of support. In addition they will hear the personal testimony from a young adult living with a mental illness about his/her journey to recovery. We believe through community awareness presentations like this we can help eliminate the stigma of mental health and bring hope to those who suffer.

SESSION FOR TEENS AND ADULTS

8:00 pm - Reception Hall 3: **Mosaic of Westchester Panel**. Join us for an interesting and inspiring program where you will meet and hear from Mosaic storytellers -- LGBTQ Jews and their family members who will share their personal stories with our community as part of the Mosaic Storytelling Project. The *Mosaic Storytelling Project* is a unique learning lab, providing LGBTQ teens, adults, and family members with tools to cultivate an authentic and inspirational public voice to be shared in Jewish settings, thus building a more compassionate and inclusive community.

For more information, contact TIC's Director of Inclusion, Michelle Steinhart, at m.steinhart@templeisraelcenter.org or 914-948-2800 x145.

Look for books and related materials at TIC's Book Fair, going on concurrently.

