



TEMPLE
ISRAEL
CENTER

NURSERY SCHOOL

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(914)948.2800 EXT.126



BABIES & BAGELS

Connect with other parents of young babies
while learning from the experts.

This month's expert is:

Jen Spitz, Licensed Clinical Social Worker

NEW BABIES, NEW PARENTS

MAY 8, 2018 9:15–10:30 AM

Join us for coffee, bagels and conversation.

Becoming a parent is so wonderful and so hard!!

New parents are invited to discuss topics such as adjusting to parenthood, soothing, feeding, sleep, taking care of you and more. Join Nursery School Social Worker **Jen Spitz** who will address any concerns and challenges you have while you get to connect with other parents and learn from each other's experiences.



Jen Spitz has been a Licensed Clinical Social Worker for 25 years. She completed her undergraduate social work degree at NYU and her Masters at Columbia. Jen has extensive early childhood experience and uses a developmental lens to understand classroom needs and behaviors. Jen's practice has also covered many other populations and issues. She has worked in addiction prevention and treatment programs, middle and high school settings and maintains a private practice working with women and families. You can reach her at jenerics3@gmail.com.

This is a FREE event. All are welcome.

**For more information and to RSVP, please contact Nursery School Director, Patty Goldstick at
(914) 948-2800 or at p.goldstick@templeisraelcenter.org**